

UNIVERSAL PRECAUTIONS RE: BLOOD AND BODILY FLUIDS

- * Use impermeable gloves if blood or body fluids containing visible blood are anticipated.**
- * Stop the bleeding, cover the wound and change the uniform if contaminated with excessive amounts of blood.**
- * Wash hands and skin after contact with blood.**
- * Clean any surfaces or equipment with appropriate disinfectant and clean clothes or skin with soap and water or an appropriate antiseptic.**
- * Use proper disposal procedures for equipment and contaminated clothing.**
- * Use a ventilation device for emergency resuscitation.**
- * No direct contact patient care if you have an open skin condition.**
- * Dispose of disinfected clothes and/or towels.**
- * Follow accepted guidelines for control of bleeding and for any body fluids containing visible blood.**
- * Encourage all participants to use individual water bottles.**
- * For additional information, refer to sport specific rules.**