

SUDBURY DISTRICT SECONDARY SCHOOLS' ATHLETIC ASSOCIATION (S.D.S.S.A.A.)

HANDBOOK



Organizational Information, Constitution and
Playing Regulations

UPDATED
June 2023



*Cover photo: Lo-Ellen Park SS Dominates @ OFSAA Nordic Ski 2022
Courtesy: Colin Ward*

SUDBURY DISTRICT SECONDARY SCHOOLS ATHLETIC ASSOCIATION

HANDBOOK TABLE OF CONTENTS

SECTION I - ORGANIZATION AND OPERATING INFORMATION

- 1 OFFICERS AND DIRECTORIES
 - 1.1 Officers
 - 1.2 Conveners and Recorders
 - 1.3 Member Schools
 - 1.4 P.E. Departments - Directory
 - 1.5 Chief Referees
 - 1.6 Media Contacts
- 2 MEETINGS AND AGENDAS
 - 2.1 Schedule of Meetings
 - 2.2 Pre/Post Season Sport Committee Meeting Schedule
 - 2.3 Conveners and Program Leaders Meeting Agenda
 - 2.4 Association Dinner Meeting Agendas
 - 2.5 Rules of Order
- 3 CHAMPIONSHIP DATES
 - 3.1 Championship Dates
 - 3.2 Championship Calendar
- 4 SPECIAL DATES AND CALENDARS
 - 4.1 P.D. and Exam Dates
 - 4.2 N.O.S.S.A. Activity Calendar
 - 4.3 N.O.S.S.A. 4 Year Calendar
- 5 POLICIES, REGULATIONS AND GUIDELINES
 - 5.1 S.D.S.S.A.A. Policies and Guidelines
 - 5.2 O.F.S.A.A. Transfer Policy
 - 5.3 O.F.S.A.A. Classifications, N.O.S.S.A. Classifications
- 6 ASSOCIATION HISTORY
 - 6.1 History
 - 6.2 Honourary Life Pass Recipients
 - 6.3 O.F.S.A.A. Events Hosted by S.D.S.S.A.A.

SUDBURY DISTRICT SECONDARY SCHOOLS ATHLETIC ASSOCIATION

HANDBOOK TABLE OF CONTENTS (cont'd)

SECTION I - ORGANIZATION AND OPERATING INFORMATION (cont'd)

- 7 FORMS *available on SDSSAA website (not included in handbook)
- Program Leader
- 7.1 (a),(b) Championship Budget - Coaches Expense Claim Form
 - 7.2 Team Report Re: Game Officials
 - 7.3 Officials' Report on Teams and Game Conditions
 - 7.4 (a)-(e) S.D.S.S.A.A./O.F.S.A.A. Transfer Policy Appeal Form
 - 7.14 Notice-of-Motion To Association Meetings
- Convener
- 7.2 Team Report Re Game Officials
 - 7.5 Notice of Second Forfeiture
 - 7.6 Notice of Schedule Change
 - 7.7 Charge Back Form Re: Sport Committee Costs
 - 7.8 Expense Voucher
 - 7.9 Distribution of Sports Committee Profits
 - 7.10 Notice of Penalty Payment form
 - 7.11 Officials' Request for Payment Form
 - 7.12 (a),(b) Convener's Report
 - 7.13 (a),(b) Sport Committee Financial Statement
 - 7.14 Notice-of-Motion To Association Meetings
 - 7.15 Player Game Ejection Form
 - 7.16 (a), (b) Excursion and Consent Form
 - 7.17 (a), (b) Schedule Info Form
 - 7.18 Schedule Blank
 - 7.19 Schedule Guidelines
 - 7.21 Team Report on Teams
 - 7.22 SDSSAA Complaint Form

- SECTION II Constitution**
- III Coed Playing Regulations**
- IV Boys Playing Regulations**
- V Girls Playing Regulations**

SUDBURY DISTRICT SECONDARY SCHOOLS ATHLETIC ASSOCIATION
SECTION II - CONSTITUTION
TABLE OF CONTENTS (cont'd)

ARTICLE		PAGE(S)
I	NAME AND STRUCTURE	1-5
	1 Name	
	2 Affiliation	
	3 Objective	
	4 Membership	
	5 Member Schools	
	6 Categories of Competition	
II	OFFICERS AND DUTIES	6-8
	1 Officers of The Association	
	2 Duties of The Co-Chairpersons	
	3 Duties of The Secretary/Athletic Administrator	
	4 Duties of The Treasurer	
	5 Duties of Principals Representative	
	6 Duties of Vice Principals Representative	
	7 Duties of Program Leader Representative	
	8 Duties of the Past Chairpersons	
	9 Duties of The Member at Large	
	10 Duties of Trustees Representatives	
III	THE EXECUTIVE	9
	1 Composition of the Executive	
	2 Executive Responsibilities	
IV	PROGRAM LEADERS AND PRINCIPALS	10
	1 Program Leader School Responsibilities	
	2 The Principal	
	3 The Principals' Association	
V	SPORT COMMITTEES	11-12
	1 Structure of Sport Committees	
	2 Sport Committee Responsibilities	
	3 Student Coaches	
	4 P.E. Safety Guidelines	
VI	CONVENER DUTIES	13-17
	1 General	
	2 Scheduling	
	3 Budgets	
	4 Communication	
	5 Convener Rotational List Regulation & List	

SUDBURY DISTRICT SECONDARY SCHOOLS ATHLETIC ASSOCIATION
SECTION II - CONSTITUTION
TABLE OF CONTENTS (cont'd)

ARTICLE		PAGE(S)
VII	VOTING AND AMENDMENTS	18-20
	1 Voting	
	2 Quorums	
	3 Order of Business	
	4 Meeting Procedures	
	5 Annual Meeting	
	6 Amendments	
	7 Changes to Playing Regulations	
	8 Guidelines Re Sport Committee Motions	
VIII	FINANCES	21-24
	1 Association Fee	
	2 Signing Officers	
	3 Play-off & Championship Funding	
	4 Distribution of Sport Committee Profits	
	5 Conveners' Honouraria	
IX	ELIGIBILITY	25-28
	1 Conflict With Non-School Clubs	
	2 Transfer Policy	
	3 Attendance Requirement	
	4 Eligibility For Play-Offs	
	5 Playing in a Higher Division	
	6 Suspension From School	
	7 Eligibility Lists	
	8 Over-age Players	
	9 Other Ineligibilities	
	10 Professional Athletes	
	11 Age Classifications	
	12 Exceptions to Age Classifications	
	13 Regulations Regarding Age Classification	
	14 OFSAA Eligibility	
	15 Scoresheet Use	
	16 Recruiting Policy	

SUDBURY DISTRICT SECONDARY SCHOOLS ATHLETIC ASSOCIATION
SECTION II - CONSTITUTION
TABLE OF CONTENTS (cont'd)

ARTICLE		PAGE(S)
X	SDSSAA/OFSAA TRANSFER POLICY	29-31
	1 Transfer Policy	
	2 Student Responsibility	
	3 Procedures - Outgoing School	
	4 Procedures - Receiving School	
	5 Approval Procedure	
	6 Challenge to Transfer Committee Decision	
	7 Distribution of Eligibility Summary	
XI	BOARD OF REFERENCE/PROTESTS	32-36
	1 Duties of Board of Reference	
	2 Board of Reference Members	
	3 Procedures	
	4 Hearings	
	5 Feedback	
XII	UNSPORTSMANLIKE CONDUCT	37-39
	1 Contravention of Regulations	
	2 Coach Behaviour	
	3 Player or Coach Ejection	
	4 Ejection Protocol	
	5 Unacceptable Language	
	6 Noise Makers	
	7 Coach and Official Game Reports	
	8 Ceremonies Protocol	
XIII	SCHEDULING	40-44
	1 Schedule Requirements	
	2 Changes to Schedule	
	3 Intention to Participate	
	4 Late Entry	
	5 Dropping Out of League	
	6 Game Forfeiture	
	7 Number of Game per Week	
	8 Declaring Up to a Higher Classification for NOSSA	
	9 Sanctioning of New Sports	
	10 Play-Offs	
	11 Challenge Matches	
	12 Reporting of Results	
	13 Procedure to Host an O.F.S.A.A. Event	

SUDBURY DISTRICT SECONDARY SCHOOLS ATHLETIC ASSOCIATION
SECTION II - CONSTITUTION
TABLE OF CONTENTS (cont'd)

ARTICLE		PAGE(S)
XIV	SPONSORSHIP - UNIFORMS	45-46
XV	SCHOOL COLOURS, TEAM NAME, CLASS.	47
XVI	LEAGUE SPORT SCHEDULE GUIDELINES	48
	APPENDICES	
(A)	SDSSAA Complaint Form	49
(B)	Procedures to Follow at a Board of Ref Hearing	50
(C)	SDSSAA Recruitment Policy	51-52

SUDBURY DISTRICT SECONDARY SCHOOLS ATHLETIC ASSOCIATION

SECTION III - PLAYING REGULATIONS

TABLE OF CONTENTS

<u>COED PLAYING REGULATIONS</u>	<u>PAGES</u>
Badminton	1-3
Cross-Country Relays	4
Cross-Country	5-7
Curling	8-11
Golf	12-13
Skiing – Alpine	14-17
Skiing – Nordic	18-21
Snowboarding	22-23
Soccer	24-29
Swimming	30-31
Tennis	32-35
Track and Field	36-46
Track Relay Meet	47-48
Wrestling	50-53
<u>BOYS' PLAYING REGULATIONS</u>	<u>PAGES</u>
Baseball	1-5
Basketball	6-9
Football – Junior and Senior	10-13
Hockey	14-21
Slo-Pitch	22-23
Volleyball	24-29
<u>GIRLS' PLAYING REGULATIONS</u>	<u>PAGES</u>
Basketball	1-5
Football – Flag 12v12	6-15
Football – Flag 7v7	16-23
Gymnastics	24-54
Hockey	55-60
Slo-Pitch	61-63
Volleyball	64-69

OFFICERS 2023-2024

EXECUTIVE POSITIONS	NAME	SCHOOL	DATE
Co-Chairpersons	Karen Passi	Lasalle Ss	2023
	Michael Asunmaa	Lively Dss	2022
Secretary/Athletic Administrator	Dave Makela	RDSB Training Lab	1994
Treasurer	Dave Winsa	Lo-Ellen Park SS	2015
Past Co-Chairpersons	Marc Bertrand	Es du Sacré-Coeur	2021
	Darren Michelutti	St Charles	2021
Program Leaders' Representatives	Troy Brushett	St Benedict CSS	2023
	Danika Brabant	Collège Notre-Dame	2023
Members-at-Large	Kim Chezzi MacLennan	Lively Dss	2016
	Matthew Cootes	Lasalle Ss	2016
Principals' Representatives	David Bertrim	Confederation SS	2023
	Karl Dreger	St Charles College	2018
	Michael McNeely	Es Macdonald Cartier	2021
	Angèle Carr	Esc Champlain	2023
Vice-Principals' Rep	Yves Poirier	Sudbury Secondary	2015

STANDING COMMITTEES 2023-2024

COMMITTEE	CHAIRPERSON	COMMITTEE MEMBERS
Transfer Committee	David Bertrim	Prescribed in Article XI
Board of Reference	Yves Poirier	Prescribed in Article XI
Officials' Negotiating Committee	Karl Dreger	Dave Makela, convener
NOSSA Rep to OFSAA	Kim Chezzi MacLennan	n/a

2023-2024 SPORT COMMITTEE CONVENERS

SEASON	SPORT	AGE/DIV	NAME	SCHOOL
Fall	Baseball – Boys	Open	Jean Gilles Larocque	St Charles College
	Basketball – Girls	Nov, Div I & II	Martin Nadeau	Collège Notre-Dame
	Cross Country – COED	Nov/Jr/Sr	Colin Ward	Lo-Ellen Park SS
	Football - Boys	Junior/Senior	Brandon Dougan	Lasalle SS
	Flag Football – Girls	Open	Lance Patrie	Lasalle SS
	Golf - COED	Open	Kent Rendell	Sudbury Secondary
	Volleyball – Boys	Div A & B	Dane MacVeigh	Lo-Ellen Park SS
Winter	Badminton – COED	Open	Troy Brushett	St Benedict CSS
	Basketball – Boys	Nov, Div I & II	Bill Gordon	Sudbury Secondary
	Curling – Boys and Girls	Open	Laura Tagliafierro	Bishop Carter Csx
	Gymnastics – Girls	Open	Heather Theijsmeijer	Manitoulin SS
			Jack Miller	Community Volunteer
	Hockey – Boys	Senior	Darren Michelutti	St Charles College
	Hockey – Girls	Open	Dave Makela	RDSB Training Lab
	Skiing – Alpine	HS, Open	Karin Augenstein	Lockerby CS
	Skiing – Nordic	Jr and Sr	Ryan Lafraniere	Lockerby CS
			Colin Ward	Lo-Ellen Park SS
	Snowboarding	Open	Colin Veevers	Lo-Ellen Park SS
	Swimming – Boys and Girls	Open	Laura Stanyon	Lockerby CS
			Janet Jorgensen	Lockerby CS
	Volleyball – Girls	Nov, Div I & II	Sherry Green	Lo-Ellen Park SS
	Wrestling – Boys and Girls	Open	Dave Martin	Confederation SS
	Bowling – Invitational	Open	Irène Charette	Community Vol
Spring	Slo-Pitch – Girls and Boys	Open	Paul Renaud	Esc l'Horizon
	Soccer – Boys and Girls	Jr, Sr, Open	Bill Gordon	Sudbury Secondary
	Tennis – COED	Open	Dave Winsa	Chelmsford VDCS
	T&F Relays – COED	Nov/Jr/Sr	Sherry Green	Lo-Ellen Park SS
	Track and Field – COED	Nov/Jr/Sr	Laura Stanyon	Lockerby Cs
			Karin Augenstein	Lockerby Cs

N.O.S.S.A. EVENTS HOSTED BY S.D.S.S.A.A.

SEASON	SPORT	DATE	CONVENER	SCHOOL
Fall	Football – Boys Senior	Sat, Nov 5 th	Brandon Dougan	Lasalle SS
Winter	Snowboarding – Girls and Boys	Wed, Feb 22 nd	Colin Veevers	Lo-Ellen Park SS
	Swimming – Girls and Boys	Fri, Jan 13 th	Laura Stanyon and Janet Jorgensen	Lockerby CS
	Basketball – Boys B	Fri, Feb 24 th	Anne Blanchette	Es Hanmer
	Volleyball – Girls B	Sat, Feb 25 th	Marc Bertrand	Es du Sacré-Coeur
	Volleyball – Girls A	Fri, Feb 24 th	Patrick Gervais	Esc l'Horizon
Spring	Baseball	Tue-Wed, May 30 th -31 st	Jean-Gilles Larocque	St Charles
	Gymnastics	Tue, Mar 28 th	Heather Theijsmeijer	Manitoulin SS
	Track and Field	Wed-Thu, May 31 st -Jun 1 st	Laura Stanyon and Karin Augenstein	Lockerby CS
	Soccer – Boys Jr/Sr “AA”, Boys Jr “AAA”	Fri-Sat, Jun 2-3	Matt Cootes	Lasalle SS

2023-2024 SCHEDULE OF MEETINGS

DATE	TIME	MEETING	LOCATION
Week of Sep 11	TBD	Fall Sports Pre-Season	TBD
Tue, Sep 19	3:30 pm	Transfer Committee Hearing (if needed)	On-line via Zoom
Mon, Sep 25	6:00 p.m.	Boys Hockey Pre-Season	On-line via Zoom
Tue, Oct 10	6:00 p.m.	Girls Hockey Pre-Season	On-line via Zoom
Thu, Oct 12	3:30 p.m.	Transfer Committee Hearing (if needed)	On-line via Zoom
Week of Nov 13	7:30 p.m.	Winter Sports Pre-Season	TBD
Tue. Nov 21	3:30 p.m.	Transfer Committee Hearing (if needed)	On-line via Zoom
Tue, Dec 5	12:00 p.m.	*Association Meeting	Cambrian College
Tue, Dec 12	3:30 p.m.	Alpine Ski Pre-Season Meeting	On-line via Zoom
Tue, Jan 30	3:30 p.m.	Transfer Committee Hearing (if needed)	On-line via Zoom
Thu, Mar 21	3:30 p.m.	Transfer Committee Hearing (if needed)	On-line via Zoom
Wed, Mar 27	6:00 p.m.	Soccer Pre-Season	On-line via Zoom
Tue, Apr 9	3:30 p.m.	Track & Field Pre-Season	On-line via Zoom
Tue, Apr 16	12:00 p.m.	*Association Meeting	Cambrian College
Mon, Apr 23	3:30 p.m.	N.O.S.S.A. Notices of Motion	On-line via Zoom
Thu, May 2	7:00 p.m.	N.O.S.S.A. Resolutions Committee	Sudbury District – location tbd
Fri, May 3	9:30 a.m.	N.O.S.S.A. Annual Meeting	Sudbury District – location tbd
Tue, Jun 11	3:30 p.m.	Track & Field Post Season	On-line via Zoom
Wed, Jun 12	4:00 p.m.	Soccer Post Season	On-line via Zoom
Fri. Jun 21	12:00 p.m.	*Annual Meeting	Cambrian College

***NOTES:** For agendas for the above association meetings, refer to pages 2.3 (a) - 2.3 (d).

Unless otherwise indicated, sport committee post season meeting dates are set at discretion of convener.

2023-2024 SCHEDULE OF EXECUTIVE MEETINGS

DATE	TIME	MEDIUM
Thu, Oct 5 th	3:00 p.m.	On-Line via Zoom.com
Tue, Nov 7 th	3:00 p.m.	On-Line via Zoom.com
Tue, Jan 30 th	3:00 p.m.	On-Line via Zoom.com
Tue, Mar 26 th	3:00 p.m.	On-Line via Zoom.com
Tue, May 7 th	3:00 p.m.	On-Line via Zoom.com

Revised:

N.O.S.S.A. EVENTS HOSTED BY S.D.S.S.A.A.

SEASON	SPORT	DATE	CONVENER	SCHOOL
Fall	Golf	Thu, Sep 28 th	Kent Rendell	Sudbury Secondary
	Cross Country Running	Wed, Oct 25 th	Karen Passi	Lasalle SS
	Football – Boys Junior	Sat, Nov 4 th	Brandon Dougan	Lasalle SS
	Basketball – Girls B	Fri, Nov 17 th	Glenn Murray	Chelmsford VDCS
	Volleyball – Boys AA/AAA	Thu-Sat, Nov 16 th -18 th	Dane MacVeigh	Lo-Ellen Park SS
Winter	Nordic Skiing	Tue, Feb 20 th	Colin Ward	Lo-Ellen Park SS
			Ryan Lafraniere	Lockerby CS
	Alpine Skiing	Wed, Feb 14 th	Karin Augenstein	Lockerby CS
	Swimming	Thu, Jan 11 th	Laura Stanyon and Janet Jorgensen	Lockerby CS
	Wrestling	Fri, Feb 16 th	Dave Martin	Confederation SS
	Basketball – Boys AA/AAA	Fri-Sat, Feb 23 rd -24 th	Kyle Beers and Mac Bertrand	Lo-Ellen Park SS
	Volleyball – Girls AAA	Fri, Feb 23 rd	Sherry Green	Lo-Ellen Park SS
	Hockey - Boys	Mon-Tue, Mar 4 th -5 th	Darren Michelutti	St Charles College
	Hockey – Girls	Mon-Tue, Mar 4 th -5 th	Katrina Shank	Bishop Carter CSS
Spring	Baseball – Boys	Tue-Wed, May 28 th -29 th	Jean-Gilles Larocque	St Charles College
	Gymnastics – Girls	Tbd	Heather Theijsmeijer	Manitoulin SS
	Tennis	Fri, May 24 th	Dave Winsa	Lo-Ellen Park SS
	Soccer – Girls AA/AAA	Fri-Sat, May 31 st -Jun 1 st	Matt Cootes	RDSB

2023/2024 MEMBER SCHOOLS' DIRECTORY

	Tel # Fax #	Principal Vice Principal	Co-Curr Athletic Contacts	P.E. Prog Leader Email Address
CONSEIL SCOLAIRE CATHOLIQUE DU NOUVEL-ONTARIO				
E. S. Catholique Champlain				
61 Brookside	855-9046	Angèle Carr	Miguel Belanger	miguel.belanger@nouvelon.ca
Chelmsford, Ontario P0M 1L0	855-9048		Daniel Trépanier	
Collège Notre-Dame				
100 Levis Street	674-7484	Mélanie Leblanc	Danika Brabant	joey.dimaio@nouvelon.ca
Sudbury, Ontario P3C 2H1	674-6786	Sabrina Rocca		
E. S. Catholique L'Horizon				
1650 Valley View Rd.	897-2503	Anik Ledo	Paul Renaud	paul.renaud@nouvelon.ca
Val Caron, Ontario P0M 3A0	897-2504	Celine Arsenault-Hogue	Pat Gervais	
ES du Sacré-Coeur				
261 avenue Notre-Dame	566-5511	Suzanne Lapointe	Marc Bertrand	marc.bertrand@nouvelon.ca
Sudbury, Ontario P3C 5K4	566-4769			
CONSEIL SCOLAIRE DU DISTRICT DU GRAND NORD DE L'ONTARIO				
Ecole Secondaire Hanmer				
4800, rue Notre-Dame	969-4402	Jean Bigras	Anne Blanchette	anne.blanchette@grandnord.ca
Hanmer, Ontario P3P 1X5	969-3643			
Ecole Secondaire Macdonald-Cartier				
37 Lasalle Blvd. West	566-7660	Josée Tremblay	Ron Poulin	ronald.poulin@grandnord.ca
Sudbury, Ontario P3A 1W1	566-3433	Michael McNeely	Marc Savage	
Ecole Secondaire Riviere-des-Francais				
Box 160, Lahaie Street	898-2282	Alain Noel	Eric Quenneville	eric.quenneville@grandnord.ca
Noelville, Ontario P0M 2N0	898-2134			
SUDBURY CATHOLIC DISTRICT SCHOOL BOARD				
Bishop Alexander Carter Catholic Secondary School				
539 Francis Street	969-2212	Stephanie Venturi	Laura Tagliafierro	laura.
Hanmer, Ontario P3P 1E6	698-9604	Monica Jost	Jeffrey Mousseau	tagliafierro@sudburycatholicscho ols.ca
Marymount Academy				
165 D'Youville Street	674-4231	Cassandra MacGregor	Ashley Gattoni	ashley.
Sudbury, Ontario P3C 5E7	674-5619	Kim Coluzzi	Rob Van Mierlo	gattoni@sudburycatholicschools. ca

2023/2024 MEMBER SCHOOLS' DIRECTORY

	Tel # Fax #	Principal Vice Principal	Co-Curr Athletic Contacts	P.E. Prog Leader Email Address
St Benedict Catholic Secondary School				
2993 Algonquin Road	523-9235	Bev Belanger	Tim Kingshott	tim.
Sudbury, Ontario P3E 4X5	523-4115	Paola Gutscher		kingshott@sudburycatholicschool s.ca
St Charles College				
1940 Hawthorne Drive	566-9605	Aaron Barry	Darren Michelutti	darren.
Sudbury, Ontario P3A 1M8	566-9603	Karl Dreger	Rob Zanatta	michedlutti@sudburycatholicscho ols.ca
SUDBURY RAINBOW DISTRICT SCHOOL BOARD				
Chelmsford Valley District Composite School				
3594 Highway 144	675-0225	Patrick Hopkin	Glenn Murray	murrayg@rainbowschools.ca
Chelmsford, Ontario P0M 1L0	675-0226	Sheila James	Michael McQuarrie	
Confederation Secondary School				
Box 1000, Main Street	671-5948	David Bertrim	Leeza Connor	connorl@rainbowschools.ca
Val Caron, Ontario P3N 1B4	671-5949	Tim Nadjiwon		
Lasalle Secondary School				
1545 Kennedy Street	566-2280	Kristina Rivard Gobbo	Karen Passi	passik@rainbowschools.ca
Sudbury, Ontario P3A 2G1	566-1008	Sean Green	Stephane Jacques	
Lively District Secondary School				
5th Avenue, Box 430	692-3671	Susan Kett	Michael Asunmaa	asunmam@rainbowschools.ca
Lively, Ontario P3Y 1M4	692-9510	Kyle Gutscher	Kim Chezzi	
Lo-Ellen Park Secondary School				
275 Loach's Road	522-2320	Pam Potvin	Sherry Green	greensh@rainbowschools.ca
Sudbury, Ontario P3E 2P8	522-2322	Jamie Bouchard	Dane MacVeigh	
Lockerby Composite School				
1391 Ramsey View Court	522-1750	Ryan Lafraniere	Karin Augenstein	augensk@rainbowschools.ca
Sudbury, Ontario P3E 5T4	522-0658	Brad Smith	Steve Beausoleil	
Sudbury Secondary School				
154 College Street	674-7551	Heather Downey	Bill Gordon	gordonb@rainbowschools.ca
Sudbury, Ontario P3C 4Y2	674-5383	Yves Poirier	Kent Rendell	

2023/2024 P.E. DEPARTMENT STAFF DIRECTORY**CONSEIL SCOLAIRE CATHOLIQUE DU NOUVEL-ONTARIO****E. S. Catholique Champlain**

Athletic Contact #1 Miguel Belanger

Athletic Contact #2 Daniel Trépanier

Staff Members

Collège Notre-Dame

Athletic Contact #1 Joey DiMaio

Athletic Contact #2

Staff Members Marc Bonin
Danika Brabant
Martin Nadeau**E. S. Catholique L'Horizon**

Athletic Contact #1 Paul Renaud

Athletic Contact #2 Pat Gervais

Staff Members

ES du Sacré-Coeur

Athletic Contact #1 Marc Bertrand

Athletic Contact #2

Staff Members Shawn Pharand

CONSEIL SCOLAIRE DU DISTRICT DU GRAND NORD DE L'ONTARIO**Ecole Secondaire Hanmer**

Athletic Contact #1 Anne Blanchette

Athletic Contact #2

Staff Members

Ecole Secondaire Macdonald-Cartier

Athletic Contact #1 Ron Poulin

Athletic Contact #2 Marc Savage

Staff Members

Ecole Secondaire Riviere-des-Francais

Athletic Contact #1 Eric Quenneville

Athletic Contact #2

Staff Members

SUDBURY CATHOLIC DISTRICT SCHOOL BOARD**Bishop Alexander Carter Catholic Secondary School**

Athletic Contact #1 Laura Tagliafierro

Athletic Contact #2 Jeffrey Mousseau

Staff Members Kathleen Cameron
Val Del Re
Kat Shank**Marymount Academy**

Athletic Contact #1 Ashley Gattoni

Athletic Contact #2 Rob Van Mierlo

Staff Members

St Benedict Catholic Secondary School

Athletic Contact #1 Troy Brushett

Athletic Contact #2

Staff Members Chris Holden

St Charles College

Athletic Contact #1 Darren Michelutti

Athletic Contact #2 Rob Zanatta

Staff Members Jean Gilles Larocque
Kristy Hebert
Casey Thompson
Mary Lynn Poirier**SUDBURY RAINBOW DISTRICT SCHOOL BOARD****Chelmsford Valley District Composite School**

Athletic Contact #1 Glenn Murray

Athletic Contact #2 Michael McQuarrie

Staff Members Rick Legrow
Amy Stevenson**Confederation Secondary School**

Athletic Contact #1 Leeza Connor

Athletic Contact #2

Staff Members Dave Lefebvre

Lasalle Secondary School

Athletic Contact #1 Karen Passi

Athletic Contact #2 Stephane Jacques

Staff Members Vagelli Sakellaris
Ray Gorzynski

2023/2024 P.E. DEPARTMENT STAFF DIRECTORY**Lively District Secondary School**

Athletic Contact #1 Michael Asunmaa

Athletic Contact #2 Kim Chezzi MacLennan

Staff Members Tracy Moxam-Stos
Heather Mei

Lo-Ellen Park Secondary School

Athletic Contact #1 Sherry Green

Athletic Contact #2 Dane MacVeigh

Staff Members Colin Ward

Lockerby Composite School

Athletic Contact #1 Karin Augenstein

Athletic Contact #2 Steve Beausoleil

Staff Members Laura Stanyon

Sudbury Secondary School

Athletic Contact #1 Bill Gordon

Athletic Contact #2 Kent Rendell

Staff Members Tracy Moggy
Trenessa Beers-Marcolin
Cassandra MacVeigh
Tanis VanWalleggham

CHIEF REFEREES

SPORT	NAME	MAILING ADDRESS	CONTACT NUMBERS
Baseball – Boys	David Niro david-niro@hotmail.com		
Basketball -Girls Novice, Jr, Sr	Gary Miller gwesmiller@gmail.com		
Basketball - Boys Novice, Jr, Sr	Chris Pakkala c.oilers@hotmail.com		
Football – Girls and Boys	Gary Petrin Gary.petrin@freedom55financial.com		
Hockey – Boys/Girls	Mike Creasey mlcreasey@hotmail.com Randy Pascal (timkeepers) statsman@sudburysports.com		
Slo-Pitch – Boys	Moe Martel momartel@yahoo.ca		705-969-3728 (h)
Slo-Pitch – Girls	Moe Martel momartel@yahoo.ca		705-969-3728 (h)
Soccer – Boys/Girls Junior/Senior	Joe Davie Joe.davie1953@gmail.com		
Volleyball – Boys/Girls	Melanie Dussiaume melduz@gmail.com		705-561-0749 (c)
Wrestling	Guy Quenville ourhaven69@hotmail.com		

MEDIA CONTACT LIST FOR REPORTING RESULTS

MEDIA & ADDRESS	CONTACT	PH/FX/EMAIL	INFORMATION NEEDED
RADIO			
CBC Radio 15 MacKenzie Sudbury, P3C 4Y1	Markus Schwabe Morning North	(P) 688-3214 (F) 688-3220 (E) markus.schwabe.cbc.ca	NOSSA and OFSAA events. In advance and results.
Rewind 103.9 493-B Barrydowne Sudbury, P3A 3T4	Jamie Erven	(Switch) 560-8323 (F) 560-7765 (E) events@rewind1039.ca	
Rogers Radio 880 Lasalle Blvd. Sudbury, P3A 1X5	Stew Kernan	(P) 525-7279 (E) stew.kernan@rci.rogers.com	
TELEVISION			
CTV News	Lee Boyadjian	(P) 705-674-8301	Regional results and highlights.
EastLink	Dave Carter	(P) 560-1560 x2265 (E) dave.carter@corp.eastlink.ca	
Mid Canada Television 699 Frood Road Sudbury, P3C 5A3	Darcy Seaton	(P) 674-0110 (F) 673-0730 (E) sudburynews@ctv.ca	NOSSA highlights, scores and standings. Call immediately
NEWSPAPERS			
Le Voyageur 20 chemin Ste. Anne Sudbury, P3C 5N4	Eric Boutilier	(P) 893-8306 x1003 (F) 477-9797 (E) eric.boutilier@levoyageur.ca	Highlights, scores and standings.
Sudbury Star 33 MacKenzie Sudbury, P3C 4Y2	Ben Leeson	(P) 674-5271 (F) 674-6834 (E) bleeson@postmedia.com	Highlights, standings and scores
INTERNET			
SudburySports.com	Randy Pascal	(C) 698-1627 (F) 897-8958 (E) statsman@sudburysports.com	Highlights, results & features.

2023-2024 SCHEDULE OF MEETINGS

DATE	TIME	MEETING	LOCATION
Week of Sep 11	TBD	Fall Sports Pre-Season	TBD
Tue, Sep 19	3:30 pm	Transfer Committee Hearing (if needed)	On-line via Zoom
Mon, Sep 25	6:00 p.m.	Boys Hockey Pre-Season	On-line via Zoom
Tue, Oct 10	6:00 p.m.	Girls Hockey Pre-Season	On-line via Zoom
Thu, Oct 12	3:30 p.m.	Transfer Committee Hearing (if needed)	On-line via Zoom
Week of Nov 13	7:30 p.m.	Winter Sports Pre-Season	TBD
Tue. Nov 21	3:30 p.m.	Transfer Committee Hearing (if needed)	On-line via Zoom
Tue, Dec 5	12:00 p.m.	*Association Meeting	Cambrian College
Tue, Dec 12	3:30 p.m.	Alpine Ski Pre-Season Meeting	On-line via Zoom
Tue, Jan 30	3:30 p.m.	Transfer Committee Hearing (if needed)	On-line via Zoom
Thu, Mar 21	3:30 p.m.	Transfer Committee Hearing (if needed)	On-line via Zoom
Wed, Mar 27	6:00 p.m.	Soccer Pre-Season	On-line via Zoom
Tue, Apr 9	3:30 p.m.	Track & Field Pre-Season	On-line via Zoom
Tue, Apr 16	12:00 p.m.	*Association Meeting	Cambrian College
Mon, Apr 23	3:30 p.m.	N.O.S.S.A. Notices of Motion	On-line via Zoom
Thu, May 2	7:00 p.m.	N.O.S.S.A. Resolutions Committee	Sudbury District – location tbd
Fri, May 3	9:30 a.m.	N.O.S.S.A. Annual Meeting	Sudbury District – location tbd
Tue, Jun 11	3:30 p.m.	Track & Field Post Season	On-line via Zoom
Wed, Jun 12	4:00 p.m.	Soccer Post Season	On-line via Zoom
Fri. Jun 21	12:00 p.m.	*Annual Meeting	Cambrian College

***NOTES:** For agendas for the above association meetings, refer to pages 2.3 (a) - 2.3 (d).

Unless otherwise indicated, sport committee post season meeting dates are set at discretion of convener.

2023-2024 SCHEDULE OF EXECUTIVE MEETINGS

DATE	TIME	MEDIUM
Thu, Oct 5 th	3:00 p.m.	On-Line via Zoom.com
Tue, Nov 7 th	3:00 p.m.	On-Line via Zoom.com
Tue, Jan 30 th	3:00 p.m.	On-Line via Zoom.com
Tue, Mar 26 th	3:00 p.m.	On-Line via Zoom.com
Tue, May 7 th	3:00 p.m.	On-Line via Zoom.com

Revised:

SPORTS CONVENERS DINNER MEETINGS

DATE: Meetings arranged on as-needed basis
TIME: tba
PLACE: tba

A G E N D A

1. **Welcome/Introductions**
2. **Review of the operating/organization section of the handbook:**
 - officers
 - meetings and agendas
 - championship dates
 - exam dates
 - policies and guidelines
 - forms
3. **Review of constitution:**
 - eligibility lists – OFSAA Hub
 - courseload, 5-yr eligibility
 - NOSSA/OFSAA classification
 - ejections
 - schedule guidelines
 - supervision/OPHEA guidelines
4. **Media Relations**
 - results/standings
 - website
5. **Transfer Procedure**
6. **Coordinating Facilities/schedules**
7. **Conveners concerns**
8. **Post-season meetings**

All agenda items refer to information and materials in the handbook.

REGULAR DINNER MEETING

DATE: Tuesday, December 5th, 2023
TIME: 12:00 p.m.
PLACE: TBD

A G E N D A

1. Minutes of last meeting.
2. Correspondence.
3. Treasurer's Report.
4. Co-Chairpersons' Report & Updates
5. Notices of Motions
 - 5.1 For December Association Meeting
 - 5.2 To April Association Meeting
 - 5.3 SDSSAA Notices of Motions to NOSSA
6. Conveners' Reports - Fall sports
 - 6.1 Boys Baseball
 - 6.2 Girls Basketball - Novice, Junior, Senior
 - 6.3 Cross-Country & Relays
 - 6.4 Flag Football
 - 6.5 Football – Junior and Senior
 - 6.6 Golf
 - 6.7 Volleyball - Boys - Novice, Junior, Senior
 - 6.8 Bowling
7. Committee Reports
 - 7.1 Transfer Committee
 - 7.2 Board of Reference
 - 7.3 Officials' Negotiations Committee
8. New Business
 - 8.1 Next Association Meeting – Tuesday, April 16th, 2023

REGULAR DINNER MEETING

DATE: Tuesday, April 6th, 2023
TIME: 12:00 p.m.
PLACE: TBD

A G E N D A

1. Minutes of last meeting.
2. Correspondence.
3. Treasurer's Report.
4. Committee reports/Tabled motions
5. Presentation of notices-of-motion from SDSSAA to NOSSA and OFSAA.
6. Conveners' Reports:
 - 6.1 Boys Basketball - Novice, Div's I & II
 - 6.2 Curling
 - 6.3 Skiing Alpine
 - 6.4 Skiing Nordic
 - 6.5 Snowboarding
 - 6.6 Swimming COED
 - 6.7 Girls Volleyball- Nov, Div's A & B
 - 6.8 Hockey - Boys, Girls
 - 6.9 Wrestling
7. New Business.
 - 8.1 Next Association Meeting - Friday, June 21st, 2023

ANNUAL DINNER MEETING

DATE: Friday, June 21st, 2023
TIME: 12:00 p.m.
PLACE: TBD

A G E N D A

1. Roll Call and Co-Chairpersons Updates.
2. Review of Minutes and Action Required From April Meeting.
3. Correspondence.
4. Treasurer's Report: Dave Winsa
5. Business arising from 1, 2, 3, 4 above
6. Notice-of-motions to S.D.S.S.A.A.
 - 6.1 Tabled Motions from April Meeting
 - 6.2 Sport Committee and Executive Motions
7. Reports:
 - 7.1 Transfer Committee
 - 7.2 Board of Reference
 - 7.3 Officials' Contracts
 - 7.4 O.F.S.A.A.
 - 7.5 Athletic Administrator
8. Conveners' Reports:
 - 8.1 Girls Slo-pitch
 - 8.2 COED Badminton
 - 8.3 Track & Field, Relay Meet
 - 8.4 Soccer – Junior/Senior Boys and Open Girls
 - 8.5 COED Tennis
 - 8.6 Gymnastics
 - 8.7 Boys Baseball (NOSSA)
9. Organizational changes
 - P.1.1 Officers
 - P.1.2 Sport Committee Conveners & Recorders
 - P.1.3 Member Schools
 - P.1.4 Physical Education Directory
 - P.1.5 Chief Referees
 - P.1.6 Media Contact List for Reporting Results
 - P.2.1 Schedule of Meetings
 - P.2.3 (a,b,c,d) Meeting Agendas
 - P.3.1 (a,b,c,d) Calendar of Tournaments and Championships Dates
 - P.3.2 S.D.S.S.A.A. Activity Calendar
 - P.4.1 Summary of School Year
10. New Business.

**RULES OF ORDER
(ADAPTED FROM OSSTF RULES OF ORDER)**

The responsibility for conducting meetings lies with the Chief Executive Officer, or the person designated by the Chief Executive Officer to chair the meeting or selected by the jurisdiction in accordance with its Constitution and By-laws.

ROLE OF THE PRESIDING OFFICER

- (A) The Presiding Officer calls the meeting to order at the appointed time.
- (B) The Presiding Officer announces the business which should come before the assembly in its proper order usually in the form of a printed agenda.
- (C) The Presiding Officer assigns the floor to members who desire to speak. Once the Presiding Officer has recognized the right of a member to the floor, it is the duty of the Presiding Officer to protect the speaker from disturbance or interference. On the other hand, the Presiding Officer must never hesitate, when the interest of the organization or its members requires, to permit a speaker to be interrupted, or to limit the number of speakers to a motion.
- (D) The Presiding Officer reads all motions that have been correctly moved and seconded. The Presiding Officer may require a restatement, in the best possible form and without changing the intent, of any motion the proposer has failed to submit correctly or clearly.
- (E) The Presiding Officer explains what the effect of a motion would be if it is not clear to every member. The Presiding Officer makes certain that members understand exactly what business is pending.
- (F) The Presiding Officer restricts discussion to the question before the assembly.
- (G) The Presiding Officer is responsible for answering all Parliamentary Inquiries and for deciding Points of Order and Questions of Privilege as soon as they arise.
- (H) The Presiding Officer never debates a motion while presiding.
- (I) When discussion on a question has ceased or has been closed by a motion to that effect, the Presiding Officer is responsible for restating the exact question upon which the assembly is to vote and for putting the question to a vote.
- (J) When necessary, the Presiding Officer decides whether the motion has two or more independent parts that may be voted on separately.
- (K) When necessary, to verify and indecisive vote by show of hands, the Presiding Officer may require voters to rise and be counted.
- (L) The Presiding Officer votes only in case of a tie vote.
- (M) The Presiding Officer states definitely and clearly the result of the vote.
- (N) The Presiding Officer protects the assembly from annoyance by refusing to recognize motions that are frivolous in character or that are made solely for the purpose of blocking business or of consuming time.
- (O) The Presiding Officer may be advised on parliamentary procedures by a Steering Committee which may consist of one or more persons.

RULES OF ORDER (cont'd)

DEBATE

- (A) No debate shall be held on a topic until there is a motion on the floor.
- (B) All main motions and amendments thereto shall be written and presented prior to the vote to the Presiding Officer or to the Resolutions Committee.
- (C) The mover of a motion shall have the privilege of being the first speaker in the debate on the motion, and shall have the further privilege of speaking once more to conclude the debate.
- (D) Members who wish to speak to a motion must first be recognized by the Presiding Officer and should begin by stating whether they support or oppose the motion, are moving an amendment, or have other intentions.
- (E) Members shall not speak more than once to a motion, except as provided in (C) above.
- (F) After a motion or an amendment has been debated, the Presiding Officer calls the question by asking those in favour of the motion to so indicate, followed by those opposed. The Presiding Officer then declares the motion "carried" or "lost". In the case of a tie vote, the Presiding Officer casts the deciding vote.
- (G) A time limit may be set on debate if the assembly so decides.

RULES OF ORDER (cont'd)

AMENDMENTS

(A) A motion may be amended by:

- (1) Insertion or addition,
- (2) Deletion,
- (3) Deletion for insertion,
- (4) Substitution

(B) An amendment must bear such close relationship to the motion that the basic intent of the motion is not changed.

(C) There may be an amendment to the amendment but not more than one such subamendment may be debated at any one time.

(D) The sequence of voting on an amendment motion is as follows:

- (1) the amendment to an amendment (subamendment),
- (2) the amendment,
- (3) the main motion.

INCIDENTAL REQUESTS AND APPEALS

(A) Requests (may interrupt debate; no vote required):

- (1) Question of Privilege – relates to any matter affecting rights and immunities of the assembly collectively, or to the position, reputation and conduct of members in their respective character.
- (2) Points of Order – question to the Presiding Officer regarding a possible breach of Rules of Order.

(B) Parliamentary Inquiry (must be recognized in the order of debaters):

- (1) a question to the Presiding Officer relating to procedure or to the meaning or effect of the impending motion.
- (2) a question to the debater or proposer of the motion about the pending motion.

(C) Appeals (vote required):

- (1) Appeal the decision of the Chair – the challenging member may state his/her reason for objecting to the decision of the Presiding Officer and the Presiding Officer may reply; the vote is on "supporting" or "overruling" the Chair's decision; a simple majority is required.
- (2) Appeal the decision to withdraw a motion – if any member objects to the withdrawal of a motion once it is on the floor, the assembly must vote on a procedural motion to permit the withdrawal; simple majority to carry.

RULES OF ORDER (cont'd)

ORDER OF PRECEDENCE OF MOTIONS

The procedures with respect to motions shall apply as set forth in the accompanying table. Motions shall have precedence according to this table. Each motion on the list has precedence over those below and is superseded by those above.

DIAGRAM SHOWING ORDER OF PRECEDENCE AND FOOTNOTES CONTAINING RULES GOVERNING

Order of Precedence	Motion	Debatable?	Amendable?	Vote Required?
1.	Adjourn	NO	NO	Majority
2.	Recess	NO	YES (1)	Majority
3.	Table (Postpone temporarily)	NO	NO	Majority
4.	Take from the table (Resume consideration)	NO	NO	Majority
5.	Previous Question (Vote Immediately) (2)	NO	NO	2/3
6.	Limit or extend time of debate	YES (3)	YES	Majority
7.	Postpone to a set time	YES (4)	YES	Majority
8.	Refer (Commit)	YES (5)	YES	Majority
9.	Amend (6)	YES	YES	Majority
10.	Postpone indefinitely	YES (4)	NO	Majority
11.	Main Motion	YES	YES	Majority
	– Rescind (7)	YES	YES	Majority (8)
	– Reconsider (9)	YES(10)	NO	Majority

FOOTNOTES

1. Length of recess only amendable. May interrupt speaker; requires no second.
2. Can be applied only to a debatable and amendable motion. Cannot be proposed by a member who has spoken to the motion to which it is applied. If carried, vote on pending question taken immediately; if negated, debate on pending question continues. Cannot be proposed a second time to the same motion. Recommended form: "I move that we vote immediately on the pending question (or amendment)".
3. Debatable as to the appropriateness of limiting or extending debate only.
4. Debatable as to the appropriateness of postponing only.
5. Debatable as to the appropriateness of referral only.
6. An amendment is not in order if it changes the intent of the motion to which it is applied.
7. Can be applied only to actions not already taken under the motion to be rescinded. Not in order when the subject can be reached by reconsideration.
8. (a) Majority, notice having been given;
(b) 2/3 without notice;
(c) Motions requiring more than a simple majority to pass require a majority at least as large to rescind.
9. Can be made only by a member who voted with the prevailing side. Action that cannot be reversed or suspended cannot be reconsidered. Suspends all action on the motion to be reconsidered, may only be applied to motions made at the same meeting. No question may be twice reconsidered.
10. Only if the motion to which it is applied is debatable.

RULES OF ORDER (cont'd)

PARLIAMENTARY PROCEDURE AT A GLANCE


Principles – Justice and Courtesy for All

- One thing at a time
- Recognition of the will of majority
- Protection of the rights of the minority

Type of Motion	Must be seconded?	Can be discussed?	Can be Amended?	Vote Required?
<hr/> PRIVILEGED – stops proceedings no matter what is before assembly				
Motion to adjourn	Yes	No	No	Maj.
Motion to recess	Yes	only to length	Yes	Maj.
Question of privilege	No	No	No	Maj.
Point of order	No	chair & mover only	No	Chairman rules
<hr/> SUBSIDIARY – Determines immediate fate of motion before assembly				
Table a motion	Yes	No	No	Maj.
To call for a vote	Yes	No	No	2/3
Refer to a committee	Yes	Yes	Yes	Maj.
Amend a main motion	Yes	Yes	Yes	Maj.
<hr/> INCIDENTAL – Handled before action is taken on subject to which it relates				
Close nominations	Yes	No	Yes	2/3
Re-open nominations	Yes	No	Yes	Maj.
Withdraw a motion	No	No	No	Maj.
Appeal the ruling of the chair	Yes	Yes	No	Maj.
<hr/> UNCLASSIFIED – refers to motions that need to be considered again				
Motion to reconsider	Yes	Yes	Yes	Maj.
Motion to rescind	Yes	Yes	Yes	2/3
Take from the table	Yes	No	No	Maj.
<hr/> MAIN MOTION – presents a proposal to the assembly				
	Yes	Yes	Yes	Maj.

Season	Sport	Girls/Boys	Assoc.	Div.	Category	Day(s)	Start Date	End Date	City/Location	Conveners/School
FALL 	Baseball	Boys	SDSSAA			Thursday	19-Oct-23		Terry Fox	Jean Gilles Larocque - St Charles
			NOSSA			Tue-Wed	28-May-24	29-May-24	Terry Fox	Jean Gilles Larocque - St Charles
			OFSAA Reg.			Wed-Thu	05-Jun-24	06-Jun-24	Lakeshore	Steve Burke - St Anne CHS
	Basketball	Girls	SDSSAA		Novice	Sat	11-Nov-23		Laurentian University	Martin Nadeau - Collège Notre-Dame
				I	Jr/Sr	Sat	11-Nov-23		Laurentian University	Martin Nadeau - Collège Notre-Dame
				II	Jr/Sr	Fri	10-Nov-23		Laurentian University	Martin Nadeau - Collège Notre-Dame
			NOSSA	B	Jr/Sr	Fri	17-Nov-23		Chelmsford	Glenn Murray - Chelmsford VDCS
				A	Jr/Sr	Fri-Sat	17-Nov-23	18-Nov-23	Soo District	Wendy Basawa - White Pines C&VS
				AA/AAA	Jr/Sr	Fri-Sat	17-Nov-23	18-Nov-23	Nipissing District	Rob Brady - West Ferris SS
			OFSAA	A	Sr	Thu-Sat	23-Nov-23	25-Nov-23	Belleville	Justin Walsh - Nicholson Catholic College
				AA	Sr	Thu-Sat	23-Nov-23	25-Nov-23	Guelph	Michael O'Rourke - St James CHS
				AAA	Sr	Thu-Sat	23-Nov-23	25-Nov-23	Hamilton	Luca Fortino - Cathedral CSS
	Cross	Girls/Boys	Prelim #1		Nov/Jr/Sr	Wed	13-Sep-23		TBD	TBD
	Country		Prelim #2		Nov/Jr/Sr	Wed	20-Sep-23		TBD	TBD
	Running		Prelim #3		Nov/Jr/Sr	Wed	04-Oct-23		TBD	TBD
			Prelim #4		Nov/Jr/Sr	Wed	11-Oct-23		TBD	TBD
			SDSSAA		Nov/Jr/Sr	Wed	18-Oct-23		Kivi Park	Colin Ward - Lo-Ellen Park SS
			NOSSA		Nov/Jr/Sr	Wed	25-Oct-23		Sudbury	Karen Passi - Lasalle SS
			OFSAA		Nov/Jr/Sr	Sat	04-Nov-23		Etobicoke	David Tepper - Newtonbrook SS
	Flag Football	Girls	SDSSAA		Open	Fri	27-Oct-23		James Jerome North	Brad Smith - Confederation SS
	Football	Boys	SDSSAA		Jr	Fri	04-Nov-23		James Jerome North	Brandon Dougan - Lasalle S.S.
			NOSSA Final	Open	Jr	Sat	11-Nov-23		Sudbury @ Soo	tbd
			SDSSAA		Sr	Fri	27-Oct-23		James Jerome North	Brandon Dougan - Lasalle S.S.
			NOSSA Semi	Open	Sr	Sat	04-Nov-23		Soo @ Nipissing	Ryan Desbiens - Esc Algonquin
			NOSSA Final	Open	Sr	Sat	11-Nov-23		Site of sr semi winner	tbd
			OFSAA	Nor. Bowl	Senior	Mon-Wed	27-Nov-23	29-Nov-23	Chatham	James Clarke - John McGregor SS
	Golf	COED	SDSSAA		Open	Thu	21-Sep-23		Lively Golf & Country	Kent Rendell - Sudbury Secondary
		COED	NOSSA		Open	Thu	28-Sep-23		Lively Golf & Country	Kent Rendell - Sudbury Secondary
		Boys	OFSAA		Open	Wed-Thu	11-Oct-23	12-Oct-23	Windsor	Matt Loebach - Riverside SS
		Girls	OFSAA		Open	Wed-Thu	11-Oct-23	12-Oct-23	Collingwood	Jason Boose - Our Lady of the Bay SS
	Volleyball	Boys	SDSSAA	A	Jr/Sr	Sat	11-Nov-23		TBD	Dane MacVeigh - Lo-Ellen Park SS
				B	Jr/Sr	Sat	11-Nov-23		TBD	Dane MacVeigh - Lo-Ellen Park SS
			NOSSA	B	Jr/Sr	Thu-Sat	16-Nov-23	18-Nov-23	North Shore District	Jon Lauricella - W. C. Eaket
				A	Jr/Sr	Thu-Sat	16-Nov-23	18-Nov-23	Nipissing District	Rene Dubuc - Franco-Cité
				AA/AAA	Jr/Sr	Thu-Sat	16-Nov-23	18-Nov-23	Sudbury	Dane MacVeigh - Lo-Ellen Park SS
			OFSAA	A	Sr	Thu-Sat	23-Nov-23	25-Nov-23	Kitchener	Ray Boehm - Rockway Mennonite
				AA	Sr	Thu-Sat	23-Nov-23	25-Nov-23	Stratford	Joel Murray - St Michael CSS
				AAA	Sr	Thu-Sat	23-Nov-23	25-Nov-23	Belle River	Joe Tatti - St Anne CHS

Season	Sport	Girls/Boys	Assoc.	Div.	Category	Day(s)	Start Date	End Date	City/Location	Conveners/School
WINTER 	Badminton	COED	SDSSAA		Nov/Jr/Sr	Thu	18-Apr-24		SCC, ESM, SBS	Troy Brushett - St Benedict CSS
			NOSSA		Nov/Jr/Sr	Thu-Fri	25-Apr-24	26-Apr-24	Soo District	Kim Policcichio - Korah Collegiate
			OFSAA		Sr	Thu-Sat	02-May-24	04-May-24	Barrie	Mark Martynshyn - Innisdale SS
	Basketball	Boys	SDSSAA		Novice	Sat	17-Feb-24		Sr. Highest Gym	Bill Gordon - Sudbury Secondary
				I	Jr/Sr	Sat	17-Feb-24		Sr. Highest Gym	Bill Gordon - Sudbury Secondary
				II	Jr/Sr	Fri	16-Feb-24		Sr. Highest Gym	Bill Gordon - Sudbury Secondary
			NOSSA	B	Jr/Sr	Fri	23-Feb-24		Nipissing District	Kareena Lindsay - Esc Elisabeth-Bruyère
				A	Jr/Sr	Fri-Sat	23-Feb-24	24-Feb-24	North Shore District	Jon Lauricella - W.C. Eaket
				AA/AAA	Jr/Sr	Fri-Sat	23-Feb-24	24-Feb-24	Sudbury District	Kyle Beers/Mac Bertrand - Lo-Ellen
			OFSAA	A	Sr	Mon Wed	04-Mar-24	06-Mar-24	Welland	Jason Duthie - Esc St Jean de Brébeuf
				AA	Sr	Mon-Wed	04-Mar-24	06-Mar-24	Nepean	Mike Rowley - St Mother Theresa HS
				AAA	Sr	Mon-Wed	04-Mar-24	06-Mar-24	Stoney Creek	Steve Green - Saltfleet HS
	Curling	Boys/Girls	SDSSAA		Open	Wed	28-Feb-24		Bishop Carter CSS	Janice Vettoretti - Bishop Carter CSS
		Boys/Girls	NOSSA		Open	Tue/Wed	05-Mar-24	06-Mar-24	Nipissing District	Sean Mullan - West Ferris SS
		Boys	OFSAA		Open	Wed-Sat	20-Mar-24	23-Mar-24	Kingston	Sarah Depew - Frontenac SS
		Girls	OFSAA		Open	Wed-Sat	20-Mar-24	23-Mar-24	Kingston	Sarah Depew - Frontenac SS
	Hockey	Boys	SDSSAA		Senior	Thu-Sat	22-Feb-24	02-Mar-24	Regional Arenas	Darren Michelutti - St Charles
			NOSSA	A/AA,AAA	Senior	Mon-Tue	04-Mar-24	05-Mar-24	Sudbury District	Darren Michelutti - St Charles
			OFSAA	A/AA	Senior	Tue-Thu	19-Mar-24	21-Mar-24	Brooklin	Ethan Markham - Brooklin HS
				AAA	Senior	Tue-Thu	19-Mar-24	21-Mar-24	Brooklin	Ethan Markham - Brooklin HS
		Girls	SDSSAA		Open	Mon-Thu	26-Feb-24	29-Feb-24	Regional Arenas	Blaire Rains - St Charles College
			NOSSA	A/AA,AAA	Open	Mon-Tue	04-Mar-24	05-Mar-24	Sudbury District	Katrina Shank - Bishop Carter CSS
			OFSAA	A/AA	Open	Tue-Thu	19-Mar-24	21-Mar-24	Brooklin	Ethan Markham - Brooklin HS
				AAA	Open	Tue-Thu	19-Mar-24	21-Mar-24	Brooklin	Ethan Markham - Brooklin HS
	Ski - Alpine	COED	SDSSAA		Open	Wed	07-Feb-24		Adanac Ski Hill	Karin Augenstein - Lockerby CS
		COED	NOSSA		Open	Wed	14-Feb-24		Adanac Ski Hill	Karin Augenstein - Lockerby CS
		COED	OFSAA		Open	Mon-Tue	26-Feb-24	27-Feb-24	Collingwood	Melissa Wheatcroft - Our lady of the Bay
	Ski - Nordic	COED	Prelims		Nov/Jr/Sr	TBA	TBA		tbd	tbd
					Nov/Jr/Sr	TBA	TBA		tbd	tbd
					Nov/Jr/Sr	TBA	TBA		tbd	tbd
			SDSSAA		Nov/Jr/Sr	Tue	06-Feb-24		tbd	Colin Ward - Lo-Ellen Park SS
			NOSSA		Nov/Jr/Sr	Tue	20-Feb-24		Sudbury District	Colin Ward - Lo-Ellen Park SS
			OFSAA		Nov/Jr/Sr	Thu-Fri	29-Feb-24	01-Mar-24	Lakefield	Adam Ross - Lakefield College School
	Snowboard	COED	SDSSAA		Open	Thu	15-Feb-24		Adanac Ski Hill	Colin Veevers - Lo-Ellen Park SS
		COED	NOSSA		Open	Wed	21-Feb-24		Mt. Dufour	Tom O'Grady - Elliot Lake SS
		COED	OFSAA		Open	Wed	28-Feb-24		Markdale	Adrienne Chong - Markille SS
	Swimming	COED	Mini Meet		Open	Weekday	TBA		Howard Armstrong Pool	TBA
			SDSSAA		Open	Thu	07-Dec-23		Howard Armstrong Pool	Janet Jorgensen/Laura Stanyon - LCS
		COED	NOSSA		Open	Thu	11-Jan-24		Howard Armstrong Pool	Janet Jorgensen/Laura Stanyon - LCS
		COED	OFSAA		Open	Tue-Wed	05-Mar-24	06-Mar-24	Oakville	Tim White - Trinity College School

Season	Sport	Girls/Boys	Assoc.	Div.	Category	Day(s)	Date		City/Location	Conveners/School
WINTER (cont'd) 	Volleyball	Girls	SDSSAA		Novice	Fri	16-Feb-24		TBD	Sherry Green - Lo-Ellen Park SS
				I	Jr/Sr	Fri	16-Feb-24		TBD	Sherry Green - Lo-Ellen Park SS
				II	Jr/Sr	Fri	16-Feb-24		TBD	Sherry Green - Lo-Ellen Park SS
			NOSSA	B	Jr/Sr	Fri	23-Feb-24		North Shore District	Jon Lauricella - W. C. Eaket
				A	Jr/Sr	Fri	23-Feb-24		Nipissing District	Rene Dubuc - Franco-Cité
				AA	Jr/Sr	Fri	23-Feb-24		Soo District	Terri-Lynn Della Penta - Superior Heights
				AAA	Jr/Sr	Fri	23-Feb-24		Sudbury District	Sherry Green - Lo-Ellen Park SS
			OFSAA	A	Sr	Mon Wed	04-Mar-24	06-Mar-24	Elliot Lake SS	Liam Halligan - Elliot Lake SS
				AA	Sr	Mon-Wed	04-Mar-24	06-Mar-24	Sydenham	Bryan English - Sydenham HS
				AAA	Sr	Mon-Wed	04-Mar-24	06-Mar-24	Thornhill	Steve Hutchison - Thornlea SS
	Wrestling	Boys/Girls	SDSSAA	Rookie	Open	Sat	tbd		tbd	Dave Martin - Confederation SS
				The Boot	Open	Wed	tbd		tbd	Dave Martin - Confederation SS
				Rpreston	Open	Thu	tbd		tbd	Dave Martin - Confederation SS
				Warm Up	Open	Mon	tbd		tbd	Dave Martin - Confederation SS
			NOSSA		Open	Fri	16-Feb-24		Sudbury District	Dave Martin - Confederation SS
		Boys/Girls	OFSAA		Open	Tue-Wed	05-Mar-24	06-Mar-24	Hannon	Sheldon Francis - Bishop Ryan CSS

Season	Sport	Girls/Boys	Assoc.	Div.	Category	Day(s)	Date		City/Location	Conveners/School
SPRING 	Gymnastics	Girls	SDS/NOSSA		Inter, I-VI	tbd	tbd		GymZone	Heather Theijsmeijer - Manitoulin SS
	Soccer	Girls	SDSSAA	Premier	Open	Tue	21-May-24		James Jerome North	Bill Gordon - Sudbury Secondary
			SDSSAA	Second	Open	Thu	11-Jun-24		Highest Seed	Bill Gordon - Sudbury Secondary
			NOSSA	A	Open	Fri	31-May-24		Soo District	Marco De Rubeis - Korah Collegiate
			NOSSA	AA/AAA	Open	Fri-Sat	31-May-24	01-Jun-24	Sudbury District	Matt Cootes - Lasalle SS
			OFSAA	A	Open	Thu-Sat	06-Jun-24	08-Jun-24	Jordan Station	Andrew Pols - Heritage Christien School
			OFSAA	AA	Open	Thu-Sat	06-Jun-24	08-Jun-24	St. Thomas	Kevin Paiva - St Josephs CHS
			OFSAA	AAA	Open	Thu-Sat	06-Jun-24	08-Jun-24	Windsor	Stacey Ditchfield - Holy Names CHS
		Boys	SDSSAA	Premier	Jr/Sr	Tue	21-May-24		James Jerome North	Bill Gordon - Sudbury Secondary
			SDSSAA	Second	Senior	Thu	11-Jun-24		Highest Seed	Bill Gordon - Sudbury Secondary
			NOSSA	A	Jr/Sr	Fri	31-May-24		Soo District	Marco De Rubeis - Korah Collegiate
			NOSSA	AA/AAA	Jr	Fri-Sat	31-May-24	01-Jun-24	Nipissing District	Frank Ricciutti - St Joe/Scollard Hall
			NOSSA	AA/AAA	Sr	Fri-Sat	31-May-24	01-Jun-24	Nipissing District	Mark Hopper - Chippewa HS
			OFSAA	A	Senior	Thu-Sat	06-Jun-24	08-Jun-24	Jordan Station	Andrew Pols - Heritage Christien School
			OFSAA	AA	Senior	Thu-Sat	06-Jun-24	08-Jun-24	North Bay	Sara Pickles - Chippewa SS
			OFSAA	AAA	Senior	Thu-Sat	06-Jun-24	08-Jun-24	Windsor	J.J. Dowhan - Vincent Massey SS
	Slo-Pitch	Boys	SDSSAA		Open	Mon	03-Jun-23		Valley East	Paul Renaud - Esc l'Horizon
				rain date		Wed	05-Jun-23			
	Slo-Pitch	Girls	SDSSAA	Prelims	Open	Mon	27-May-24		TBD	Paul Renaud - Esc l'Horizon
				Finals	Open	Tue	28-May-24		TBD	Paul Renaud - Esc l'Horizon
				rain date	Open	Tue	04-Jun-23			
			OFSAA	Festival	Open	Mon-Tue	10-Jun-24	11-Jun-24	Hamilton	Charley Giudice - St Mary SS
	T&F	COED	SDSSAA		Nov/Jr/Sr	Wed-Thu	22-May-24	23-May-24	Laurentian Comm Track	Karin Augenstein - Lockerby CS
			NOSSA		Nov/Jr/Sr	Wed-Thu	29-May-24	30-May-24	Nipissing District	Dave Wieggers - St Joe/Scollard Hall
			OFSAA		Nov/Sr/Sr	Thu-Sat	06-Jun-24	08-Jun-24	London	Todd MacKay - Sir Frederick Banting
	Relays	COED	SDSSAA		Nov/Jr/Sr	Wed	15-May-24		Laurentian Comm Track	Sherry Green - Lo-Ellen Park SS
	Tennis	COED	SDSSAA		Open	Tue-Thu	14-May-24	16-May-24	5 City Courts	Dave Winsa - Lo-Ellen Park SS
			NOSSA		Open	Fri	24-May-24		Sudbury District	Dave Winsa - Lo-Ellen Park SS
			OFSAA		Open	Mon-Wed	03-Jun-24	05-Jun-24	Toronto	Larry Laughlin - Marc Garneau CI

Season	Sport	Girls/Boys	Name	Category	Day(s)	Start Date	End Date	City/Location	Conveners/School
INVIT. TOURNEY	Volleyball	Boys	Lo-Ellen Jr. Early Bird	Jr	Fri	22-Sep-23	22-Sep-23	Lo-Ellen Park SS	Dane MacVeigh - Lo-Ellen Park SS
	Volleyball	Boys	Flyers Invitational	Jr/Sr	Fri-Sat	22-Sep-23	23-Sep-23	Chelmsford VDCS	Glenn Murray - Chelmsford
	Football-Flag	Girls	Lancers Invitational	Open	Fri	29-Sep-23	29-Sep-23	Lancer Dome	Brad Smith - Lasalle SS
	XC	COED	Rumble on the Rock	All	Fri	29-Sep-23	29-Sep-23	Laurentian Comm Track	Darren Jermyn: djermyn@hsnsudbury.ca
	Volleyball	Boys	Horizon Invitational	Jr	Thu	05-Oct-23	05-Oct-23	Esc l'Horizon	Patrick Gervais - Esc l'Horizon
	Volleyball	Boys	Horizon Invitational	Sr	Fri	06-Oct-23	06-Oct-23	Esc l'Horizon	Patrick Gervais - Esc l'Horizon
	Basketball	Girls	Golden Gators Tourney	Jr/Sr	Fri-Sat	27-Oct-23	28-Oct-23	Bishop Carter CSS	Laura Tagliafierro - Bishop Carter CSS
	Hockey	Girls	East/West Classic	Open	Fri	27-Oct-23	27-Oct-23	Garson Arena	Blair Rains - St Charles College
	Hockey	Boys	Bishop Boys Invitational	Sr	Wed	01-Nov-23	01-Nov-23	Centennial Arena	Laura Tagliafierro - Bishop Carter CSS
	Hockey	Boys	Cardinal Classic	Senior	Thu-Sat	16-Nov-23	18-Nov-23	Walden, McClelland	Darren Michelutti - St Charles
	Volleyball	Girls	Horizon Invitational	Jr	Thu	30-Nov-23	30-Nov-23	Esc l'Horizon	Patrick Gervais - Esc l'Horizon
	Volleyball	Boys	Horizon Invitational	Sr	Fri	01-Dec-23	01-Dec-23	Esc l'Horizon	Patrick Gervais - Esc l'Horizon
	Basketball	Boys	Golden Gators Tourney	Jr/Sr	Fri-Sat	09-Feb-24	10-Feb-24	Bishop Carter CSS	Laura Tagliafierro - Bishop Carter CSS

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30	31	1	2	3	4	5
			The Royal St John's			
6	7	8	9	10	11	12
	British Columbia Day Civic/Provincial Day Heritage Day (Alberta) Natal Day (Nova Scotia) New Brunswick Day (New Saskatchewan Day					
13	14	15	16	17	18	19
					Gold Cup Parade (Prince	
20	21	22	23	24	25	26
	Discovery Day (Yukon)					
27	28	29	30	31	1	2
	7pm - FB-B PreS Mtg @				PD Day PD Day	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28	29	30	31	1	2
	7pm - FB-B PreS Mtg @				PD Day PD Day	
3	4	5	6	7	8	9
	Labour Day	PD Day PD Day				
10	11	12	13	14	15	16
	12pm - Fall Sport		3pm - XC Prelim #1 @ 5:30pm - XC Pre-Season 7:30pm - FS Pre-		BB-G Soo Fall Classic @ Korah Collegiate & Vocational BB-G Soo Fall Classic @ Korah Collegiate & Vocational	
17	18	19	20	21	22	23
		3:30pm - Transfer	2:30pm - XC Prelim #2 @	SDSSAA Golf @ Lively	VB-B-Flyers Tourney @ Chelmsford Valley District VB-B-Flyers Tourney @ Chelmsford Valley District VBB Jr - LEP Tourney @ VBB Jr - LEP Tourney @	
24	25	26	27	28	29	30
	6pm - B-Hockey Mtg @			NOSSA Golf @ North Bay NOSSA Golf @ North Bay	LU XC Challenge @ LU XC Rumble on the Lancers Flag FB Tourney Lancers Flag FB Tourney PD Day PD Day	National Day for Truth

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
			3pm - XC Prelim #4 @	VB-B Jr Horizon Tourney VB-B Jr Horizon Tourney 3pm - Executive Mtg @	VB-B Sr Horizon Tourney VB-B Sr Horizon Tourney	
8	9	10	11	12	13	14
	Thanksgiving Day	6pm - Girls Hockey Mtg	OFSAA Boys Golf @ Windsor, ON, Canada OFSAA Boys Golf @ Windsor, ON, Canada OFSAA Girls Golf @ Collingwood, ON, Canada OFSAA Girls Golf @ Collingwood, ON, Canada 11:30am - XC Relay	3:30pm - SDSSAA	BB-G Franco Tourney @ École secondaire catholique BB-G Franco Tourney @ École secondaire catholique	
15	16	17	18	19	20	21
			XC Champs @ Kivi Park,		VB-B Cards Invitational @ St Charles College, 1940 VB-B Cards Invitational @ St Charles College, 1940 VB-B Scarlet & Gold Tourney @ Chippewa Secondary VB-B Scarlet & Gold Tourney @ Chippewa Secondary	
22	23	24	25	26	27	28
			NOSSA XC Champs @ NOSSA XC Champs		Bishop Carter Girls BB Tourney @ Bishop Alexander Bishop Carter Girls BB Tourney @ Bishop Alexander 9am - Girls Hockey	FB - Jr Final @ The FB - Sr Final @ The
29	30	31	1	2	3	4
		Halloween	Bishop Carter Boys Bishop Carter Boys		Girls Flag FB Final @	NOSSA JB FB Final @ NOSSA JB FB Final @ NOSSA SB FB Semi @ NOSSA SB FB Semi @ OFSAA XC Champs @ OFSAA XC Champs @

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1	2	3	4
		Halloween	Bishop Carter Boys Bishop Carter Boys		Girls Flag FB Final @	NOSSA JB FB Final @ NOSSA JB FB Final @ NOSSA SB FB Semi @ NOSSA SB FB Semi @ OFSAA XC Champs @ OFSAA XC Champs @
5	6	7	8	9	10	11
Daylight Saving Time		3pm - SDSSAA Executive			PD Day PD Day	NOSSA SB FB Final @ NOSSA SB FB Final @ Remembrance Day
12	13	14	15	16	17	18
			7:30pm - WS Pre-Season	Cards Classic Boys Hockey Tourney @ TM Davies Memorial Arena, Lively, ON Cards Classic Boys Hockey Tourney @ TM Davies Memorial Arena, Lively, ON NOSSA B-VB Finals @ B-North Shore, A-Nipissing, AA/AAA-Sudbury NOSSA B-VB Finals @ B-North Shore, A-Nipissing, AA/AAA-Sudbury	NOSSA Girls B-BB @ B-Chelmsford, A-Soo, AA/AAA- NOSSA Girls B-BB @ B- 5pm - G-BB Div II Finals	12pm - B-VB Finals @ 12pm - G-BB Div I Finals
19	20	21	22	23	24	25
		10am - Wrestling ROG @ 3:30pm - Transfer		OFSAA B-VB @ A-Kitchener, AA-Stratford, AAA-Belle River OFSAA B-VB @ A-Kitchener, AA-Stratford, AAA-Belle River OFSAA G-BB @ A-Belleville, AA-Guelph, AAA-Hamilton OFSAA G-BB @ A-Belleville, AA-Guelph, AAA-Hamilton		
26	27	28	29	30	1	2
	OFSAA Football Bowls @ Chatham, ON, Canada OFSAA Football Bowls @ Chatham, ON, Canada			VB-G Jr Horizon Tourney VB-G Jr Horizon Tourney	VB-G Sr Horizon Tourney VB-G Sr Horizon Tourney VBG-Flyers Nov Tourn @ VBG-Flyers Nov Tourn @	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	1	2
	OFSAA Football Bowls @ Chatham, ON, Canada			VB-G Jr Horizon Tourney	VB-G Sr Horizon Tourney	
	OFSAA Football Bowls @ Chatham, ON, Canada			VB-G Jr Horizon Tourney	VB-G Sr Horizon Tourney	
					VBG-Flyers Nov Tourn @	
					VBG-Flyers Nov Tourn @	
3	4	5	6	7	8	9
		2pm - Dec Assoc Mtg @		SDSSAA Swim Champs @		
10	11	12	13	14	15	16
	Anniversary of the	3:30pm - Alpine Ski Pre-S				
17	18	19	20	21	22	23
24	25	26	27	28	29	30
Christmas Eve	Christmas Break					
	Christmas Break					
	Christmas Day	Boxing Day (regional)				
31	1	2	3	4	5	6
Christmas Break						Epiphany
Christmas Break						
New Year's Eve	New Year's Day	Day After New Year's				

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31	1	2	3	4	5	6
Christmas Break						Epiphany
Christmas Break						
New Year's Eve	New Year's Day	Day After New Year's				
7	8	9	10	11	12	13
			VB-G Scarlet & Gold Tourney @ Chippewa Secondary		CVDCS Jr/Sr G-VBall Tour @ Chelmsford Valley	
			VB-G Scarlet & Gold Tourney @ Chippewa Secondary		CVDCS Jr/Sr G-VBall Tour @ Chelmsford Valley	
				NOSSA Swimming @		
				NOSSA Swimming @		
14	15	16	17	18	19	20
				Wrestling-RPreston @		SDSSAA Bowling @ Plaza
21	22	23	24	25	26	27
					Mid-Term Exams	
					Mid-Term Exams	
28	29	30	31	1	2	3
Mid-Term Exams					Groundhog Day	
Mid-Term Exams					PD Day	
		3pm - Executive Mtg @		4pm - Transfer Hearing @	PD Day	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	31	1	2	3
Mid-Term Exams					Groundhog Day	
Mid-Term Exams					PD Day	
		3pm - Executive Mtg @		4pm - Transfer Hearing @	PD Day	
4	5	6	7	8	9	10
		SDSSAA Nordic Ski @	SDSSAA Alpine Ski @		Bishop Carter B-BB Tourney @ Bishop Alexander	
			10am - Wrestling Warm-		Bishop Carter B-BB Tourney @ Bishop Alexander	
11	12	13	14	15	16	17
		NOSSA Nordic Ski @	NOSSA Alpine Ski	SDSSAA Snowboard @	NOSSA Wrest @ Greater	12pm - B-BB Finals
		NOSSA Nordic Ski @	NOSSA Alpine Ski		NOSSA Wrest @ Greater	
			Valentine's Day		9am - G-VB Finals-Nov @	
					5pm - B-BB Div II Finals	
18	19	20	21	22	23	24
	Family Day (regional)		Curl Finals-Girls @		NOSSA B-BB @ B & A-North Shore, AA/AAA-Sudbury	
	Islander Day (Prince		NOSSA Snowboard @ Mt.		NOSSA B-BB @ B & A-North Shore, AA/AAA-Sudbury	
	Louis Riel Day (Manitoba)		NOSSA Snowboard @ Mt.		NOSSA G-VB @ B-North	Boys Hockey Finals
	Nova Scotia Heritage Day				NOSSA G-VB @ B-North	
					Yukon Heritage Day	
25	26	27	28	29	1	2
Boys Hockey Finals						
	Girls Hockey Finals @ Regional Arenas					
	OFSAA Alpine Ski @ Collingwood, ON, Canada		OFSAA Snowboarding	OFSAA Nordic @ Lakefield, ON, Canada		
	OFSAA Alpine Ski @ Collingwood, ON, Canada		OFSAA Snowboarding	OFSAA Nordic @ Lakefield, ON, Canada		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
25	26	27	28	29	1	2
Boys Hockey Finals						
	Girls Hockey Finals @ Regional Arenas					
	OFSAA Alpine Ski @ Collingwood, ON, Canada		OFSAA Snowboarding	OFSAA Nordic @ Lakefield, ON, Canada		
	OFSAA Alpine Ski @ Collingwood, ON, Canada		OFSAA Snowboarding	OFSAA Nordic @ Lakefield, ON, Canada		
3	4	5	6	7	8	9
	OFSAA B-BB @ A-Welland, AA-Nepean, AAA-Stoney Creek					
	OFSAA B-BB @ A-Welland, AA-Nepean, AAA-Stoney Creek					
	OFSAA G-VB @ A-Elliot Lake, AA-Sydenham, AAA-Thornhill					
	OFSAA G-VB @ A-Elliot Lake, AA-Sydenham, AAA-Thornhill					
	NOSSA Boys Hockey @ Sudbury District					
	NOSSA Boys Hockey @ Sudbury District, ON, Canada					
	NOSSA Girls Hockey @ Sudbury District, ON, Canada					
	NOSSA Girls Hockey @ Sudbury District, ON, Canada					
		NOSSA Curling @ Nipissing District, ON, Canada				
		NOSSA Curling @ Nipissing District, ON, Canada				
		OFSAA Swim @ location tbd				
		OFSAA Swim @ location tbd				
10	11	12	13	14	15	16
Daylight Saving Time	March Break					
	March Break					
	Commonwealth Day					
17	18	19	20	21	22	23
St. Patrick's Day	St. Patrick's Day	OFSAA Boys Hockey @ Brooklin, Whitby, ON, Canada				
		OFSAA Boys Hockey @ Brooklin, Whitby, ON, Canada				
		OFSAA Girls Hockey @ Brooklin, Whitby, ON, Canada				
		OFSAA Girls Hockey @ Brooklin, Whitby, ON, Canada				
		OFSAA Boys and Girls Curling @ location tbd				
		OFSAA Boys and Girls Curling @ location tbd				
24	25	26	27	28	29	30
		3pm - SDSSAA Executive	6pm - Soccer Pre-Season	Good Friday		
31	1	2	3	4	5	6
Easter Sunday (regional)	Easter Monday (regional)				Sud Invit. Badminton @ Saint Benedict Catholic	
					Sud Invit. Badminton @ Saint Benedict Catholic	
						Tartan Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<div>31</div> <div>Easter Sunday (regional)</div>	<div>1</div> <div>Easter Monday (regional)</div>	<div>2</div>	<div>3</div>	<div>4</div>	<div>5</div> <div>Sud Invit. Badminton @ Saint Benedict Catholic</div> <div>Sud Invit. Badminton @ Saint Benedict Catholic</div>	<div>6</div> <div>Tartan Day</div>
<div>7</div>	<div>8</div>	<div>9</div> <div>Vimy Ridge Day</div> <div>3:30pm - T&F Pre-Season</div>	<div>10</div>	<div>11</div>	<div>12</div>	<div>13</div>
<div>14</div>	<div>15</div>	<div>16</div> <div>2pm - April Assoc Mtg @</div>	<div>17</div>	<div>18</div> <div>Badmin Finals</div>	<div>19</div> <div>PD Day</div> <div>PD Day</div>	<div>20</div>
<div>21</div>	<div>22</div> <div>St. George's Day</div>	<div>23</div> <div>3:30pm - NOSSA Motions</div>	<div>24</div>	<div>25</div> <div>NOSSA Badminton @ Soo District, ON, Canada</div> <div>NOSSA Badminton @ Soo District, ON, Canada</div>	<div>26</div>	<div>27</div>
<div>28</div>	<div>29</div>	<div>30</div>	<div>1</div>	<div>2</div> <div>OFSAA Badminton @ Barrie, ON, Canada</div> <div>OFSAA Badminton @ Barrie, ON, Canada</div> <div>7pm - NOSSA</div> <div>7pm - NOSSA</div>	<div>3</div> <div>NOSSA AGM @ Sudbury</div> <div>NOSSA AGM @ Sudbury</div>	<div>4</div>

Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
				OFSAA Badminton @ Barrie, ON, Canada		
				OFSAA Badminton @ Barrie, ON, Canada		
				7pm - NOSSA	NOSSA AGM @ Sudbury	
				7pm - NOSSA	NOSSA AGM @ Sudbury	
5	6	7	8	9	10	11
		3pm - SDSSAA Executive			T&F Nipissing Invitational	
					T&F Nipissing Invitational	
12	13	14	15	16	17	18
Mother's Day		Tennis Prelims	Tennis BD Finals @ Alder	Tennis Finals @ Alder		
			3pm - T&F Relays @ LU			
19	20	21	22	23	24	25
	National Patriots' Day		SDSSAA T&F @ Laurentian University, 935 Ramsey		NOSSA Tennis @ Sudbury	
	Victoria Day (regional)				NOSSA Tennis @ Sudbury	
26	27	28	29	30	31	1
	Girls Slo-Pitch Prelims	NOSSA Boys Baseball @ Terry Fox Sports Complex,			NOSSA Boys Soccer @ A-Soo, AA/AAA-Nipissing	
		NOSSA Boys Baseball @ Terry Fox Sports Complex,			NOSSA Boys Soccer @ A-Soo, AA/AAA-Nipissing	
		Girls Slo-Pitch Finals	NOSSA T&F @ Nipissing, ON P0H 1W0, Canada		NOSSA Girls Soccer @ A-Soo, AA/AAA-Sudbury	
		4pm - Jr Soccer Finals	NOSSA T&F @ Nipissing, ON P0H 1W0, Canada		NOSSA Girls Soccer @ A-Soo, AA/AAA-Sudbury	
					NOSSA Boys Jr Soccer @	
					NOSSA Boys Jr Soccer @	
					VB Beach Scarlet&Gold @	
					VB Beach Scarlet&Gold @	

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1
	Girls Slo-Pitch Prelims	NOSSA Boys Baseball @ Terry Fox Sports Complex, NOSSA Boys Baseball @ Terry Fox Sports Complex, Girls Slo-Pitch Finals 4pm - Jr Soccer Finals	NOSSA T&F @ Nipissing, ON P0H 1W0, Canada NOSSA T&F @ Nipissing, ON P0H 1W0, Canada		NOSSA Boys Soccer @ A-Soo, AA/AAA-Nipissing NOSSA Boys Soccer @ A-Soo, AA/AAA-Nipissing NOSSA Girls Soccer @ A-Soo, AA/AAA-Sudbury NOSSA Girls Soccer @ A-Soo, AA/AAA-Sudbury NOSSA Boys Jr Soccer @ NOSSA Boys Jr Soccer @ VB Beach Scarlet&Gold @ VB Beach Scarlet&Gold @	
2	3	4	5	6	7	8
	OFSAA Tennis @ Toronto, ON, Canada OFSAA Tennis @ Toronto, ON, Canada Boys SloPitch @ Valley	Girls SloP rain date	OFSAA Boys Baseball @ East: Whitby, West: Lakeshore OFSAA Boys Baseball @ East: Whitby, West: Lakeshore	OFSAA Boys Soccer @ A-Jordan Stn, AA-North Bay, AAA-Windsor OFSAA Boys Soccer @ A-Jordan Stn, AA-North Bay, AAA-Windsor OFSAA Girls Soccer @ A-Jordan Stn, AA-St Thomas, AAA-Windsor OFSAA Girls Soccer @ A-Jordan Stn, AA-St Thomas, AAA-Windsor OFSAA T&F @ tbd OFSAA T&F @ tbd		
9	10	11	12	13	14	15
	OFSAA Girls Slo-P @ Hamilton, ON, Canada PD Day PD Day	4pm - Soccer Post 3:30pm - T&F Post Mtg @		Boys SloP rain date @		
16	17	18	19	20	21	22
Father's Day					National Indigenous SDSSAA AGM @	
23	24	25	26	27	28	29
	June Exams June Exams June Holiday St. Jean Baptiste Day					
30	1	2	3	4	5	6

School Year Calendar 2023-2024

Labour Day	September 4, 2023
First Day of School for Students	September 6, 2023 – <i>No early dismissal</i>
Thanksgiving	October 9, 2023
Christmas Break	December 25, 2023 to January 5, 2024
Family Day	February 19, 2024
Board Designated Holiday*	March 8, 2024
Mid-Winter Break	March 11 to 15, 2024
Good Friday	March 29, 2024
Easter Monday	April 1, 2024
Victoria Day	May 20, 2024
Last Day of School for Students	June 28, 2024 – <i>No early dismissal</i>

*Please note that this is a non-instructional day. There is no school for students. Only staff who work directly with students do not report to work on that day.

First Semester (Secondary)

September 6, 2023 to February 1, 2024

Second Semester (Secondary)

February 2, 2024 to June 28, 2024

Examination Days for Secondary Schools

January 26 to February 1, 2024 (5 days)

June 24 to 28, 2024 (5 days)

Professional Development Days

September 1, 2023

September 5, 2023

September 29, 2023

November 10, 2023

February 2, 2024

April 19, 2024

June 10, 2024



N.O.S.S.A. ACTIVITY CALENDAR 2023-2024

Refer to web calendar for event details - nossa.rainbowschools.ca

SPORTS	AGE GROUPS	CLASS.	DATE	OFSAA ENTRY	CONVENERS	SCHOOL	EMAIL
FALL SPORTS							
Golf	Open	n/a	Thu, Sep 28	Thu, Oct 5	Kent Rendell	Sudbury Secondary	rendelk@rainbowschools.ca
Cross Country Running	Nov/Jr/Sr	n/a	Wed, Oct 25	Tue, Oct 31	Karen Passi	Lasalle SS	passik@rainbowschools.ca
Football (Final)	Jr	n/a	Sat, Nov 4	n/a	Brandon Dougan	Lasalle SS	douganb@rainbowschools.ca
Football (Semi Final)	Sr	n/a	Sat, Nov 4	n/a	Ryan Desbiens	Esc Algonquin	desbien@franco-nord.ca
Football (Final)	Sr	n/a	Sat, Nov 11		TBD	TBD	TBD
Basketball - Girls	Open	B	Fri, Nov 17	n/a	Marc Bertrand	Es du Sacré-Coeur	marc.bertrand@nouvelon.ca
Basketball - Girls	Jr/Sr	A	Fri-Sat, Nov 17-18	Sat, Nov 18	Wendy Basawa	White Pines	basawaw@adsb.on.ca
Basketball - Girls	Jr/Sr	AA/AAA	Fri-Sat, Nov 17-18	Sat, Nov 18	Rob Brady	West Ferris SS	rob.brady@nearnorthschools.ca
Volleyball - Boys	Open	B	Thu-Sat, Nov 16-18	n/a	Jon Lauricella	W.C. Eaket	laurici@adsb.on.ca
Volleyball - Boys	Jr/Sr	A	Thu-Sat, Nov 16-18	Sat, Nov 18	Rene Dubuc	Esc Franco-Cité	dubucr@franco-nord.ca
Volleyball - Boys	Jr/Sr	AA/AAA	Thu-Sat, Nov 16-18	Sat, Nov 18	Dane MacVeigh	Lo-Ellen Park SS	macveid@rainbowschools.ca
WINTER SPORTS							
Nordic Skiing - B&G	Jr/Sr	n/a	Tue, Feb 13	Sat, Feb 17	Colin Ward	Lo-Ellen Park SS	wardc@rainbowschools.ca
					Ryan Lafraniere	Lockerby CS	lafranr@rainbowschools.ca
Alpine Skiing - B&G	Open	Lev I & II	Wed, Feb 14	Tue, Feb 20	Karin Augenstein	Lockerby CS	augensk@rainbowschools.ca
Snowboarding	Open	n/a	Wed, Feb 21	Thu, Feb 22	Tom O'Grady	Elliot Lake SS	ogradyt@adsb.on.ca
Swimming-B&G	Open	n/a	Fri, Jan 12	Wed, Feb 28	Laura Stanyon	Lockerby CS	stanyol@rainbowschools.ca
Wrestling - Boys and Girls	Open	n/a	Thu, Feb 22	Wed, Feb 28	Dave Martin	Confederation SS	martind@rainbowschools.ca
Basketball - Boys	Open	B	Fri, Feb 23	n/a	Cody Lacelle	FJ McElligott	cody.lacelle@nearnorthschools.ca
Basketball - Boys	Jr/Sr	A	Fri-Sat, Feb 23-24	Tue, Feb 27	Jon Lauricella	W.C. Eaket	laurici@adsb.on.ca
Basketball - Boys	Jr/Sr	AA/AAA	Fri-Sat, Feb 23-24	Tue, Feb 27	Kyle Beers	Lo-Ellen Park SS	beersk@rainbowschools.ca
					Mac Bertrand	Lo-Ellen Park SS	bertram@rainbowschools.ca
Volleyball - Girls	Open	B	Thu, Feb 22	n/a	Jon Lauricella	W.C. Eaket	laurici@adsb.on.ca
Volleyball - Girls	Jr/Sr	A	Thu-Fri, Feb 22-23	Tue, Feb 27	Rene Dubuc	Esc Franco-Cité	dubucr@franco-nord.ca
Volleyball - Girls	Jr/Sr	AA	Fri, Feb 23	Tue, Feb 27	Terri-Lynn Della Penta	Superior Heights	dellapt@adsb.on.ca
Volleyball - Girls	Jr/Sr	AAA	Fri, Feb 23	Tue, Feb 27	Sherry Green	Lo-Ellen Park SS	greenish@rainbowschools.ca
Curling - Boys and Girls	Open	n/a	Tue-Wed, Mar 5-6	Thu, Mar 7	Sean Mullan	West Ferris SS	sean.mullan@nearnorthschools.ca
Hockey - Boys	Senior	A/AA, AAA	Mon-Tue, Mar 4-5	Thu, Mar 7	Darren Michelutti	St Charles College	darren.michelutti@sudburycatholicschools.ca
Hockey - Girls	Open	A/AA,AAA	Mon-Tue, Mar 4-5	Thu, Mar 7	Katrina Shank	Bishop Carter CSS	katrina.shank@sudburycatholicschools.ca
SPRING SPORTS							
Badminton - B&G	Nov/Jr/Sr	n/a	Wed-Thu, Apr 24-25	Sat, Apr 27	Kim Policcichio	Korah Collegiate	lidstok@adsb.on.ca
Baseball - Boys	Open	n/a	Tue-Wed, May 28-29	Thu, May 30	Jean-Gilles Larocque	St Charles College	jeangilles.larocque@sudburycatholicschools.ca
Gymnastics - Girls	Open	n/a	TBD	n/a	Heather Theijsmeijer	Manitoulin SS	theijsh@rainbowschools.ca
Tennis - Boys and Girls	Open	n/a	Fri, May 24	Tue, May 28	Dave Winsa	Lo-Ellen Park SS	winsad@rainbowschools.ca
Track and Field - B&G	Nov/Jr/Sr	n/a	Wed-Thu, May 29-30	Sat, Jun 1	Dave Wieggers	St Joe/Scollard Hall	wieggerd@npsc.ca
Soccer-Boys	Jr	A	Fri, May 31	n/a	Matt Cootes	Lasalle SS	cootesm@rainbowschools.ca
Soccer-Boys	Sr	A	Fri, May 31	Sat, Jun 1	Jared Klooster	Superior Heights	kloosti@adsb.on.ca
Soccer-Boys	Sr	AA/AAA	Fri-Sat, May 31-Jun 1	Sat, Jun 1	Sara Pickles	Chippewa HS	sara.pickles@nearnorthschools.ca
Soccer-Boys	Jr	AA	Fri, May 31	n/a	Frank Ricciutti	St Joe/Scollard Hall	ricciutt@npsc.ca
Soccer-Boys	Jr	AAA	Fri, May 31	n/a	Jared Klooster	Superior Heights	kloosti@adsb.on.ca
Soccer-Girls	Open	A	Fri, May 31	Sat, Jun 1	Jared Klooster	Superior Heights	kloosti@adsb.on.ca
Soccer-Girls	Open	AA/AAA	Fri-Sat, May 31-Jun 1	Sat, Jun 1	Matt Cootes	Lasalle SS	cootesm@rainbowschools.ca

N.O.S.S.A. FOUR YEAR ACTIVITY CALENDAR

ACTIVITY			2023-2024	2024-2025	2025-2026	2026-2027	NOTES
FALL							
Golf			Sudbury	North Shore	Nipissing	Sudbury	
Cross Country Running			Sudbury	Sault	North Shore	Nipissing	
Junior Football - Final		B	@ Sud	@ Sault	@ Sud	@ Sault	
Senior Football - Semi		B	Sault @ Nip	Sud @ Sault	Nip @ Sud	Sud @ Nip	2009-2021 balanced
Senior Football - Final		B	@semi winner	@semi winner	@semi winner	@semi winner	
Basketball Open	B	G	Sudbury	Sault	North Shore	Nipissing	
Basketball (J-S)	A	G	Sault	Sudbury	North Shore	Nipissing	
Basketball (J-S)	AA/AAA	G	Nipissing	Sault	Sudbury	Nipissing	
Volleyball Open	B	B	North Shore	Sudbury	North Shore	Nipissing	
Volleyball (J-S)	A	B	Nipissing	Sudbury	Nipissing	North Shore	
Volleyball (J-S)	AA/AAA	B	Sudbury	Nipissing	Sudbury	Nipissing	
WINTER							
Nordic Skiing			Sudbury	Sault	Nipissing	Sudbury	Soo entry 2024-2025
Alpine Skiing			Sudbury	North Shore	Sudbury	North Shore	
Snowboarding			North Shore	Sudbury	North Shore	Sudbury	
Swimming			Sudbury	North Shore	Sudbury	North Shore	
Wrestling			Sudbury	North Shore	Sault	Sudbury	
Curling			Nipissing	Sault	Sudbury	North Shore	
Basketball (Open)	B	B	Nipissing	North Shore	Sault	Sudbury	NS defers in 23-24
Basketball (J-S)	A	B	North Shore	Sudbury	Sault	Nipissing	
Basketball (J-S)	AA/AAA	B	Sudbury	Nipissing	Sault	Sudbury	
Volleyball Open	B	G	North Shore	Sault	Nipissing	Sudbury	
Volleyball (J-S)	A	G	Nipissing	North Shore	Sudbury	Nipissing	
Volleyball (J-S)	AA	G	Sault	Sudbury	Nipissing	Sault	
Volleyball (J-S)	AAA	G	Sudbury	Nipissing	Sault	Sudbury	
Hockey	A/AA, AAA	B	Sudbury	Nipissing	Sault	Sudbury	
Hockey	A/AA,AAA	G	Sudbury	Nipissing	Sudbury	Nipissing	
SPRING							
Badminton			Sault	Sudbury	Nipissing	Sault	
Tennis			Sudbury	Nipissing	North Shore	Sudbury	NDA addition to rotation in 2021
Gymnastics		G	Sudbury	Sudbury	Sudbury	Sudbury	
Track & Field			Nipissing	Sault	Sudbury	Nipissing	
Baseball	Open	B	Sudbury	Sudbury	Sudbury	Sudbury	
Soccer Sr	A	B	Sault	Sudbury	Nipissing	Sault	
Soccer Sr	AA/AAA	B	Nipissing	Sault	Sudbury	Nipissing	AA & AAA combined in 2023
Soccer Sr	AAA	B	n/a	n/a	n/a	n/a	
Soccer Jr	A	B	Sault	Sudbury	Nipissing	Sault	
Soccer Jr	AA	B	Nipissing	Sault	Sudbury	Nipissing	AA jr & sr in same city
Soccer Jr	AAA	B	Nipissing	Sault	Sudbury	Nipissing	
Soccer Open	A	G	Sault	Sudbury	Nipissing	Sault	
Soccer Open	AA/AAA	G	Sudbury	Nipissing	Sault	Sudbury	AA & AAA combined in 2023
Soccer Open	AAA	G	n/a	n/a	n/a	n/a	
OTHER							
Annual Meeting			Sudbury	North Shore	Sault	Nipissing	
Pete Beach Award			Sudbury	North Shore	Sault	Nipissing	
InnVest Hotels Award			Sudbury	North Shore	Sault	Nipissing	

Conveners must notify all schools of changes in playing dates at least one month in advance. District Secretaries must bring a list of conveners to the Resolutions Meeting for activities for which their district is responsible. If a district is unable to host an activity due to a strike or work to rule, then the convenership of that activity will go to any other district who requests it. Districts have until first Friday of the school year to confirm their participation in NOSSA junior boys football.

POLICIES AND GUIDELINES FOR INTERSCHOOL ATHLETICS

PROGRAM RATIONALE:

This Association recognizes that in the pursuit of athletic excellence there is a definite risk of over-emphasizing the required training element inherent in athletics at the expense of the educational component. There is no disputing that the requirements for physical conditioning and regulated practice by athletic participants is a necessary part of the training function common to any education system. However, mere training to develop mastery of skill is, of itself, insufficient grounds on which to justify the inclusion of athletics in education.

For education implies, at the very least, the development of the student's understanding and appreciation of, not only sport itself, but also, the unique personal experience that comes from participation.

Consequently, the interscholastic programs should exist for the enrichment of the athlete rather than for the athlete existing for the benefit of the programs.

The goals that appear below reflect this fundamental premise.

STATEMENT OF GOALS FOR INTERSCHOOL ATHLETICS

The goals of the interschool competitive sport program are:

1. **To provide a place for all within the limitations of financial and personnel resources:**
 - i) A variety of sports or activities, appropriate to various interests, degrees of physical power, and stages of development, experience and skill, should be provided.
 - ii) There should be adequate equipment and facilities for all.
 - iii) There should be qualified leadership for the entire program.
 - iv) The superior performers should not be exploited in such a way as to detract from the ordinary performer.
2. **To promote physical well being:**
 - i) The rules of healthful living should be taught in connection with activities.
 - ii) No contestant should be permitted or encouraged to sacrifice his or her physical well-being, either in competition or in training.
 - iii) Every precaution to prevent accidental physical injury should be exercised and provision should be made to obtain prompt emergency service in the event of a serious injury at practice or in a game at any time of day or night.
 - iv) Coaches should be models of the exemplary behaviour they espouse to their players.

CODE OF ETHICS FOR INTERSCHOOL ATHLETICS

3. To promote the sound social and emotional development of the participants:
- i) The coach, the individual athlete, and the team should make every legitimate effort to win their games. They should practice with purpose and train with dedication. They should play with intensity and desire according to the rules and ethics of healthy sport competition. They should play to win, but not at all cost. When the contest is over, they should accept the victory or the defeat with natural emotional reactions, but they do not regard losing as "the end of the world." Neither do they gloat over opponents whom they have defeated. Emotional control should be stressed.
 - ii) Recreational values should be maintained. Players should enjoy participating in the practices and in the games. Basically, sports should be fun.
 - iii) Respect for academic and other worthwhile interests should be cultivated. Participation in sports should be scheduled with due consideration to other responsibilities of the participant.
 - iv) The individual should be helped to find satisfaction in socially desirable behaviour and dissatisfaction in poor sportsmanship.
 - v) Respect for and friendliness toward, the opponent should be encouraged!
 - vi) Leadership that sets good examples in habits, attitudes, and conduct should be provided.
 - vii) Material rewards with monetary value shall not be offered for winning or participating.
 - viii) The contestant should be helped to see how desirable conduct in athletic contests is similar to that in other phases of life.

CODE OF ETHICS FOR INTERSCHOOL ATHLETICS

A. INTRODUCTION

Secondary school athletics must be influenced by values that are basic to a sound educational experience. The secondary school academic area must be solidly established but should also be surrounded by a variety of other experiences in order that students may have the opportunity to develop their potential. Inter-school athletics is one such opportunity. The quality of sportsmanship displayed at school games reflects the contribution that sports can make to the social development of the student.

It is essential that all concerned recognize the responsibility of the department heads and coaches to provide professional leadership in this area of student educational experience.

The following guidelines are offered as a "Code of Ethics" to influence the action and conduct of all who provide leadership or are participants in our program.

B. GUIDELINES

PRINCIPALS: The principal as the administrative head of the school must establish the principles of good sportsmanship in the minds of the entire school and all those who associate with any of the school's activities. The quality of the sportsmanship that is practice or displayed reflects the administrative leadership of the school.

The principal should:

1. Promote the practice of sportsmanship by all members of the school.
2. Keep athletic contests under the official control of school authorities.
3. Be aware of and understand policies and procedures relative to eligibility and abide by these policies.
4. Attend athletic contests and display a vital interest in them.
5. Be sure that parents thoroughly understand what is expected of school athletes.
6. Lend active support and encourage all efforts to discuss sportsmanship, crowd behaviour, code of ethics, etc. with the student body.

CODE OF ETHICS FOR INTERSCHOOL ATHLETICS

PROGRAM LEADERS:

The department head is responsible to the principal for the operation of the interschool athletic program. The general policies related to athletics will be determined to a large degree by the leadership displayed by the department head.

The department head should:

1. Make sure that all coaches are aware of and understand the Playing Regulations and the Code of Ethics of the Association.
2. Promote the practice of good sportsmanship by the coaches and athletes.
3. Set policies for coaches, athletes and spectators that project the image of sportsmanship and act as a model for high school athletics.
4. See that adequate measures are taken to handle crowds at home games.
5. Discuss with the principal, the supervision requirements for community facilities when the school sends large numbers of spectators.

COACHES:

The coach is the central figure in the sportsmanship pattern of interschool athletics. In order for good sportsmanship to be the guiding principle in athletics the coach must know what good sportsmanship is and teach it to all.

The coach should:

1. Display good sportsmanship.
2. Maintain poise and self control.
3. Teach athletes to play fairly.
4. Be in control of athletes at all times.
5. Treat visiting teams and spectators as guests.
6. Recognize that to win is desirable, but to win at any cost defeats the purpose of the game.
7. Accept decisions of officials no matter how unfair they may seem, without outward appearance of vexation.
8. Ensure that athletes are familiar with the rules of their sport.

CODE OF ETHICS FOR INTERSCHOOL ATHLETICS (cont'd)

TEAM CAPTAINS

The team captain should:

1. Be an example to their teammates.
2. Greet the opposing captain.
3. Demonstrate a respect for the officials - treat them as guests. Any questions regarding decisions should be asked during a time out in a quiet and respectful manner and only for the purpose of clarifying a ruling so that it may be conveyed to teammates and coach.
4. Not permit teammates to enter into arguments with opponents, officials or spectators.
5. Report game results according to the Result Reporting Procedures.

PLAYERS (ATHLETES)

An athlete should:

1. Be fair at all times, no matter what the cost.
2. Display good sportsmanship at all times both on and off the field.
3. Accept the decisions of the officials without outward appearance of vexation.
4. Control his/her temper at all times on the playing field or court.
5. Trust in the honesty of opponents.
6. Be familiar with the rules of his/her sport and accept the spirit or intent.
7. Conduct himself/herself with honour and dignity.
8. Be gracious in victory or defeat.
9. Recognize that desirable conduct in athletic contests is similar to that in other phases of life.

OFFICIALS:

Well-trained and competent officials are important to the success of an athletic program. Their influence on crowd and players is of great importance.

An official should:

1. Execute his/her role in an unassuming manner as possible.
2. Know the technical rules of the sport as well as the association regulations that apply to game.
3. Communicate with the team captain as required.
4. Maintain poise, dignity and sense of humour.
5. Submit a written report for each major misconduct.
6. Penalize unsportsmanlike behaviour immediately.

CODE OF ETHICS FOR INTERSCHOOL ATHLETICS (con't)

CHEERLEADERS:

A cheerleader should:

1. Act as a representative of the student body at athletic contests and realize that he/she is in a position to control the reactions of the crowd.
2. Be selective about choosing new members for the squad.
3. Give visiting squad right of way when both squads attempt to cheer.
4. Be desirable guests at "away" games.

MASCOTS

Mascots should:

1. Cheer in a positive manner at all times.
2. DO NOT engage in any manner whatsoever with opposing teams fans or players.
3. Inappropriate gestures are strictly prohibited at all times and will be subject to school discipline.
4. Opposing team fans or participants are similarly prohibited from engaging with school mascots.

SPECTATORS:

Spectators play a very important role with respect to school sportsmanship. Their habits and reactions quite largely a willingness on the part of the spectators to share responsibility with others for establishing and maintaining good school sportsmanship.

A spectator should:

1. Consider the visiting team, fans and officials as guests and treat them as such.
2. Respect the authority and judgement of the coach.
3. Respect the property of the school and the authority of school officials.
4. Support the cheerleaders.
5. Accept the officials' decisions as final.
6. Show self-control at all times during and after the games.

SPORTSMANSHIP:

Conduct involving:

1. Honest rivalry
2. Courteous relations
3. Graceful acceptance of the results.

ADDITIONAL GUIDELINES**C. COMPETITION RULES AND PLAYING REGULATIONS**

Department Heads and coaches should engender respect for the rules and policies under which interschool athletics is conducted. If it is felt that Competition Rules or Playing Rules are not realistic or viable, then the changes should be discussed and approved by the respective Sport Committee. Changes relating to the technical and operational aspects of the sport will then be included in the Playing Regulations for the following year.

Changes relating to any aspect of the Constitution must be approved by the Association.

1. Playing regulations can be changed by majority vote of coaches at post-season sport committee meetings.
2. Changes to Constitution at Annual meeting.

1. DUPLICATION:

- (a) Team sports - students playing for community/club teams can play for the school team only during the regular season with some exceptions such as provincial games, representative teams, etc.
- (b) Individual sports - a student would be allowed to participate as a school and community club competitor.
- (c) As a rule students should not be permitted to participate on two school teams at one time; however, on the occasions when it is determined that this situation is not detrimental to the student's academic standing, and with the express permission of the parents and coaches, then it may occur.

2. SCHEDULING:

- (a) Dates for the start of organized practice at the beginning of the season should be established for each sport.

3. OFFICIALS:

- (a) The officials organizations should be invited to send a representative to all sport committee meetings.
- (b) As a condition of entry into association leagues, each team shall arrange for an official to do a rules workshop with the players prior to the start of the season.

ADDITIONAL GUIDELINES (cont'd)**4. NON-TEACHER COACHES:**

Schools are recommended to consider the following procedures and adopt policies regarding the services of a non-teacher coach as is relevant to their school situation:

(a) Applicant undergoes an orientation session with the school Program Leader and Principal which:

- highlights SDSSAA Coaching and Athlete Code of Ethics;
- reviews coaching philosophy of school;
- outlines school policies with respect to academic eligibility;
- details SDSSAA Transfer and Eligibility Policies and Procedures;
- reviews school disciplinary policies;
- reviews SDSSAA ejection protocol for both coaches and athletes;
- confirms Board policies with respect to supervision, safety and travel;
- reviews use of keys and equipment;
- reviews scheduling and practice times.

(b) Applicant supplies two letters of reference.

(c) Applicant agrees to attend a pre-season and post-season coaches' meeting of school and association coaches.

(d) Applicant has completed or will agree to seek Level I theory and technical of National Coaches Certification Program.

(e) Applicant agrees to have a criminal record check done by the school.

(f) Applicant agrees to a process for monitoring of his/her coaching activities - seasonal review.

(g) Applicant agrees to process for resolving issues along with appropriate disciplinary actions by school.

(h) Applicant agrees to a specific contract of coaching which is signed by both parties.

(i) If No Coach Available

When a competent, qualified coach is not available for a team or activity, the school must withdraw from competition, at least temporarily. Students, parents and administrators should be educated regarding the voluntary nature of coaching. There presently exists a pressure to continue a program even when the person assuming responsibility has very little experience and training for the job.

There are sources of competent coaching personnel in the community:

- i) Laurentian University P.E. Students.
- ii) Cambrian College Students.
- iii) Local sport governing bodies.
- iv) Parents.

ADDITIONAL GUIDELINES (cont'd)**5. RECOGNITION AND COMPENSATION OF COACHES**

Since coaches volunteer their time and services for the benefit of students in the after-school program, they should be supported and remunerated in as many ways as possible. The following are some of the ways administrators and departments could make it happen:

- i) Provide mileage for use of personal vehicle.
- ii) Cover the cost of necessary expenses for meetings and other scheduled events.
- iii) Provide some school time for workshops and certification courses.
- iv) Fund attendance of the Annual Coaches Golf Tournament.
- v) Fund attendance at athletic banquets, coaches breakfast meetings, etc.
- vi) Provision of an item(s) of clothing necessary for coaching his/her specific sport.
- vii) Ensure that coaches receive recognition for services provided.
- viii) Reduction of teacher workload. When possible, teacher supervision of cafeteria, examinations, etc. could be reduced.

6. COACHING BY PROGRAM LEADERS

The department heads first priority must be to provide a broad based organized and effective program. When time permits, the department head should consider coaching a sport or assuming some other responsibility for intramurals or convenership of a sport.

7. CERTIFICATION

Programs will be made available and funded by the Board. All coaches should be encouraged to attend these certification courses.

New coaches without a physical education background and with no coaching experience in the sport should be required to have minimum qualifications of Level I - Theory and Technical.

8. OUT OF TOWN AND OVERNIGHT TRIPS

Each school should have written guidelines and procedures including an information letter to parents indicating what, who, when and how as well as requesting parental permission.

The principal, in cooperation with his physical education department head, has the final responsibility for students and teacher/coach conduct at athletic games and contests.

Since the coach and player behaviour on the sidelines influences, to a significant extent, the behaviour of spectators, it is extremely important, therefore, that the example of coach and player be exemplary at all times.

The following areas require specific attention if student spectators are to benefit from their participation at athletic events:

- i) In-school education re spectator behaviour.
- ii) Responsibility for spectators at athletic events.
- iii) Inappropriate conduct.
- iv) Security personnel – responsibilities.

SPECTATOR CONDUCT AND SUPERVISION

A. SPECTATOR BEHAVIOUR - A SCHOOL RESPONSIBILITY

This Association strongly recommends that each school organize an annual meeting in September to review and implement Association and school objectives for athletics.

Steering Committee Members:

1. Principal
2. Physical Education Department Heads
3. Coaches' representative

Meeting Participants:

1. Steering Committee
2. Coaches
3. Team representative (one from each team if possible)
4. Athletic Association representative(s)
5. Student Council representative(s)
6. Cheerleader representative

Items for discussion:

1. Code of ethics for school, team, coach, player and spectator
2. Program funding
3. Responsibilities of each group or individual
4. Method of implementing a school spectator education program
5. Procedure for handling inappropriate behaviour
6. Use of student monitors or ushers
7. Sharing of school facilities (school and community use)

B. RESPONSIBILITY FOR SPECTATORS AT ATHLETIC EVENTS

i) Activities Hosted On School Premises:

The school is responsible for the proper conduct and supervision of the event. Ordinarily there are only small numbers of spectators in attendance, however, competition between certain schools and play-off fever usually generate increased spectator participation. These situations must be anticipated and the necessary precautions implemented. Coaches and/or the department head should discuss the implications of these events with the principal.

ii) Activities Hosted at Community Facilities (football and hockey ordinarily):

The coordinator, convener and Athletic association executive have the responsibility for ensuring that security personnel or police are on duty. When large numbers of students from your school are likely to attend an off-campus event, a responsible school representative should also be in attendance. Again, the coach and/or the department head should inform and discuss such situations with the principal so that adequate supervision arrangements can be made.

SPECTATOR CONDUCT AND SUPERVISION (cont'd)**C. INAPPROPRIATE CONDUCT**

In the event that a student(s) exhibit inappropriate behaviour the following steps should be followed:

- i) Ask student to conform to acceptable rules of conduct.
- ii) For continued infraction of rules, evict student from facility. Responsibility for eviction would probably occur in the order listed below:
 - 1. Security or police
 - 2. Convener
 - 3. Teacher supervisor
 - 4. Coach
 - 5. Ushers or monitorsIf in doubt, summon the police.
- iii) Notify the principal of the evicted student.

D. SECURITY PERSONNEL - JOB DESCRIPTION

- i) Regulate entrance traffic.
- ii) Patrol facility (especially washrooms and fire doors).
- iii) Protect rights of spectators.
- iv) Prohibit:
 - 1. use of noise makers.
 - 2. profane language.
 - 3. drinking.
 - 4. abusive language.
- v) Evict individuals for failure to abide by rules of good conduct. Also when reported by monitors, teachers, coach or official.

POLICY AND PROCEDURE REGARDING THE HANDLING OF BODY FLUID SPILLS

The following protocol will be utilized to deal with blood or other body fluid spills at school-hosted gym events:

- #1 - stop play - seek custodian to deal with the issue,
- #2 - if a custodian is not accessible, a school-approved spill kit should be made available to deal with the issue

Play would resume when the attending officials and the coaches from both teams are satisfied that the spill has been satisfactorily cleaned. The home team is responsible to deal with the spill.

Emergency Response Kit Contents:

MATERIAL: dust pan, scraper, disposable gloves, paper towels, absorbent towels, plastic bags, mask, protective eye wear, PerCept RTU, Super spill pick up or cat litter.

MATÉRIEL: porte-poussière, grattoir, gants jetables, des essuie-tout, serviettes, sacs de plastique, masque, lunettes protectrices, PerCept RTU, "Super spill pick up" ou litière pour chat.

Emergency Response Kit Procedures:

1. Use disposable gloves/Utilisez des gants jetables.
2. Sprinkle Super spill pick up or cat litter over the spill area to absorb the liquid for safer handling. It may only be needed with larger spills.

Appliquez le produit "Super spill pick up" ou de la litière pour chat afin d'absorber le liquide. Il est à noter que cette étape est nécessaire seulement s'il s'agit d'une grande quantité de liquide.

3. Place the dust pan inside a plastic bag. Use the scraper to scrape the spilled material onto the plastic bag covering the dust pan. Then, close the plastic bag over the scrapings by turning the bag inside out and slide the dust pan out of the bag.

Placez le porte-poussière à l'intérieur d'un sac de plastique afin de pousser les liquides organiques dans le sac qui recouvre le porte-poussière. Ensuite, retirez le porte-poussière et renversez le sac de façon à capter les liquides organiques à l'intérieur du sac.

4. Remove excess fluid with paper towels.
Éliminez la plus grande quantité de liquide possible à l'aide d'essuie-tout.

POLICY AND PROCEDURE REGARDING THE HANDLING OF BODY FLUID SPILLS (cont'd)

5. To clean: Apply PerCept RTU to surface; let soak for 30 seconds and wipe dry.
Nettoyage: Appliquez "PerCept RTU" sur la surface; laissez agir 30 secondes et essuyez.
6. To disinfect: Apply PerCept RTU to surface, surface must remain wet for 5 minutes at room temperature. Rinse surface and wipe dry.

Désinfection: Appliquez "PerCept RTU" sur la surface; laissez agir 5 minutes à la température de la pièce. Rincez et ensuite essuyez la surface.

Emergency Response Kit Procedures (continued):

7. Disinfect with PerCept RTU for 5 minutes, scraper, dust pan and all other reusable material that came in contact with the fluid. Rinse and Wipe dry.

Désinfectez le grattoir, le porte-poussière et tous les autres matériaux réutilisables qui ont touché le liquide organique. Rincez les matériaux réutilisables et essuyez.
8. Place all disposable contaminated materials (including gloves) in the plastic bag.
Placez tous les matériaux contaminés (y compris les gants) dans le sac de plastique.
9. Double bag the contaminated materials and dispose of bag in the garbage.
Placez le sac qui contient le matériel contaminé dans un deuxième sac et jetez-le à la poubelle.
10. Wash hands with soap and warm water or use a hand disinfectant.
Lavez-vous les mains au savon et à l'eau tiède ou utilisez un désinfectant pour les mains.

SDSSAA GENDER EQUITY POLICY

Gender equity in school sport is the belief and practice that ensures fair access for female student athletes, coaches, officials and administrators to participate, compete and lead. Equity does not necessarily mean that all persons must be treated exactly the same. People may need to be treated differently in order to be treated fairly.

VISION

Women and girls will enjoy a full and equitable range of opportunities for participation, officiating, competition and leadership in school sport activities.

GOAL

Through the implementation of this policy, it is our intent to raise awareness, educate, and change attitudes and behaviours that increase and improve the opportunities for girls and women in school sport.

POLICY STATEMENTS

- (a) SDSSAA is committed to gender equity as highlighted in the guiding principles of the Association's Strategic Plan.
- (b) SDSSAA is committed to educating and providing support to its members through the development and distribution of a gender equity policy.
- (c) Believes that the elimination of barriers to participation will contribute to the achievement of gender equity.
- (d) SDSSAA believes that gender equity should serve as a guiding principle for all decisions and operations of the Association and is a key consideration when developing, updating or delivering Association programs, policies and projects.

PROCEDURES

A. Championship Opportunities

Statement:

SDSSAA will strive to provide equitable championship opportunities for male and female student-athletes.

Actions:

SDSSAA will continue to do needs assessments through the Championship Review Committee. Gender equity will act as a guideline for determining the composition of the Championship Calendar. SDSSAA will strive to recognize and promote girls and boys Championships in an equitable manner.

SDSSAA GENDER EQUITY POLICY (cont'd)

B. Board and Committee Structure

Statement:

SDSSAA will strive to have equitable gender representation on all committees.

Actions:

SDSSAA will encourage Associations to make a conscious effort to involve more women in the leadership of Association committees and activities. SDSSAA will continue to offer mentoring and leadership opportunities at sports schools. NOSSA will continually monitor committee representation.

C. Student-Athlete Participation

Statement:

SDSSAA supports student-athlete participation on same-sex teams and encourages programs for girls and boys in co-curricular activities in terms of funding, practice time and facilities. SDSSAA will continue to provide equitable opportunities in co-curricular activities. SDSSAA supports the participation of student-athletes in sport in accordance with their lived gender.

Actions:

If a sport activity is not available for a female on a girls' team, she is eligible to participate on a boys team following a successful try-out. Where a sport activity is available for a female on a girls' team, she is eligible to participate on boys' team if she demonstrates comparable skill and ability during a successful try out. If a sport activity does not exist for a boy, he is not eligible to participate on a girls' team.

A female volleyball player may be eligible to participate in both boys and girls volleyball competition to fulfill their obligations to both seasons. By doing so the school that chooses this approach commits to NOSSA "B" in both seasons. The program leader must declare to Dave Makela in September of their intentions to participate in NOSSA "B".

Gender Equity Appeal Process:

1. The appeal by a student of her eligibility must be received in writing including the reasons for the appeal. The appeal shall be directed to the SDSSAA Board of Reference and shall be received no later than thirty (30) days prior to the competition in question. The appeal must be accompanied by a \$50.00 fee, refundable if the student is declared eligible to participate on a boys' team.
2. Upon receipt of an appeal, the Board of Reference shall notify the student and the student's principal, in writing, of the date, time and place that the appeal will be heard.
3. The Board of Reference shall notify the student and the student's principal of the date, time and place of the appeal, by way of letters post-marked or delivered, no later than forty-eight (48) hours before the date of the appeal hearing.

SDSSAA GENDER EQUITY POLICY (cont'd)

Gender Equity Appeal Process (cont'd):

4. At the hearing, the student and/or representative may attend and may call whatever witnesses or make whatever submissions he/she/they choose(s) and the Board of Reference shall permit in its sole and exclusive discretion.
5. The Board of Reference shall render its decision, in writing, and in so doing shall state briefly the reason(s) for its decision. The decision of the Board of Reference shall be considered final.

D. Sponsorship

Statement:

Sponsorship monies shall be apportioned equitably between male and female championships.

E. Equity Partnerships

Statement:

SDSSAA will continue to interact with organizations that include the promotion of gender equity in their mandate (e.g., Canadian Association for the Advancement of Women and Sport and Physical Activity).

Actions:

SDSSAA will continue to share mailing lists and resources with such organizations, and will continue to work on projects that promote gender equity. SDSSAA will search out new partnerships with organizations that support gender equity initiatives.

F. Education

Statement:

SDSSAA will continue to raise awareness and educate about the issue of gender equity.

Actions:

SDSSAA will distribute and promote its gender equity policy. SDSSAA will encourage Associations to use the OFSAA Gender Equity Checklist as a guideline for developing policies and procedures in their Associations. SDSSAA will continue to distribute gender equity information through its publications ie. web site).

G. Research, Evaluation and Monitoring

Statement: SDSSAA will continue to monitor and evaluate all policies, programs and initiatives to ensure their adherence to gender equity.

Actions: SDSSAA will continue to gather research material and relevant data to use in this monitoring and evaluating process.

SDSSAA GENDER IDENTITY POLICY

Student-Athlete Participation Statement re: Gender Identity

SDSSAA is committed to providing student-athletes with equal opportunities to participate in school sports consistent with their gender identity.

All students have the right and are welcome to play for the sports team or sports activity that best aligns with their gender identity, regardless of their assigned sex at birth.

All students may participate in any SDSSAA sport, although they may only play on one team in the same sport (team or individual) during a school year.

The above statement should be applied in a way that is consistent with SDSSAA's vision, mission and values.

SDSSAA LAND ACKNOWLEDGE PROTOCOL

SDSSAA Land Acknowledgement & Anti-Racism Statement Protocol

SDSSAA will begin using Land Acknowledgements and an Anti-Racism Statement at the beginning of in-person events (e.g., Representatives' Council, Annual General Meeting, Conferences), gatherings and meetings.

Championship Convenors will begin using Land Acknowledgements at the beginning of in-person coaches' meetings and in-person banquets.

SDSSAA suggests that host schools use the Land Acknowledgement their school already has in place for their events which can be followed by OFSAA's Anti-Racism statement:

"As an educational community we have a responsibility to identify and describe racism and oppression and then work to dismantle it. SDSSAA is committed to disrupting systemic racism and oppression in all of its forms while being fully transparent and accountable to all student-athletes, teacher-coaches and members of the school sport community in an ongoing manner."

It is important to understand that Acknowledgements are culturally contextual and flexible in nature. Schools and event organizers should work with Indigenous guests, community members and their school board to make adjustments as needed. If event organizers have questions regarding the Land Acknowledgement, they are advised to contact the Indigenous Education Leader or FNMI Coordinator within their school board.

S.D.S.S.A./O.F.S.A.A. TRANSFER POLICY PROCEDURES

1. TRANSFER POLICY

All transfer students are ineligible for S.D.S.S.A.A. competition in all sports except flag football and slo-pitch and any non-relegation team sport where the school selects its division of choice and is as a result not eligible for N.O.S.S.A. or O.F.S.A.A. play, until approved by the S.D.S.S.A.A. Transfer Committee. Refer to item 5 below (Approval Procedure). The four categories under which a student may be ruled eligible for competition are listed in Part C of the Transfer Appeal Form.

2. STUDENT RESPONSIBILITY

All students transferring to another school must complete Parts A, B and C of the attached S.D.S.S.A.A./O.F.S.A.A. Transfer Appeal Form. It is strongly recommended that this be completed prior to leaving the school. The student must take the form to the Principal and the Co-Curricular Physical Education program leader so that they can sign and complete Part D. Students who do not complete this form prior to transferring may jeopardize their athletic eligibility at the new school.

3. PROCEDURES - OUTGOING SCHOOL

3.1 The outgoing principal or the principal's delegate and co-curricular department head are requested to sign Part D of the form and to indicate their acceptance or non-acceptance of the rationale for transfer. If the rationale is not accepted, the reason(s) should be entered in the comments section or attached to the form.

Principals are requested to confirm:

- 1) That the change of residence is permanent (if applicable).
- 2) That category 'd' requests are correct.

Co-Curricular program leaders are requested to confirm:

- 1) The sports played during the 12 months prior to transfer.
- 2) That the school or coach has no reason to object to this student competing next season.

3.2 A copy of the completed form should be retained in the physical education office for one year.

3.3 If completed prior to departure from former school, the form should be attached to the official school transfer forms that the student presents to the Principal of the new school.

4. PROCEDURES - RECEIVING SCHOOL

4.1 When the principal or the principal's delegate of the moving school signs the form, he/she will be confirming that the rationale relating to a change of course/program or change of permanent residence is correct.

4.2 The Appeal Form should then be submitted to the co-curricular program leader.

4.3 The Co-Curricular program leader will submit all requests for transfer eligibility to the Athletic Administrator by the end of the second week of school in September or upon receipt of the appeal form when the student transfers during the year.

TRANSFER APPEAL FORM (cont'd from page 1)

5. APPROVAL PROCEDURE

- 5.1 The Athletic Administrator will review and approve, if appropriate, the category 'a', 'b' and 'd' (i) requests, as well as requests for eligibility in sports that do not advance to N.O.S.S.A./O.F.S.A.A.
- 5.2 The Transfer Committee will review and approve, if appropriate, category 'c', 'd' (ii), (iii) or (iv) requests that have outgoing principal and program leader approval and meet the conditions established by O.F.S.A.A. and the local transfer committee. These reviews will be scheduled to coincide with O.F.S.A.A. hearing dates.
- 5.3 All other requests will be handled by the committee at one of three scheduled meetings. These dates will be approved at the June Association meeting.
- 5.4 The documents listed below will be required to support transfer applications that: (i) do not receive outgoing school support, or, (ii) fall under category 'c', 'd' (ii), (iii) or (iv). A hearing may be called to review documentation if deemed necessary. The student requesting eligibility may be required to attend this meeting and may be accompanied by his program leader, coach or parent if deemed necessary.

DOCUMENTATION REQUIRED TO SUPPORT APPEALS DESCRIBED ABOVE:

<i>Applying Under</i>	<i>Timetable</i>	<i>Transcript</i>	<i>Court Order</i>	<i>IPRC Letter</i>	<i>Letters of Explanation or Support</i>	<i>Proof of * Guardianship</i>	<i>Proof of Residence See Note 9</i>
Section (a) (i)						X	X
Section (a) (ii)						X	X
Section (a) (iii)	X	X					
Sect (b) (i)-(iii)	Confirmation from official at previous school of sports played.						
Section (c) (i)	X	X		X			
Section (c) (ii)	X	X			X		
Section (d) (i)	X	X			X		
Section (d) (ii)	X	X	X		X	X	X
Sect (d)(iii)-(v)	X	X			X		

* if applicable (court document required). Any other pertinent documents are welcome.

TRANSFER APPEAL FORM (cont'd from page 2)**5. APPROVAL PROCEDURE (cont'd)**

- 5.5 After a decision has been rendered by the SDSSAA transfer committee, the Athletic Administrator will fax it to the program leader by the day after receiving the request or the day after the meeting.
- 5.6 The program leaders from both schools involved with the transfer have the right to be present at a transfer appeals so that all perspectives may be considered.
- 5.7 Requests to sign outgoing transfer application forms, where applicable, should be honoured within three school days of receipt. If after this time, the signed forms have not been received by the incoming school, they may request that the Athletic Administrator or the SDSSAA transfer committee chairperson intercede on their behalf. If the reasons provided for the delay are not germane to the category of transfer selected, then the athletic administrator may process it without delay in accordance with transfer committee guidelines.

6. DISTRIBUTION OF ELIGIBILITY SUMMARY

- 6.1 The Athletic Administrator shall maintain a summary list of all transfer requests. This list will be circulated to all Co-Curricular Program Leaders at each of the S.D.S.S.A.A. Association Dinner meetings, and will be updated regularly on the S.D.S.S.A.A. website.
- 6.2 A copy of all S.D.S.S.A.A./O.F.S.A.A. Transfer Appeal Forms and documentation will be kept on file in the Athletic Administrator's office for a period of two years.

S.D.S.S.A.A./O.F.S.A.A. TRANSFER APPEAL FORM**PART A - STUDENT INFORMATION** (Please Print)

For School Year 20____ - ____

Name: _____ Birthdate (D/M/Y): _____ Age last Jan 1st: _____

Schools: List all high schools attended in reverse order, starting with the school you are transferring to. Use the T/S column to indicate whether each school was semestered (S) or traditional (T) when attended.

	School	Date of Entry	T/S	City (if not local)
Present:	_____	_____	_____	_____
Previous (1):	_____	_____	_____	_____
Previous (2):	_____	_____	_____	_____

Residence: List all addresses used during your high school career, together with occupancy dates. In each circumstance, indicate if the address given is/was the same for parent(s) or legal guardian(s).

	Address (include city/town, postal code, ph #)	Date In	Date Out	Living with (mother, father, legal guardian, other) Please specify
Going To:	_____	_____	n/a	_____
Present:	_____	_____	_____	_____
Previous:	_____	_____	_____	_____

Month/Year of Entry into Gr 9: _____ # of credits earned as of last June: _____ # of credits earned Semester I this year: _____

My current timetable, listed by course and code, is as follows. If in a semestered school, indicate which courses will be taken in Semester I and which in Semester II:

List the sports played at the inter-school level during the **12 months prior** to transfer (registration at new school):

PART B - STUDENT'S RATIONALE FOR ELIGIBILITY

(attach separate sheet if necessary)

To the best of my knowledge, the information on pages 5.2(c) and (d) is accurate. Any student submitting falsified information on this form will be deemed ineligible for twelve (12) months from the date of the transfer.

Student's Signature: _____ Parent's Signature: _____

S.D.S.S.A.A./O.F.S.A.A. TRANSFER APPEAL FORM

PART C - APPEAL BASED ON (Please check the correct box)

Before determining the section of the Transfer Policy under which your appeal will be made, read the entire Policy, {pages 29-31 of the S.D.S.S.A.A. Handbook} carefully so as to ensure that you are appealing under the appropriate section and that you are able to provide the documentation required (if proceeding to appeal).

Every student who has been registered from another school within the previous twelve (12) months is ineligible for SDSSAA-sanctioned events leading to OFSAA championships, unless he/she appeals and is deemed eligible by the SDSSAA transfer appeal committee under one of the four following sections:

- ☐ (a) (i) There has been an accompanying change in permanent residence by the student and his/her immediate family to the designated school from any system (public, catholic or independent) according to school board boundaries (or is the closest school in the student's choice of school system to the student's home if no school boundaries exist). The student must have moved out of the school board boundaries of the sending school, or if the sending school has no school board boundaries, the receiving school must be closer to the student's new permanent residence than the sending school (see Note 7). Immediate family is the parent(s) or the student's legal guardian as determined by a court of competent jurisdiction. The student and his/her immediate family must completely and permanently move from the former residence. The student must provide evidence/documentation confirming that they are residing in a new permanent residence, and evidence/documentation that they have completely and permanently moved from the former residence. See Note 9.
- ☐ (ii) The student has transferred to an Ontario school from outside Canada and outside the United States and is attending the designated school in their choice of system (public, catholic or independent) according to school board boundaries; or is attending the closest school in the student's choice of system to the student's home if no school boundaries exist; or is attending a school assigned by the school board. See Note 9.
- ☐ (iii) The student has transferred as a result of the closure of his/her former school and is attending the school designated by the School Board.
- ☐ (b) (i) the student did not participate in any sports at the interschool level for twelve months prior to the date of transfer. Written confirmation from the vice principal, principal, department head, or the athletic director at the previous school is required. Students in their first year of grade 9 may not apply under this section.
OR
- ☐ (ii) The student accepts his/her ineligibility under the Transfer Policy, but requests eligibility for the sports he/she did not participate in at the interschool level for the twelve months prior to the date of transfer. Written confirmation from the vice principal, principal, department head, or athletic director at the previous school is required. Students in their first year of grade 9 may not apply under this section.
- ☐ (iii) The student transferred to another school for a period of less than one school year and is returning to the school he/she attended prior to the transfer. The student must not have participated in any sports at the interschool level while attending the other school. Written confirmation from the vice principal, principal, department head or athletic director at the previous school is required.
- ☐ (c) (i) The student has been placed in a school by an I.P.R.C. (Identification, Placement and Review Committee) decision. The Federation's Board of Reference shall require and receive a letter from the principal of the school from which the student has transferred, stating the reason for the placement of the student by I.P.R.C.
- ☐ (ii) The student has transferred from an independent school to a public or catholic school as the result of an educational exceptionality which the independent school was unsuccessful in accommodating. In such cases, the student was unable to access the I.P.R.C. process (Identification, Placement and Review Committee). The appeal must be accompanied by the following information: a psycho educational assessment diagnosing an educational exceptionality; documentation from the independent school demonstrating the strategies used to attempt to accommodate the educational exceptionality; and documentation from the receiving school confirming additional and/or new methods being provided to accommodate the educational exceptionality, which were not being provided at the sending school.

S.D.S.S.A.A./O.F.S.A.A. TRANSFER APPEAL FORM

- (c) (iii) The student has completed an English Language Learner or English Dialect Learner program, and as a result, the school board is requiring the student to transfer to their designated school. The student must transfer by the beginning of the school year following completion of the program, and must provide documentation from the school board confirming completion of the English Language Learner or English Dialect Learner program and confirming the student has been placed in his/her designated school.
- (d) The student:
- (i) has transferred prior to their grade 10 year for exceptional personal, social or academic reasons. The appeal must be accompanied by documentation from the sending school's administration and/or independent sources to confirm the exceptional reasons. The student must attend the next closest school (of their choice of school system) to their home residence if remaining in the same system. If changing systems, the student must attend the designated school according to school board boundaries (or the closest school to the student's home residence if no school boundaries exist).
 - (ii) has changed residence to live with a custodial parent for exceptional personal reasons or the student has changed residence to live with a new court-appointed legal guardian for exceptional personal reasons. Documentation showing that there was just cause for the move must accompany the appeal. The student must attend the designated school from any system (public, catholic, or independent) according to school board boundaries (or the closest school in the student's choice of school system to the student's home residence if no school boundaries exist).
 - (iii) has transferred to remove him/herself from an abusive home environment. Documentation detailing the abusive situation shall be provided by the applicant from the sending school, psychologists, social worker, medical doctor or police, as the case may be. (All documentation will be reviewed respecting confidentiality.) The student must attend the designated school from any system (public, catholic, or independent) according to school board boundaries (or the closest school in the student's choice of school system to the student's home residence if no school boundaries exist).
 - (iv) has been forced to leave an independent school specifically due to financial hardship. The appeal must include the following information: documentation confirming change in tuition fees; documentation regarding family requests for bursary assistance to meet financial hardship; documentation regarding significant changes in the financial situation of the family; and, confirmation that the student will be attending the designated school in their home catchment area. The student must attend the next closest school (of their choice of school system) to their home residence if remaining in the same system. If changing systems, the student must attend the designated school according to school board boundaries (or the closest school to the student's home residence if no school boundaries exist).
 - (v) was the victim of bullying and after attempts to resolve the issue the sending school agreed that it was in the best interests of the student to transfer schools. The appeal must be accompanied by the following information: documentation from the sending school's administration or the police, confirming the seriousness and frequency of the bullying, including a description of the incidents 4 and dates; documentation from the sending school's administration describing the strategies put in place to resolve the bullying and the reasons the strategies did not succeed; and a letter from the sending school's administration in support of the transfer. The student must attend the next closest school (of their choice of school system) to their home residence if remaining in the same system. If changing systems, the student must attend the designated school according to school board boundaries (or the closest school to the student's home residence if no school boundaries exist).
 - (vi) The student has transferred schools as a result of the recommendation of a regulated mental health professional with education and training to assess, diagnose, and treat mental health conditions (psychiatrist, psychologist, and/or clinical psychiatric nurse). Prior to transferring, the student must have been diagnosed with a mental health condition and be undergoing treatment by the regulated mental health professional. Documentation must be provided by the mental health professional confirming the student is receiving treatment and requires a change in schools to assist with their recovery. Unless otherwise confirmed in writing by the mental health professional, the student must attend the next closest school to their home residence if remaining in the same system. If changing systems, the students must attend the designated school according to school board boundaries (or is the closest school to the student's home residence if no school boundaries exist). If the independent school is faith based, the student must attend the closest independent school of that particular faith.

S.D.S.S.A.A./O.F.S.A.A. TRANSFER APPEAL FORM

Notwithstanding any of the above, no student may participate in the same sport for more than one school in the same League or municipality in the same school year unless the student is ruled eligible by SDSSAA's Transfer Committee under subsection (a) of the Transfer Policy. Participate means competing in exhibition games and invitational tournaments/events, not just league play.

Notes:

1. Once a student has changed schools, he/she is considered a transfer student and even if he/she returns to a school, he/she must comply with the Transfer Policy.
2. The word "participate" in section (b) of the Transfer Policy means competing for your school in that activity. This includes exhibition games and invitational tournaments/events, not just league play.
3. The SDSSAA Transfer Appeal Committee will not consider as reasons for transfer: (i) The relative ranking of schools or the differences in delivery of courses with the same Ministry course codes; (ii) That a sport or team is no longer offered at the previous school.
4. Students moving from a school in a strike/lock-out area are ineligible for all sports played in the previous 12 months from their date of entry into the new school.
5. Students who attended an alternative school or alternative program who are returning to the school they attended prior to the alternative school or alternative program, are not considered transfer students provided they did not play sports while at the alternative school or alternative program.
6. Driving distance shall be used to determine the closest school to a student's home residence.
7. Students transferring from other provinces, states or countries are ineligible for SDSSAA/OFSAA competition if they have graduated from high school or equivalent, or if they have used their years of athletic eligibility in the province, state or country from which they are transferring. This does not apply to students who have graduated in the previous school year from secondary school in Quebec, provided they meet one of the criteria for eligibility in sections a – d of the transfer policy.
8. When applying under section (a)(i), the student must provide evidence/documentation confirming that he/she and their immediate family are residing in a new permanent residence and that they have completely and permanently moved from the former residence. When applying under section d(ii) of the policy the student must provide evidence/documentation confirming that they are residing in a new permanent residence. In both cases, such evidence/documentation may include:
 - telephone and utility service operative at the new residence
 - telephone and utility service disconnected at the former residence
 - real estate documents indicating and verifying a change of residence (e.g., sale and purchase);
 - parents'/court-appointed guardians' property tax bill listing the new residence;
 - insurance slip for home and auto insurance;
 - school documentation showing that sibling(s) attend local elementary school and/or the same high school as the transferring student;
 - Any other documentation that is requested which establishes the student and his/her immediate family is living at the new residence.

Production of evidence/documentation described above does not guarantee eligibility.

9. Prep/elite teams fall into two categories: **a school prep/elite team** and a **non-school prep/elite team**. A school prep/elite team is a team that represents the school in competition and/or is under the oversight of the school administration. If a student participates for a school prep/elite team, and then that student transfers schools, he/she may not apply under section b (i), and he/she is considered to have participated in the prep/elite team sport at the interschool level if applying under section b (ii) or b (iii).

S.D.S.S.A.A./O.F.S.A.A. TRANSFER APPEAL FORM

PART D - SCHOOL/PRINCIPALS' CONFIRMATION OF STUDENT'S RATIONALE
Outgoing School: Please refer to item 3.1 of the attached policy procedures for information re: confirming rationale.

Principal: _____ Acceptable ☐ Not Acceptable ☐ Date: _____

Program Leader: _____ Acceptable ☐ Not Acceptable ☐ Date: _____

Comments (attach separate page If necessary):

Receiving Principal: _____

Date: _____

Comments (attach separate page If necessary):

O.F.S.A.A. CLASSIFICATIONS FOR N.O.S.S.A. SCHOOLS

(derived from O.F.S.A.A. report on N.O.S.S.A. schools' classification)

"A" Schools	"AA" Schools	"AAA" Schools
NORTH SHORE DISTRICT		
Central Algoma (356)	None.	None.
Elliot Lake S.S. (355)		
Espanola H.S. (424.75)		
*Esc La Renaissance (47)		
*Jeunesse Nord (47.5)		
Manitoulin S.S. (395.75)		
*Villa Francaises des Jeunes (21)		
*W.C. Eaket (171)		
*Wikwemikong High School (168)		
NIPISSING DISTRICT		
*F.J. McElligott (94.5)	Chippewa S.S. (759.21)	None.
E.S. Algonquin (448.25)	St Joseph/Scollard Hall (954)	
*E.S.C. Elizabeth-Bruyère (39)	West Ferris S.S. (816)	
E.S. Franco Cité (288.75)		
*Nbisiing Secondary School (95)		
*E.S. Nipissing Ouest (88)		
*E.S. Northern (168.29)		
*E.S. l'Odyssée (51)		
SAULT STE. MARIE DISTRICT		
*Notre Dame du Sault (63.5)	St Mary's College (700.25)	Korah C & VS (1016)
White Pines (527)	Superior Heights (887)	
SUDBURY DISTRICT		
Bishop A. Carter CSS (416)	Lasalle SS (774.51)	None.
ESC Champlain (266.5)	Lo-Ellen Park (846)	
*Chelmsford Valley DCS (205.5)	St Charles College (915)	
Confederation (445)		
*ES Hanmer (145)		
ESC l'Horizon (414.5)		
Lively DSS (293.53)		
Lockerby CS (516)		
ES Macdonald Cartier (370)		
Marymount Academy (199)		
Notre-Dame (346.62)		
*Rivière-des-Francais (47)		
*ES du Sacré-Coeur (207)		
St Benedict CSS (519)		
Sudbury Secondary (475)		

O.F.S.A.A. CLASSIFICATIONS FOR N.O.S.S.A. SCHOOLS

(figures derived from O.F.S.A.A. report on N.O.S.S.A. schools' classification)

LEGEND

"B" = 1 to 250 students

"A" = 1 to 600 students

"AA" = 601 to 950 students

"AAA" = 951 and over

Schools marked with an asterisk (*) qualify for "B" designation

See also: NOSSA constitution, Section 7 - school classifications

HISTORY OF THE NICKEL DISTRICT SECONDARY SCHOOL ATHLETIC ASSOCIATION

In the early 1930's there was no need for a District Constitution. J.D. Wallace was Principal of the Sudbury High and Mining and Technical Schools. There was one combined Physical Education Department and the nearest competition was North Bay. Life was simple.

L.E.R. Stephens became Principal of the Mining and Technical School in 1934. Physical Education continued jointly with the High School under Ed Wiley in their 'match-box' gymnasium: Bob McDorinan taught some of Tech's classes and Redmond Kinschular was active in coaching the combined football team. Competition was extended to include Sault Ste. Marie. Life was still very simple.

In 1937, the Technical School broke away and formed its own department under Wilf Bell and Ellis Hazen. The same year Copper Cliff High School was built and their teams played exhibition games with the two city schools.

In 1938 to 1939, Capreol entered to play hockey. There were no problems: a telephone call now and then arranged schedules and play-offs.

The first interscholastic competition was in football: High 32, Tech 3: High 36 Tech 5: a sudden death playoff in six inches of mud resulted in a close score, Tech 7, High 6. The Technical School dressing room was a hut built by Mr. Irvine's boys in the wood-working shop. It had no heat, no lights, no toilets, no showers. High School, gracious in defeat, offered their 2-nozzle shower room to the Tech boys to wash off the mud.

As competition against High School stiffened with the development of teams in Copper Cliff and Tech, it was 4onevitable that disputes would arise. Service Clubs were approached with the prospect of acting as Boards of Reference or arbitrators. Finally the three schools decided to organize an association to settle arguments among themselves.

Joe Costigan of Sudbury High called the first meeting in the fall of 1939 and this was attended by Bill Harrington and Ellis Hazen. Bill was elected President, Joe - Vice-President, and Ellis - Secretary-Treasurer with no bank account.

Thus the Nickel District Secondary School Athletic Association was bom.

The building of the Tech Gymnasium in 1940, know today as the 'C' Gym, coincided with the arrival of Alex MacPherson. Activity increased, meetings were longer, there was more to talk about as Alex poured out ideas from T.S.S.A. and T.D.I.A. The size of the football teams jumped from 6-man to 9-man. Zone defence in basketball became so deadly in High's 'match-box' gymnasium, it was almost outlawed by the Association.

HISTORY OF THE NICKEL DISTRICT SECONDARY SCHOOL ATHLETIC ASSOCIATION (cont'd)

The first Interscholastic Skiing was between Copper Cliff and Tech in 1940. Tech's team ran Slalom in cross-country skiis. The championship was decided in the 15 and under class. Copper Cliff won. Next year it was decided in the 16 year class: Copper Cliff won again.

The third year Copper Cliff won again. One of the first notices of motion to the Association was announced: the championship will be decided by adding the scores of all age groups. This seemed to be the only way to stop the Cliff foursome of Ripley, Kerr, Coe and Morrow.

Bert McClelland's arrival in Copper Cliff heralded the domination of the school hockey league by the INCO 00 n. Bert's early and repeated successes in this sport were later to earn his school the exclusive right to be the only school from the outside district permitted to play in the new Sudbury league.

War years!!!

The Association carried on undaunted by gasoline rationing which prevented outside travelling, shortage of sugar for energy, and poor quality gym shoes of artificial rubber which blackened the floors. Many players cooked their supper when they arrived home from practice: mother was on afternoon shift at the smelter. Men on the staffs with Physical Education certificates thirty years old filled the breach while the coaches were in the Armed Forces.

The post war years brought keen competition as teams fought for the right to enter N.O.S.S.A. play-offs and the Red Feather. The organization of O.F.S.A.A. tournaments from 1948, further stimulated athletic activity.

In 1945 the Kiwanis Club offered financial assistance to the Association for Track and Field. Sacred Heart College dominated this sport in the next few years. Track stars were sent to Canadian Championships. Some reached the Olympics.

The post-war baby boom finally caught up with the association. By the mid 1950's, provision was made for the entries of Lively, Nickel District and St. Charles. They were soon followed by Lockerby, Lasalle, Lo-Ellen and Garson-Falconbridge. Espanola's conversion from a prisoner-of-war camp to a thriving pulp town, Levack's becoming a district school, new sub-divisions growing in Chelmsford and Blezard-Hamner, increased the Association to 15 schools.

The pressure of extended schedules and play-offs forced the association to divide. With 15 conveners and 150 coaches making reports and recommendations, the meetings were becoming unwieldy.

HISTORY OF THE NICKEL DISTRICT SECONDARY SCHOOL ATHLETIC ASSOCIATION (cont'd)

In May of 1967, the N.O.S.S.A. recognized the City of Sudbury and Nickel District as separate district. The same year, the Sudbury High School Board appointed Alex MacPherson, Physical Education Coordinator for seven of the nine schools in the Sudbury System.

In January 1969, the Sudbury Board of Education was formed and this includes all schools formerly in N.D.S.A.A. and the S.S.S.A.A., so now we are one happy family again looking to the future.

Honourary Life Members

Presented June 1996 - Present

PASS	NAME	SCHOOL	DATE INDUCTED
001	Gabe Guzzo	Lasalle	Jun 1996
002	William Marotta	Northeastern	Oct 1996
003	Joe Drago	Lockerby	Sept 1996
004	Marcel Robineau	Rayside Balfour	Sept 1996
005	Jim Smith	SBE/Lasalle	Oct 1996
006	Bill Barry	Capreol	Oct 1996
007	Robert Gawalko	Sudbury Secondary	Oct 1996
008	Anne Hann	Northeastern	Jan 1997
009	Len Thompson	Lasalle	Dec 1996
010	Albert Rondina	St Charles	Dec 1996
011	Marty Sime	Lockerby	Dec 1996
012	Gary Orasi	Lockerby	Dec 1996
013	J. D. Walker	Levack	Dec 1996
014	Harold Rose	Chelmsford	Dec 1996
015	Laurie Jones	Capreol	Dec 1996
016	John Kovalchuk	Lo-Ellen Park	Dec 1996
017	D. Gibb	Levack	Dec 1996
018	G. Seville	Levack	Dec 1996
019	Jerome Perusini	St Charles	Dec 1996
020	Al Taylor	Lockerby	Dec 1996
021	Jack Pajala	Chelmsford	Dec 1996
022	Marion Harbin	Chelmsford	Dec 1996
023	Keith Poff	Lo-Ellen Park	Dec 1996
024	Bill McDonagh	Lo-Ellen Park	Dec 1996
025	John Stolte	Lasalle	Dec 1996
026	George Hakojarvi	Lockerby	Dec 1996
027	Grant Palmer	Lockerby	Dec 1996
028	Gerry McColeman	Levack	Dec 1996
029	Mike Fox	Levack	Dec 1996
030	Yvon Brochu	Chelmsford	Dec 1996
031	Dick Johnstone	Lively	Dec 1996
032	Joseph Polano	Northeastern	Jan 1997
033	Lorne Romanko	Northeastern	Jan 1997
034	Doug Harbin	Lasalle	Aug 1998
035	Milan Soganich	Marymount	Aug 1998
036	Ron Gauthier	Lasalle	Aug 1998
037	Jim Hann	Lasalle	Aug 1998
038	Darwin Tulloch	Levack	Aug 1998

Honourary Life Members

Presented June 1996 - Present

PASS	NAME	SCHOOL	DATE INDUCTED
039	John Milliken	Lasalle	Aug 1998
040	Ed Macoritto	Lasalle	Aug 1998
041	Paul Nelimarkka	Levack	Aug 1998
042	Paul Risko	Lockerby	Sept 1998
043	Gary Orasi	Lockerby	Sept 1998
044	John Savage	Lo-Ellen Park	Sept 1999
045	Bob Ellen	Lo-Ellen Park	Sept 1999
046	Jim Rock	Lo-Ellen Park	Sept 1999
047	Peter Hocking	Lasalle	Sept 1999
048	J.P. Ouellet	Lasalle	Sept 1999
049	George McNabb	Lasalle	Sept 1999
050	Bert Brankley	Lasalle	Sept 1999
051	Dino Del Ben	St. Charles College	Sept 1999
052	Paul Prevost	ES Hanmer	June 2002
053	Herve Tremblay	ES Hanmer	June 2002
054	Fern Delorme	ES Hanmer	June 2002
055	Dan Fraser	ES Hanmer	June 2002
056	Maurice Ethier	ES Hanmer	June 2002
057	Butch Faucon	ES Hanmer	June 2002
058	Lorry Williams	ES Hanmer	June 2002
059	Nicole Theriault	ES Hanmer	June 2002
060	Bill Williams	ES Hanmer	June 2002
061	Georges Guerette	ES Hanmer	June 2002
062	Bill Orange	Confederation	June 2002
063	Barb Parker	Confederation	June 2002
064	Sam DeMarchi	Confederation	June 2002
065	Randy Storey	Confederation	June 2002
066	Ray Morin	Confederation	June 2002
067	Brian Ceppetelli	St Charles College	June 2002
068	Tom Donnelly	St Charles College	June 2002
069	Phil Reid	St Charles College	June 2002
070	Gary Convery	Lockerby	June 2002
071	John Downey	Lockerby	June 2002
072	Marge Dash	Lo-Ellen Park	June 2002
073	Mary Waddell	Lo-Ellen Park	June 2002
074	Ed Millard	Lo-Ellen Park	June 2002
075	Arlene Wheatfield	Lo-Ellen Park	June 2002
076	Laurier Ducharme	Lo-Ellen Park	June 2002

Honourary Life Members

Presented June 1996 - Present

PASS	NAME	SCHOOL	DATE INDUCTED
077	Doug MacKay	Lo-Ellen Park	June 2002
078	Doug Gingrich	Lo-Ellen Park	June 2002
079	Vikki Mitchell	Lo-Ellen Park	June 2002
080	Rick Burdeniuk	Lo-Ellen Park	June 2002
081	Rod McHugh	Sudbury Secondary	June 2003
082	Bruce Doran	Sudbury Secondary	June 2003
083	Gary Ricker	Sudbury Secondary	June 2003
084	Warren Gingell	Sudbury Secondary	June 2003
085	Rod Stewart	Sudbury Secondary	June 2003
086	Barb Favot	Lockerby Composite	June 2003
087	Mike Vrebosch	Lockerby Composite	June 2003
088	Paul Brunelle	Lockerby Composite	June 2003
089	Pat Ovens	Northeastern S.S.	June 2003
090	Joanne Mancini	Lasalle S.S.	Nov 2003
091	Joe McCabe	Lasalle S.S.	Nov 2003
092	Ernie Moro	Lasalle S.S.	Nov 2003
093	Paul Gawalko	Lasalle S.S.	Nov 2003
094	Carl Sutherland	Lasalle S.S.	Nov 2003
095	Ed Brimner	Lasalle S.S.	Nov 2003
096	Al Nesseth	Lasalle S.S.	Nov 2003
097	Bill Sherman	Lasalle S.S.	Nov 2003
098	John Dale	Lasalle S.S.	Nov 2003
099	Jean Gauthier	ESC Champlain	Aug 2007
100	Richard Castonguay	ESC Champlain	Aug 2007
101	Michel Démore	ESC Champlain	Aug 2007
102	Pierre Blondin	ESC Champlain	Aug 2007
103	Ted Evans	Lasalle S.S.	Aug 2007
104	Scott Darling	Lasalle S.S.	Aug 2007
105	Ken Farrar	Lasalle S.S.	Aug 2007
106	Sam Martin	Lasalle S.S.	Aug 2007
107	Clyde Sheppard	Lasalle S.S.	Dec 2010
109	Ed Robinson	Lasalle S.S.	Dec 2010
110	Faye Moffatt	Lasalle S.S.	Dec 2010
111	Rod McHugh	Lasalle S.S.	Dec 2010
112	Dave Huculak	St Charles College	Aug 2012
113	Joe Green	St Charles College	Aug 2012
114	Millie Wood Colton	Lasalle S.S.	Nov 2013
115	Mitch Lalonde	Lasalle S.S.	Nov 2013
116	Mary Collinson	Lasalle S.S.	Nov 2013

Honourary Life Members

Presented June 1996 - Present

PASS	NAME	SCHOOL	DATE INDUCTED
117	Roger Finlay	Lasalle S.S.	Nov 2013
118	Bill Prest	Lasalle S.S.	Nov 2013
119	Gundi Sheppard	Lasalle S.S.	Nov 2013
120	Michel Leroux	Esc Champlain	Jun 2015
121	Peter Lucano	Lasalle S.S.	Sep 2015
122	Chris Bartolucci	St Charles College	Sep 2015
123	Ron Dubuc	Esc l'Héritage/Sacré-Coeur	Nov 2017
124	Bill McKetsy	Sudbury Board of Ed	Jun 1998
125	John Roberts	Robert Jack	Jun 1998
126	Laura Aubertin	Confederation S.S.	Jun 2016
127	Gilbert Briscoe	Confederation S.S.	Jun 2015
128	Bob Simon	Community Volunteer	Dec 2017
129	Mike Fabiilli	St Charles College	Jun 2019
130	Patty Mardero	St Charles College	Jun 2019
131	Dan Boisvert	St Charles College	Jun 2019
132	Ed Sacchetto	St Charles College	Jun 2019

**ONTARIO FEDERATION OF SECONDARY ATHLETIC ASSOCIATIONS (O.F.S.A.A.) EVENTS
HOSTED BY S.D.S.S.A.A.**

Year	Event	Venue	Convener(s)
2025	Hockey "A"/"AA"	Countryside, etc	Darren Michelutti
2022	Volleyball Boys "A"	Cambrian, Boréal, MacJack	Marc Savage, Patrick Gervais
2019	Cross Country	Kivi Park	Karen Passi
2018	Girls Gymnastics	Es Macdonald Cartier	Jo-Anne Bradley
2018	Nordic Ski	Laurentian Trails	Perry Sakki, Kerry Abols
2015	Girls Gymnastics	GymZone Gymnastics Club	Jo-Anne Bradley
2015	Nordic Ski	Laurentian Trails	Perry Sakki, Kerry Abols
2014	Girls Hockey	McCorry Countryside	Dave Makela, Kim Chezzi
2013	Girls "A" Soccer	Howard Armstrong Complex	Jean Gilles Larocque
2011	Wrestling	Sudbury Arena	Earl Cote
2011	Track and Field	Laurentian Comm. Track	Gilbert Briscoe, Shawn Tilander
2010	Soccer Boys "AAA"	Laurentian University	Paul Hatzis
2010	Soccer Girls "A"	Howard Armstrong Ctr	Jean-Gilles Larocque
2009	Badminton	Cambrian College	Clyde Sheppard, Denis Gauthier
2008	Girls AA Volleyball	Cambrian College	Ed Millard, James Michaud
2005	Boys' A Volleyball	Cambrian College	Michel Leroux
2005	Boys' A Soccer	Confederation	Gilbert Briscoe
2005	Girls' A Volleyball	Cambrian College	Ed Millard, Rob Van Mierlo
2004	Girls' A/AA Soccer	Laurentian University	Pat Belanger, Linda MacKenzie
2004	Girls' & Boys' Curling	Sudbury Curling Club	Blair Morphet
2004	Girls' AAA Basketball	Laurentian University	Jen Bourget
2003	Boys' AAA Basketball	Laurentian University	Denis Gauthier
2003	Girls' AA Volleyball	St Benedict CSS	Ed Millard
2002	Badminton	Cambrian College	Clyde and Gundi Sheppard
2001	Girls' AA Basketball	Northeastern SS	Bruce Bourget
2001	Boys' AA Volleyball	Cambrian College	Michel Leroux
2001	Girls' & Boys' Curling	Copper Cliff Curling Club	Blair Morphet and Claude Daoust
2000	Girls' AAA Soccer	Lily Creek	Linda MacKenzie
2000	Badminton	Cambrian College	Clyde Sheppard
2000	Boys' AAA Hockey	Sudbury Arena	Bob Deeth, Dave Makela
2000	Nordic Skiing	Windy Lake	Mary Waddell
1998	Track & Field	Laurentian University	John Metcalfe, Terry Moss
1997	Boys' AAA Soccer	Laurentian University	Lloyd Rebeiro, John Sikora
1995	Swimming	Laurentian University	Rae and Ted Beynon
1994	Swimming	Laurentian University	Rae and Ted Beynon
1992	Boys' Wrestling	Walden Arena	Larry Swan
1991	Boys' AAA Basketball	Laurentian University	Chuck Toddhunter, Doug MacKay
1991	Track & Field	Laurentian University	Laurentian University
1990	Nordic Skiing	Laurentian University	Paul Brunelle, Randy Storey

**ONTARIO FEDERATION OF SECONDARY ATHLETIC ASSOCIATIONS (O.F.S.A.A.) EVENTS
HOSTED BY S.D.S.S.A.A.**

Year	Event	Vanue	Convener(s)
1990	Track & Field	Laurentian University	Mary Collinson, Sam Martin
1988	Boys' Soccer	Queen's Athletic Field	Bob Ellen
1987	Boys' A Volleyball	Laurentian University	Rod Lum
1985	Boys' Hockey	Sudbury Arena	Robert Gawalko
1982	Girls Basketball	Laurentian University	Barb Parker
1982	Nordic Skiing	Laurentian University	Paul Brunelle, Bob Ellen
1977	Track & Field	Laurentian University	Peter Hocking, Barb Beech
1976	Boys' AAA Basketball	Laurentian University	Tom Bertrim
1971	Boys' Hockey	Stanley Stadium	
1970	Boys' AAA Basketball	Laurentian University	
1968	Boys' Hockey	Sudbury Arena	
1965	Boys' Hockey	Sudbury Arena	
1963	Boys' Hockey	Sudbury Arena	
1962	Alpine Skiing	Onaping Ski Hill	
1960	Boys' Hockey	Stanley Stadium	
1960	Alpine Skiing	Onaping Ski Hill	
1959	Alpine Skiing	Onaping Ski Hill	
1958	Boys' Basketball	Laurentian University	
1954	Boys' Hockey	Sudbury Arena	
1953	Boys' Hockey	Stanley Stadium	
1952	Boys' Hockey	Sudbury Arena	
1951	Boys' Hockey	Stanley Stadium	

S.D.S.S.A.A. CONSTITUTION



REVISED JUNE 2023

blue denotes most recent changes

ARTICLE I - NAME AND STRUCTURE

1. NAME

The organization shall be called the SUDBURY AND DISTRICT SECONDARY SCHOOLS ATHLETIC ASSOCIATION (S.D.S.S.A.A.).

2. AFFILIATION

The S.D.S.S.A.A. shall be a member of the Northern Ontario Secondary Schools Athletic Association (N.O.S.S.A.).

3. GOALS AND OBJECTIVES (Refer to Page 6.1 of the Guidelines)

The objective of the Association shall be to encourage and promote sound athletic competition and good sportsmanship among the girls and boys of the secondary schools in the following categories of competition:

1. Invitational competition
2. Exhibition competition
3. Official competition

4. MEMBERSHIP

The membership for the Association shall consist of all secondary schools indicated in the list in Section 5 below. A secondary school from outside the Association requesting membership or wishing to participate in a specific activity of the S.D.S.S.A.A. must be approved at an Association meeting after consultation with the principals' associations.

The S.D.S.S.A.A. will entertain motions for the inclusion of schools from associations located outside the S.D.S.S.A.A. boundary only after the association to which the school belongs agrees in writing that it may be released from its jurisdiction.

The S.D.S.S.A.A. may, at its discretion, permit a school from outside its jurisdiction to enter a league within the S.D.S.S.A.A. only when an opportunity to participate in that sport does not exist within their present association. Should the outside District subsequently organize competition in the sport involved, then the school must return to competition within their District.

S.D.S.S.A.A. CONSTITUTION

ARTICLE I - NAME AND STRUCTURE (cont'd)

5. MEMBER SCHOOLS

DISTRICT #3

Rainbow District School Board

Chelmsford Valley DCS

Confederation SS

Lasalle SS

Lively District SS

Lockerby Composite

Lo-Ellen Park SS

Sudbury Secondary

DISTRICT #32

Sudbury Catholic District School Board

Marymount Academy

St. Benedict Catholic SS

St. Charles College

Bishop Alexander Carter Catholic SS

DISTRICT #57

Conseil Scolaire du Grand Nord

ES Riviere-des-Francais

ES Hanmer

ES Macdonald Cartier

DISTRICT #61

Conseil Scolaire Catholique du Nouvel-Ontario

ESC Champlain

ESC l'Horizon

College Notre Dame

ES du Sacré-Coeur

S.D.S.S.A.A. CONSTITUTION

ARTICLE I - NAME AND STRUCTURE (cont'd)

AFFILIATE MEMBER SCHOOLS

The following schools have been accepted to participate in SDSSAA for the sports indicated below. This participation will be permitted until such time as the school indicates it is no longer interested in participating, or if activity in the sport involved resumes in its host district.

Affiliate member schools are not eligible for participation in SDSSAA activities if any portion of fees owing from previous seasons are outstanding.

SPORT	SCHOOLS (DATES ACCEPTED)			
Badminton	Barrydowne (12/11)			
Bowling	Barrydowne (12/11)			
Cross Country	Barrydowne (12/11)			
Curling	Barrydowne (12/11)			
Flag Football	Espanola (17/06)			
Jr Football	Timmins (05/08)			
Golf	Barrydowne (12/11)			
Gymnastics	Manitoulin (12/06)	Franco-Ouest (12/09)	Espanola (12/09)	Barrydowne (12/11)
	ES Northern (17/01)			
Boys Hockey	Espanola (06/98)	Manitoulin (06/98)		
Girls Hockey	Espanola (06/98)	Manitoulin (06/99)		
Alpine Ski	Espanola (06/98)	Barrydowne (12/11)	Manitoulin (12/13)	
Nordic Ski	Espanola (06/98)	Barrydowne (12/11)	Manitoulin (12/15)	
Boys Slo-Pitch	Espanola (05/08)	Franco-Ouest (05/08)	Barrydowne (12/11)	Jeunesse-Nord (17/05)
	Manitoulin (04/24)			
Girls Slo-Pitch	Espanola (04/00)	Franco-Ouest (04/07)	Barrydowne (12/11)	Manitoulin (04/24)
Boys Jr Soccer	Espanola (06/00)			
Boys Sr Soccer	Espanola (12/02)			
Girls Soccer	Espanola (06/00)			
Swimming	Espanola (06/04)	Franco-Cité (06/06)	NDA (12/09)	ELSS (04/11)
Swimming	Barrydowne (12/11)			
Tennis	Barrydowne (12/11)			
Track & Field	Barrydowne (12/11)			
Track Relays	Barrydowne (12/11)			
Wrestling	Barrydowne (12/11)			

S.D.S.S.A.A. CONSTITUTION

ARTICLE I - NAME AND STRUCTURE (cont'd)

6. CATEGORIES OF COMPETITION

6.1 Statement of Intent

All sport competition between member schools must be approved by, and operated under the direction of, this Association. All S.D.S.S.A.A. regulations shall apply for each of the categories of competition.

6.2 Invitational Competition

An event/tournament run by a school or sport committee to provide additional competition. A teacher wishing to organize an invitational tournament must follow the guidelines below:

- 6.2.1 The principal must approve the hosting of the tournament.
- 6.2.2 Tournament dates, format and entry fees must be announced at the sport committee meeting pre-season meeting.
- 6.2.3 The selection of the participating school shall be at the discretion of the convener.
- 6.2.4 A financial report must be submitted to the program leader.

6.3 Exhibition Competition

This can be a single contest between two schools arranged between the two coaches or it may be an organized tournament or league competition between three or more schools in which the participating schools share all the costs of organizing and operating the contests.

A teacher wishing to organize an exhibition tournament or league must submit the following information to the coordinator. If all items are complete, the executive may approve the request:

- 6.3.1 Name of the convener (approved by the principal)
- 6.3.2 A set of playing regulations
- 6.3.3 An estimate of officials' costs, if applicable.
- 6.3.4 An estimate of other costs, if any
- 6.3.5 Times and dates of the tournament competition.
- 6.3.6 Starting and finishing dates plus play-off format for league competition.
- 6.3.7 Competition must be open to all member schools.
- 6.3.8 All costs including officials, awards and facilities will be charged back to participating schools.
- 6.3.9 A convener's report and financial report must be submitted to the next association meeting.

S.D.S.S.A.A. CONSTITUTION

ARTICLE I - NAME AND STRUCTURE (cont'd)

6.4 Official Competition

Official sports are those that lead to association championships and may progress to N.O.S.S.A. and O.F.S.A.A. championships.

New or exhibition sports may become official athletic association activities when the convener submits a motion, at any time after the first year, to a general or annual meeting of the Association. The motion must be approved and be accompanied by the following information:

- 6.4.1 Name of the convener.
- 6.4.2 A complete set of playing regulations
- 6.4.3 The number of medallions required for the championship.
- 6.4.4 The wording for the championship banner.
- 6.4.5 An estimate of officials' costs, if applicable
- 6.4.6 An estimate of sport committee costs, if applicable.

Official sports will have access to the following association awards and Board budgets:

- 6.4.7 Championship medallions and banners
- 6.4.8 The convener will receive an honorarium as per Article VIII, Item 7.
- 6.4.9 Board of Education schools will receive approximately 50% of their officials' costs and championship teams can apply for funding to help defray the cost of transportation and coaches' expenses to N.O.S.S.A. and O.F.S.A.A. events.

S.D.S.S.A.A. CONSTITUTION

ARTICLE II - OFFICERS AND DUTIES (cont'd)

- | | |
|---|---|
| 1. OFFICERS OF
THE ASSOCIATION | <ul style="list-style-type: none">1-1 Co-Chairperson(s)1-2 Secretary/Athletic administrator1-3 Treasurer1-4 Principals' Representatives - Rainbow, GNO, English Catholic and French Catholic Boards (only one of four to carry voting privileges at Association and Executive Meetings)1-5 Vice Principals' Representative1-6 Program Leaders' Representative (Male and Female)1-7 Past Chairperson(s)1-8 Members-at-Large. The Member-at-Large position shall carry a two-year term and shall be up for consideration at the 2010 June Association meeting.1-9 Each executive member shall have specific association responsibilities as listed in the following sections. |
| 2. CO-CHAIRS | <ul style="list-style-type: none">2-1 To preside at the Annual, Regular and Executive Meetings of the Association and to set the dates and agendas for such meetings.2-2 To represent the Association in contacting the Board of Education, the media and the public.2-3 To have the authority to enquire into any matter pertaining to the affairs of the Association and to ask any representative to attend any meeting.2-4 To be ex-officio members of each committee authorized by the S.D.S.S.A.A.2-5 To present a slate of officers to the Annual Meeting. |
| 3. SECRETARY/
ATHLETIC
ADMINISTRATOR | <ul style="list-style-type: none">3-1 For all Executive, General and Annual Meetings:<ul style="list-style-type: none">a) to make all the necessary arrangements.b) to send out the notices of meetings.c) to distribute the agenda.d) to record the minutes and distribute to member schools.3-2 For the Annual Meeting:<ul style="list-style-type: none">to receive and send out the notices-of-motions to the member schools at least one week before the Annual Meeting.3-3 For the Pre-Season and Post Season Meetings:<ul style="list-style-type: none">a) to send notices and pertinent information to conveners and department heads.b) to review with coaches the guidelines re player and spectator behaviour, coaches code of conduct and Board of Reference procedures. |

S.D.S.S.A.A. CONSTITUTION

ARTICLE II - OFFICERS AND DUTIES (cont'd)

- | | | |
|---|-----|--|
| | 3-4 | To forward notice-of-motions to N.O.S.S.A. |
| | 3-5 | To receive and distribute all sport schedules |
| | 3-6 | To act on all reports or protests. |
| | 3-7 | To conduct an annual review of fees with the Treasurer, that in the event of a credit a cheque be issued to the school. |
| 4. TREASURER
(also refer to
Article VIII -
Finances – Pg17) | 4-1 | To deposit all monies received by the Association in a bank account held for this sole purpose |
| | 4-2 | To disburse any debts of the Association upon receipt of the official voucher and invoice or receipt. |
| | 4-3 | To present a financial statement of income and disbursements to the regular meetings of the Executive and the Association. |
| | 4-4 | To invoice each school for its annual membership fee according to Article VIII sections 1-1, 1-2, 1-3 and 1-4. |
| | 4-5 | To receive sport committee estimates of costs from the pre-season meetings and to pay these costs upon approval of the Executive. |
| | 4-6 | To present an audited statement of Association finances to the Annual Meeting in June but not later than the first regular meeting in the new school year. |
| | 4-7 | To conduct an annual review of fees with the Athletic Administrator, that in the event of a credit a cheque be issued to the school. |
| 5. PRINCIPALS' REP | 5-1 | To provide liaison between the public and separate schools Principals' Association and the S.D.S.S.A.A.. |
| | 5-2 | To advise the executive on matters relating to school curriculum organization and operation. |
| | 5-3 | To chair the negotiation meetings with officials re: fee contracts |
| | 5-4 | To be liaison person on the transfer committee and to report back to the executive. |
| | 5-5 | To provide the exam dates and professional activity days for the N.O.S.S.A. and Association Annual Meetings. |
| 6. VP'S REP | 6-1 | To provide liaison between the Vice Principals' Association and the S.D.S.S.A.A. |
| | 6-2 | To chair the meetings of the Board of Reference. |

S.D.S.S.A.A. CONSTITUTION

ARTICLE II - OFFICERS AND DUTIES (cont'd)

- | | |
|---|--|
| 7. PROGRAM
LEADER REP | <div>7-1 To assist the chairpersons as required.</div> <div>7-2 To prepare the calendar of tournament and dates plus the schedule guidelines for the N.O.S.S.A. and S.D.S.S.A.A. annual meetings.</div> |
| 8. PAST-
CHAIRS | <div>8-1 To assist the chairpersons as required.</div> <div>8-2 To request and submit to the Secretary/Athletic administrator the notice-of- motions for the S.D.S.S.A.A. and N.O.S.S.A. annual meetings.</div> |
| 9. MEMBER AT
LARGE | <div>9-1 To assist the chairpersons as required.</div> <div>9-2 To update the list of conveners rotational order for each sport.</div> <div>9-3 To update the conveners and recorders lists for the annual meeting.</div> <div>9-4 To act as Resolutions Chair at all Association Dinner and General meetings hosted during the year where deemed necessary.</div> |
| 10. TRUSTEES
REPS
(NON-VOTING) | <div>10-1 To provide a liaison between the public and separate schools Trustees' Association and the S.D.S.S.A.A..</div> |
| 11. NOSSA PRESIDENT | <div>11-1 When SDSSAA Is scheduled to chair NOSSA as per NOSSA regulations, a volunteer will be elected at the June Association meeting preceding the first year of the term.</div> |

S.D.S.S.A.A. CONSTITUTION

ARTICLE III - THE EXECUTIVE

1. COMPOSITION OF THE EXECUTIVE

The Executive shall consist of the Officers of the Association.
(See Art. II - 1, page 4)

2. EXECUTIVE RESPONSIBILITIES

- 2-1 To have charge of the business of the Association and the supervision of all committees.
- 2-2 Administer the policies laid down by the resolutions passed at the Annual and Regular Meetings of the Association.
- 2-3 To rule on situations not specifically covered by the Constitution.
- 2-4 To approve all purchases and payments on behalf of the Association.
- 2-5 To conduct an immediate review of a sport in a particular age group or division (wherever applicable) in the event of the following:

Team Sports

- a sport enters 3 teams or less,

Individual Sports

- entries involve 3 schools or less and/or consist of fewer than 100 participants.

The Executive Review will then determine the status of the sport (eg. discontinued for that season, amalgamate age group or division with another age group or division, etc.)

- 2-6 To review all S.D.S.S.A.A. member schools with respect to O.F.S.A.A. classifications as of October 31st of every school year.

S.D.S.S.A.A. CONSTITUTION

ARTICLE IV - PROGRAM LEADERS AND PRINCIPALS

- | | | | | | | | | | | | | | | | |
|---|--|-----|---|-----|---|-----|---|-----|--|-----|--|-----|--|-----|--|
| 1. PROGRAM LEADER
SCHOOL
RESPONSIBILITIES | <table border="0"><tr><td data-bbox="521 401 568 436">1-1</td><td data-bbox="617 401 1380 436">To notify coaches of dates of pre and post season meeting.</td></tr><tr><td data-bbox="521 443 568 478">1-2</td><td data-bbox="617 443 1429 514">To provide coaches with a list of dates when their facility is not available for competition.</td></tr><tr><td data-bbox="521 520 568 556">1-3</td><td data-bbox="617 520 1274 556">To approve the Confirmation of Participation form.</td></tr><tr><td data-bbox="521 562 568 598">1-4</td><td data-bbox="617 562 1482 672">To inform the principal of the number of games per team, the length of schedules, the number of exhibition games, the problems related to coaching personnel and other program developments.</td></tr><tr><td data-bbox="521 678 568 714">1-5</td><td data-bbox="617 678 1482 749">To cooperate with the principal to encourage teaching staff to volunteer for coaching assignments.</td></tr><tr><td data-bbox="521 756 568 791">1-6</td><td data-bbox="617 756 1482 827">To submit the names of non-teaching coaches to the principal for approval.</td></tr><tr><td data-bbox="521 833 568 869">1-7</td><td data-bbox="617 833 1482 905">In consultation with the coach, confirm that each athlete is an eligible representative of the school.</td></tr></table> | 1-1 | To notify coaches of dates of pre and post season meeting. | 1-2 | To provide coaches with a list of dates when their facility is not available for competition. | 1-3 | To approve the Confirmation of Participation form. | 1-4 | To inform the principal of the number of games per team, the length of schedules, the number of exhibition games, the problems related to coaching personnel and other program developments. | 1-5 | To cooperate with the principal to encourage teaching staff to volunteer for coaching assignments. | 1-6 | To submit the names of non-teaching coaches to the principal for approval. | 1-7 | In consultation with the coach, confirm that each athlete is an eligible representative of the school. |
| 1-1 | To notify coaches of dates of pre and post season meeting. | | | | | | | | | | | | | | |
| 1-2 | To provide coaches with a list of dates when their facility is not available for competition. | | | | | | | | | | | | | | |
| 1-3 | To approve the Confirmation of Participation form. | | | | | | | | | | | | | | |
| 1-4 | To inform the principal of the number of games per team, the length of schedules, the number of exhibition games, the problems related to coaching personnel and other program developments. | | | | | | | | | | | | | | |
| 1-5 | To cooperate with the principal to encourage teaching staff to volunteer for coaching assignments. | | | | | | | | | | | | | | |
| 1-6 | To submit the names of non-teaching coaches to the principal for approval. | | | | | | | | | | | | | | |
| 1-7 | In consultation with the coach, confirm that each athlete is an eligible representative of the school. | | | | | | | | | | | | | | |
| 2. THE PRINCIPAL
RESPONSIBILITIES | <table border="0"><tr><td data-bbox="521 987 568 1022">2-1</td><td data-bbox="617 987 1429 1096">To approve, in consultation with the program leader, the sports to be entered by school teams (depending on facilities, finances, equipment coaching personnel and student interest).</td></tr><tr><td data-bbox="521 1102 568 1138">2-2</td><td data-bbox="617 1102 1482 1253">To ensure, with the assistance of the program leader, that students and coaches are familiar with, and abide by, the Association objectives, guidelines policies, code for players and coaches, and the recommendations re Crowd Control.</td></tr><tr><td data-bbox="521 1260 568 1295">2-3</td><td data-bbox="617 1260 1482 1331">To interview, with the program leader, all non-teaching coaches {Refer to Guidelines, Section 5.1(a) to (j)}.</td></tr></table> | 2-1 | To approve, in consultation with the program leader, the sports to be entered by school teams (depending on facilities, finances, equipment coaching personnel and student interest). | 2-2 | To ensure, with the assistance of the program leader, that students and coaches are familiar with, and abide by, the Association objectives, guidelines policies, code for players and coaches, and the recommendations re Crowd Control. | 2-3 | To interview, with the program leader, all non-teaching coaches {Refer to Guidelines, Section 5.1(a) to (j)}. | | | | | | | | |
| 2-1 | To approve, in consultation with the program leader, the sports to be entered by school teams (depending on facilities, finances, equipment coaching personnel and student interest). | | | | | | | | | | | | | | |
| 2-2 | To ensure, with the assistance of the program leader, that students and coaches are familiar with, and abide by, the Association objectives, guidelines policies, code for players and coaches, and the recommendations re Crowd Control. | | | | | | | | | | | | | | |
| 2-3 | To interview, with the program leader, all non-teaching coaches {Refer to Guidelines, Section 5.1(a) to (j)}. | | | | | | | | | | | | | | |
| 3. RESPONSIBILITIES
OF THE PRINCIPALS'
ASSOCIATION | <table border="0"><tr><td data-bbox="521 1413 568 1449">3-1</td><td data-bbox="617 1413 1339 1484">To approve requests for changes to the Sports Schedule Guidelines when requested by the executive.</td></tr></table> | 3-1 | To approve requests for changes to the Sports Schedule Guidelines when requested by the executive. | | | | | | | | | | | | |
| 3-1 | To approve requests for changes to the Sports Schedule Guidelines when requested by the executive. | | | | | | | | | | | | | | |

S.D.S.S.A.A. CONSTITUTION

ARTICLE V - SPORT COMMITTEES

1. STRUCTURE OF SPORT COMMITTEE

There shall be a committee for each sport consisting of:

- 1-1 the convener, who must be a teacher or a person approved executive.
- 1-2 a recorder who will take minutes of the meetings and submit them to the athletic administrator's office for typing and distribution. For all sports, a Program Leader, Executive Member or a constitution-knowledgeable designate shall be assigned to the Sport Committee to act as a recorder at the pre and post season meetings.
- 1-3 a coach from each team competing in the sport.
- 1-4 an officials' representative, where applicable.

2. SPORT COMMITTEE

- 2-1 Sport Committees shall convene for pre-season and post-season meetings as scheduled at the annual meeting.
- 2-2 At the pre-season meeting, the committee shall:
 - a) discuss and approve play-off arrangements.
 - b) review guidelines re player and spectator behavior, coaches code of conduct and rule changes.
 - c) review relevant N.O.S.S.A. and O.F.S.A.A. regulations.
 - d) share sport committee duties and responsibilities as requested by the convener.
 - e) for league sports, approve arrangements for the athlete, coach, officials clinic.
- 2-3 At the post-season meeting the committee shall:
 - a) evaluate the season.
 - b) recommend changes for the following year for S.D.S.S.A.A., N.O.S.S.A. and O.F.S.A.A. constitutions and playing regulations.
 - c) select a convener for the next season.

With the exception of sports that host post season meetings within their competition, that motions for consideration at each sport's post season meeting be required to be submitted through the convener one week prior to the meeting. The convener will then compile the information and forward to all coaches. If no motions are received, the post season meeting may be cancelled at the convener's discretion. Motions that are presented for consideration at sport committee post meetings within the one-week time period will require 2/3 majority of those in attendance with proper voting authority to pass.

S.D.S.S.A.A. CONSTITUTION

ARTICLE V - SPORT COMMITTEES

- 3. STUDENT COACHES**

When a team is coached by a high school student, there must be a teacher present at all games. Failure to have a staff member will result in the forfeiture of the game.
- 4. P.E. SAFETY GUIDELINES**

Member schools are expected to review and follow the most recent version of the Physical Education Safety Guidelines as they relate to interschool athletics.

S.D.S.S.A.A. CONSTITUTION

ARTICLE VI - CONVENER DUTIES

1. GENERAL

- 1-1 To chair his/her sport committee meetings.
- 1-2 Appoint sub-committees or assign special duties to individual members as required.
- 1-3 To arrange for officials when applicable.
- 1-4 To present the respective trophies and medals to championship teams and consolation ribbons at the final tournament/game.
- 1-5 To submit a written report (form available in handbook section 7 - forms) including a financial statement, to the next regular association meeting following the conclusion of his/her sport.
- 1-6 To be familiar with the following constitution items:
 - a) Amendments to The Constitution and Playing Regulations
 - b) Distribution of Sport Committee Profits
 - c) Eligibility
 - d) Board of Reference and Protests
 - e) Unsportsmanlike Conduct
 - f) Scheduling
 - g) Your Sport Schedule Guidelines
- 1-7 To update championship records for post-season meeting.

2. SCHEDULING

- 2-1 Schedule and conduct contests in his/her sport in strict adherence to the Constitution and Playing Regulations and Guidelines.
Convener's decisions are binding on all member schools and coaches.
- 2-2 Make all necessary arrangements where contests are held in stadia, gymnasia, or swimming pools that do not belong to competing schools. Arrange for security when crowd control is a concern.
- 2-3 To ensure that the schedule is balanced with respect to the number of trips away and at home.
- 2-4 To ensure that schedule changes are made only as outlined in Article XIII Part 2-1, page 31, i.e., two weeks' notice or game forfeited.

Use the blank Schedule Change Form (Page 7.6 of Handbook) to send changes to:

- a) the coaches involved
- b) the referee-in-chief
- c) the athletic administrator
- d) the media

S.D.S.S.A.A. CONSTITUTION

ARTICLE VI - CONVENER DUTIES (cont'd)

3. BUDGETS

- 3-1 To establish a budget sufficient to cover the necessary costs of the sport if the sport is going to incur expenses other than the allotted officials and award costs.
- 3-2 To submit this budget estimate to the executive at the pre-season meeting for approval.

4. COMMUNICATION

- 4-1 To keep an accurate and up-to-date account of the results of his/her sport and to periodically notify member teams of the standings.
- 4-2 To notify the teams involved in the play-offs.
- 4-3 To notify the Athletic Administrator regarding all protests, disputes and misconduct reports.
- 4-4 To submit a copy of each eligibility form to the athletic administrator prior to or by the first day of competition.
- 4-5 To remind the referee-in-chief that if an official has an established relationship (school, family, etc.) with someone on the team he/she shall not be assigned to officiate the game without the express approval of the opposing coach.
- 4-6 In the case of an adult from the community coaching a team, the convener shall send copies of all information pertinent to the sport to both the community coach and the Co-Curricular program leader.
- 4-7 To inform coaches of league sports that part of the cost for extra transportation when officials do not show for a game will be charged to the sport committee and part will be charged to the officials as a penalty fee.

S.D.S.S.A.A. CONSTITUTION

ARTICLE VI - CONVENER DUTIES (cont'd)

5. CONVENER ROTATIONAL LIST RESPONSIBILITIES

- 5-1 A list indicating the order in which schools will convene is located in Article 6 of this handbook. If all schools have at least one convenership, then the first school that has fewer convenerships than the number listed in Item 5.3 shall assume the convenership.
- 5-2 These lists are to be used when the current convener resigns and there is no volunteer for the following year. In this case, the school at the top of the list (the school must be participating in that particular sport) shall be responsible for convening for the next season.
- 5-3 The number of convenerships per school can be limited to the following: (i.e., the school may choose to convene more than this number, but they can also decline a convenership if the total is greater than the number below.)
 - a) 1000 + student population - 4 convenerships
 - b) 600-999 student population - 3 convenerships
 - c) 600 student population - 2 convenerships
- 5-4 In the year that a new school assumes the convenership, the year-end reports shall request that the school name be placed at the bottom of the list.
- 5-5 A school which refuses the convenership shall be ineligible for competition in that sport the following year unless extenuating circumstances warrant their participation. The final decision on this should be left to the Executive or a Board of Reference.
- 5-6 N.O.S.S.A. Convenership: If the S.D.S.S.A.A. convener chooses not to convene N.O.S.S.A. and there is no volunteer, then the first eligible school at the top of the list shall be responsible.

S.D.S.S.A.A. CONSTITUTION
CONVENER ROTATION LIST – 2023-2024

FALL SPORTS

Boys Base.	GBB Div I	GBB - Div II	GBB - Nov	XC Run	XC Relay	FB - Jr/Sr	FB - Flag	Golf	Swim.	BVB - Nov	BVB - A&B
ESM	CND	HAN	MMA	SBS	CND	LAS	BAC	SSS	MMA	LEP	LCS
HOR	BAC	SBS	SAC	BAC	CVD	LCS	SSS	MMA	LCS	HAN	SCC
RVF	MMA	SCC	BAC	CVD	CON	CND	CVD	SCC	LEP	ESM	CND
SCC	LCS	RVF	ESM	CON	BAC	LEP	SBS	SBS	HAN	SSS	RVF
SBS	HAN	MMA	CHA	HAN	HAN	SSS	HAN	CVD	LAS	CON	CVD
SAC	CVD	CVD	CVD	SAC	CHA	SAC	BAC	RVF	SBS	RVF	CON
CHA	CON	LCS	CON	LIV	ESM	ESM	ESM	SAC	SSS	HOR	SBS
LEP	LIV	CND	HAN	HOR	SSS	BAC	CHA	LIV	CHA	SAC	LIV
LAS	ESM	LEP	RVF	LAS	RVF	CHA	RVF	LCS	CVD	CND	BAC
SSS	HOR	CON	LIV	LEP	HOR	CVD	SAC	BAC	RVF	BAC	ESM
LCS	RVF	LIV	HOR	RVF	SCC	HAN	HOR	CHA	SAC	CVD	HOR
HAN	SCC	RVF	LCS	SSS	SBS	RVF	SCC	ESM	BAC	SBS	LEP
CVD	SBS	CHA	SBS	CND	SAC	LIV	MMA	HOR	ESM	LAS	HAN
CON	SAC	SSS	CND	ESM	MMA	HOR	CND	CON	HOR	LIV	SAC
LIV	CHA	LAS	SCC	MMA	LIV	SBS	LCS	HAN	LIV	LCS	CHA
BAC	LEP	BAC	LEP	SCC	LAS	SCC	LAS	LAS	CND	CHA	LAS
	LAS	ESM	LAS	CHA	LCS	CON	LEP	CND	CON	SCC	SSS
	SSS	HOR	SSS	LCS	LEP		CON	LEP	SCC		

WINTER SPORTS

BAD	BBB	CURL	HOCK GIRLS	HOCK BOYS	ALP SKI	SNO- BRD	NORD SKI	VB-G Nov	VB-G Div I	VB-G D-II	WRE
CON	SAC	BAC	LAS	LCS	SAC	LEP	LAS	SCC	SCC	CHA	LIV
HAN	SCC	ESM	CND	LIV	LIV	SCC	CVD	BAC	CND	LAS	CND
RVF	LCS	CON	LCS	LEP	CND	MMA	HOR	CHA	SSS	LCS	HOR
SAC	LEP	CHA	LIV	ESM	SSS	LAS	CND	CVD	RVF	BAC	HAN
SBS	SSS	RVF	SAC	SSS	HOR	SBS	SCC	ESM	SAC	MMA	SAC
LIV	CND	HOR	MMA	BAC	LAS	LCS	MMA	CND	LCS	CON	CHA
CHA	SBS	SSS	BAC	CND	CVD	CND	CON	SSS	MMA	LEP	LEP
BAC	BAC	CVD	CHA	LAS	BAC	LIV	HAN	RVF	CON	HAN	LAS
LCS	CHA	LAS	CVD	RVF	HAN	ESM	BAC	SAC	LEP	LIV	BAC
LEP	LIV	SAC	SSS	HAN	RVF	SAC	CHA	CON	BAC	CVD	RVF
ESM	ESM	LCS	RVF	SAC	CHA	CHA	SBS	HOR	SBS	HOR	SBS
MMA	HAN	HAN	CON	ESM	ESM	BAC	RVF	HAN	HAN	CND	SCC
SCC	CVD	CND	HOR	CVD	LEP	HAN	SAC	LIV	LIV	SCC	CON
CND	HOR	LIV	HAN	CHA	CON	SSS	SSS	SBS	CVD	RVF	CVD
HOR	CON	MMA	SCC	HOR	SBS	RVF	LEP	MMA	ESM	SBS	LCS
SSS	RVF	SCC	SBS	SCC	SCC	CVD	LIV	LEP	HOR	SSS	SSS
LAS	LAS	SBS	LEP	CON	LCS	CON	ESM	LCS	CHA	SAC	ESM
CVD		LEP	ESM		MMA	HOR	LCS	LAS	LAS	ESM	MMA

S.D.S.S.A.A. CONSTITUTION

CONVENER ROTATION LIST – 2023-2024 (cont'd)

SPRING SPORTS

GYMN	Slo-P	Slo-P	Tennis	T&F	T&F	SOCC	SOCC
	Girls	Boys		Relay		Jr/Sr Boys	Girls
MSS	HAN	ESM	LEP	LCS	CVD	CON	LCS
CON	LEP	HOR	CVD	SSS	HAN	LIV	LEP
LIV	BAC	RVF	CON	SBS	RVF	LCS	SAC
LAS	ESM	SCC	HAN	HOR	CHA	LEP	SCC
HAN	MMA	SBS	CHA	BAC	SAC	SAC	SBS
SAC	SBS	LAS	SAC	HAN	LIV	CHA	CHA
BAC	SCC	LIV	LIV	RVF	LCS	CVD	CVD
ESM	CVD	SSS	BAC	SAC	LEP	RVF	RVF
SSS	HOR	LEP	SBS	LIV	LAS	ESM	ESM
CVD	RVF	LCS	ESM	ESM	SBS	HAN	HAN
RVF	CND	SAC	HOR	CHA	BAC	HOR	HOR
LCS	CON	CND	RVF	MMA	HOR	SBS	CND
HOR	SSS	CON	SSS	SCC	ESM	SCC	MMA
LEP	SAC	HAN	MMA	CVD	SCC	BAC	CONF
CND	LAS	CVD	SCC	CON	CON	CND	BAC
SBS	LCS	BAC	LCS	CND	MMA	SSS	LIV
MMA	CHA	CHA	LAS	LEP	CND	LAS	SSS
CHA			CND	LAS	SSS		LAS

ASSOCIATION CO-CHAIRMANSHIP

Lasalle Secondary	LAS
Lively District High	LIV
St Benedict Catholic Secondary School	SBS
Collège Notre-Dame	CND
Confederation Secondary School	CON
Lo-Ellen Park Secondary School	LEP
Sudbury Secondary School	SSS
Es Macdonald Cartier	ESM
Chelmsford VDCS	CVD
Bishop A. Carter CSS	BAC
Esc l'Horizon	HOR
Esc Champlain	CHA
Lockerby Composite School	LCS
Marymount Academy	MMA
Es du Sacré-Coeur	SAC
St Charles College	SCC

***Current convenerships indicated in bold and highlighted. "Vol" indicates convenership held by community volunteer not attached to a specific school.**

S.D.S.S.A.A. CONSTITUTION

ARTICLE VII - VOTING AND AMENDMENTS

1. VOTING

- 1-1 A straight majority vote shall pass or defeat any motion.
- 1-2 Voting on all matters shall be as follows:
 - a) General and Annual Meeting
 - Coed Schools - 2 votes (boys program, girls program)
 - All boys or all-girls school - 1 vote
 - Executive - 1 vote / member
 - Conveners - 1 vote each on matters and playing regulations concerning their sport.
 - b) Sport Committee Meetings
 - Each Team - 1 vote
- 1-3 No proxy votes shall be allowed.
- 1-4 In the event of a tie the presiding chairman shall cast the deciding vote.

2. QUORUM

- 2-1 General Annual Meeting - fifty percent of the member schools must be in attendance.
- 2-2 Executive Meetings - an executive quorum will consist of not fewer than four members.

3. ORDER OF BUSINESS

- 3.1 Review of minutes
- 3.2 Business arising out of minutes
- 3.3 Reading of communications
- 3.4 Bills and accounts
- 3.5 Notices-of-motions
- 3.6 Reports of committees
- 3.7 Unfinished business
- 3.8 New business
- 3.9 Adjournment

4. MEETING PROCEDURES

- 4.1 The conduct and procedure in all S.D.S.S.A.A. meetings shall be governed by standard, accepted parliamentary procedures.
- 4.2 A steering committee may be appointed for regular Association meetings and the Annual Meeting.

5. ANNUAL MEETING DATE

- 5.1 The Annual Meeting shall be held during the examinations in June. The date shall be confirmed by January 1st of the current school year.

S.D.S.S.A.A. CONSTITUTION

ARTICLE VII - VOTING AND AMENDMENTS (cont'd)

6. AMENDMENTS

- 6.1 All motions to amend the constitution must be submitted through a sport committee or the executive.
- 6.2 Notice-of-motions that are distributed to member schools at least one week prior to a regular or annual meeting of the association will require a majority vote of those present to pass.
- 6.3 Motions which are not distributed to member schools one week prior to the meeting shall require a two-thirds majority vote of the members present.

7. CHANGES TO PLAYING REGULATIONS

Changes to the Playing Regulations for the following season shall be presented the association meeting following the conclusion of the sport. Playing regulations approved at an association meeting will be updated and a copy will be sent to the convener to confirm that the changes have been made. Copies of the changed regulations will be distributed to member schools with the handbook updates in June.

Only when it can be determined that the season cannot proceed without a change to the playing regulations, they may be changed at a pre-season meeting with the approval of the athletic administrator and two executive members.

8. GUIDELINES REGARDING SPORT COMMITTEE MOTIONS

It is the policy of the Association and Executive to support the requests by the convener and coaches of a sport committee for technical changes applying to the organization and organization and operation of their sport. These policies are generally found in the Playing Regulations for each sport.

However, when requests for changes impact on the regulations and policies for all sports, i.e. constitutional items and budgets, it may be necessary for program leaders to modify or refuse the recommendations.

In order to expedite and simplify discussion re these procedures at our regular and annual meetings, the following guidelines are to be used when making a decision about sport committee and program leader jurisdiction (next page).

S.D.S.S.A.A. CONSTITUTION

ARTICLE VII - VOTING AND AMENDMENTS (cont'd)

ITEM	CATEGORY	SPORT CMTE	ASSOC
1. Eligibility	- general		X
	- sport specific	X	
2. Playing Regulations		X	
3. Officials		X	
4. Schedule	- start		X
	- finish	X	
	- play-off format		X
	- dates of games	X	
	- total # of games		X
5. N.O.S.S.A. Representation	- one team	X	
	- 2nd/3rd team	X	
6. Budgets	- to previous year amount	X	
	- above previous year amount		X
7. N.O.S.S.A. & O.F.S.A.A. notice of motions		X	X

S.D.S.S.A.A. CONSTITUTION

ARTICLE VIII - FINANCES

1. ASSOCIATION FEE

1-1 The Annual Association fee is required for the cost of:

- (a) Association organization and operation
 - Honoraria
 - Medallions
 - Additional and extraordinary costs.
- (b) Sport Committee organization and operation.
- (c) To cover losses incurred by the S.D.S.S.A.A. when hosting N.O.S.S.A. or O.F.S.A.A. events.

1-2 Each school's portion of the actual annual fee shall be determined as follows:

(a) Association Costs:

<u>School enrollment (Oct. 31st)</u>	X	Actual
S.D.S.S.A.A. enrollment (Oct. 31st)		Association Cost

(b) Sport Committee Costs:

The total of each schools sport committee costs as reported in the convener's financial statement.

(c) Sport Committee Budgets:

The Executive, in consultation with conveners, will draw up a template budget for each tournament sport (including cross country running, cross country relays, golf, gymnastics, alpine and nordic skiing, swimming, wrestling, girls' slo-pitch, track and field, track and field relays, tennis and badminton) that is to be presented to each convener prior to the pre-season meeting. Any expense over and above the items listed on the template must receive the approval of the Executive at a regularly scheduled meeting. The templates will be subject to review should relevant costs increase.

AMOUNT AND PAYMENT

1-3 The Treasurer/Athletic Administrator shall invoice each school for their share of the Association Fee by the second week in November of the current school year.

The amount due shall be equal to 100% of the previous year's actual fee plus an additional 5% or a percent as set at the previous Annual Meeting.

Overpayment or deficits will be applied to the fee for the next school year.

S.D.S.S.A.A. CONSTITUTION

ARTICLE VIII - FINANCES (cont'd)

A minimum of half of the Association Fee shall be due the first day of December of the current school year. The balance, if necessary, will be due March first of the current school year.

If a second payment is necessary the Treasurer will send another invoice to the schools involved. The invoices will be sent by the second week of January and will indicate the date deadline and the amount due.

PENALTY PAYMENT

- 1-4 Failure of a school to pay the required fees by the due dates will result in a 10% surcharge on the unpaid portion of the fees. The Treasurer/Athletic Administrator will notify the Principals and Co-Curricular Heads of the offending schools of the surcharge within two weeks of the fee payment being past due.

YEAR END REPORT

- 1-5 The treasurer shall submit a financial statement of actual costs including school debits and credits to the Annual Meeting or to the first regular Association meeting of the following year.

OFFICIALS' POOL

- 1-6 Officials' fees that are charged back for individual sports should be charged on a pro-rata basis, based on the number of athletes on the eligibility list.

2. AFFILIATION FEES

Schools from outside the membership of the SDSSAA that are permitted to participate in SDSSAA leagues will be charged an affiliation fee which may be calculated as follows:

Nominal fee (\$50) + Activity Fee (fee based on levels of participation)

Activity Fee will be calculated as follows:

$$\begin{array}{rcccl} \frac{\text{\#sports entered}}{\text{total \#sports offered by SDSSAA}} & \times & \frac{\text{school enrolment}}{\text{total school enrolment all SDSSAA schools + affiliates}} & \times & \text{total Associaton cost incurred from previous school year} \end{array}$$

S.D.S.S.A.A. CONSTITUTION

ARTICLE VIII - FINANCES (cont'd)

3. SIGNING OFFICERS

All disbursements shall be made over the signatures of the following persons:

- The Association Treasurer.
- Signing Officers.

4. PLAY-OFF AND CHAMPIONSHIP FUNDING

The S.D.S.S.A.A. is financially responsible for all play-offs and championship tournaments including N.O.S.S.A. and O.F.S.A.A. contests hosted by S.D.S.S.A.A. Losses will be covered by the Association and profits will be returned to the Association.

All revenues and expenses associated with the hosting of N.O.S.S.A. championships must be processed through the S.D.S.S.A.A. account.

SDSSAA will forward one payment of NOSSA entry fees on behalf of all participating member schools in support of individual sports including badminton, cross country running, wrestling, golf, alpine and Nordic skiing and track and field. The convener will be responsible to determine the NOSSA fees required and request a SDSSAA cheque from the treasurer. For team sports, schools will continue to be responsible for payment directly to the NOSSA convener unless requested to the SDSSAA treasurer otherwise.

The S.D.S.S.A.A. is responsible to cover any cost incurred from the provision of first aid support staff at Association-sanctioned competitions such as Cross Country Running, Skiing and the like.

5. COMPETITION/MINI-MEET AWARDS

All SDSSAA activities, individual and team, will be presented with gold and silver medals, with individual sports allowed to order ribbons to recognize 3rd to 8th place finishers.

Competitions or mini meets, leading up to and/or counting towards a SDSSAA championship, are directed to reward performances with ribbons or other items of similar cost, should the convener elect to present awards.

6. DISTRIBUTION OF SPORT COMMITTEE PROFITS

Sport Committee profits will be distributed in the following manner:

- 50% to Association general fund.
- 50% to be distributed as determined by the Sport Committee.

S.D.S.S.A.A. CONSTITUTION

ARTICLE VIII - FINANCES (cont'd)

Funding of association champions to N.O.S.S.A. and O.F.S.A.A. and repair of trophies are not to be considered regular sport committee costs, and therefore, may only utilize the sport committee 50% share of profits.

7. CONVENERS' HONORARIA

An honourarium will be paid by the treasurer to each convener upon receipt by the athletic administrator of the conveners report and minutes of the post-season meeting where applicable.

For league sports the amount of the honorarium will be based on the number of teams in the sport. For tournament sports the honorarium will be based on a fixed rate as shown in the chart below. Honoraria may be revised every two years.

Recommendations for changes should be submitted to the executive for discussion and approval at the June meeting.

CATEGORY	SEASON	SPORT	AMOUNT
League	All	All except boys hockey	\$20.00/team
League	All	Boys Hockey	\$25.00/team
League	All	Boys Senior Football	\$25.00/team
Tournament	Fall	Baseball – boys	\$100.00/season
Tournament	Fall	Golf	\$100.00/season
Tournament	Fall	Cross-Country	\$100.00/season
Tournament	Fall	Cross-Country Relays	\$100.00/season
Tournament	Winter	Badminton	\$150.00/season
Tournament	Winter	Gymnastics	\$125.00/season
Tournament	Winter	Swimming	\$125.00/season
Tournament	Winter	Ski – Alpine	\$125.00/season
Tournament	Winter	Ski – Nordic	\$100.00/season
Tournament	Winter	Snowboarding	\$100.00/season
Tournament	Spring	Junior Football	\$100.00/season
Tournament	Spring	Track & Field	\$175.00/season
Tournament	Spring	Track Relays	\$100.00/season
Tournament	Spring	Slo-Pitch – boys	\$100.00/season
Tournament	Spring	Slo-Pitch – girls	\$125.00/season
Tournament	Spring	Tennis	\$100.00/season

S.D.S.S.A.A. CONSTITUTION

ARTICLE IX - ELIGIBILITY

1. CONFLICT WITH NON-SCHOOL CLUBS

- 1-1 All competitors on secondary school teams will practice and compete exclusively with their high school team from the first official practice date until the competitor is eliminated from further S.D.S.S.A.A., N.O.S.S.A. or O.F.S.A.A. competition.
- 1-2 Competitors may practice and/or compete with a club team during this period only if it doesn't conflict with the school program and only if the high school coach gives his/her permission.

2. TRANSFER POLICY

- 2-1 All transfer students are ineligible for S.D.S.S.A.A. competition until approved by the Transfer Committee.
- 2-2 No student may play the same sport for more than one school in the same league in the same school year.
- 2-3 Membership will draw upon the current executive. The chair may enlist uninvolved, knowledgeable members of the association at large (ie. guidance counsellors, current or previous members of the committee, program leaders) to assist in rendering informed decisions. The transfer chair shall continue to be appointed at the June association meeting.

3. ATTENDANCE REQUIREMENT

- 3-1 For the first three years of high school, in a traditional school, a student must be registered in a minimum of six (6) full day school credit courses; in a semestered school, a school must be registered in a minimum of three (3) full day school credit courses in the semester in which he/she participates. After the third year of high school, a student must be taking four (4) non-semestered full day school credit courses over the school year or two (2) full day school credit course per semester.
- 3-2 Students are to be in attendance in each course appearing on their timetable on the day of a competition. Students absent from school are deemed ineligible and therefore unable to participate in competition. Regular SDSSAA eligibility sanctions apply should a non-attending player participate. Students excused by school administration are eligible to participate. Should a participant be determined to be eligible by school administration, protests will not be entertained.

S.D.S.S.A.A. CONSTITUTION

ARTICLE IX - ELIGIBILITY (cont'd)

4. ELIGIBILITY FOR PLAY-OFFS

A player must play in two regularly scheduled games for his/her school before he/she is eligible to compete in a play-off game of that league and age division. Games served under suspension do not count towards the two game minimum. Exceptions based on extraordinary circumstances must be forwarded in writing to the SDSSAA executive for a decision.

5. PLAYING IN A HIGHER DIVISION

5-1 A junior player who participates in more than one senior league competition will become ineligible for further junior competition in that sport for the remainder of the school year. The same rule applies to the midget division.

5-2 For this regulation the athlete will be ineligible for further competition at the lower level if he/she plays, dresses for the contest, or has his/her name on the scoresheet for more than one higher league competition.

6. SUSPENSION FROM SCHOOL

6-1 Expulsion or suspension from school will render the student ineligible for interschool competition until reinstated by the principal.

7. ELIGIBILITY LIST

7-1 Eligibility lists, signed by the principal and the physical education program leader, must be in the hands of the convener NO LATER THAN 4:00 P.M. OF THE SCHOOL DAY PRECEDING THE FIRST LEAGUE COMPETITION, OR AT A TIME DETERMINED BY THE CONVENER, WHICHEVER IS EARLIER. All games shall be forfeited until the list has been received by the convener.

Should the OFSAA Hub eligibility list system go off-line or experience technical difficulties of a sort that causes problems developing SDSSAA team lists as per constitutional requirement, schools will be permitted to use, in order of priority, the SDSSAA on-line eligibility list form and second, the old manual three-part form, until such time as the system returns to functionality. In such cases, the OFSAA Hub form is to replace the manual form and sent to convener and athletic administrator when completed.

7-2 Eligibility additions are required to be entered in the OFSAA Hub system, then the entire new list re-submitted with an asterisk manually entered beside the additions. All necessary signatures must appear on the new list.

S.D.S.S.A.A. CONSTITUTION

ARTICLE IX - ELIGIBILITY (cont'd)

7. ELIGIBILITY LIST (cont'd)

7-3 The OFSAA Hub eligibility list system will be adopted for all SDSSAA sports effective September 2021.

7-4 Schools are required to retain eligibility documents for a period of at least two years.

8. OVER-AGE PLAYERS

8-1 When it has been confirmed that an over-age player has participated (actually played) in a contest(s), all such competitions will be forfeited by the player's team.

9. OTHER INELIGIBILITIES

9-1 When it has been confirmed that a player is ineligible for reasons other than age, and that this player has participated (play, dress to play or have his/her name on the scoresheet – exception for curling: a student must throw a rock to be considered a participant) in a contest(s), all such competitions will be forfeited by the player's team.

9-2 When it has been confirmed by the board of reference that a student has been omitted from the eligibility list due to administrative error, no results or statistics will be impacted.

9-3 A player whose eligibility is questioned according to any of the rules of the Association, may be asked to appear before the Executive/Board of Reference for a hearing.

9-4 Second entries into the same sport and age group are prohibited unless otherwise specified in the sport's playing regulations.

10. PROFESSIONAL ATHLETES

10-1 Any professional athlete who is a bona fide student may play for his/her school in any sport other than that for which he/she is a professional.

11. AGE CLASSIFICATIONS

For the 2023-2024 school year, age groups will be comprised of boys and girls with the following birthyears:

Novice > born in 2009 or later (students may compete in this category for one year only in grade 9)

Junior > born in 2008 or later

Senior and Open > born in 2004 or later

S.D.S.S.A.A. CONSTITUTION

ARTICLE IX - ELIGIBILITY (cont'd)

12. EXCEPTIONS TO AGE CLASSIFICATIONS

Applications for exemption from the eligibility guidelines may be made providing the following conditions are met:

- (i) the submission must be made to the Executive at least 2 weeks preceding the start of the season, or, at least one week prior to a regularly scheduled Executive meeting hosted during the school year
- (ii) the application must be accompanied by a copy of the student's timetable
- (iii) the application must be accompanied by a letter of support from a school administrator

Exceptions will be considered to move one (1) age group only. Cases will be considered on a sport-by-sport basis. The Executive will decide upon the exceptionality of each case and the decision rendered will be final with no right of appeal."

13. REGULATIONS REGARDING AGE CLASSIFICATION

13-1 It is the policy of the S.D.S.S.A.A. that a player competes at his/her age classification.

13-2 Exceptions to this policy may be that:

- (a) A school does not compete in the age classification.
- (b) The competitor is in his/her graduating year.
- (c) A senior team has an insufficient number of players (refer to Item 2-11.3).
- (d) The player is capable of playing in an older and stronger league.

13-3 A player declares himself/herself as a midget, junior or senior when he/she participates at one of these levels in the first league competition. The competitor should remain at this level for the duration of the season including play-offs.

13-4 Student athletes are eligible for one team per sport that is offered by SDSSAA, notwithstanding existing regulations pertaining age classifications Article 9, Section 13-3.

14. OFSAA ELIGIBILITY

Unless otherwise indicated in these regulations, for all sports leading to OFSAA championships, SDSSAA will return to OFSAA rules for all matters pertaining to student-athlete eligibility.

15. SCORESHEET USE

All SDSSAA team sports must employ a game sheet in support of all league games and playoffs.

16. RECRUITING POLICY

Effective September 2016 SDSSAA will adopt a modified OFSAA recruiting policy, attached as appendix "C".

S.D.S.S.A.A. CONSTITUTION

ARTICLE X - S.D.S.S.A.A./O.F.S.A.A. TRANSFER POLICY PROCEDURES

1. TRANSFER POLICY

All transfer students are ineligible for S.D.S.S.A.A. competition in all sports except flag football and slo-pitch and any non-relegation team sport where the school selects its division of choice and is as a result not eligible for N.O.S.S.A. or O.F.S.A.A. play, until approved by the S.D.S.S.A.A. Transfer Committee. Refer to item 5 below (Approval Procedure). The four categories under which a student may be ruled eligible for competition are listed in Part C of the Transfer Appeal Form.

2. STUDENT RESPONSIBILITY

All students transferring to another school must complete Parts A, B and C of the S.D.S.S.A.A./O.F.S.A.A. Transfer Appeal Form. It is strongly recommended that this be completed prior to leaving the school. The student must take the form to the Principal and the Co-Curricular Physical Education program leader so that they can sign and complete Part D. Students who do not complete this form prior to transferring may jeopardize their athletic eligibility at the new school.

3. PROCEDURES - OUTGOING SCHOOL

3.1 The outgoing principal or the principal's delegate and co-curricular department head are requested to sign Part D of the form and to indicate their acceptance or non-acceptance of the rationale for transfer. If the rationale is not accepted, the reason(s) should be entered in the comments section or attached to the form.

Principals are requested to confirm:

- 1) That the change of residence is permanent (if applicable).
- 2) That category 'd' requests are correct.

Co-Curricular program leaders are requested to confirm:

- 1) The sports played during the 12 months prior to transfer.
- 2) That the school or coach has no reason to object to this student competing next season.

3.2 A copy of the completed form should be retained in the physical education office for one year.

3.3 If completed prior to departure from former school, the form should be attached to the official school transfer forms that the student presents to the Principal of the new school.

4. PROCEDURES - RECEIVING SCHOOL

4.1 When the principal or the principal's delegate of the moving school signs the form, he/she will be confirming that the rationale relating to a change of course/program or change of permanent residence is correct.

4.2 The Appeal Form should then be submitted to the co-curricular program leader.

4.3 The Co-Curricular program leader will submit all requests for transfer eligibility to the Athletic Administrator by the end of the second week of school in September or upon receipt of the appeal form when the student transfers during the year.

S.D.S.S.A.A. CONSTITUTION

ARTICLE X - S.D.S.S.A.A./O.F.S.A.A. TRANSFER POLICY (cont'd)

5. APPROVAL PROCEDURE

- 5.1 The Athletic Administrator will review and approve, if appropriate, the category 'a', 'b' and 'd' (i) requests, as well as requests for eligibility in sports that do not advance to N.O.S.S.A./O.F.S.A.A.
- 5.2 The Transfer Committee will review and approve, if appropriate, category 'c', 'd' (ii), (iii), (iv), (v) or (vi) requests that have outgoing principal and program leader approval and meet the conditions established by O.F.S.A.A. and the local transfer committee. These reviews will be scheduled to coincide with O.F.S.A.A. hearing dates.
- 5.3 All other requests will be handled by the committee at one of three scheduled meetings. These dates will be approved at the June Association meeting.
- 5.4 The documents listed below will be required to support transfer applications that: (i) do not receive outgoing school support, or, (ii) fall under category 'c', 'd' (ii), (iii), (iv), (v) or (vi). A hearing may be called to review documentation if deemed necessary. The student requesting eligibility may be required to attend this meeting and may be accompanied by his program leader, coach or parent if deemed necessary.

DOCUMENTATION REQUIRED TO SUPPORT APPEALS DESCRIBED ABOVE:

<i>Applying Under</i>	<i>Timetable</i>	<i>Transcript</i>	<i>Court Order</i>	<i>IPRC Letter</i>	<i>Letters of Explanation or Support</i>	<i>Proof of * Guardianship</i>	<i>Proof of Residence See Note 9</i>
Section (a) (i)						X	X
Section (a) (ii)						X	X
Section (a) (iii)	X	X					
Sect (b) (i)-(iii)	Confirmation from official at previous school of sports played.						
Section (c) (i)	X	X		X			
Section (c) (ii)	X	X			X		
Section (d) (i)	X	X			X		
Section (d) (ii)	X	X	X		X	X	X
Sect (d)(iii)-(vi)	X	X			X		

* if applicable (court document required). Any other pertinent documents are welcome.

S.D.S.S.A.A. CONSTITUTION

ARTICLE X - S.D.S.S.A.A./O.F.S.A.A. TRANSFER POLICY (cont'd)

5. APPROVAL PROCEDURE (cont'd)

- 5.5 After a decision has been rendered by the SDSSAA transfer committee, the Athletic Administrator will fax it to the program leader by the day after receiving the request or the day after the meeting.
- 5.6 The program leaders from both schools involved with the transfer have the right to be present at a transfer appeals so that all perspectives may be considered.
- 5.7 Requests to sign outgoing transfer application forms, where applicable, should be honoured within three school days of receipt. If after this time, the signed forms have not been received by the incoming school, they may request that the Athletic Administrator or the SDSSAA transfer committee chairperson intercede on their behalf. If the reasons provided for the delay are not germane to the category of transfer selected, then the athletic administrator may process it without delay in accordance with transfer committee guidelines.

6. DISTRIBUTION OF ELIGIBILITY SUMMARY

- 6.1 The Athletic Administrator shall maintain a summary list of all transfer requests. This list will be circulated to all Co-Curricular Program Leaders at each of the S.D.S.S.A.A. Association Dinner meetings, and will be updated regularly on the S.D.S.S.A.A. website.
- 6.2 A copy of all S.D.S.S.A.A./O.F.S.A.A. Transfer Appeal Forms and documentation will be kept on file in the Athletic Administrator's office for a period of two years.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XI - BOARD OF REFERENCE/PROTESTS

1. DUTIES OF THE BOARD OF REFERENCE

1-1 To rule on protests relating to the Constitution and Playing Regulations.

1-2 The rule on the ejection of players:

- (i) if requested by the convener and athletic administrator,
- (ii) when the program leader appeals the decision of the convener and athletic administrator

1-3 To administer penalties if they deem it advisable and, to direct coaches and other school officials on such occasions.

1-4 To rule on Level II coach ejections. Level I coach ejections may be dealt with by the convener and athletic administrator.

Level I ejections - no foul language involved, coach compliant with official's directives, leaves competition area without delay, no recommendation for further action from official involved.

Level II ejections - use of foul or inappropriate language, argument escalates/continues after ejection, delay leaving competition area, recommendation for further action from official.

1-5 School administrators, Principals and Vice-Principals, are to receive copies of all ejection notices. They, in cooperation with the Program Leader, are encouraged to proactively manage all student conduct and, where they feel it necessary, intervene prior to the application of SDSSAA regulations.

1-6 To meet with students under the following circumstances, unless otherwise indicated in the sport playing regulations:

- (a) upon recommendation from convener and/or athletic administrator, or,
- (b) after second game ejection in all sports except hockey, third game ejection for hockey
- (c) Any multiple game suspension incurred in any sport in the last game of contention will result in an automatic board of reference hearing.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XI - BOARD OF REFERENCE/PROTESTS (cont'd)

1. DUTIES OF THE BOARD OF REFERENCE (cont'd)

1-7 To deal with protests/clarifications such as:

- (a) an official incorrectly enforces a rule or enforces a non-existent rule (this does not include rule interpretation) which results in a significant advantage or disadvantage.
- (b) a serious matter which determines the outcome of a game.
- (c) to request a clarification of:
 - 1. An issue not covered by the Constitution or Playing Regulations.
 - 2. Constitution or Playing Regulations which are ambiguous.

1-8 BoR appeals will not be permitted based on officials' discretionary calls.

1-9 Without permission of the chief official, SDSSAA will not accept video review as a means to reverse officials' decisions or challenge competition outcomes.

2. BOARD OF REFERENCE MEMBERS

2-1 Any sitting member of the executive not directly involved in the incident, except the athletic administrator.

2-2 A quorum shall consist of three or more members. If quorum cannot be reached, membership will extend to program leaders not directly involved in the incident.

2-3 Members of the board of reference will remain anonymous until the date of hearing.

3. PROCEDURES

3-1 The complainant, or the program leader of the school involved, must contact the coach or program leader of the other school involved to express the concern within two school days following the date of the disputed incident. At this stage, the concern may be expressed in the form of a phone call or an email.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XI - BOARD OF REFERENCE/PROTESTS (cont'd)

3. PROCEDURES (cont'd)

- 3-2 If the complainant is not satisfied with the outcome of step 3-1, then he/she must contact the convener involved. The convener will then contact the program leader of the school involved to advise of the concern, and attempt to arrive at an effective and efficient solution to the issue.
- 3-3 If at this time the complainant or convener is not satisfied with the outcome of step 3-2, then the convener is to request that the concern be placed in writing (if not so already). A form is available for this purpose and is attached to this policy. This written concern must be signed by the complainant, as well as his/her program leader and administrator. Once received, this written concern is to be forwarded to an administrator of the school involved to advise of the concern, and attempt to arrive at an effective and efficient solution to the issue.
- 3-4 If at this time the complainant or convener is not satisfied with the outcome of step 3-3, the convener shall contact and forward all written information to the athletic administrator, who at this point can contact the school involved or take the matter to the board of reference chair. At this stage, the board of reference chair and/or athletic administrator can:
- (i) refer the matter to an upcoming meeting of the SDSSAA executive, or,
 - (ii) refer the matter to a board of reference hearing.

Note: a complainant may not proceed to step 3-4 without evidence provided that the outgoing school program leader and administrator supports the concern

Note #2: Decisions rendered under items (ii) and (iii) above are to be considered final and binding and not subject to appeal.

Note #3: Any complaint that is brought forward without following the procedure outlined above will be immediately ruled out of order and will not be discussed again until the proper procedure is followed.

4. HEARINGS

- 4-1 Board of reference hearings shall be arranged by the athletic administrator via email, fax or phone, who may request coaches, players or officials to be present.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XI - BOARD OF REFERENCE/PROTESTS (cont'd)

4. HEARINGS (cont'd)

4-2 A hearing may consist of the following parties:

<u>COMPLAINANT</u>	<u>RECEIVING PARTY</u>	<u>OTHER</u>
Coach	Coach	Convener
Program Leader	Program Leader	Official
Student/Legal Guardian	Student/Legal Guardian	Unbiased, knowledgeable 3rd party
Administrator	Administrator	(at discretion of chair)

4-3 School administration will be encouraged to attend a board of reference hearing. Should a school administrator be unavailable to attend a board of reference hearing, they will be asked to make themselves available to answer a question prior to the board of reference via email or phone conversation with a member of the board of reference.

4-4 Chairmanship shall fall to the following executive members in order of decreasing priority:

- (a) BoR Chair (VP's rep)
- (b) One of four principal reps on executive
- (c) Current SDSSAA Co-Chair
- (d) Past SDSSAA Co-Chair

4-5 A fee of \$50.00 must accompany each protest (if applicable). If the decision is in favour of the protesting school the \$50.00 will be returned, otherwise it will be placed in the Association treasury.

4-6 Hearings shall follow the procedures indicated in Appendix "B" (attached).

4-7 Copies of information to be considered by Board of Reference committees will only be shared with school personnel as the direct representatives of SDSSAA. It will be their responsibility to forward information to coaches as they deem fit respecting issues relating to confidentiality.

5. FEEDBACK

Parties affected by BoR decisions may provide feedback to the acting BoR Chair under the following conditions:

- (a) that it is in writing,
- (b) that it has been signed by the school program leader and administration, and,
- (c) that it has been received not more than two school days following the date that the original decision was rendered.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XI - BOARD OF REFERENCE/PROTESTS (cont'd)

5. FEEDBACK (cont'd)

In the event that submissions are received outside the window described above, the contents will be declared out of order and the author may face additional disciplinary measures from the SDSSAA. It should be made clear that the purpose of the feedback process is to allow the BoR to consider changes in the way future cases are considered so as to improve its effectiveness, not to re-open decisions already taken which would constitute a violation of the SDSSAA constitution.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XII - UNSPORTSMANLIKE CONDUCT

1. CONTRAVENTION OF REGULATIONS

In the event that a school (students or coaches) contravenes the S.D.S.S.A.A. Playing Regulations or Guidelines, the school or participants involved may be suspended from competition by the Board of Reference.

2. COACH BEHAVIOUR

2-1 Coaches who are guilty of criticizing their league officials whether the criticism is to him/her in person or in public, or are guilty of unsportsmanlike conduct, are open to censure from this Association and are liable to this Association for their behavior while acting as a coach.

2-2 Officials are required to report any misconduct on the part of the coach to the Athletic Administrator and/or convener and such coach may be asked to appear before the Board of Reference and the Board shall take any action they deem necessary. A form entitled "Officials' Report on Teams and Game Conditions" is available for this purpose.

3. PLAYER OR COACH EJECTION

Any player or coach ejected from a game for unsportsmanlike behaviour shall be automatically suspended from future participation in interschool sports until a ruling is made by the convener and/or athletic administrator. If necessary, the convener and/or athletic administrator may refer the matter to the board of reference.

Players under suspension may not: (i) access competitive areas, or, (ii) interact with game officials. At the school's discretion, players under suspension may attend games as a spectator and attend team practices.

Coaches under suspension may not: (i) access competitive areas, (ii) interact with game officials, (iii) provide any coaching direction to players or fellow coaches during a game, or (iv) launch a protest or express a formal concern about a game official. At the school's discretion, coaches under suspension may attend games as a spectator and coach their team at practices.

NOTE 1: When a coach is ejected, the game must be defaulted unless a school representative is available to replace the coach.

NOTE 2: If the athlete/coach is involved with more than one sport coincidentally, how the original suspension applies to the second or subsequent sport will be decided on a case-by-case basis by the SDSSAA board of reference. The terms of the original suspension are not subject to change.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XII - UNSPORTSMANLIKE CONDUCT (cont'd)

4. EJECTION PROTOCOL

Whenever an official is required to eject an athlete or coach from a contest, the following protocol must be followed (except where sport playing regulations are more specific or restrictive):

- 4.1 Within the rules of the sport, announce the ejection by making eye contact with the player or coach. Do not make physical contact with the individual. Eye contact can be made from a distance of twenty feet, but should not require an official to be closer than six to ten feet from the individual.
- 4.2 Request the player to go immediately to the bench and to the head coach.
- 4.3 One game official will go to the sidelines, make eye contact with the head coach and announce that the player (identify by number or lane or some other accepted method) has been ejected from the contest and state the reason.
- 4.4 Unless players create a disturbance, they must remain on the bench.
- 4.5 The ejection of a coach requires that the official approach the coach, announce the ejection to the coach and request that the coach leave the competition area such that no visual or verbal contact may be made with players, officials or spectators. In addition, the official must ask which coach or school representative will function as the head coach in the ejected coach's absence.
- 4.6 Officials are reminded that only designated school staff representatives may act in the place of the head coach (Article XII, Item 3).
- 4.7 The ejected coach shall leave the competition area. An ejected coach may not be allowed to become a spectator.
- 4.8 Following the contest, an official shall contact the Athletic Administrator or Chief Official to advise of the ejection. The coach must inform the Principal and Program Leader of the ejection. All reports detailing ejection circumstances must be forwarded in writing (using the appropriate sport-specific forms wherever applicable).
- 4.9 The Athletic Administrator and Convener shall decide on the length of the suspension or hold a hearing which must be attended by the ejected person(s). A written report must be provided before a decision will be rendered.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XII - UNSPORTSMANLIKE CONDUCT (cont'd)

4. EJECTION PROTOCOL (cont'd)

4.10 A written decision detailing the length of suspension applicable to each ejection will be faxed to the Principal, Chief Official, Program Leader and Coach from the Athletic Administrator's office. In cases where the suspension is of two games or more in duration, the Principal of the offender's school shall be requested to respond to the ejection report with whatever action has been taken by the school related to the incident.

5. UNACCEPTABLE LANGUAGE

Swearing and/or abusive language and/or improper gestures to an official shall result in immediate suspension from the game.

6. NOISE MAKERS

Noise makers should not be tolerated at any indoor S.D.S.S.A.A. sponsored activity. This does not preclude the involvement of a school musical group under staff supervision. Problems should be referred to the convener for a decision.

7. COACH AND OFFICIALS GAME REPORTS

Coaches Game Reports: Coaches are encouraged to submit their complaints regarding officiating to the athletic administrator. Each department has a form "Team Report on Officials" for this purpose (Page 7.2 in forms section of the handbook). Explanations and recommendations, when applicable, will be returned to the coach as soon as possible.

COACHES ARE REQUESTED NOT TO DISCUSS GAME CONCERNS WITH OFFICIALS IMMEDIATELY FOLLOWING THE COMPETITION.

8. CEREMONIES PROTOCOL

All Championship Finals provide an opportunity to demonstrate sportsmanship and respect for all involved. All players, coaches and team personnel are expected to participate in all awards presentations, and remain until their conclusion. Failure to do so will result in a board of reference hearing.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XIII - SCHEDULING

1. SCHEDULE REQUIREMENTS

The convener shall present a draft schedule (according to guidelines) to the pre-season meeting for review and revision by the coaches. The revised schedule must be in the hands of the athletic administrator by the next day.

2. CHANGES TO SCHEDULE

- 2-1 Schedule revisions may only be made at the pre-season meeting of each sport. Any changes made after the pre-season meeting will be assessed a \$25 rescheduling fee to the requesting school. Exceptions will include snow days or any event/reason as approved by the convener.
- 2-2 Game changes may only be made under the following conditions:
 - the other coach must be in agreement
 - the Athletic Administrator and/or convener has approved the change to ensure officials' coverage is in place
- 2-3 In the event that sufficient notice has not been given or adequate officials are not available for the date of the rescheduled game, then the team requesting the change must play the game as scheduled or forfeit the game.
- 2-4 Participating schools that do not have a representative (coach or designate) at each sport committee pre-season and post-season meeting will lose their right to make any changes to the schedule after it is drawn, unless contact is made with the convener before the pre-season meeting.
- 2-5 Should the coach feel that conditions warrant a change, he/she can appeal to the Athletic Administrator for a Board of Reference hearing.
- 2-6 In the event of a system-wide school closure, all association scheduled competitions shall be cancelled automatically. The convener should notify the referee-in-chief immediately. The competition shall be rescheduled where possible.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XIII – SCHEDULING (cont'd)

- 2-7 In the event that school buses are pulled off the road due to weather conditions, and students cannot be transported to school for school opening or from school at regular closing, all sports events will be cancelled and rescheduled at a later date. Conveners shall notify coaches and the referee-in-chief immediately.

Under special circumstances and with approval of both teams, school administration and the convener, games can be allowed to proceed if deemed safe to do so. In such cases, notification must be provided to the convener or athletic administrator that agreements have been reached not later than 11am on game day.

3. INTENTION TO PARTICIPATE

- 3-1 Each school must indicate at the Annual Meeting its decision to participate in a league sport during the next season.
- 3-2 This **intention must then be confirmed** prior to the season as requested by the convener but not later than the Friday prior to the pre-season sport committee meeting. This confirmation is a school responsibility.

4. LATE ENTRY

A school which wishes to enter a league after the schedule has been drawn up must receive approval of the Executive and will be assessed a \$50.00 late entry fee, part of which may be awarded to the convener by the Executive. **Ordinarily a late entry request is not granted.**

5. DROPPING OUT OF LEAGUE

A school that drops out of league competition after the schedule has been drawn-up will be required to pay a \$200.00 penalty. The Executive will determine the amount to be awarded to the convener as payment for the extra work required in redrawing the schedule. The remaining part of the penalty fee, if any, will be deposited in the Association's treasury. The Executive may waive the fee upon recommendation from the Convener involved.

Schools that drop out of a league sport (that has officials' costs) will be charged half of their school portion of the officials' fees if they took part in any league games, and a full portion of officials' fees if they took part in more than half of the league games. All other penalties remain in effect.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XIII – SCHEDULING (cont'd)

6. GAME FORFEITURE

- 6-1 In the event that a game is forfeited or a team cancels within 48 hours of game time, all expenses resulting from the forfeiture shall be the responsibility of the forfeiting team.
- 6-2 In addition to item 6.1 above, a team that forfeits a second game will be subject to a \$50.00 fine and will be required to submit to the convener a \$25.00 per athlete bond in order to re-enter the league in the future. The eligibility list will be used to determine the number of athletes. If the team fails to compete in all scheduled games in the next season, the bond will be forfeited and placed in the sport committee account, otherwise the bond will be returned to the school.

7. NUMBER OF GAMES PER WEEK

The maximum number of games allowed per team, schedule length and play-off structure shall be in accordance with the Sports Scheduling Guidelines (Page 34). Revisions must be submitted from the Sport Committee and receive the endorsement of the S.D.S.S.A.A. Executive before being forwarded as motions to the general meeting in June. (It is understood that the Principals' Representatives from both Schools Boards will have the opportunity to present revisions to their respective Associations before endorsement by the S.D.S.S.A.A. Executive. It is also understood that all Program Leaders will be attendance at the June meeting so that every school is aware of the proposed change).

8. DECLARING UP TO A HIGHER CLASSIFICATION FOR NOSSA COMPETITION

If a team wishes to declare up in a category, they must notify (in writing) the league convener and to the Athletic Administrator. The conveners will notify all teams in their division of any declarations. This declaration must be received by 4pm one (1) week prior to the scheduled tie-breaker date. Junior and senior teams may declare independently of each other. Further to this process, specific declaration of NOSSA entries for sport specific playing regulations may be implemented.

9. SANCTIONING OF NEW SPORTS

- 9-1 New sports will become official Athletic Association activities when the following conditions have been met:
- a) a convener is selected.
 - b) a set of playing regulations, a schedule (including play-offs) and a financial estimate are accepted at either a General or the Annual Association Meeting.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XIII – SCHEDULING (cont'd)

9. SANCTIONING OF NEW SPORTS (cont'd)

- 9-2 Official costs for new sports shall be charged back to participating schools.
- 9-3 When the sport has been established, the convener can apply to the Athletic administrator for access to official pool funds.
- 9-4 The Executive will establish the honorarium for the new sport.

10. PLAY OFFS

- 10-1 A sport committee can choose to utilize non-school facilities such as Laurentian, Cambrian, Delki Dozzi for play offs.

As well, the Sport Committee can designate specific school sites for play-offs i.e. a volleyball round robin at the specified school or a midget, junior, senior basketball final at the home of the higher place senior team.
- 10-2 No more than six teams may advance to the playoff round. The structure will be: 1st & 2nd receive a bye, 6th will play 3rd, 5th will play 4th.

11. COMMITMENT TO PARTICIPATE AT NOSSA

Schools will be required to attend the NOSSA championship as determined by SDSSAA playoffs in that sport and age group, or find a replacement if they determine they cannot attend. Failing that, the school will be required to pay withdrawal fees as defined by NOSSA. Where sport playing regulations allow teams to select their NOSSA category following city finals, teams must inform the convener of their intentions within thirty minutes of the completion of the championship game. If no decision is forthcoming, the convener shall decide.

12. CHALLENGE MATCHES

Each team sport will be limited to a single challenge game in each division to decide the issue of NOSSA representation, where teams of same classification are entered in different divisions.

13. REPORTING OF RESULTS

The winning team (home team in case of tie) shall be responsible to update the results to the on-line results site immediately following the game. The home team is responsible to submit the game sheet to the convener.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XIII - SCHEDULING (con't)

14. PROCEDURE TO HOST AN O.F.S.A.A. CHAMPIONSHIP

14-1 Request Procedure

The prospective O.F.S.A.A. convener must submit a written request to the executive which shall include the following information:

- a) Day and dates of competition
- b) A list of the committees required
- c) An estimate of the number of teachers required for each day.
- d) An estimate of income and expenditures
- e) Indicate whether this is a guaranteed championship or a bid
- f) Committee Members:
 - Convener or Co-Conveners
 - Principals' representative(s)
 - Athletic Administrator
 - Committee chairpersons - from both Boards

14-2 Approval Process

- a) The Principals' representatives will request approval from the Principals' Associations and notify the Directors' of Education
- b) Once approved, the athletic administrator will place a notice of motion on the agenda of the next association meeting.
- c) If the motion is passed, it will be submitted to N.O.S.S.A. and the O.F.S.A.A. office.

14-3 Host Team at Locally Hosted O.F.S.A.A. Championship

When SDSSAA hosts an OFSAA team sport championship, the organizing committee, at its first duly convened meeting, will decide how the host entry to the championship will be decided. If the identified host team also wins the NOSSA championship in this classification and advances to OFSAA as the NOSSA rep, then the next highest placing team considering playoff results first, then the regular season if necessary, will become the host team. [When the OFSAA hosting responsibilities are shared between two SDSSAA schools, if one of the two hosting schools wins NOSSA, then the other hosting school will be entered into the OFSAA event as the host team.](#)

S.D.S.S.A.A. CONSTITUTION

ARTICLE XIV - SPONSORSHIP - UNIFORMS

1. A player must compete in a uniform representative of his/her school colours as set down by the S.D.S.S.A.A. Constitution, Article XV, Page 34 - School Colours, Team Name, Classification.
2. The uniform must conform to uniform regulations as outlined in the applicable rulebook or as amended in the playing regulations.
3. The first colour to be specified on the S.D.S.S.A.A. school colours chart (Article XV) is the primary colour of team uniforms, and the second and third colours be the secondary colours of team uniforms.

Where conflicts arise, the visiting team will be required to make appropriate accommodations to avoid the conflict.

This policy will be in effect for all team sports other than curling and volleyball.

4. The uniform sponsorship policy shall adhere to the current O.F.S.A.A. uniform sponsorship guidelines and be included in article 5 of this section.

Failure to abide by these regulations will result in contravention of regulations and a board of reference meeting.

The intent of the regulation is to prohibit individuals and/or teams from advertising for sponsors on uniforms and equipment.

5. S.D.S.S.A.A. Uniform Sponsorship Policy

All competitors are expected to dress for S.D.S.S.A.A. league and playoff games in uniforms that are neat, clean, conform to uniform requirements outlined in the Sport Committee Playing Regulations, and which maintain the integrity of the School's/Association's name, colours and logos. No sport club insignia on uniforms shall be permitted. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi-sport programs.

A uniform is defined as a top, a bottom, warm-up T-shirt and a track suit.

Student-athletes must remain fully clothing in appropriate team uniform in the competitive area, and, use the designated locker room or change area to change to and from competitive attire.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XIV - SPONSORSHIP – UNIFORMS (cont'd)

Commercial Sponsorship Criteria

Commercial sponsorship may be recognized on athletes' uniforms at S.D.S.S.A.A. league and playoff games provided the following criteria is met:

- > the product and/or service provided by the sponsor must be commensurate with the philosophical practices and policies of the S.D.S.S.A.A., the school, the Association and the local Board of Education;
- > only the same singular sponsor may be recognized on a team's set of uniforms; the manufacturer of the uniform may be recognized as the sponsor. If the manufacturer is not the sponsor, then the manufacturer's logo must be displayed very discreetly (i.e. smaller than 64 sq. cm. and not longer than 10cm.)
- > these criteria must be met both on and in the immediate vicinity of the competitive area.

Commercial Sponsorship Placement Guidelines

- > **Singlets/Vests/Jerseys**
Where uniform tops have sleeves, recognition of the sponsor must appear on one of either the left or right sleeve. The maximum area to be covered by the advertising on the sleeve is 64 sq.cm. (maximum length 10 cm.). Uniform tops without sleeves may display sponsorship on the left or right breast of the uniform top. The maximum area to be covered by the advertising on the uniform top without a sleeve is 24 sq.cm. (maximum length 8 cm.).
- > **Shorts/Bottoms**
One piece of advertising, similar in nature to that permitted on the top of the uniform, will be permitted on the left or right thigh. The maximum area to be covered by the advertising on the shorts/bottoms is 64 sq.cm. (maximum length 10 cm.).
- > **Warm-Up T-Shirts/Track Suits**
The permitted advertising on warm-up T-shirts and track suits will conform to the criteria for uniform tops and bottoms. Schools may choose whether to recognize sponsors on the sleeve or breast area of the uniform top. If the manufacturer's logo is discrete (i.e. smaller than 64 sq.cm. and not longer than 10 cm.), then the sponsor's name may be displayed on the warm-up T-shirt and/or track suit.

Failure to abide by all aspects of this Section may result in forfeiture.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XV SCHOOL COLOURS, TEAM NAME, CLASSIFICATION

PUBLIC SCHOOLS	CLASS	TEAM NAME	COLOURS
Chelmsford (CVD)	'A'	Flyers	Blue/White
Confederation (CON)	'A'	Chargers	Green/Gold/White
Rivière-des-Français (RVF)	'A'	Muskies	Red/White/Black
Hanmer (HAN)	'A'	Sabres	Orange/Navy Blue
Lasalle (LAS)	'AA'	Lancers	Orange/Black/White
Lively (LIV)	'A'	Hawks	Black/White/Gold
Lockerby (LCS)	'A'	Vikings	Forest Green/Gold
Lo-Ellen (LEP)	'AA'	Knights	Purple/White/Gold
Macdonald-Cartier (ESM)	'A'	Panthers	Red/White/Blue
Sudbury Secondary (SSS)	'A'	North Stars	Blue/White/Red
CATHOLIC SCHOOLS	CLASS	TEAM NAME	COLOURS
Bishop Alexander Carter (BAC)	'A'	Golden Gators	Gold/Navy/White
Esc Champlain (CHA)	'A'	Requins	Red/Black
ES Sacré-Coeur (SAC)	'A'	Griffons	Silver/Blue/White
Esc l'Horizon (HOR)	'A'	Eagles	Green/Black/White
Collège Notre-Dame (CND)	'A'	Alouettes	White/Navy Blue
Marymount Academy (MMA)	'A'	Regals	Navy Blue/Burgundy/White
St. Benedict Catholic (SBS)	'A'	Bears	Sky Blue/Navy/White
St. Charles College (SCC)	'AA'	Cardinals	Cardinal Red/Grey

PLEASE NOTE: The first colour to be specified on the S.D.S.S.A.A. school colours charts is the primary colour of team uniforms, and the second and third colours be the secondary colours of team uniforms.

Where conflicts arise, the visiting team will be required to make appropriate accommodations to avoid the conflict.

Changes to these colours must be approved at a duly convened meeting of the S.D.S.S.A.A.

S.D.S.S.A.A. CONSTITUTION

ARTICLE XVI LEAGUE SPORT SCHEDULE GUIDELINES

SPORT	CONFIRM	COMPETITION DAYS						# WKS			MAX	START/FINISH DATES			PLAYOFF
	DATE	M	T	W	T	F	S	RR	PL	TOT	GMS	SS	ES	EP's	FORMAT
BB Girls - Jr & Sr	2 nd Mon - Sept	X	X	X	X		*	9	1	10	14	3rd Wed - Sept	1st Fri - Nov	2nd Fri - Nov	Art XIII, 12-2
BB Girls – Mid	2 nd Mon - Sept	X	X	X	X	X	X	7	1	8	8	3rd Wed - Sept	1st Fri - Nov	2nd Fri - Nov	Art XIII, 12-2
Baseball – Boys	2 nd Mon – Sept	X	X	X	X	X	X	6	1	7	8	3 rd Wed – Sept	3rd week – Oct	End Oct	Art XIII, 12-2
Football – Jr/Sr Boys	June Meeting		X		X	X	*	6	1	7	8	2nd Tue - Sept	4th wk - Oct	#2nd wk - Nov	Art XIII, 12-2
Football - Girls	2nd Mon-Sep		X	X				7	1	8	9	3rd Tue - Sept	End Oct	1st Thu - Nov	Art XIII, 12-2
VB Boys - Mid	2nd Mon-Sep	X	X	X	X			6	1	7	6	3rd Wed - Sept	1st wk - Nov	2nd Fri - Nov	Art XIII, 12-2
VB Boys - Jr & Sr	2nd Mon-Sep	X	X	X	X			6	1	7	16	3rd Wed - Sept	1st wk - Nov	2nd Fri - Nov	Art XIII, 12-2
BB Boys - Jr & Sr	2nd Fri - Oct	X	X	X	X	X		10	1	11	18	3rd Wed - Nov	3rd Fri - Feb	Last Fri - Feb	Art XIII, 12-2
BB Boys - Mid	2nd Fri - Oct	X	X	X	X	X		10	1	11	14	3rd Wed - Nov	3rd Fri - Feb	Last Fri - Feb	Art XIII, 12-2
Curling - COED	3rd Fri - Oct	X	X	X	X	*		10	1	11	12	3rd Wed - Nov	3rd Fri - Feb	Last Fri - Feb	Bonspiel
Hockey - Boys	1st Mon - Oct	X	X	X	X	X	X	10	2	12	18	Last Mon - Oct	2nd wk - Feb	End Feb	Art XIII, 12-2
Hockey - Girls	1st Mon - Oct	X	X	X	X	X		9	2	11	12	2nd Mon - Nov	End Feb	2nd Thu - Mar	Art XIII, 12-2
VB Girls - Jr & Sr	2nd Fri - Oct	X	X	X	X	*		7	2	9	9	4th Wed - Nov	2nd Fri - Feb	End Feb	Art XIII, 12-2
VB Girls - Mid	2nd Fri - Oct	X	X	X	X	*		7	2	9	9	4th Wed - Nov	2nd Fri - Feb	End Feb	Art XIII, 12-2
Swimming	3rd Fri - Oct	X	X	X	X		X	9	1	10	3	Mid Nov	Mid Jan	Mid Feb	Champ Meet
Wrestling - Boys	2nd Fri - Oct			X	X		*	9	1	10	9	3rd Wed - Nov	2nd Fri - Feb	3rd Fri - Feb	Tournament
Soccer - Girls	1st Mon - Mar	X	X	X	X			5	1	6	8	*1 st wk - Apr	3rd wk - May	Last wk - May	Art XIII, 12-2
Soccer - Boys	1st Mon - Mar	X	X	X	X			5	1	6	8	*1 st wk - Apr	3rd wk - May	Last wk - May	Art XIII, 12-2

*These days will be used if necessary

No more than six teams may advance to the playoff round. The structure will be: 1st & 2nd receive a bye, 6th will play 3rd, 5th will play 4th.

The Junior and Senior Girls' Basketball schedule will revert to home and home schedule in cases where less than nine teams are entered.

The Junior and Senior Division I Boys' Basketball schedule will revert to home and home schedule in cases where less than nine teams are entered.

Boys hockey was permitted to start the regular season schedule on the last Monday in October for the 2014-2015 season.

S.D.S.S.A.A. Formal Complaint Form

Name: _____

Name of Violator: _____

Date Issued: _____

Date of Incident: _____

Sport: _____

Location: _____

Time: _____

Matter in Question:

Part of Constitution/Playing Regulations/Sport Gov Body Regulations Being Violated (Ex Code of Conduct):

Injury or Consequence of Incident:

Requested Outcome:

Coach Name_____
P.E. Program Leader_____
Principal Name_____
Signature_____
Signature_____
Signature_____
Coach E-mail_____
P.E. Program Leader E-mail_____
Principal E-mail

ARTICLE XI - BOARD OF REFERENCE/PROTESTS

Procedures at a Board of Reference Hearing

- (i) The Board of Reference will meet briefly in camera to review procedures. Where two groups are involved, the chair will decide at this time whether to meet with the groups separately or together. The student/athlete or teacher/coaches may submit any new or additional supporting documentation not previously submitted at this time.
- (ii) The student-athlete and teacher-coach(es) will be introduced to all members of the Board present, by the Chairperson of the Board. The Chairperson will review the procedure to be followed while at a Board of Reference with the student-athlete and teacher-coach(es). The student-athlete and teacher-coach(es) will be informed of the Board of Reference’s role as outlined in the SDSSAA handbook.
- (iii) Copies of information to be considered by Board of Reference committees will only be shared with school personnel as the direct representatives of SDSSAA. It will be their responsibility to forward information to coaches as they deem fit respecting issues relating to confidentiality. All documentation should be forwarded through the Athletic Administrator whom will then copy for the Board of Reference members. Additional information may also be brought to the hearing, but will only be accepted if submitted before the hearing begins as per item (i).
- (iv) The student-athlete or teacher-coach(es) will be asked to explain the circumstances that led to the matter at hand.
- (v) The Board members may choose to ask questions to clarify or elaborate on any points made by the student-athlete or teacher-coach(es).
- (vi) Closing remarks and/or statements are made by the student-athlete and/or teacher-coaches.
- (vii) The student-athlete and teacher-coach(es) will then be asked to leave them room, and the board members will then review all the information presented in camera and decide upon an appropriate course of action.
- (viii) A verbal response from the Chair will be made to the program leader of the school involved within 24 hours of the hearing.
- (ix) A written response will follow within 48 hours of the hearing to be sent to the school principal, the program leader, the teacher-coaches and the sport convener, with a copy to all serving board members.

RECRUITMENT

Definition of Recruitment:

Recruiting is defined as a representative of a school, either directly or through another party, encouraging a student to attend a school other than that in whose catchment area he or she resides and/or within a shared catchment area for the purpose of being involved in extracurricular sport. The school representative could be a teacher, administrator, school district employee, school employee, student, parent, alumnus, or any person representing themselves as a school contact.

Rationale:

A recruiting prohibition discourages exploitation of students; prevents over emphasis of athletics; gives average student-athletes more opportunity to participate; discourages adults from jeopardizing a student’s eligibility; and prevents misuse of athletic programs.

Indicators and Inducements for Athletic Purposes:

There may be many legitimate times that a school representative and/or coach of a school team will be in contact with students from another school. Therefore, indicators of recruiting have been developed to provide parameters of behavior and expectations for coaches and other school representative(s).

- a school representative shall not initiate contact with any student who does not attend, or does not directly feed into a school, in order to suggest, encourage or explain a transfer to a different school.
- a school representative shall not encourage any other person, including past and present players, to contact any student to suggest, encourage or explain a transfer to a different school.
- a school representative shall not permit a student who is not currently enrolled at the representative’s school to participate in team practices or participate in scheduled team activities (including travel to games/events, team meetings or trips). Direct family members are excepted.
- a school representative shall not permit a student who is not currently enrolled at the representative’s school to attend “open gym” at the representative’s school or attend spring or summer practices, games or camps specifically designated for enrolled students. Direct family members are excepted.
- a school representative shall not entice a student who is not currently enrolled at the representative’s school, or whose present school does not directly feed into the representative’s school, into transferring to the representative’s school.
- where a coach or school representative is approached by a student-athlete or representatives of student-athlete who is not enrolled at the school or at a feeder school, with inquiries concerning the school’s sports teams or programs, the coach or school representative must direct the student-athlete or representative of the student-athlete to the school administration.

Continued on next page

RECRUITMENT (cont'd)

A student-athlete may not receive or be offered any remuneration of any kind or receive or be offered any inducement of any kind, which is not made available to all students who enroll in or apply to a school. Inducements for athletic purposes include, but are not limited to:

- Offer or acceptance of money or other valuable consideration such as free or reduced tuition during the regular school year or summer school by any person associated with a school.
- Offer or acceptance of room, board, textbooks or clothing, or financial allotment for textbooks or clothing.
- Offer or acceptance of pay for work that is not performed or that is in excess of the amount regularly paid for such service.
- Offer or acceptance of free transportation by any person associated with the school.
- Offer or acceptance of a residence with any person associated with the school which would result with the student-athlete living with a non-custodial parent.
- Offer or acceptance of any privilege not afforded to non-athletes.
- Offer or acceptance of free or reduced rent for parents or guardians.
- Offer or acceptance of payments of moving expenses of parents or guardians or assistance with the moving of parents or guardians.
- Offer or acceptance of employment of parent (s) or guardian(s) in order to entice the family to move to a certain community if any person associated with the school makes the offer.
- Offer or acceptance of help in securing a post-secondary athletic scholarship.
- Offer or acceptance of the opportunity to gain significant playing time.
- Offer or acceptance of the opportunity to be associated with a more competitive team

Grade 8 Recruitment

A school representative(s) may make general presentations (not just athletic) to eighth grade students (not just athletes). There should be a diversity of presenters, speaking on a variety of topics to students of all interests. When an eighth grade student or the parents of that student, contacts the coach or school representative about attending the representatives school, the coach or representative shall refer the student or parent to the appropriate school administration. High school coaches or their representatives may not attend grade school or youth club games for the purpose of evaluating and recruiting specific prospective athletes.

OPEN HOUSE – The intent of an open house is to allow incoming grade 8 students to gather information regarding curriculum, programs, and the admissions process. School representatives may provide general information to prospective incoming students but no specific details or enticements as to participation if they were to enroll.

Violations

Any reports of violations to this policy will be referred to the SDSSAA Board of Reference committee to consider possible sanctions.

BADMINTON

AGE	Refer to the constitution – Article IX, Page 20.
CATEGORIES OF COMPETITION	<p>In each of the three divisions - novice, junior, senior competition will be held for:</p> <ul style="list-style-type: none"> i) Singles – boys and girls ii) Doubles – boys and girls iii) Mixed Doubles
DATE	To be held at least one week prior to N.O.S.S.A.
LOCATION	Selection of gymnasium at convener's discretion.
OFFICIALS	Staff members, coaches, adult badminton club members – (no payment).
RULES	<ul style="list-style-type: none"> a) Canadian Badminton Association Rule Book. All preliminary and championship matches are to be two out of three rally point games to 21, win by 2 points up to maximum of 30. b) Modifications of the above rules to suit the facilities available. c) Follow OFSAA Safety Guidelines regarding eyewear.
ENTRIES and ELIGIBILITY	<ul style="list-style-type: none"> a) Only four entries are allowed in each event per school. b) A competitor may enter one event only. c) The maximum number of entries per school will be 30. d) Student-athletes must have attended five practices to be able to attend the SDSSAA championships
GENERAL	<ul style="list-style-type: none"> a) Dress – The SDSSAA badminton dress code follow whatever the OFSAA badminton dress code is, as outlined in their playing regulations.

BADMINTON (cont'd)**GENERAL** (cont'd)

- b) Birds – The bird used shall be the same as that chosen by the OFSAA sport advisory committee for that school year.
- c) When a game is called and a player or team fails to show after ten minutes, then the game shall be forfeited at the discretion of the site convener.
- d) That the only coaches allowed on court during competition be those as indicated on the AELS eligibility form submitted to the convener prior to the preliminaries.
- e) **ONLY RUNNING SHOES WITH NON-MARKING SOLES WILL BE ALLOWED FOR GAMES OR PRACTICES.**

FINANCING

Any cost incurred from the SDSSAA badminton season as determined by the convener will be a 'charge back' to the schools, divided according to the number of participating individuals from each school.

**TEAM
CHAMPIONSHIP
SCORING SYSTEM**

Points will be awarded as follows:

- 5 points for first place
- 4 points for second place
- 3 points for third place
- 2 points for fourth place
- 1 point for fifth place tie

The top teams will be awarded championship banners as follows:

- Overall Aggregate Champion – Total overall points across all three age groups (novice, junior, senior)
- Highest Team Average – Points per capita (5 entries minimum) – Total number of points for a school divided by number of entries. To be eligible for the Highest Team Average banner, a school must have entered a minimum of five (5) entries.

**CHAMPIONSHIP
TOURNAMENT**

The tournament will be a double elimination and will be hosted all on one day beginning at 9:30am, with the end of season coaches' meeting beginning at 9am.

BADMINTON (cont'd)**NOSSA
REPRESENTATION**

SDSSAA will advance the top finishing senior athletes in each of the following categories:

- Senior Boys High School trained – Singles
- Senior Boys Open Trained – Singles
- Senior Girls High School Trained – Singles
- Senior Girls Open Trained – Singles

SDSSAA will advance the two finalist teams in the following categories:

- Senior Girls Doubles
- Senior Boys Doubles
- Senior Mixed Doubles

At the Novice and Junior level the two finalists in each category of the SDSSAA Championship will advance to NOSSA as the SDSSAA representatives despite if they were high school or open trained.

CROSS COUNTRY RELAYS

AGES	Refer to Constitution - Article IX, Pages 21-22.
CATEGORIES OF COMPETITION	Boys Junior and any eligible athletes. Girls Junior and any eligible athletes. *COED (at least two boys and two girls) any eligible athlete.
ELIGIBILITY	In order to qualify for the SDSSAA Relay Championship, athletes must participate in at least two SDSSAA preliminary meets, defined as a designated race organized for high school students in Sudbury.
TEAMS	Teams shall be composed of 5 runners. Schools may enter as many teams as they wish. Exhibition teams (with runners from different schools, fewer than five runners, ineligible runners, etc.), may run at the meet director's discretion but will not be eligible for awards.
MEET FORMAT	The first runners from each team will start together and run the loop (approximately 2.5km). There will be a 20m exchange zone in which the first runner will hand off a wrist band to the second runner, and so on until all five runners have completed the course.
ENTRY FEE	To be determined by the sports committee. It should be sufficient to cover all expenses.
AWARDS	<p>S.D.S.S.A.A. Ribbons will be presented to the top three teams in each division.</p> <p>A S.D.S.S.A.A. Championship Banner will be presented to the Relay Meet Aggregate Champion.</p> <p>The Relay Overall Championship will be decided by points (10-8-6-4-2-1) for (1st-2nd-3rd-4th-5th-6th) places. A school claims points from their best placing in each division, while additional teams (from the same school) remain their placing but do not accumulate points.</p> <p>Ties for the overall championship will be decided by the team with more first place finishes. If still tied, more second place finishes. If still tied, fastest overall boys team in odd years and fastest overall girls team in even years. If still tied, higher placed COED team (before second place finishes).</p> <p>COED teams will be eligible for SDSSAA ribbons but will not earn points towards the overall relay championship.</p>

CROSS-COUNTRY RUNNING

AGES	Refer to the Constitution ARTICLE IX, Page 20.
SERIES	Boys (a) Senior (b) Junior (c) Novice Girls (a) Senior (b) Junior (c) Novice
ENTRIES	That the minimum number of competitors required per divisional team be four (4) with no maximum and that each school field only one (1) team per division; the top four (4) to count for the team total.
FEES	<p>The entry fee per competitor will be set at the discretion of the sports committee and should be sufficient to meet all expenses.</p> <p>A one dollar fee/athlete, based on the eligibility list, will be charged back to participating schools and placed into a "trail fund". This "trail fund" will be split between the four preliminary race sites and the city championship site. A cheque will be sent to each organization/facility (ie. Laurentian University x 2, Capreol Cross Country Ski Club, Skead Community Centre and Walden Ski Club).</p>
ELIGIBILITY	<ol style="list-style-type: none"> 1. As in Constitution and By-Laws, all lists are to be sent to the convener by the deadline date as set by the convener. 2. Runners must remain in category stated on entry form. Substitutions may be made only for runners already listed on entry forms. Substitutions must be made from the eligibility list. 3. In order to be eligible for the SDSSAA Championships, athletes must participate in at least two SDSSAA preliminary meets, defined as a designated race organized for high school students in Sudbury, which includes the XC relays. The Convener will be allowed the discretion to rule on special individual appeals to allow participation in the championships when athletes have not been able to run in two (2) preliminary meets. The appeal must be in writing. 4. The fall confirmation sheet will be used to confirm schools who participate in the preliminary races.
RULEBOOK	IAAF and CFTA Rulebooks.
OFFICIALS	At the discretion of the convener.

CROSS-COUNTRY RUNNING (cont'd)**SCORING**

First place shall score 1 point, second place 2 points, third place 3 points and so on... All competitors who finish the course shall be ranked and tallied in this manner, the team score shall then be determined by totalling the points scored by the first four runners of each team to finish. The team scoring the smallest number of points shall be the winner. If less than four competitors finish, the places of all members of the team will be disregarded for the team scoring.

AWARDS

The awards shall be:

- a) Team awards (in each division)
Trophies shall be awarded to each division. S.D.S.S.A.A. medals to each member of the championship team in each division. Ribbons to be presented to the second and third place teams.
- b) Individual finishers (in each division) S.D.S.S.A.A. Medallions to the first place finisher. Ribbons shall be presented to the 2nd, 3rd, 4th, 5th and 6th place finishers.
- c) Aggregate trophies and banners to be awarded to the schools with the best overall girls' team and the best overall boys' team.
- d) A single "A" banner will be awarded for the aggregate girls' division and another banner for the aggregate boys' division. As well, an overall aggregate single "A" winner will be declared with no banner for this title. If a single "A" school wins the overall aggregate title, then the "A" school with the next best score will be awarded the "A" banner.

An additional banner will be presented at Finals to be calculated as follows: A total is calculated by adding the finish position of all runners who finish cities for each school (all divisions and genders combined). This total is then divided by the number of total runners who ran at SDSSAA. This will give an average finish position value. The team with the LOWEST average finish position wins this new banner. At least 5 runners must be entered in order to qualify.

Points of 10-8-6-4-2-1 will be awarded to the first six teams in each division with aggregate trophies and/or banners going to the schools with the highest point total. In the case of a tie, the school with more divisions entered wins. If divisions entered are equal, the school with the lowest team total scores wins.

CROSS-COUNTRY RUNNING (cont'd)**GENERAL**

1. The SDSSAA Championship shall be hosted on the Wednesday of the week prior to the NOSSA championship.
2. The distances for the S.D.S.S.A.A Cross-Country for junior and senior boys will conform to O.F.S.A.A. distances.
3. A map and description of the S.D.S.S.A.A. Cross-Country will be sent out to all schools.
4. Team ties will be broken by the placing of fourth place runner on each team.
5. For all meets sanctioned by S.D.S.S.A.A., participants must be supervised by a teacher or adult designated by their school.
6. The city meet starts at 12:00 noon to provide time for presentations between races. The Lockerby road race will start at 3:45pm, and the other SDSSAA preliminary cross country races featuring more than two races will start at 3pm.
7. For SDSSAA preliminary races that involve more than one distance/course for boys and girls respectively, the shorter of the two distances will be designated for novice runners. Juniors and senior must compete in the longer races when they are available.
8. For SDSSAA preliminary races that involve more than one distance/course for boys and girls, only novice girls may compete in the shortest race and only boys may compete in the longest race. Boys cannot compete in the 3km event nor can girls compete in the 6km event.
9. In the event that a host venue expects to incur a cost (ie. port-a-potties) as a result of a SDSSAA race, that this cost be reimbursed providing that the amount is agreed upon prior to the event.
10. Athletes must compete in the same age category for both the SDSSAA and NOSSA championship. As per Nossa Constitution Article VII: Eligibility, Section 4: Participation requirements b) A player may not play in one age division in District play-offs and another in N.O.S.S.A.

CURLING

AGES & ELIGIBILITY

See Constitution - ARTICLE IX - Pages 20-21.

CATEGORIES OF COMPETITION

1. Boys Open

2. Girls Open

A school may enter more than one team in each category.

RULES

The S.D.S.S.A.A. league will be governed by the Canadian Curling Association Rule Book except for items defined in these playing regulations.

If there is a problem with rule interpretation during a game, a Skip may initiate a request for rule clarification or a request for a referee. Such a request must be made by a coach to an impartial person who has been agreed upon by both of the opposing coaches involved.

The winning team (home team in case of a tie) shall be responsible to update the game score on scorecrazy.com as soon as possible following the game. The home team shall be responsible to submit the game sheet to the convener. All game results recorded must not exceed a maximum of six point spread.

The official SDSSAA score sheet must be used. Scoresheets may only include active players in each game.

For the first two games of the regular season, coaches will be permitted on the backboard to direct their teams for the duration of the game. They are asked not to allow the game to be overly slowed down.

If a school has more than one team in a league (boys or girls), these teams should be scheduled to play each other as early in the season as possible.

The intent is to play each game with four players.

Students will be expected to wear proper attire and refrain from using any form of electronic device at all times while in the competitive area.

Proper footwear and/or grippers should be worn and encouraged by coaches and schools participating.

All schools participating in SDSSAA curling games are restricted to 2 rescheduled games following the issuing of the final schedule.

CURLING (cont'd)**LENGTH OF GAME**

1. All league games will strive to be eight (8) ends. A minimum of six (6) ends must be completed. Ties will be allowed. Regular season games will have a two-hour time limit. If the end in progress, at five minutes past the hour, is the sixth of the match, and a skip's stone has not yet been thrown, no additional end will be played. If the end in progress, at fifteen minutes past the hour, is the seventh of the match, and a skip's stone has not yet been thrown, no additional end will be played.
2. All play-off games will be 8 ends. A full extra end will be used to break ties.
3. During the league play-offs, there will be a five (5) minute 4th end break. The time begins when the coaches access the ice surface.

SUBSTITUTION

Each team may substitute a maximum of two players at the beginning of an end. CCA rules of substitution apply. Coaches making a substitution should inform the opponent's coach of their intentions, and then record the name of the player, the end and their position on the scoresheet.

- If a substitute player has been activated, the replaced team members shall not rejoin the team until the next game.
- The replaced team member shall not rejoin the team until the next game, unless the team loses a subsequent player and therefore is placed in a default position.

TIME-OUTS

The Fair Play timeout rule shall be in effect. During time-outs, curlers must not leave the playing area.

DELAY OF GAMES

For regular season and playoffs, after 1-15 minute delay, the non-offending team receives one point, hammer and 1 end is considered complete. If the delay is 16-30 minutes, the non-offending team is given a 2nd point, hammer and 2 ends are considered complete. If play has not started after 30 minutes, the non-offending team wins by default.

TIEBREAKING

1. Where ties involve first place or the last playoff position(s), tie-breaking games must be scheduled.
2. To break all other ties in the final regular season standings, the following criteria will be used:
 - (i) Head to head results, with the winning team being seeded highest.

CURLING (cont'd)**TIEBREAKING**
(cont'd)

- (ii) Where second and third place teams have the same record (after head to head), a playoff game of eight ends will be played. If still tied, an extra end must be played (continuous play and one time out allowed; no carry-overs of time-outs).
- (iii) All other ties will be broken by the score from the draw to the button shoot-out.

Shoot-Out Procedure (same as OFSAA rules):

- At the end of the third (3rd) game of the SDSSAA regular league play; all teams will be required to draw to the button.
- Shall take place on the same sheet of ice that the team played with the same four curlers shooting towards the glass with the same colour rocks as the team played during the game.
- Immediately following the 3rd game of the league season any one member of the team will throw a draw to the button rock. Each team's draw to the button will be measured in cm. A rock covering the button will be measured as zero (0) cm. Rocks that are not in the house receive a measurement of 185 cm. Sweeping is allowed. A player must hold the broom at the playing end. No substitution of players i.e. Only the last 4 players on the ice are eligible to participate in the shoot-out.

PRACTICE TIME

When time permits, the home team may practice for 10 minutes followed by the opposition for 10 minutes. The game must start on time to avoid penalties.

A 7-minute Practice will be allowed during the SDSSAA Championship.

Home team will use the top of the board-coloured rocks and practice first. The Visiting team listed will use the bottom of the board -coloured rocks and practice second. Home team will have Hammer.

N.O.S.S.A.
REPRESENTATION

1. The winner of the league play-offs shall be the number 1 team to NOSSA.
2. The second NOSSA representative will be the winner of the league.
3. In the event (i) and (ii) are the same team, the second team will be the second place finalist at the SDSSAA championships.

CURLING (cont'd)**N.O.S.S.A.
REPRESENTATION
(cont'd)**

4. If Sudbury is allowed another entry to NOSSA, the team with the highest standings after round robin play who is not already qualified, go as the third entry.

**PLAY-OFF
FORMAT**

All playoff games shall be eight (8) ends. In the event of a tie at the conclusion of a game, an extra end towards the home end shall be played until such time as a winner is declared. If the game goes into extra ends, there shall be a 60-second break for consultation between the coach and curlers at the end of the eighth end. Each team may call one 60-second time-out during each extra end. Time-outs shall not be carried forward to the extra end(s) or from one extra end to another.

**CHAMPIONSHIP
BONSPEIL**

The three playoff draws, quarter final, semi-finals and finals, will be played on the same playoff day in order to prepare for the N.O.S.S.A. format.

Ranking, by place of finish, during the regular season will not only determine which team will which team in the playoffs, but also, the higher ranking team will be given last rock advantage ("the hammer"), throughout the playoffs.

It is strongly recommended that the convenor be responsible to seek out an uninvolved level two official to act as a rules official during the championship bonspiel, the costs from which will be borne by the sports committee and charged back accordingly.

GOLF

AGE	Nineteen (19) and under by January 1st of the competing year. See Constitution Article IX, Page 20.
SERIES	<ul style="list-style-type: none"> a) Invitational Team Tournament b) Invitational Individual Tournament c) Schools participating in the S.D.S.S.A.A. be allowed to enter one (1) Boys team and one (1) Girls team. d) Each team will be comprised of a maximum of five (5) golfers.
ENTRIES	Entries must be submitted to the golf convener no later than midnight of the Friday preceding the tournament. Late entries will be subject to the terms stated in the constitution.
DATE	S.D.S.S.A.A. GOLF TOURNAMENT is to be held at least one week prior to the N.O.S.S.A. Championship on the third Friday in September. The rain date, if necessary, will be the following Monday.
ELIGIBILITY	Eligibility will be as per Constitution and By-Laws (Article IX - Pages 20-21). Lists as specified by the Constitution, will have to be submitted prior to competition.
FINANCING	<ul style="list-style-type: none"> a) Entry fees will be at the discretion of the convener(s). b) Sport committee expenses for the tournament will be paid by the Treasurer and the cost will be charged back to the participating schools.
RULES	<ul style="list-style-type: none"> a) As per R.C.G.A. b) As per local rules.
TIE-BREAKING	<p>When two or more teams/individuals are tied for first place or two or more teams tied for purposes of representation to N.O.S.S.A., the tied teams will play an extra hole (or holes) until the tie is broken.</p> <p>In team play-offs four competitors from each school compete.</p>
OFFICIALS	At the discretion of the convener.

GOLF (cont'd)**GENERAL**

- a) Events
 - each competitor plays 18 holes.
 - medal play or stroke play will be the type of competition accepted for the S.D.S.S.A.A. Golf Tournament.
- b) Individuals may enter the S.D.S.S.A.A. competition.
- c) The maximum number of golfers will be five (5) per gender per school, with the top four (4) boys to count to the team score and the top three (3) girls to count to the team score. In the event of a tie between two or more teams, the score of the fourth player (lowest score wins) shall be used to break the tie, and if still tied, then the score of the third player, etc.
- d) Schools must inform the convener if their team(s) is (are) to be supervised by a teacher or supervisor from another school.
- e) All competitors should be made aware that many golf courses have a dress code. On many courses, jeans, rugby pants, cut-offs, football and/or hockey sweaters and muscle shirts are not allowed. A competitor will not be allowed to compete if proper attire is not worn. Coaches should endeavour to instill an appropriate dress code.
- f) Power carts and/or caddies are not allowed.
- g) In the event that the Sudbury District wins the girls team championship at NOSSA golf, the school of the student that manages the best low gross score will retain the championship banner.
- h) A female player must pick up their ball after ten (10) strokes on a hole and still be eligible for team score.

ALPINE SKIING

MEMBER SCHOOLS	Each school which enters a team in S.D.S.S.A.A. ski meet must have a coach and four reliable students to help in officiating. Students and coach may be required to attend a fall clinic dealing with skiing regulations and officiating.
DUTIES OF COMMITTEE MEMEBERS	All committee members will faithfully fulfill duties as designated by the convener, officiate at the S.D.S.S.A.A. Ski Meet or designate in writing a consenting substitute.
SANCTIONS	Any school which fails to fulfill the above duties will not be permitted to enter students in the S.D.S.S.A.A. Ski Meet.
ASSETS	The ski section will endeavour to purchase and subsequently maintain the equipment needed to organize and operate a ski meet in an efficient manner.
SEASON	The S.D.S.S.A.A. meet should take place at least one week prior to the N.O.S.S.A. meet. All teams shall begin their alpine skiing competitive season no later than the week following the school Christmas break and shall consist of at least eight (8) practices prior to O.F.S.A.A.
INVITATIONAL MEETS	An attempt should be made to hold one mini or invitational meet prior to the championship meet. One of the SDSSAA preliminary meets should be hosted during the day at an alternate location.
ELIGIBILITY	<p>Refer to Constitution - Article IX, Page 20.</p> <p>Teams shall be made up as follows. SDSSAA will coincide its level system to follow the OFSAA levels as they are currently recognized. Racer profile sheets (same as OFSAA) must be provided for each racer.</p> <p>Boys/girls - No limit on the number of members allowed to race in each event, any three to count. Members may include:</p> <ul style="list-style-type: none"> - 1 Level I team, or, - 1 Level II team, or, - 1 Level I team and 1 Level II team.
AGE	Refer to Constitution - Article IX, Page 20.

ALPINE SKIING (cont'd)**EVENTS**

The boys and girls events are: Slalom and giant slalom.
The girls events may be run separately from the boys and on different courses if possible.

OFFICIALS

On each course there shall be:

- one starter, one assistant starter.
- chief timekeeper and assistant.
- chief of the course.
- chief gatekeeper and gatekeepers as required.

All coaches must be available for officiating. Some schools may be assigned specific officiating duties.

TIMING

If the electric timing breaks down in the middle of a race, stop watches will be used to finish the race. Re-runs will be given to all racers in the seed in which the break-down occurred. The times of previous seeds will stand.

EQUIPMENT

All skiers must wear ski brakes. *It is mandatory that hard shell helmets with full ear protection be worn.*

**MEDICAL
PERSONNEL**

Provision shall be made by the convener to have ski patrol members readily available. Qualified first aid personnel and equipment should be available at the championship site.

AWARDS

INDIVIDUAL WINNERS - S.D.S.S.A.A. medallions will be awarded to the individual competitors who place first and second in each event and level.

TEAM CHAMPIONS - A S.D.S.S.A.A. banner will be awarded to the top overall boys and girls school in each level.

- (i) Boys' Team - the school having the lowest aggregate for three skiers in each division.
- (ii) Girls' Team - the school having the lowest aggregate for three skiers in each division.
- (iii) Combined Team Champions.

SDSSAA Overall Champions will be school with the highest combined (boys and girls) total points (no award presented).

ALPINE SKIING (cont'd)**COMPETITION JURY**

The jury shall consist of the convener and two competing coaches chosen by the convener. It shall have the authority to make any changes necessary and shall rule on protests.

SEEDING

Each competing school will provide the convener with a list of competitors arranged in the order in which the skiers are to start. There will be one list for the Alpine events.

DRAW

The draw will be made by balloting the names of competing schools.

SCORING

The scoring method to be used at the S.D.S.S.A.A level of Alpine Skiing be that employed at the O.F.S.A.A. level.

All Alpine events:

1. Scoring shall be made by adding the time of both runs if there are two.
2. The person with the fastest total time shall receive 1 point. The person with the second fastest total time - 2 points. The person with the third fastest total time - 3 points.
3. At the discretion of the Convener, DQ's in the first run may not receive a second run (a provisional run may be allowed only by the Convener). This discussion must be made prior to the race start by the Convener as recommended by the coaches.
4. DQ's and DNS's will be given a score of the last skier plus 1 point.
5. A tie will be broken by the team of five with the fastest total time in both events.

ORDER OF START

1. The top seed from the first team;
2. The top seed from the second team. This process continues until all schools have placed their top seed;
3. The second seed from the first school;
4. The second seed from the second school, etc. This process continues until all competitors are placed. Teams are removed from the draw as soon as their team list is exhausted; thus no gaps are left in the order of start.

Two seeded lists will be developed, sorted by level, with high school level skiers starting first and open level skiers second.

ALPINE SKIING (cont'd)**APPEALS/
PROTESTS**

Appeals and protests should be lodged immediately either at the draw or on the day of the meet. The decision of the competition jury or designated official representative for that particular event is final.

RE-RUNS

When a competitor successfully completes the course but is awarded a re-run for some reason, then only the re-run will count.

LATE STARTERS

Skiers who arrive late at the starting gate will be disqualified.

FORERUNNERS

It is the responsibility of the convener to obtain forerunners for each event.

GATEWATCHERS

The convener will attempt to get sufficient experienced gate watchers for the ski meet.

**DISQUALIFI-
CATIONS**

A skier will be disqualified for any of the following:

1. Shadowing: a competitor who actually skis through the course or who skis a parallel course within 10 yards of the poles at racing speed will be disqualified from that event.
2. Jumping the start: a skier who leaves the start before the appropriate signal will be permitted only one restart. He will be disqualified from that particular run if he repeats the infringements.
3. A skier who does not pass correctly through each gate will be disqualified for that particular run.
4. Flagrant, unsportsmanlike conduct (eg. a DSQ who strips the course, using foul language directly to officials or hill employees or ski patrol) will result in the participant being disqualified from the event in progress and his/her team being penalized. This is at the discretion of the Convener, with the recommendation of the jury members.

The team may be:

- (a) disqualified from this and future races, and/or,
- (b) penalized ten points.

ORDER OF EVENTS

The order of events will be set by the convener.

NORDIC SKIING**CATEGORIES OF COMPETITION**

Boys: (a) Junior (b) Senior
 Girls: (a) Junior (b) Senior

ELIGIBILITY

Refer to Constitution - Article IX, Page 20.

Athletes will need to attend a minimum of two preliminary races in order to qualify for the SDSSAA championship. The exception to this rule would be when only two preliminary races are held during the season, in which case, one preliminary race will suffice to qualify for the SDSSAA championship. Any other extenuating circumstances can be provided to the convener, and the coaches can collectively decide (ex: illness, death/serious illness in family ...).

RULEBOOK

All Cross Country Canada rules will apply except those indicated in these playing regulations.

DATE

The city meet must be held at least one week prior to NOSSA.

DUTIES OF MEMBER SCHOOLS

As a condition of entry, each participating school shall provide Ski Meet officials as required by the convener.

TEAM SIZE

Unlimited number.

DISTANCES

Organizers of each race will base their races on the OFSAA distances that follow as courses permit:

- Senior boys – 7.5km or +/- 1km
- Junior boys – 5km or +/- 1km
- Senior girls – 5km or +/- 1km
- Junior girls – 4km or +/- 1km
- Para Nordic – based on trails available, athlete's safety and abilities
- Novice – at convener's discretion with suggestions from the athlete's coach

NORDIC SKIING (cont'd)**AWARDS (cont'd)**

INDIVIDUAL WINNERS - S.D.S.S.A.A. medallions will be awarded to the individual competitor who places first in each event and age classification.

TEAM CHAMPIONS - S.D.S.S.A.A. medallions will be awarded to the top five (5) for each of the divisional team champions

- (i) Boys' Team: The school having the lowest aggregate for three skiers in each division.
- (ii) Girls' Team: The school having the lowest aggregate for three skiers in each division.

SDSSAA overall champions will be the school with the highest combined (boys and girls) total points.

COMPETITION JURY

The jury shall consist of the convener and two competing coaches chosen by the convener. It shall have the authority to make any changes necessary and shall rule on protests.

SEEDING

Each competing school will provide the convener with a list of competitors arranged in the order in which the skiers are to start.

DRAW

The draw will be made by the convener prior to the meet.

SCORING

Scoring will not be the same as OFSAA and will continue to be by place and not time.

The person with the fastest total time shall receive 1 point.

The person with the second fastest total time - 2 points.

The person with the third fastest total time - 3 points, etc.

The various team order shall be declared on the basis of lowest aggregate placings. A tie between teams having the same aggregate will be broken using the results of a three (3) person relay after the individual race. If no relay is held, the tie will be broken based on the placing of the 3rd skier.

NORDIC SKIING (cont'd)**SCORING (cont'd)**

Scoring for team placing towards aggregate Championships will be as follows:

1 st	10 Pts
2 nd	8 Pts
3 rd	6 Pts
4 th	4 Pts
5 th	2 Pts
6 th	1 Pt

Where ties occur the same score is awarded and an appropriate number of places will be left out.

ORDER OF START

Skiers will start in the order as follows:

- 1 - the top seed from the first team.
- 2 - the top seed from the second team. This process continues until all schools have placed their top seed.
- 3 - the second seed from the first school.
- 4 - the second seed from the second school, etc.

This process continues until all competitors are placed.

Teams are removed from the draw as soon as their list is exhausted; thus no gaps are left in the order of start.

POST ENTRIES

Late entries will have their names added to the end of the order of start as they are received by the convener.

APPEALS

Appeals should be lodged immediately either at the draw or on the day of the meet. The decision of the competition jury or designated official representative for that particular event is final.

LATE STARTERS

Skiers who arrive late at the starting gate will be permitted to start at the discretion of the starter.

NORDIC SKIING (cont'd)**MEDICAL
PERSONNEL**

There must be a person designated at each meet to handle any emergency situation requiring first aid. This person could be St. John's Ambulance, Ski Patrol or a S.D.S.S.A.A. Coach with the necessary first aid qualifications.

**PRELIMINARY
MEETS**

Ribbons will be awarded to 1st – 6th place finishers in each division.

SNOWBOARDING**ELIGIBILITY/AGE**

Refer to Constitution - Article IX, Page 20.

EVENTS

The events to be conducted are Girls' Giant Slalom and Boys' Giant Slalom for both High School and Open divisions.

**PRE-SEASON
MEETING**

The pre-season meeting in support of snowboarding will be hosted at the same time as alpine skiing.

FORMAT

The event will be hosted on one day and will contest as many runs possible within the venue booking time frame.

ENTRY

A team will consist of a minimum of three and a maximum of five athletes from the same school.

No limits will be imposed on team size.

EXPENSES

All expenses incurred in the hosting of the snowboarding championship will be charged back to participating schools on a pro-rata basis.

START ORDER

A start order will be developed by random draw and this start order will remain intact for all runs during the competition.

COURSE

FIS rules will apply to course inspection. Racers will be allowed to sideslip the course. Running gates or shadowing is forbidden. The course is closed until inspection direction has been given by the Jury prior to the race. Any changes to this are at the discretion of the Technical Delegate.

The "racer down" yellow flag warning system shall be used for blind areas on the course. Failure to respond to the yellow flag may result in disqualification.

SNOWBOARDING (cont'd)**DNS**

In the case of the racer missing his/her start time, the racer will race at the end of the start line and will race in bib order. If the racer misses the start time at the end of the line up, they are considered DNS.

DQ

Disqualifications do not include: DNS (did not start), profanity, unsportsmanlike conduct, other infractions, changed numbers, etc. Such competitors will not be assigned a score.

- I. Disqualifications in the first run will receive a second run.
- II. DNF (Did Not Finish) and those who missed gates shall receive a score which is twice the number of disqualifications or 50% of the total field whichever is greater, added to the last proper score in the event.

EQUIPMENT

- I. All athletes must have a snowboard leash.
- II. A protective helmet designed for snowboarding or skiing must be worn by all racers while on snow.
- III. Snow sport helmets must be worn by all coaches and officials while on the hill.
- IV. No cameras or video devices are to be worn while on the race course.

AWARDS

INDIVIDUAL WINNERS - S.D.S.S.A.A. medallions will be awarded to the individual competitors who place first and second in each event.

TEAM CHAMPIONS - A S.D.S.S.A.A. banner will be awarded to the top overall boys and girls school in each level.

- (i) Boys' Team - the school having the lowest aggregate for three racers.
- (ii) Girls' Team - the school having the lowest aggregate for three racers.

RACE JURY AND PROTESTS

The race jury shall consist of the Technical Delegate, the Chief of Race and the Referee.

Protests: Protests against disqualifications must be submitted in writing to the Referee within 15 minutes of the posting of the Referee's report on the official scoreboard at the finish area of the race course. The official OFSAA protest form must be used. These are available at the finish area. Protests must be substantiated in detail. Proof must be submitted and any evidence must be included.

GIRLS' AND BOYS' SOCCER

CATEGORIES OF COMPETITION

Junior and Senior Boys and Open Girls play in the Spring.

ELIGIBILITY

Refer to Constitution (Page 20, Art. IX.)

RULE BOOK

The Rules of Soccer as they appear in the F.I.F.A. Handbook shall govern league play with the following exceptions:

LENGTH OF GAMES

- League - 80 min.
- Play-offs - 80 min.

There shall be two equal halves separated by a five (5) minute period between the first and second halves.

Injury time may be added at the end of each half at the referee's discretion.

SUBSTITUTION

There will be unlimited substitutions, which can be made at the following times upon Referee's approval:

Goals Scored
Half-time
Injury
Yellow Card
Throw-ins
Goal Kicks

*NOTE: Opponents can substitute only if possessing team substitutes.

PLAY-OFF TIES

For Tied Games in the Play-Offs - As per FIFA rules as follows if the teams are tied at the end of regulation time, the following procedure shall be used.

1. Two (2), ten (10) minute halves. No golden goal.
2. If still tied each team will select 5 players **from those on the field at the conclusion of the overtime**. These 5 players will take penalty kicks alternately, the team winning the toss kicks first. The winner will be the team scoring the most penalty kicks.
3. If still tied, the remaining players shall take the penalty kicks, one from each team alternately, the winner being that team which is ahead after any pair of penalty kicks.

GIRLS' AND BOYS' SOCCER (cont'd)**CONFLICT DATES**

Other than graduation ceremonies, athletic banquets and SDSSAA/NOSSA /OFSAA track and field and SDSSAA girls slo-pitch dates, the convener will not be responsible to consider conflict dates when developing the schedule. However, teams may still, upon mutual consent, approval of the convener and providing sufficient notice is provided, make schedule changes to accommodate their needs.

FORMAT

Two divisions –

- 1) Premier Division – A/AA/AAA schools wishing to compete for NOSSA
- 2) Second Division – all remaining schools

Teams must confirm their division of choice at a date chosen by the convener prior to the pre-season meeting. At least five teams must commit to both divisions in order for this format to be adopted.

In the event that at least five (5) teams DO NOT commit to either of the two divisions described above, the format in affect during the 2011 season will be adopted (refer to 2011 version of playing regulations for details).

**HOME FIELD IN
PLAYOFFS**

Neutral site venues are to be used for all playoff matches.

PLAYOFFS

The top six teams in each of the Premier and Second Divisions will advance to playoffs. 6th will play 3rd and 5th will play 4th in the quarter finals with 1st and 2nd place teams receiving a bye to the semi-final round. The winner of 6th vs 3rd will play 2nd and the winner of 5th vs 4th will play 1st in the semi-finals with the winners advancing to the championship final in each of the two divisions.

If an unbalanced, reduced schedule is required, the convener will contact the SDSSAA executive to seek permission to host an 8-team playoff under the following structure:

Quarter-finals	Semi-finals	Finals
1 vs 8	Winner 8 th /1 st vs Winner 5 th /4 th	Winners of semi finals
2 vs 7	Winner 7 th /2 nd vs Winner 6 th /3 rd	
3 vs 6		
4 vs 5		

GIRLS' AND BOYS' SOCCER (cont'd)**PLAYOFFS (cont'd)**

If there are 7 teams:

Quarter-finals	Semi-finals	Finals
1 st - bye	First Place vs Winner 5 th /4 th	Winners of semi finals
2 vs 7	Winner 7 th /2 nd vs Winner 6 th /3 rd	
3 vs 6		
4 vs 5		

The second division championships will be scheduled after the NOSSA championship date.

All playoff games will be scheduled in two-hour blocks to allow time for overtime and medal presentations. Subsequent games may be scheduled to start earlier with approval of the official and both teams involved.

**NOSSA
QUALIFICATION**

The school that wins the premier playoff championship may choose the NOSSA championship in which they wish to compete. "A" and "AA" schools that make the championship final series may not be bumped out of a NOSSA position. Should two teams in the same school classification be eliminated from the playoffs at the same point in the series (ie. Semi-finals), and only one position at NOSSA is available, the issue will revert back to regular season standings with the highest placed school claiming the NOSSA position.

The top placing "A", "AA" and/or "AAA" team from the Premier Division (after playoffs first, then regular season standings if necessary) will be the NOSSA representative. There will be no challenge game from the top seeded "AA" and/or "AAA" school from the Second Division.

TIE-BREAKERS

- For all ties involving the last playoff position(s) or for positions that affect advancement to a higher division, tie breaking games must be scheduled.
- To break all other ties in the final regular season standings, the following criteria will be used:
 - Head to head results, with the winning team being seeded highest.
 - If there is still a tie, the team that has allowed the fewest points amongst the tied teams will get the highest seed.

GIRLS' AND BOYS' SOCCER (cont'd)**TIE-BREAKERS**
(cont'd)

- (III) If still tied, point differential (points for less points against) amongst the games involving the tied teams, the team with the highest differential getting the highest seed.
- (IV) Should the teams still be tied, then the overall point differential between common opponents shall be used

In ties involving three or more teams, teams will be seeded using the criteria above, and a minimum number of games will be scheduled to decide the issue. Match-ups will be scheduled considering standard playoff formats (ie. if four teams: 4th vs 1st, 3rd vs 2nd, if three teams: 1st receives bye, 3rd plays second, etc)

All tie breaking games are designated as playoff games.

GENERAL

1. Number of Players - Each team may have a maximum of 20 dressed per game. Unlimited number on eligibility list.
2. The home team will supply a suitable game ball and the score sheet before the game. The winning team will be responsible to submit the score and upload the scoresheet to the sdssaa.ca site. In case of a tie, the home team will be responsible for submitting the score and uploading the scoresheet.
3. Scoresheets that are not uploaded to the sdssaa.ca site by the end of the season, by the tiebreaker date, will be declared forfeited games.
4. All players must adhere to the F.I.F.A. rule for uniforms. Jogging pants in school colors will be allowed under extremely cold conditions at the call of the referee. Each player must be properly identified, for the entire game, with their own unique numbers.
5. A determined effort should be made by each team to develop a minimum of two game officials each year.
6. A copy of these playing regulations will be given to the referee-in-chief, who is responsible for informing all referees (this applies especially to playoff format, length of game and tie breaking procedures).
7. A designated adult representing the school must sign the game sheet prior to a game or the game will not proceed.

GIRLS' AND BOYS' SOCCER (cont'd)**GENERAL (cont'd)**

8. In the event of a forfeiture, the non-offending team will be credited with a 3-0 win.
9. The maximum goal spread allowed to count towards league standings will be four per game. Individual goal scoring statistics will be recorded as per usual.

**LANCER DOME
RULES**

1. Any time (in open play) that a ball in the field of play comes into contact with either of these wires that a drop ball occurs at the spot of contact directly below the wire. *If it occurs at the time of a goal kick, the goal kick can be retaken.*
2. A drop ball take place directly below the point of contact with the roof of lights UNLESS the ball is irrefutably traveling out of bounds (i.e right above the touch line and moving toward the sideline) and at the discretion of the referee, where as a throw in will be awarded to the opposing team.
3. The benches on the far side of the dome (in relation to the entrance) be used for team use only. Fans, spectators and teams waiting to play, must stay on the near side (in relation to the entrance) and as far from the sideline as possible. No one should be behind the main goals at either by-line.

DISCIPLINE

1. A player receiving a red card will be suspended for the remainder of that game and the next game. The referee must submit a Discipline report for the player to the Convener within 24 hours.
2. If a player receives a yellow card, the player must leave the field of play (substitution is allowed). This player may return to the game at the next available substitution time. The referee must submit a discipline report for the player to the convener within twenty-four hours.

GIRLS' AND BOYS' SOCCER (cont'd)**DISCIPLINE** (cont'd)

3. Any player receiving three yellow cards during the season will be suspended for one game immediately following the game in which 3rd yellow was received. Any player receiving four yellow cards during the season will be required to meet with the Athletic Administrator and Convener. Any player receiving five yellow cards during the season will be required to appear before a S.D.S.A.A. Board of Reference Hearing. Any player receiving a sixth yellow card during the season will be required to serve an additional game suspension.

It shall be the responsibility of a coach to be aware of the "red card, yellow card" status of the players on the team and to ensure that a player who has earned a suspension is not played. Playing such a player will lead to forfeiture of the game.

AWARDS

SDSSAA Soccer will adopt the OSA mandatory minimum discipline schedule with modifications to reflect length of schedule. No modifications will be applied if pool play games amount to eight (8) or more. Any number of pool play games under eight (8) will apply discipline on a proportionate basis, rounded to the nearest number and no less than one (1). (example: if pool play is six games, a 3/4 proportion of OSA discipline will be applied, rounded to the nearest number and no less than one (1) game).

Members of the Championship team shall receive S.D.S.S.A.A. medallions and will be recipients of a championship banner and trophy. The Finalists shall receive S.D.S.S.A.A. Silver Medallions.

- Junior Boys - City: Sam Pisani Memorial Trophy
- Open Girls - City Division I - Greg Zorbas Trophy
- Open Girls - City Division II - Tammy Thibault Trophy
- Senior Boys - City Division I - Robert R. Ellen Trophy
- Senior Boys - City Division II - Cindy Benoit Memorial Trophy

For Junior league top scorer, an informal status with no award attached, a maximum four goals per game will be attributed to an individual in a single game. Should a player score more than this, it will be counted on the game sheet to decide the game result, but not counted in the league scoring race.

SWIMMING

AGES	Refer to the Constitution - Article IX, Page 20.						
SERIES	Boys: (a) Novice (b) Junior (c) Senior (d) Open Girls: (a) Novice (b) Junior (c) Senior (d) Open						
ELIGIBILITY	As in Constitution - Page 27. All lists are to be sent to the convener by the deadline as set by the convener.						
RULEBOOK	The SNC Rule Book is to be followed except for any amendments or deletions passed by S.D.S.S.A.A.						
DATE	The swim meet will be held sometime between December and late February, to be determined at the pre-season meeting and dependent upon availability of pool time.						
OFFICIALS	It is the responsibility of the Convener and the swim coaches to assist with providing swim officials for the meet. Each school is to assist in a designated role during the meet.						
FINANCING	The entry fee will be sufficient to cover expenses and will be at the discretion of the sports committee and convener. (Usually the charge back to school method is used).						
SCORING	<p>(a) The first eight places of the finals will receive points in each event.</p> <p>(b) Scoring will be determined by the number of lanes in the pool.</p> <p>(c) The above scoring system will be used to determine team awards. Individual awards will be determined by the first, second and third place finish.</p> <table> <tr> <td>1st</td><td>5</td></tr> <tr> <td>2</td><td>3</td></tr> <tr> <td>3</td><td>1</td></tr> </table> <p>In the event of a tie, the placing of the swimmer in all his events will be taken into consideration.</p> <p>(d) Relay points count <u>only</u> for team points.</p> <p>(e) A swimmer who has competed for and/or trained with and/or been registered with a Swim Club in the Sudbury and District Region or SNC as of September 1st of the year prior to the current school year must compete as per current OFSAA playing regulations.</p>	1st	5	2	3	3	1
1st	5						
2	3						
3	1						

SWIMMING (cont'd)**SCORING (cont'd)**

- (f) Open participants will be all swimmers 17 and under as of September 1st of the year of the meet and who fall under the designation of (f) above.
- (g) Scratches from the meet may be done by fax at a date selected by the swimming convener.

ENTRIES

Each school may place an unlimited number of entries in any event if the swimmers meet the requirement of the category.

Each swimmer entered in the meet may enter a maximum of two (2) individual events and three (3) events in total.

EVENTS

Junior, senior and open events will correspond with OFSAA events. Novices will swim 50 free, 50 back, 50 breast and 50 fly.

Relays for junior, senior and open will correspond with OFSAA events. Novices will swim 200 free relay and 200 medley relay.

Open swimmers may swim in Open relays only.

AWARDS

Banners will be awarded to:
Combined boys and girls scoring for a "AA"/"AAA" and "A" school banner.

SWIMMING RULES

Starts, strokes and turns, for all strokes shall be as the latest SNC Regulations.

ADVANCEMENTS

There will be no restrictions on qualifying for finals. The swimmers with the top eight times will move on to Finals, with the ninth and tenth place swimmers acting as alternates.

OFSAA ENTRIES

In order to qualify for OFSAA, swimmers must place first in event or meet the qualifying team at the championship meet.

Schools who have registered swimmers for the OFSAA competition will have the opportunity to practice their swimmers for four or five pre-OFSAA training sessions. The cost of pool rental will be divided according to the number of students registered at OFSAA from each school.

TENNIS

AGE	Refer to Constitution - Article IX, Page 20.
CATEGORIES OF COMPETITION	Boys - singles and doubles Girls - singles and doubles Coed - mixed doubles
TOURNAMENT DATES	To be scheduled the end of May. The preliminaries (including semi-finals) on one day with games for third and fourth place, and finals on the following Saturday.
OFFICIALS	A coach or competitor may request an official any time but officials will be provided for the finals only.
RULES	The Canadian Lawn Tennis Association, including official 12 point tie breaker. (Convener shall have the right to modify the rules to suit the facilities available.)
LENGTH OF TOURNEY	<p>A double elimination modified draw will be utilized.</p> <ul style="list-style-type: none"> i) Number of games in preliminary rounds will be determined by the number of entries per event, or other circumstances (eg. facility, weather). Preliminary games should be six (or eight) game matches, with no AD scoring (if the game reaches 40-40 or deuce, the next point wins). ii) All Saturday matches are 10 game pro sets with no AD scoring. iii) Final matches will be played to completion on the date of the preliminary match if time permits and the coaches of both teams and the players all agree to the final matches being played on the date of the preliminary. Otherwise, Semi-Final and final matches will be played on the scheduled date of the finals.
FINANCING	Entry fees shall be assessed on a competitor basis. Amount of fee should be sufficient to cover the cost of awards and any other essential expenses.
AWARDS	Gold and silver medals will be presented for first and second place championship winners. Third and fourth place ribbons will be presented to championship runners up. School team aggregate champions (highest points) will receive the banner.

TENNIS (cont'd)**AWARDS (cont'd)**

Points are awarded as follows for each event:

Champion Round

1st place - 10 pts

3rd place - 4 pts

5th place - 1 pt each

2nd place - 7 pts

4th place - 2 pts

GENERAL

- (a) Competitors may enter only one event.
- (b) A competitor who does not show up for the 3rd and 4th place match or finals will be suspended from tennis the following year at the discretion of the convener. These players will not receive any points for their school.
- (c) With each entry, the coach should include a resume of any awards of ranking in national, provincial or local tournaments to assist the convener in seeding of players.
As well, coaches will rank their players for the tournament as follows:

10 - 9	8 - 7	6 - 5	4 - 3	2 - 1
Excellent	Very Good	Good	Fair	Beginner
- If necessary, conveners may consult with tennis clubs for assistance in seeding.
- (d) One substitutional change per school will be allowed prior to the playing of the first round of the tournament. Each subsequent change from the original entries will be charged a \$5.00 fine to be billed to the school concerned, (at the discretion of the convener).
- (e) Dress - "whites" or school colours are expected. Tank tops, cutoff shorts and short shorts are not recommended. Students must also wear appropriate footwear (running shoes).
- (f) Tennis balls will be supplied by the convener and will be charged back to participating schools at a cost of \$5/can (the amount may change as the cost of balls increase).
- (g) A kit containing tennis rules, tennis etiquette, playing regulations, entry forms, and other relevant information should be sent out to each school by the first week of May. Coaches are to make sure that players know how to call the rules properly.

TENNIS (cont'd)**GENERAL (cont'd)**

- (h) The pre-season meeting should take place within the week before the tournament to make final plans and to make up the draw sheets. All coaches are expected to attend and lend assistance. Entries will only be accepted if the coach or school staff member is present at the pre-season meeting. Should a coach come to the pre-season meeting unprepared, his or her school will be allowed a maximum of one entry per event.
- (i) Any school that enters a team, must make one designated person to work for a specified period of time during the tennis tournament. The time period will be arranged by the convener at least 2 days prior to the tournament and will take into consideration, as much as possible, the request of the coach. Any school not providing supervision will not be permitted to enter the tournament. Any school whose supervisor does not work their specified time of duty will be charged a fine of \$50 (at the discretion of the convener).
- (j) First aid supplies must be provided by all supervision coaches to be available at their courtside.
- (k) Effective in 2005, each school shall be allowed three wild card entries, but only one may be used per event, and points earned from these entries are to be included in the school aggregate totals.
- (l) All competitors must sign into their area by 9:00 a.m. Failure to do so may result in default. Any time throughout the tournament if competitors fail to show up for their game within 5 minutes of being announced - they will be defaulted. A 5 minute warm up time will be allowed. Supervisors will inform players of this and if this time limit expires and students fail to begin the game when advised the supervisor may default the game.
- (m) A coach or designate coach should be responsible for all teams competing in the finals and semi-finals on Saturday.

TENNIS (cont'd)**HELPFUL ADVICE
FOR COACHES****General for all coaches**

Be familiar with the rules regarding the number of games to be played - age restriction - consolation format and location of consolation games.

All 3rd and 4th place and final games on Saturday! (know locations)

Bring a first aid kit!

Any school which enters a team, must make one designated person work for a specified period of time during the tennis tournament. The time period will be arranged by the convener at least 2 days prior to the tournament and will take into consideration, as much as possible, the request of the coach. Any school not providing supervision will not be permitted to enter the tournament.

The following are the responsibilities of the supervising coach for each time allocation.

8:30 - 12:00 GET STARTED

1. Take attendance as players arrive
2. Have broom to sweep puddles or sand
3. Check height of nets (3 feet at centre) (should have a wrench).
4. Allot warm-up time for teams
5. Gather group to read - review rules re length of games, etc. **Whenever players lose their first game - move into feed-in draw (a bye is not considered a game)**
6. Post draw sheets and rules.
7. Post or announce who is to play on next free court.
8. Make sure players report back with their results if at a different site
9. All draw sheets are to be brought to the bubble.

12:00 until completion

1. Make sure all games are played **to the end of the semi-finals in both draws.**
2. Tell students times of their final draws on Saturday.
3. **LEAVE ALL RESULTS posted at bubble - to be picked up by convener. (DO NOT BRING THEM HOME WITH YOU!)**

TRACK & FIELD

AGES

Refer to the Constitution - Article IX - Pages 20.

CATEGORIES OF COMPETITION

Boys - Novice, Junior, Senior, Open

Girls - Novice, Junior, Senior, Open

ELIGIBILITY

Refer to the Constitution - Article IX, Pages 20.

ENTRIES

1. One team per school for each relay per age group.
2. Three entries per school in individual events.
3. Each contestant may compete in three events plus a division relay plus the open relay. Open events will count as one of the three events of the competitor.
4. No entries will be accepted after the seed and draw meeting.
5. Timeline for entries:
 - (a) Entries due - Tuesday, one week prior to meet by 12pm
 - (b) Performance list uploaded to website - Thursday of week prior to meet
 - (c) Deadline for new entries - Thursday of week prior to meet, by 4pm
 - (d) Deadline for scratches/substitutions - Monday prior to meet, by 4pm
 - (e) Seeded heat/field event sheets posted at track - Tuesday prior to meet, by 4pm

If an athlete is scratched from an event, he/she is ineligible for all other events scheduled later that same day. If an athlete is scratched from a laned event after Monday, 4pm, the event will be run with that lane empty. Reseeding of events will occur only in event that the number of heats may be reduced.

6. Seed times must be faxed or emailed to the entries official not later than 4pm of the Monday preceding the event. For laned events, seed times will be required for Junior and Senior runners that coaches expect to place in the top six overall. All other athletes will be seeded randomly.

TRACK & FIELD (cont'd)**ENTRIES (cont'd)**

- Five (5) wildcard athlete event entries per school excluding relays, over and above the three (3) per event limit will be permitted (individuals would still be limited to three (3) events).

FINANCING

The cost of operating the meet shall be charged back to participating schools according to the number of athletes.

RULEBOOK

Unless otherwise indicated in these regulations, refer to OFSAA regulations first, then the World Athletics Rulebook.

DATE

The S.D.S.S.A.A. meet will be held during the week preceding the week of the N.O.S.S.A. Meet. The meet shall be 2 days in duration. The schedule will be approved at the pre-season meeting.

- At the discretion of the convener using the rule book as a guide.
- Each school must fulfill its assigned duties regardless of the number of competitors it is entering. A school responsibility may be changed by finding a school willing to switch duties for the next year. All schools who have committed to participate in the S.D.S.S.A.A. Track & Field meet at the Pre-Season Meeting in February, must honour their officiating commitment for that season.

The convener will be responsible for the technical aspects of the meet including the pre- season and seed and draw meetings. Convenership will rotate according to the rotation list. The athletic administrator will act as meet manager and be responsible for the organization and operation details of the meet.

Team Awards

- Combined Aggregate (overall) - Karen Shaw trophy
- Boys' and Girls' "A" Aggregate
- Boys' Aggregate and Girls ' Aggregate.
- Boys' Division Champions and Girls' Division Champions
The school with the most points overall will win the overall aggregate banner. If this is a "A" school, then the next highest "A" school will claim the "A" overall aggregate banner.

TRACK & FIELD (cont'd)**AWARDS (cont'd)**Individual Awards

1. Trophy to the individual champion in each division.
2. S.D.S.S.A.A. medals to the first and second place finisher in each event, in each division and S.D.S.S.A.A. ribbons to the 2nd to 8th place finishers.

GENERAL

1. For all playing regulations not specifically outlined in the constitution the O.F.S.A.A. regulations will be used.
2. No competitor shall be allowed to compete unless he is attired in an identifiable school track uniform. A uniform must include a team top and a competitor's number which must be visible.
*Note: Athletes wearing cut-off shorts, jeans or boxer shorts (underwear) will not be eligible for competition.
3. In the event of ties for the individual division champion, the sport committee shall supply a duplicate award. Relay points do not count for this total.
4. In the event of a tie for division or aggregate championships, the names of both schools (or individuals) shall share the championship and the names of both schools (or individuals) shall be engraved on the trophy.
5. Points won in open events will be credited to the individual, to the school and to the division in which the competing athletes are registered, provided that the open event is one of his/her three events.
6. When a competitor is elevated to compete in a relay in a higher division than one in which he/she is registered, his/her name must appear on both entry forms with a qualifying notation on both forms.
7. The scoring system shall be:

First	10 points	Fifth	4 points
Second	8 points	Sixth	3 points
Third	6 points	Seventh	2 points
Fourth	5 points	Eighth	1 point
8. A jury of appeal consisting of the meet manager, convener and the referee not involved with the event will deal with all disputes and grievances arising in the course of the meet.

TRACK & FIELD (cont'd)**GENERAL (cont'd)**

9. Coaches are to instruct their track competitors in the use of starting blocks prior to the meet.
10. Unsportsmanlike behaviour including swearing and disruptive behaviour will result in disqualification from the event. Disqualification to be approved by the referee as per IAAF rules.
11. For sprint hurdles, a heat and final round will be run regardless of how many participants are registered.
12. Maximum spike length for all events is 6mm. Pyramid style is recommended.
13. Event results will become official thirty (30) minutes after posting. During this time, it will be the responsibility of athletes, coaches and officials to notify the field and/or track referee of a possible appeal of the posted results. For individual aggregate results, ten (10) minutes after posting is required.

TRACK – Sprints and Hurdles

1. Sprint finals will be drawn by lot according to the semi-final finish position. 1st, 2nd, 3rd, & 4th place finishers draw for lanes 3, 4, 5, 6. 5th, 6th, 7th and 8th place finishers draw for lanes 1, 2, 7, 8.
2. Lanes for all heats will be determined by lot at the Seed and Draw meeting.
3. 200m: When there are only 3 heats, the event will be run as a semi-final.
4. **ADVANCEMENT:**
 - 4.1 Two heats - top 3 runners from each heat, plus next two best times qualify.
 - 4.2 Three heats - top 2 runners from each heat and the next two fastest times qualify.
 - 4.3 Four heats or more - winner of each heat, plus the next four fastest times qualify.
5. **Breaking Ties in Heats:** The athlete with the highest placing in his/her heat will advance.

TRACK & FIELD (cont'd)**HURDLES – Heights and Distances**

Event	Height	# Hurdles	Start to Finish	Distance Between	Last hurdle to finish
80m Nov. Girls	2'6"	8	12m	8m	12m
80m Jr. Girls	2'6"	8	12m	8m	12m
100m Sr. Girls	2'6"	10	13m	8.5m	10.5m
100m Nov. Boys	2'9"	10	13m	8.5m	10.5m
100m Jr. Boys	3'	10	13m	8.5m	10.5m
110m Sr. Boys	3'	10	13.72m	9.14m	14.02m
300m Nov/Jr Girls	2'6"	7	50m	35m	40m
300m Nov/Jr Boys	2'9"	7	50m	35m	40m
400m Sr. Boys	3'	10	45m	34m	40m
400m Sr. Girls	2'6"	10	45m	35m	40m

DISTANCE EVENTS

1. The 3,000 metre event will be run as a final. For the girls - novices, juniors and seniors will run in the same event in two of the sections, but will be classified in their own categories.
2. The 800 metre and 1,500 metre races will be run as finals. The girls' novice and senior sections may be combined.
3. At the discretion of the track referee, for all track events, no combining of heats will take place providing races involve a minimum of five participants.

TRACK SCHEDULE

Track events will be allowed to run as much as one hour ahead of schedule.

RELAYS

Each exchange zone should have umpires with cell phones to record video exchanges.

The seed times from the relay meet will be used to seed the SDSSAA City Track & Field Meet. The 1600m relays at the SDSSAA Championships will be seeded based upon the schools' best 1600m relay (Novice, Junior or Senior) time at the City Relays. Teams that do not take part in the relay meet will be seeded behind the relay meet participants. In order to be eligible for the 4x100m Relays in the City Meet, a school must have participated in the City Relay Meet.

TRACK & FIELD (cont'd)**FIELD**

1. In the Shot Put, Discus, Javelin, Long Jump and Triple Jump each competitor shall be allowed three trials. The top **eight** will qualify for the final where they will have three additional trials. **The order of trials shall be reverse order for the final three performances per the World Athletics rulebook.**
2. For pole vault, Novice, Junior and Senior age divisions will be run at the same time, with boys beginning at 9:30am and girls at 12:30pm. The pole vault event may be pushed to the second day of competition if weather conditions on day one are deemed too extreme to run the event safely.
3.
 - a) In order to be eligible to compete in a field event, an athlete must report to the event before the first round occurs.
 - b) It is the competitor's responsibility to report to the official in charge of the event immediately after the first call. This should be done before the start of the event if he or she is competing in another event at the same time. Track events take precedence over field events. If there is a conflict, report to the field event, inform the official in charge that you are in a track event, and return to the field event as soon as possible.
 - c) A field event competitor who misses a round will NOT be able to retake a throw or jump missed. However, the judge may allow the competitor to take a trial in different order during a round.
4.
 - a) All implements that are brought to track and field by individual schools must be checked in by the technical manager prior to the start of the first field events on that day. All implements brought in for evaluation after the start of the first field events on that day (Day 1 or Day 2) will not be allowed to enter competition (this includes implements brought directly to the respective event).
 - b) All implements entered in for competition shall remain in the field for all competitors to use for the duration of the day. Implements may only be collected from the technical area on the completion of the entire day's competition, with the following exceptions:
 1. Schools are leaving the venue and are not returning to the venue and the event the implement was used in has been completed in full. The implement in question has been returned to the technical area.

TRACK & FIELD (cont'd)**FIELD (cont'd)**

2. Boys Sr Javelin (800gm), Boys Sr Shot Put (12lb) and Boys Sr Discus (1.6kg), where the school's implement may be retrieved from the technical area after the respective event has been completed in full.

c) No item checked in for competition may be removed from the event by a school/participant. All items in the field must be returned to the technical area for tracking purposes.

B/G	Age	Discus	Shot	Javelin
Boys	Novice	1 kg	4 kg	600 g
	Junior	1 kg	4 kg	600 g
	Senior	1.6 kg	12 lb brass	800 g
Girls	Novice	1 kg	3 kg	600 g
	Junior	1 kg	3 kg	600 g
	Senior	1 kg	4 kg	600 g

5. High Jump Increments:

Boys	Novice	1.35 m	5 cm raise until 8 competitors
	Junior	1.45 m	remain, then 3cm unless all
	Senior	1.50 m	agree to a greater raise.
Girls	Novice	1.20 m	5 cm raise until 8 competitors
	Junior	1.25 m	remain, then 3cm unless all
	Senior	1.30 m	agree to a greater raise.

Girls junior and senior high jump will be combined whenever the total entries of the two events is less than sixteen (16). When combined, this event will run on day two at 1:30pm and use the starting height for junior.

Pole Vault Increments:

Boys	Novice	2.00 m	10cm raise until 8 competitors
	Junior	2.20 m	remaining, then 6 cm unless all
	Senior	2.40 m	agree to a greater raise.
Girls	Novice	1.80 m	10cm raise until 8 competitors
	Junior	1.90 m	remaining, then 6 cm unless all
	Senior	2.10 m	agree to a greater raise.

6. Minimum performance standards will be approved by coaches at the pre-season meeting, based on recommendations made by the field referee.

TRACK & FIELD (cont'd)**SCHEDULE – FIELD**

DAY ONE				DAY TWO			
TIME	#	EVENT	AGE GROUP	TIME	#	EVENT	AGE GROUP
9:30	54	Long Jump	Junior Boys	9:30	85	Long Jump	Senior Girls
	89	Shot Put	Senior Girls		90	Shot Put	Senior Boys
	88	Triple Jump	Senior Boys		23	Triple Jump	Novice Girls
	27	Discus	Novice Girls		28	Discus	Novice Boys
	18	High Jump	Novice Boys		49	High Jump	Junior Girls
	61	Javelin	Junior Girls		62	Javelin	Junior Boys
	20 52 84	Pole Vault	Nov/Jr/Sr Boys				
11:30	53	Long Jump	Junior Girls	11:30	86	Long Jump	Senior Boys
	58	Shot Put	Junior Boys		25	Shot Put	Novice Girls
	92	Discus	Senior Boys		24	Triple Jump	Novice Boys
	87	Triple Jump	Senior Girls		59	Discus	Junior Girls
	17	High Jump	Novice Girls		50	High Jump	Junior Boys
	30	Javelin	Novice Boys		93	Javelin	Senior Girls
12:30	19 51 83	Pole Vault	Nov/Jr/Sr Girls				
1:30	22	Long Jump	Novice Boys	1:30	21	Long Jump	Novice Girls
	57	Shot Put	Junior Girls		26	Shot Put	Novice Boys
	56	Triple Jump	Junior Boys		55	Triple Jump	Junior Girls
	91	Discus	Senior Girls		60	Discus	Junior Boys
	82	High Jump	Senior Boys		81	High Jump	Senior Girls
	29	Javelin	Novice Girls		94	Javelin	Senior Boys
<p>The pole vault competition may be moved to day two if conditions on day one is deemed too unsafe to proceed.</p>							

TRACK & FIELD (cont'd)

SCHEDULE – TRACK
DAY ONE

DAY ONE					
	8:30	Registration			
	8:45	Officials Meetings			
#	Time	Event	Height	Age Group	Gender
11	9:15	3000 m		Novice	Girls
43		3000 m		Junior	Girls
75		3000 m		Senior	Girls
12		3000 m		Novice	Boys
44		3000 m		Junior	Boys
76		3000 m		Senior	Boys
13	10:45	200 m heats		Novice	Girls
45		200 m heats		Junior	Girls
77	11:00	200 m heats		Senior	Girls
14		200 m heats		Novice	Boys
46	11:15	200 m heats		Junior	Boys
78		200 m heats		Senior	Boys
13	11:30	80 mH heats	(2'6")	Novice	Girls
45		80 mH heats	(2'6")	Junior	Girls
77	12:00 pm	100 mH heats	(2'6")	Senior	Girls
14		100 mH heats	(2'9")	Novice	Boys
46	12:30	100 mH heats	(3'0")	Junior	Boys
78		110 mH heats	(3'0")	Senior	Boys
	12:45	LUNCH BREAK			
7	1:00	800 m		Novice	Girls
8		800 m		Novice	Boys
39	1:15	800 m		Junior	Girls
40		800 m		Junior	Boys
71	1:30	800 m		Senior	Girls
72		800 m		Senior/Blind	Boys
78	1:45	110 mH final	(3'0")	Senior	Boys
46		100 mH final	(3'0")	Junior	Boys
14	1:55	100 mH final	(2'9")	Novice	Boys
77		100 mH final	(2'6")	Senior	Girls
45	2:05	80 mH final	(2'6")	Junior	Girls
13		80 mH final	(2'6")	Novice	Girls
	2:30	200 m final		Wheelchair	Girls
3		200 m final		Novice	Girls
4		200 m final		Junior	Girls
35	2:40	200 m final		Senior	Girls
36		200 m final		Novice	Boys
67	2:50	200 m final		Junior	Boys
68		200 m final		Senior	Boys
99	3:05	4x400 Relay	Open	Girls	Timed Final
100	3:15	4x400 Relay	Open	Boys	Timed Final

TRACK & FIELD (cont'd)

SCHEDULE – TRACK
DAY TWO

DAY TWO					
#	Time	Event	Height	Age Group	Gender
98	9:15	2000 m St	Open	Boys	Final
97	9:20	1500 m St	Open	Girls	Final
15	9:30	300 mH	(2'6")	Novice	Girls
47		300 mH	(2'6")	Junior	Girls
79	9:45	400 mH	(2'6")	Senior	Girls
16		300 mH	(2'9")	Novice	Boys
48	10:00	300 mH	(2'9")	Junior	Boys
80		400 mH	(3'0")	Senior	Boys
1	10:25	100 m heats		Novice	Girls
2		100 m heats		Novice	Boys
33		100 m heats		Junior	Girls
34		100 m heats		Junior	Boys
65	11:25	100 m heats		Senior	Girls
66		100 m heats		Senior/Blind	Boys
	11:35	400m final		Wheelchair	Girls
5	11:45	400 m heats		Novice	Girls
6		400 m heats		Novice	Boys
37	12:15	400 m heats		Junior	Girls
38		400 m heats		Junior	Boys
69	12:45	400 m heats		Senior	Girls
70		400 m heats		Senior	Boys
	1:15	LUNCH BREAK			
9	1:30	1500 m		Novice	Girls
10		1500 m		Novice	Boys
41	1:45	1500 m		Junior	Girls
42		1500 m		Junior	Boys
73	2:00	1500 m		Senior	Girls
74		1500 m		Senior	Boys
1	2:15	100 m final		Novice	Girls
2		100 m final		Novice	Boys
33	2:25	100 m final		Junior	Girls
34		100 m final		Junior	Boys
65	2:35	100 m final		Senior	Girls
66		100 m final		Senior	Boys
5	2:45	400 m final		Novice	Girls
6		400 m final		Novice	Boys
37	2:55	400 m final		Junior	Girls
38		400 m final		Junior	Boys
69	3:05	400 m final		Senior	Girls
70		400 m final		Senior	Boys
31	3:20	4 x 100 Relay	Novice	Girls	Final
32		4 x 100 Relay	Novice	Boys	Final
63	3:30	4 x 100 Relay	Junior	Girls	Final
64		4 x 100 Relay	Junior	Boys	Final
95	3:40	4 x 100 Relay	Senior	Girls	Final
96		4 x 100 Relay	Senior	Boys	Final
	4:15	Presentation of Awards			
	4:30	Coaches' Mtg re: N.O.S.S.A. entries and transport			

**STANDARD
TRACK AND FIELD
SCHOOL
ABBREVIATIONS**

TRACK & FIELD (cont'd)

S U D B U R Y		S A U L T S T E. M A R I E	
Chelmsford	NOCV	Korah	NOKO
Confederation	NOCF	St. Mary's	NOSM
Riviere-des-Français	NOFR	Superior Heights	NOSH
Hanmer	NOHA	White Pines	NOWP
Lasalle	NOLS	Notre Dame du Sault	NODS
Lively	NOLI		
Lockerby	NOLK		
Lo-Ellen Park	NOLO	N I P I S S I N G	
Macdonald Cartier	NOMC	Algonquin	NOAL
Sudbury Secondary	NOSU	Chippewa	NOCW
Champlain	NOCH	Elisabeth-Bruyère	NOEB
Sacré-Coeur	NOSA	Franco Cité	NOFC
L'Horizon	NOLZ	F. J. McElligott	NOME
Marymount	NOMM	Nbisiing SS	NONB
Notre Dame	NOND	Nipissing-Ouest	NONW
St Benedict	NOBE	Northern	NONO
St Charles	NOSC	Odyssée	NOEO
Bishop Carter	NOAC	St. Joe/Scollard Hall	NOSJ
		West Ferris	NOWF
N O R T H S H O R E			
Central Algoma	NOCA		
Elliot Lake	NOEL		
Manitoulin	NOMI		
W. C. Eaket	NOEA		
Villa Francais des Jeunes	NOVF		
E. S. Jeunesse du Nord	NOJN		
Espanola	NOES		
ES de la Renaissance	NORE		
Wasse Abin	NOWA		

TRACK RELAY MEET

AGES	Refer to Constitution, Article IX, Pages 20-21.			
SERIES	BOYS AND GIRLS			
	SENIOR	JUNIOR	NOVICE	OPEN
	4 X 100m	4 x 100in	4 x 100m	4 x 200m
	4 x 400m	4 x 400m	4 x 400m	4 x 800m
ENTRIES	<div><div>1.</div><div>Each school may enter one team for each relay per age group except the 4x200 race in which more than one team per school can run as exhibition.</div></div> <div><div>2.</div><div>Exhibition teams will be allowed to run in the 4 x 200m and 4 x 800m open events only if space is available without adding another heat. Students participating in the 4x800 event are permitted to run with more than one team in the same race, providing the second or subsequent teams are exhibition and that each team has at least four runners. No runner can run more than one leg for the same team.</div></div>			
FEES	The entry fee per school will be at the discretion of the sports committee.			
ELIGIBILITY	As in the Constitution: All lists must be sent to the convener by the deadline as set by the Convener.			
RULEBOOK	The International Amateur Athletic Federation Rulebook.			
OFFICIALS	<div><div>1.</div><div>At the discretion of the convener using the rulebook as a guide.</div></div> <div><div>2.</div><div>A suitable number of officials should be obtained from participating schools and from the community.</div></div>			
AWARDS	<div>The following banner shall be presented:</div> <div><div><div>•</div><div>Grand Aggregate Champions</div></div><div><div>•</div><div>S.D.S.S.A.A. Ribbons shall be presented to 1st, 2nd and 3rd place finishers in each relay.</div></div></div>			
GENERAL	<div><div>1.</div><div>There shall be no post entries although substitution will be permitted providing each competitor is registered.</div></div> <div><div>2.</div><div>No competitor shall be allowed to compete unless he/she is attired in a school track uniform.</div></div>			

TRACK RELAY MEET (cont'd)**GENERAL (cont'd)**

3. Official batons will be supplied for the races.
4. In all races of more than one lap, the first 500 meters will be run in lanes except the 4 x 800 where the first number will break for the inside after the first corner flag.
5. In order to be eligible for the 4 x 100m relays in the City Meet, a school must have participated in the City Relay Meet. The times from the S.D.S.S.A.A. Relay Meet for the 4 x 100 m relays will be used to seed for the S.D.S.S.A.A. Track and Field Meet.
6. Each exchange zone should have umpires with cell phones to record video exchanges.

WRESTLING

AGES & ELIGIBILITY

Refer to the Constitution - Page 20, Article IX.
Girls may only wrestle against girls, boys against boys.

SERIES

- I) Mini-Meets on League basis
- II) Rookie/Open/Girls
- III) Mid-Season
- IV) Ron Preston S.D.S.S.A.A. City Championships
- V) N.O.S.S.A.
- VI) O.F.S.A.A.

WEIGHT CLASSES AND WEIGH-INS

Per O.F.S.A.A. Weight Classes.

A) Weigh-in

The coach shall weigh all wrestlers and email the names and classes to the convener or draw person by Tuesday 6pm prior to a Thursday meet (if meet is scheduled on a different day of the week, use two days prior the scheduled day of meet by 6pm). The convener may redistribute the athletes to insure a good competition

I) Mini-meet

a) After the deadline to submit weights, no additions or substitutions will be permitted. If a scratch renders a specific weight class to be reduced to one (1) wrestler, the convener/draw master may at that point add the single wrestler to a higher weight class and re-draw as required.

b) Wrestlers found over weight will be disqualified for that meet and may not participate. Also, the rest of the team must weigh in.

Red dots will be randomly assigned the night before a meet by the draw master, and then posted the following day at the meet. Any Wrestlers found over weight will be disqualified for that meet and may not participate. Also, the rest of the team must weigh in. Any red dotted athlete who is not present at the meet will be red dotted for the following 2 meets.

WRESTLING (cont'd)**WEIGHT CLASSES
AND WEIGH-INS
(cont'd)**

Also, as wrestlers are allowed to wrestle up only one weight class, wrestlers will be checked to see that they are not too far underweight. The penalty will be the same as for overweight wrestlers.

- d) Any coach or official may ask to have any wrestler weigh-in at the meet. The official and one other coach will do the weigh-in.
- e) No more than four wrestlers may be entered in any weight class for all SDSSAA-hosted regular mini meets.

II) Ron Preston S.D.S.S.A.A. City Championships

- a) The weigh-in shall take place the night before the meet at a time and a place or places agreed to by the majority of participating schools.
- b) Ron Preston Championships participation:
Each wrestler must have weighed-in and participated in at least three (3) S.D.S.S.A.A. official meets (this includes Saturday meets - Rookie/Open or Mid-Season) or S.D.S.S.A.A. sponsored wrestling clinics prior to participating in the Ron Preston S.D.S.S.A.A. Championship. There will be no exceptions allowed.

Athletes who qualify for O.F.S.A.A. in a Fall Sport will be deemed eligible for Ron Preston City Championships, providing they have participated in all meets possible starting the week after their participation at said O.F.S.A.A.

SCORING

Scoring for all meets will be according to the same formula used at NOSSA

Round robin categories consisting of five (5) or less wrestlers:

- 1st – 10 points
- 2nd – 7 points
- 3rd – 4 points
- 4th – 2 points

WRESTLING (cont'd)**SCORING (cont'd)**

Bracket Draws (six or more wrestlers):

- 1st- 10 points
- 2nd – 8 points
- 3rd – 6 points
- 4th – 3 points
- 5th – 2 points
- 6th – 1 point

The exception to the above will be “The Boot”, which will be scored based on a percentage system (ie. Total points divided by the number of wrestlers).

AWARDS

Medals for 1st (Gold), 2nd (Silver) and 3rd (Bronze) shall be awarded at the Ron Preston City Finals only.

RULES OF PLAY

Will be governed by the current O.F.S.A.A. wrestling rulebook. Except for the draw.

The Draw: An O.F.S.A.A. style drawback draw with S.D.S.S.A.A. Modifications shall be used as per draw sheet.

Any class due to disqualification or no show.

5 or less shall become a round robin. Draw master will endeavour to combine pools.

The Warm-Up Meet will be run under CAWA rules (provincial rules).

GENERAL

(a) Mini-meets will be set up as fair as possible according to number of schools participating and number of meets.

(b) Host school schedules will be approved at the pre-season winter sports meeting.

WRESTLING (cont'd)**GENERAL (cont'd)**

- (c) Once an official schedule is drawn up and has been approved by the executive, it will be considered as final and no changes will be made except by direct phone call to the convener. No changes may be made less than (2) two weeks prior to the meet unless due to extenuating circumstances as decided by the convener and coordinator.
- (d) Refer to Article XIII in constitution. Any school dropping out of league after the start of season will be subject to a \$200.00 fine.
- (e) Host schools shall be responsible for:
 - i) providing enough people to run the meet: i.e. tables, corrals, etc.
 - ii) ensuring that all equipment is at their school: i.e. mats, scoresheets, tables, etc.
 - iii) cleaning up afterwards and returning club mats to the head official's trailer
- (f) Uniform and Equipment
 - (i) the contestants must appear on the edge of the mat in a one-piece official school wrestling singlet. No double layers are allowed below the crotch or above the hip. Rookies need not wear singlets until after Christmas.
 - (ii) wrestlers with orthodontic devices must wear a proper mouth guard.
 - (iii) wrestling shoes/boots must be worn and all laces taped. Rookies need not wear wrestling shoes until after Christmas, however proper gym shoes must be worn with laces taped.
 - (iv) all competitors are expected to dress in uniforms that are neat, clean and which maintain the integrity of the school's/Association's name, colours and logos. No sport club insignia on uniforms shall be permitted. A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in a single or multi-sport programs. Sponsorship recognition is permitted to be visible but must conform with the placement guidelines outlined the SDSSAA constitution.
 - (v) The official OFSAA-approved two-piece uniform will be permitted.
- (g) Water - The wrestler is permitted to have a drink of water between rounds.

WRESTLING (cont'd)**GENERAL (cont'd)**

- (h) True 2nds will not be used in regular season mini-meets, but challenges may be fought at Ron Preston in the same manner as NOSSA. Medallions awarded will not change, but funding for the trip to NOSSA would go to the winner if they were part of the Public Board (and if funding was extended to 2nd place finishers).

Only non-SDSSAA participants will be charged the meet entry fee for ROG, Warm-up and other SDSSAA meets that may be introduced. SDSSAA wrestlers will be charged back for those expenses not covered the non-SDSSAA participants' entry fees on a pro-rata basis.

FIRST AID

A paid individual whose sole responsibility is first aid will be assigned to all scheduled meets during the season.

**POLICY FOR
WRESTLING TRIPS**

Transportation Coordinator

- a. Get money as per S.D.S.S.A.A.
- b. Is responsible for all on bus.
Must ensure that every athlete has a responsible (chaperone) coach.
Get a list from all coach/chaperons as to who he/she is responsible for.
Have a list indicating which room each athlete is in. Each coach/chaperone should have a copy of this list and know where his athletes are.
- c. Is the person to contact in case of problem.
- if there is a problem - contact coach and/or assistant coach responsible for the athlete in question.
NO COACH - NO GO!!

BASEBALL**ENTRY**

1. Baseball shall be considered as a varsity team sport (only one age classification); whereas all participating student-athletes shall meet the eligibility requirement as listed in the Eligibility section of the Boys Baseball Playing Regulations as well as the Constitution.
2. Each school shall be permitted to enter only one team into the league.

ELIGIBILITY

1. The individual's birth certificate indicates that he has not reached his 19th birthday by January 1 prior to the start of the school year in which the competition is held.
2. Girls that meet the eligibility requirements shall be permitted to play.

SCHEDULE

For regular season play, each team shall play a minimum of four games.

Effective September 2016 the SDSSAA Boys Baseball championship be contested using an interlocking schedule format with games hosted during the fall sport season. Results from the SDSSAA season may be used to seed teams for NOSSA in the spring but participation at the SDSSAA level will not be required in order to enter NOSSA.

RULES

1. The Official Rules of Baseball shall be followed with the following exceptions:
 - a) All games shall be 7 innings. No new inning shall begin after 1 hour and 45 minutes of the start of the game.
 - b) Each team may bat up to a maximum of 15 batters and a minimum of 9 batters are required to be listed in the line-up to begin play.
 - c) There shall be unlimited substitution.
 - d) All bats used must conform to the Ontario Baseball Association rule that a bat cannot weigh more than three ounces less than the length of the bat. (For example, a 33-inch long bat cannot weigh less than 30 ounces.) The bat cannot have a diameter at its thickest part of more than 2 and 5/8 inches. Only solid wood or composite bats shall be permitted.
 - e) Players shall be permitted to wear rubber or metal cleats.
 - f) Base coaches shall be required to wear a protective batters helmet while on the field.
 - g) Catchers must wear a helmet and mask with adequate throat protection at all times. Note: this includes practice and warm-ups. Coaches must wear at least a mask in all practice and warm-up situations.

BASEBALL (cont'd)**RULES (cont'd)**

- h) The use of all tobacco products including smokeless tobacco by all on-field participants (players, coaches, managers, trainers, umpires, etc.) is prohibited at all times and is subject to automatic ejection from the game.
- i) No visible jewelry is allowed.
- j) Mercy Rule: 15 runs after three inning or ten after five innings or 4.5 if the home team is ahead. Round Robin: two hour time limits, no new inning after one hour and forty-five minutes. Playoffs: seven inning or mercy rule.
- k) The home team (as designated by the League schedule) shall be responsible for the Official Scoresheet and Pitch Count Sheets.
- l) A team must have at least 9 players to start a game. If they do not have 9 players, they shall forfeit the game.
- m) If a player is ejected and the team is reduced to 8 players, the game shall continue with the ejected player's batting spot being skipped (not counting as an automatic out). If the ejection of a player bring the number of players in the game to less than 8, that team shall forfeit the game.
- n) All players that have been ejected from a game shall also be assessed an automatic game suspension and shall miss their team's next game. If a player is ejected twice in the same season they shall be suspended from play for the remainder of the season (League and playoffs).
- o) Injured players who cannot return to the game shall be skipped in the line-up to the next batter and shall not be recorded as an out.
- p) If injuries or ejections reduce the number of players to 8, the game shall continue. However, if there are 7 or less players following injury or ejection, the game shall be forfeited to the team with the allowable number of players.
- q) The Official SDSSAA Team Line-up Card must be presented to the opposing Head Coach (or assigned substitute) prior to the start of the game. Upon completion of the game, the Home team shall submit the Official Scoresheet as well as the Official Pitch Count sheets to the League convener. All Scoresheets and Pitch Count Sheets shall include the full name (first and last names) of each player as well as their uniform number.
- r) Regular season games that are tied shall remain tied. Each team shall be awarded 2 points for a win, 1 point for a tie and 0 points for a loss.
- s) All teams that have completed the Regular Season shall qualify for the League Playoffs.

BASEBALL (cont'd)**RULES (cont'd)**

- t) For any discrepancy in rules interpretation, the convener shall refer to Baseball Canada Rules as they pertain to High School aged play (players aged 16 years or older).
- u) SDSSAA will use Ontario Baseball Association and Baseball Canada pitch count rules.
- v) 5 run mercy rule per inning with open inning called by the umpire in time limited games.
- w) Playoff games will be 7 innings unless the mercy rule is in effect.

DEFINITIONS

A week shall constitute a period of seven (7) days with Sunday being the start of the week.

UNIFORMS

Each school should have baseball uniforms with numbers on the back of each jersey. If team colours are similar, the home team will be required to change their colours for the game.

TIE-BREAKING PROCEDURES

1. In all cases of two-way ties for any position in the league standings, the convener will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear.
 - (a) The won-lost record of the teams tied as they appear against each other.
 - (b) Run differential (runs scored minus runs allowed=net score)
 - (c) The season's difference between runs for and runs against of the teams tied as they appear against every other team in the league. A maximum difference of ten(10) runs shall be awarded in each game.
 - (d) The team that has the fewest runs against.
 - (e) A coin toss. (Away team of game versus each other chooses side of coin).
2. In all cases of three-way ties for any position in the league standing, the convener will take into consideration the following procedures for breaking the tie(s) in the sequence in which they appear. Once a team has been eliminated using the three way tie-breaking procedure, the tie between the two remaining teams will be broken by the two-way tie-breaking procedure.
 - (a) The won-lost record of the teams tied as they appear against each other.
 - (b) The difference between runs for and against with the teams tied as they appear against each other. The team with the most positive difference (or least negative) shall be awarded the higher standing.

**TIE-BREAKING
PROCEDURES
(cont'd)**

- (c) The season's won-lost record of each teams tied as they appear against every other team in the league
- (d) The season's difference between the runs for and against of the teams tied as they appear against every other team in the league.
- (e) The team that has the fewest runs against.
- (f) A coin toss (away team of game versus each other chooses side of coin).

PLAY-OFF FORMAT

1. In a three (3) team play-off, the format shall be: 1-bye, 2 vs. 3 and the winner and play in the final.
2. In a four (4) team play-off, the format shall be: 1 vs. 4, 2 vs. 3 and the winners playoff.
3. In a five (5) team play-off, the format shall be: 1-bye, 2-bye, and 3-bye, 4 vs. 5 and the winning teams then follow the four (4) team league.
4. In a six (6) team play-off, the format shall be: 1-bye, 2-bye, 3 vs. 6, 4 vs. 5 and the winning teams then follow the four (4) team league.

All Play-off games will be sudden-death games with the home team being the higher standing team in League play.

For playoff games that are tied after 7 innings, the International Rule for Tie-Breaking shall be used with the last batter out of the previous inning being placed at second base to start the inning.

**NOSSA
REPRESENTATION**

1. All schools must compete at the N.O.S.S.A. level indicated by the N.O.S.S.A. school classification rules unless the school has declared their intention to compete at a higher classification in writing to the convener and athletic administrator the day before the start of the play-off schedule. Such declaration must be signed by the school Principal, Athletic Coordinator (where applicable) and the Head Coach.
2. S.D.S.S.A.A. entries to N.O.S.S.A. Championships shall be determined using the following order of priority:
 - (a) Play-off Champion
 - (b) Play-off Finalist
 - (c) League Champion
 - (d) the highest ranking Semi-finalist using league standings
 - (e) the other Semi-finalist
 - (f) the team with the best league record among the schools in the same NOSSA school classification. In the event that the championship involves more than one classification, the league records of all the schools in those classifications will be used.

BASEBALL (cont'd)**NOSSA
REPRESENTATION
(cont'd)**

- (g) In the case of a 2-way tie in part (e), a play-off contest shall be played at the home of the higher ranking team determined by the 2-way tie-breaking procedure.
- (h) In the case of a 3-way tie, the 3-way tie-breaking procedure will be used to determine the ranking of the teams. The 2nd ranked team will host the 3rd ranked team in a play-off contest. The winner of this contest will play a final play-off contest against the 1st ranked team at the home of the 1st ranked team.

All Play-off games will be sudden-death games with the home team being the higher standing team in League play.

AWARDS

1. A SDSSAA banner is to be presented to the Play-off Champion. This banner will be kept by the winning school. If there is no play-off, the banner will be presented to the League Champion.
2. Gold and silver medallions will be presented to members of the play-off championship team and play-off finalist team respectively.

BASKETBALL**CATEGORIES OF COMPETITION**

DIVISION I - JUNIOR AND SENIOR
 DIVISION II - JUNIOR AND SENIOR
 NOVICE

ELIGIBILITY

- (a) Refer to the Constitution - Art. IX, page 20.
- (b) The official eligibility sheet must be used.
- (c) Players can play for one team and one team only.

RULE BOOK

- (a) All games shall be played according to the rules adopted by O.F.S.A.A. Sport Advisory Committee.
- (b) All teams must use the S.D.S.S.A.A. official score sheet that is available from the coordinator's office.
- (c) The SDSSAA will adopt the Federation 3 pt line for the next two years.

OFFICIALS

- (a) For all Junior and Senior games, the officials will be under the jurisdiction of the conveners of the appropriate convener and the Supervisor of Officials
- (b) If there is only one official present at the start of the game, the game will be postponed to a later date. It is recommended that the cost of the bus of the visiting team be charged back to the officials' association.

SCHEDULING

NOVICE - JUNIOR – SENIOR

For the junior and senior league, two divisions will be created based on the following criteria:

- Division I – any school wishing to compete at the NOSSA “A”, “AA”, “AAA” level
- Division II – all remaining schools

Division I will be the only vehicle for entry into NOSSA “A”, “AA”, “AAA”. There will not be challenge games between divisions.

When the S.D.S.S.A.A. hosts N.O.S.S.A. the facility must have a regulation floor conducive to championship basketball.

The host school will determine home and visiting benches.

BASKETBALL (cont'd)**GENERAL**

- (a) The winning team shall be responsible to call in the results to the SDSSAA results line immediately following the game, and to follow up with a fax or hand delivered copy of the official scoresheet to the convener on the next school day. In case of a tie, this responsibility shall be that of the home team.
- (b) Each basketball program/Program Leader is responsible for the training of competent scorers, timers and shot clock operators.
- (c) The senior, junior and novice teams will play eight (8) minute quarters, stop time.
- (d) The SDSSAA will use the OFSAA official ball for all games. The brand of the ball used by OFSAA will be reviewed at the preseason meeting. [This will apply only to Division I schools.](#)
- (e) Ties for Playoff Positions:
 - 1. Where ties involve the last playoff position(s), tie breaking games must be scheduled.
 - 2. To break all other ties in the final regular season standings, the following criteria will be used:
 - (I) Head to head results, with the winning team being seeded highest.
 - (II) If there is still a tie, the team that has allowed the fewest points in games involving the tied teams will get the highest seed.
 - (III) If still tied, point differential (points for less points against) amongst the games involving the tied teams, the team with the highest differential getting the highest seed.
 - (IV) Should the teams still be tied, then the overall point differential between common opponents shall be used.

Tie breaking games will be played at the site of the highest placed seed. Should that site be unavailable, not meet sport governing body specifications or not be able to accommodate spectators, then the game will be played at the site of the lower seed. Should either of these locations be unavailable, then the higher seeded team shall select a site. If the higher seed is unable to access a site, the convener shall secure a neutral site. For scheduling, the convener(s) shall leave at least two days for tiebreakers at the end of the schedule before the playoffs.

BASKETBALL (cont'd)**GENERAL (cont'd)**

In ties involving three or more teams, teams will be seeded using the criteria above, and a minimum number of games will be scheduled to decide the issue. Match-ups will be scheduled considering standard playoff formats (ie. if four teams: 4th vs 1st, 3rd vs 2nd, if three teams: 1st receives bye, 3rd plays second, etc)

3. All tie breaking games are designated as playoff games.

- (e) Once an official schedule is drawn up and approved by the Executive, it shall be considered as final and no changes shall be made except by direct phone call to the convener. No change may be made less than two weeks prior to the game.
- (f) After the court has been cleared, teams shall be allowed a minimum of fifteen (15) minutes to warm-up.

PLAY-OFFS

Play-offs will be held in Junior and Senior in the week prior to N.O.S.S.A.

The structure will be:

Quarter finals - 1st & 2nd receive a bye, 6th will play 3rd, 5th will play 4th.

Semi-finals - Lowest seeded team from quarter finals using regular season standings plays 1st place team, highest seeded plays 2nd place team.

The times for the City Championship Finals will be as follows:

- Div II – On the Friday of Championship weekend at the highest ranking Div II Senior team. Junior - 5pm, Senior - 7pm.
- Div I/Novice – On the Saturday of Championship weekend at the highest ranking Div I Senior team. Novice - 12pm, Junior - 2pm, Senior - 4pm.

Division II finals be held in gyms that can accommodate spectators (i.e. have BLEACHERS) in order to facilitate crowd control.

For all junior and senior playoff games, a 2-person officiating crew will be used.

BASKETBALL (cont'd)**HOSTING PLAYOFFS**

School responsibilities when hosting the basketball championship:

1. Teacher supervision for spectators.
2. Physical preparation of the gym (safety, first aid, benches, bleachers, etc.)
3. Music for warm-up.
4. Trained minor officials.
5. Microphone and presentation table for convener.
6. People to take care of the gate (float is host school's responsibility).
7. Custodian being available.

**N.O.S.S.A.
REPRESENTATION**

If two teams are eliminated at the same entry point of the playoffs and qualify for an additional NOSSA entry, a NOSSA challenge game will be played.

If a position opens up at a NOSSA Championship because another region does not fulfill their commitment, the league convener must be contacted by the Athletic Administrator and the NOSSA Convener. At this time, the appropriate schools will be contacted.

NOVICE - GENERAL

The use of man-to-man full court pressure will be permitted effective the start of the 2006 season. There will be no zone defense permitted until after Christmas. Once a team has a twenty point lead, they must remove the full court pressure and only play half-court defence. Once the twenty point spread is reduced, the team may continue to use full court pressure.

NOTE: ONLY RUNNING SHOES WITH NON-MARKING SOLES ARE ALLOWED FOR GAMES OR PRACTICES.

FOOTBALL – JUNIOR AND SENIOR

AGES	Refer to the Constitution - Art. IX, page 20.
SERIES	Junior and Senior
ELIGIBILITY	<ol style="list-style-type: none"> 1. Refer to the Constitution - Page 20. 2. The Official eligibility sheet must be used. 3. If due to injury a player on the eligibility list is prevented from making the two game minimum necessary in order to be rendered eligible for playoffs, then the mandatory two regular season requirement need not apply upon submission of a doctor's note.
RULEBOOK	The Canadian Amateur Football Association Rulebook will be used (as amended in the general section).
OFFICIALS	<p>Are the responsibility of the convener.</p> <p>Player Ejection:</p> <ol style="list-style-type: none"> 1. The referee shall notify the coach immediately when a player is ejected from the game. 2. The referee shall record the ejection immediately noting: <ul style="list-style-type: none"> - the player number - team name - infraction 3. A written report is to be submitted to the convener.
FINANCING	<ol style="list-style-type: none"> 1. The cost of officials for league and play-off games, above the Officials' Pool allotment, will be shared equally by all schools entering a team in the S.D.S.S.A.A. league. 2. The league will set aside funds to cover the cost of up to ten new officials' accreditations. The chief official shall submit a report to the convener at each meeting detailing the progress of these new officials. 3. The team advancing to NOSSA should receive a \$500 honourarium from sport committee funds (where available) to help offset transportation expenses.

FOOTBALL – JUNIOR AND SENIOR (cont'd)**FINANCING (cont'd)**

4. The league will donate 10% of game proceeds collected from all games scheduled during the first week annually to the Northern Cancer Research Foundation.

GENERAL

1. Once an official schedule is drawn up and approved by the executive committee, it shall be considered as final. No changes are to be made less than two weeks prior to the game. See Constitution Page 28, article XIII, section 2.

After initially confirming intentions in the Spring for scheduling purposes, teams must provide final confirmation of entry by the first Friday of school, at 3pm for senior and the following Monday, 3pm for junior.

2. Ties for final playoff positions shall be broken in the following manner:
 - (I) Head to head results, with the winning team being seeded highest.
 - (II) If there is still a tie, the team that has allowed the fewest points in games involving the tied teams will get the highest seed.
 - (III) If still tied, point differential (points for less points against) amongst the games involving the tied teams, the team with the highest differential getting the highest seed.
 - (IV) Should the teams still be tied, then the overall point differential between common opponents shall be used.
3. Voting on league individual awards be based on regular season performance only.
4. For games played at sites other than James Jerome or Queen's Athletic Field, spectator control shall be the responsibility of the home team. Each team shall be responsible for control of their own sideline.
5. Pre-season training camps with full equipment will not be allowed to start prior to two weeks before school starts.

FOOTBALL – JUNIOR AND SENIOR (cont'd)**GENERAL (cont'd)**

6. Game format:
 - a. Junior and senior football game quarters shall be 12 minutes as per timing regulations of the Football Canada Rulebook.
 - b. Four downs, one yard neutral zone. SDSSAA senior football will adopt Canadian Amateur rules (3 down football).
 - c. There shall be no neutral zone.
 - d. In the event that a Team B player goes offside and breaks the plane of the line of scrimmage before the ball is snapped, play shall be stopped only if contact with a Team A player is made (rule 4.2.3).
 - d. The ball can be scrimmages all the way up to the defense's goal line.
 - e. The ball cannot be scrimmages inside the offense's 1 yard line.
 - f. On special team plays, defenders cannot be lined up over the center or in the A gap (the A - Gap is the Gap between the Center and Guard). Penalty – Illegal Procedure Defence 5 yards. The center (long snapper) must remain on the line of scrimmage until the ball is kicked. Penalty – Illegal man down field – 5-yard penalty
7. NOSSA regulations will be adopted pertaining to game ball size (must be the official CIS / CFL size and weight).
8. One coach may meet with his team on the field during time outs.
9. If a player receives any combination of three (3) objectionable conduct and/or unnecessary roughness penalties, this will lead to an automatic game ejection. Any game ejection will require a Board of Reference hearing prior to a return to participation.
10. If a coach receives two (2) objectionable conduct bench penalties, this will lead to an automatic game ejection.
11. Lining up and hitting a player who is well away from the ball and has no involvement in the current play will be considered Unnecessary Roughness.
12. Mercy Rule – Once a team gets a 30 point lead, the game will go to straight time, regardless of time outs or scoring plays. Clock will stop on injuries at coaches' discretion
13. The half time break will be maximum ten (10) minutes duration.

FOOTBALL – JUNIOR AND SENIOR (cont'd)**GENERAL (cont'd)**

14. The first aid provider will be responsible to go to the head coach and advise when a player is to be removed from contest – if the provider sees that player is still in the game, the concern is to be reported to officials who have the right to remove player. In such cases a report is to be filed with league for follow up with school admin.
15. Admission signs will be purchased from King Sportswear to be used to support game operations.
16. Schools must be represented at the pre-season meeting or at least initiate contact with the convener beforehand to cover essential areas of operation for the upcoming season. If neither is done, the school involved will not be permitted entry for that season.

GAME FILM

1. Any high school coverage that is filmed locally should be held in private at the school and not posted on-line for any potential opponents to view unless password protected.
2. Only teams contributing game film will be permitted to access the game film site.

HOCKEY**AGES**

Refer to Constitution - Art. IX, page 27.

ELIGIBILITY

- (a) Refer to Constitution: Art. IX, page 27.
- (b) All competitors must have been in regular attendance at the school before they can compete.
- (c) Return to N.O.S.S.A. eligibility if advancing.
- (e) No competitor is eligible whose name has appeared on a game sheet, and has dressed, after the first SDSSAA regular season game, for a team in any level of carded (rep) hockey, major junior, junior, intermediate, senior or GMHL league or any league deemed equivalent. Exception: a junior "C" or "D" team is allowed to AP a high school goalie and be called up in an emergency situation and appear on a game sheet and/or play up to a maximum of two exhibition/league and/or playoff games in total during the season after the SDSSAA's first regular season game.
- (e) All players must sign, and have their parent/legal guardian sign, a league-wide behaviour contract (attached to playing regs) before they are considered eligible to participate in league games. These contracts are to be kept on file at the school and provided upon request from the convener.

OFFICIALS

The assignment of officials will be made in conjunction with the referee-in-chief. The enforcement of rules will be as per constitution and the contract with the officials Association.

The league will assign two referees and two linesmen to as many games as possible.

All officials must be properly certified for the level of hockey they are officiating.

No game shall begin without two officials present.

HOCKEY (cont'd)**RESPONSIBILITIES OF COACHES RE: OFFICIALS**

Coaches are requested to utilize form 7.3 in the S.D.S.S.A.A. Handbook (Coach/School Report Re: Game Officials) wherever problems are encountered in terms of officiating. The Athletic Administrator will be responsible to ensure that all reports are followed through and communicated to the Chief Referee. DO NOT WAIT UNTIL THERE IS A MAJOR PROBLEM TO USE THIS REPORTING PROCEDURE. It is only possible to solve problems with the coaches' feedback.

RULEBOOK

The Hockey Canada Rulebook is to be followed except for any amendments or deletions passed by S.D.S.S.A.A. or N.O.S.S.A.

FINANCING

Costs for officials for Board schools, above the Official's Pool allotment, will be shared equally by all participating schools.

GENERAL

- (a) Each school shall be responsible for the conduct of its players and officials.
- (b) The home team is responsible for supplying pucks and a tablet for use during the game by the scorekeeper. If the home team cannot provide a tablet or one is not available at the hosting venue to be used for this purpose, the home team may provide a hard copy scoresheet that can be used as a one-time replacement.
- (c) Exhibition games must be approved by the principal of each school.
- (d) An unlimited number of players can be dressed. No more than six (6) team officials, as properly identified on the score sheet, may go behind the player's bench at any one time.
- (e) Helmets and facemasks must be worn at all times within the playing area. The use of CSA-approved helmets is mandatory for all hockey coaches while on the ice during practices.
- (f) A game shall consist of three 15 minute stop time periods followed by a flood after each period of play. A 4-minute warm-up will precede each game.

HOCKEY (cont'd)**GENERAL (cont'd)**

- (g) Each team is allowed a 30 second time-out per game.
- (h) The minimum number of players required to start a game is nine, including eight skaters and one goaltender.
- (i) In the event of inclement weather conditions, notice must be provided to teams at least two hours before game time and must be approved by both coaches and the Athletic Administrator. Should both coaches not be in agreement, the Athletic Administrator will have the final authority to decide whether or not the game proceeds as scheduled.
- (j) If during the course of a game one team attains a lead of six goals, the game will be continued straight time at the subsequent drop of the puck. If after this point this differential is reduced to three goals, the game will revert back to stop time, again at the subsequent drop of the puck.
- (k) In addition to Friday night 7pm ice time, Manitoulin senior boy's hockey team must offer an additional home ice weekly in the afternoon over the course of the regular season and playoffs. The game must be played at NEMI recreational centre in Little Current. The start time must be 4pm or earlier.
- (l) No team will be permitted to book a tournament from the start of the playoff schedule until they are eliminated from contention.
- (m) All teams will be responsible to enter their roster into the gamesheet app that will be selected by the convener/athletic administrator to manage the league prior to their first game, league or exhibition.

TIES FOR PLAYOFF POSITIONS

Tie breaking games will be played at the site of the highest placed seed. Should that site be unavailable, not meet sport governing body specifications or not be able to accommodate spectators, then the game will be played at the site of the lower seed. Should either of these locations be unavailable, the higher seeded team shall select a site. If the higher seed is unable to access a site, the convener shall secure a neutral site. For scheduling, the convener(s) shall leave at least two days for tiebreakers at the end of the schedule before the playoffs.

All tie-breaking games are categorized as playoff games.

HOCKEY (cont'd)**TIE-BREAKING
FORMULA**

- (i) Ties for final playoff positions shall be broken in the following manner:
 - (1) Where ties involve the last playoff position(s), tie-breaking games must be scheduled.
 - (2) To break all other ties in the final regular season standings, the following criteria will be used:
 - (I) Head to head results, with the winning team being seeded highest.
 - (II) If there is still a tie, the team with the most number of wins amongst the tied teams will be seeded highest.
 - (III) If there is still a tie, the team that has allowed the fewest points in games involving the tied teams will get the highest seed.
 - (IV) If there is still a tie, the team that has allowed the fewest points in games involving common opponents will get the highest seed.
 - (V) If still tied, point differential (points for less points against) in games involving the tied teams will get the highest seed.
 - (VI) If still tied, point differential (points for less points against) in games involving common opponents will get the highest seed.
 - (VII) If still tied, the team that recorded the fewest penalties (where applicable) will get the highest seed.
 - (VIII) If still tied, a single coin toss will decide the issue.

HOCKEY (cont'd)**VIOLATIONS/
PENALTIES –
OPENING
STATEMENT**

These guidelines will be reviewed and revised as necessary. Immediately after receipt of a report regarding a player's unsportsmanlike behavior which makes him eligible for a board of reference hearing, the program leader of the school and/or the coach will be advised of the arrangements for a hearing. In all cases, it is the responsibility of the coach and player to attend. Every effort however, will be made to consider the team's practice and game schedules in these situations.

**VIOLATIONS/
PENALTIES –
PLAYERS**

- (a) Suspensions occurring in S.D.S.S.A.A. games are to be served concurrent to the offence. Tournament/exhibition games will count towards the suspension so long as they are scheduled prior to the date of the offence. Suspensions occurring in sanctioned tournaments will apply to the tournament games and to league play.
- (b) Any player receiving a coded offence on three separate occasions will be expelled from the league indefinitely (exceptions: 10 min misconducts and minor checking from behind - GM55).
- (c) Any multiple-game suspension incurred during the final game of the season for the team involved will be doubled. This suspension is to be served in the next SDSSAA sport that the student elects to take part in, or the next hockey season, whichever comes first.
- (d) The number of games to be served for offences incurred during league or tournament play shall be based on the current OHF suspension list.
- (e) In addition to the above, an accumulation of three (3) misconducts, with the exception of M-14, M-34 and M-35, will result in an additional game suspension. If a player accumulates two (2) additional misconducts, an additional game suspension will apply. One additional misconduct incurred after that will be reviewed by the convener and athletic administrator.
- (f) Any player incurring a match penalty for physical abuse of an official shall be immediately expelled from the league. School-supported appeals will be considered by the SDSSAA BoR.

HOCKEY (cont'd)**VIOLATIONS/
PENALTIES -
COACHES**

Based on the nature of the offences, a head coach will be called to a board of reference hearing when the team has accumulated eight (8) misconducts or game misconducts.

Hockey board of reference hearings will be called for any coach who is deemed to be the cause of a game being discontinued, or any coach who is ejected or suspended from a game. Coaches will also be required to attend board of reference hearings for their players unless otherwise notified.

Should a team collect fifty (50) penalty minutes in a game, the head coach will be suspended for the next game. Should this occur a second time, the head coach will be suspended for the following two (2) games. On the third occasion, the head coach will be called to a Board of Reference (major penalties are included, game ejections count for ten minutes towards the total).

**VIOLATIONS/
PENALTIES –
COMMUNITY
SUSPENSIONS**

The ten (10) minutes associated with major penalties will count towards the team total if ANY the following applies: (i) the resulting suspension is 3 games or higher, or, (ii) any case involving verbal abuse of official.

In all cases, a player intending to play for a high school team but has an outstanding suspension either from a house league or C.H.A.-carded community team is considered suspended until the suspension has been served in full.

In cases where students incur a suspension of 1-2 games in a community league, he will stand suspended from high school play for the same number of games, or, a period not to exceed 72 hours following the date and time of the offence, whichever is less, and will be fully eligible to return to play after that period. For all suspensions of three (3) games or more, community suspensions are to be served on a 1:1 basis in the high school league.

If a player is confirmed to have played a high school game while under community suspension, that player will be required to serve an additional five (5) game suspension in the high school league. The player's team results will be unaffected.

HOCKEY (cont'd)**CONVENER**

- (a) The convener or designate shall compile a record of player penalties to be reviewed periodically with the Association Executive.
- (b) The convener's decision on any league matters will be final and binding when executed in accordance with the S.D.S.S.A.A. constitution.

**LEAGUE/PLAYOFF
FORMAT**

Should the number of teams permit, entries will be separated into two divisions and a separate champion declared for each. In this scenario, the second division (Division II) will be contested without body checking.

Should less than four (4) teams commit to Division II in any given year, the league will revert to a one division interlocking schedule, with the possibility of splitting into two divisions at some point in the schedule upon approval of a majority of teams entered.

In case of two divisions:

If division I is greater than five (5) teams:

- Quarter finals - 5th vs 4th and 6th vs 3rd - one game series
- Semi-finals - Winner of 4th/5th vs 1st and Winner of 6th/3rd vs 2nd - best of three game series
- Finals - winners of semis - best of five game series

If division I is less than or equal to five (5) teams:

- Semi-finals - 4th vs 1st and 3rd vs 2nd - best of three game series
- Finals - winners of semis - best of five game series

Division II:

- Semi-finals - 4th vs 1st and 3rd vs 2nd - best of three game series
- Finals - winners of semis - best of three game series

In case of one division:

If the league has even number of teams, a split for the second half of the season will be equal. If there are an odd number of teams, then the middle team must decide to play in division A or division B in the second half of the schedule. If a team folds after the regular season has started the 2nd half splitting will still be based on even or odd number teams.

Quarter Final - 5th vs 4th and 6th vs 3rd - one game series

Semi Final - Winner of 4th/5th vs 1st and Winner of 6th/3rd vs 2nd - best of three game series

Final Div I - Winners of semi-finals - best of five championship series

HOCKEY (cont'd)**LEAGUE/PLAYOFF
FORMAT (cont'd)**

When the final standings have been finalized and if there is sufficient time, the convener will give home teams in the playoffs the opportunity to secure night ice. If ice is not available or does not meet the standard established during the regular season, then the convener will use its allotment of seasonal ice to fulfill scheduling requirements.

**OVERTIME IN
PLAYOFFS**

For playoff games only, when the score is tied after the end of regulation time, teams will then play an additional overtime period of not more than ten (10) minutes, with the team scoring first declared the winner. The overtime period shall be played with each team at a numerical strength of three (3) skaters and one (1) goalkeeper. In the event that one team is serving a penalty at the end of regulation time, it shall be four-on-three until the first whistle after the penalty has expired. At the expiration of the penalty the penalized player shall return to the ice and the teams shall play four-on-four until the first whistle at which time the teams shall revert to three-on-three.

If the game remains tied at the end of the ten (10) minute overtime period, the teams will proceed to a shootout. The home team chooses to shoot first or second. The teams will not change ends for the shootout.

Three (3) players from each team shall participate in the shootout and they shall proceed as follows: All players are eligible to participate in the shootout unless they are serving a ten-minute misconduct or have been assessed a game misconduct or match penalty. Each team will be given three shots, unless the outcome is determined earlier in the shootout. After each team has taken three shots, if the score remains tied, the shootout will proceed to a "sudden victory" format. No player may shoot twice until everyone who is eligible has shot. Regardless of the number of goals scored during the shootout portion of overtime, the final score recorded for the game will give the winning team one more goal than its opponent, based on the score at the end of overtime.

**NOSSA
REPRESENTATION**

The school that wins the city (playoff) championship may choose the NOSSA championship in which they wish to compete. "AAA" schools that make the championship final series may not be bumped out of a NOSSA position. Should two teams in the same school classification be eliminated from the playoffs at the same point in the series (ie. Semi-finals), and only one position at NOSSA is available, a single game sudden victory playoff game will be hosted with the winner claiming the NOSSA position.

SLO-PITCH**RULEBOOK**

Refer to Slo-Pitch National Rules (www.slo-pitch.com) except where indicated below.

ELIGIBILITY

Refer to constitution - Article IX, Page 20.

FORMAT

Tournament remains a one day event.

The option to play in a "A" or "B" division will be added to the participation survey. A minimum of four (4) teams will be required to run a "B" division.

PITCHING CAGE

The pitcher will throw the ball from behind a cage measuring 6ft in height. If a batter strikes the cage, it will be an automatic out. If the pitcher hits the cage while throwing the ball, the pitch will be marked as a ball.

PLAYING RULES

- (a) Safe base at 1st.
- (b) No sliding.
- (c) No stealing.
- (d) No leading.
- (e) No foul language. Each team shall receive one warning. Any subsequent foul language will result in the offending player being ejected from that game.
- (f) 3 courtesy runners per game.
- (g) One home run is allowed per inning. Any additional home run is considered a walk.
- (h) Overrunning every base (batter must turn right).
- (i) Commitment line between home and third base.
- (j) No touching home plate (simply cross the back line).
- (k) 6 runs per inning (max).
- (l) One hour is permitted for each game or seven innings, whichever comes first.

SLO-PITCH (cont'd)**PLAYING RULES**
(cont'd)

- (n) Upon 3rd foul batter is out.
- (o) Pitching mat (if the ball hits the mat and batter doesn't swing, batter is out. Pitches must be from 6' to 12' in height).
- (p) Teams must be ready to play 15 minutes prior to their scheduled start time.
- (q) Catchers can use home plate or the mat to make a play at home plate.
- (r) Helmets are required by batters/baserunners. Catchers and pitchers are to wear facial protection, i.e. catcher's/pitcher's cage and/or helmet.
- (s) The home team will be determined by coin toss before round robin games. The highest seeded team in the playoffs will be home team.
- (t) **Scoring: Runs for and against will be counted after three (3) complete innings. Therefore, teams must play a minimum of three (3) complete innings for a game to be considered complete.**
- (u) Illegal Bats: If a player is caught with an illegal bat, the player, as well as his coach, will be ejected from the game and the tournament.
- (v) **There will be a pitcher's cage. If the batter hits the cage, they are out. Anything else hit up the middle will be in play.**

UNIFORMS

Each team participating in the boys high school slo-pitch championships must have a full set of uniforms with numbers on the back of each jersey.

EQUIPMENT

- (a) Tournament organizers will ensure that all games use only a limited flight HOT DOT brand ball.
- (b) Tournament organizers will ensure to send each coach a list of ineligible bats for the tournament at least two weeks prior to the tournament.

VOLLEYBALL

ELIGIBILITY	As per N.O.S.S.A.
SERIES	<p>Novice</p> <p>Junior Tier One (Division I) and Tier Two (Division II)</p> <p>Senior Tier One (Division I) and Tier Two (Division II)</p>
SCHEDULING	<p>Two divisions will be created based on the following criteria:</p> <p>Division I – any school wishing to compete at the NOSSA “A”, “AA” or “AAA” level.</p> <p>Division II – all remaining schools</p> <p>Division I will be the only vehicle for entry to NOSSA. There will be no challenge games between divisions.</p> <p>If there are ten teams or less registered for junior boys volleyball competition, all teams will compete in the same division, the top six teams will compete for the junior boys division I championship and will be eligible for NOSSA, while the others will compete for the boys division II championship and not be eligible for NOSSA.</p> <p>In the event that more than ten teams enter, they must follow their senior team’s division of choice.</p> <ol style="list-style-type: none"> 1. The league schedule will start the third week of September and the play-offs will be completed one week prior to N.O.S.S.A. 2. Triple headers will be used at schools that have Novice programs.
SCORING	Points for each match during the season are awarded on the basis of 2 for a win, 0 for a loss. These points are totaled to see who goes on to the play-offs.
SCORES AND SCORESHEETS	Home teams are responsible to follow up with a scanned copy of the game sheet to the convener by the next school day. Winning teams (home teams in case of tie) are responsible to go on-line and enter the game scores on sdssaa.ca.

VOLLEYBALL (cont'd)**PLAY-OFFS**

S.D.S.S.A.A. Boys' Volleyball will adopt the following play-off structure. All matches will be played at the home of the higher placed team. Best 3 of 5.

9 teams or less: Top 4 play off

Semi-finals

1 vs 4 = A

2 vs 3 = B

Finals

A vs B

10 teams or more: Top 6 play off play-off.

Quarter-finals

1st and 2nd = bye

3rd vs 6th = A, 4th vs 5th = B

Semi finals

1st vs B = C, 2nd vs A = D

Finals

C vs D

If the finals are to be played at Laurentian University, Cambrian College or Collège Boréal, the finals for Division I and II will be played on a Saturday or Sunday. The recommended times would be:

11:00 am - Division II Junior

1:00 pm - Division I Junior

3:00 pm - Division II Senior

5:00 pm - Division I Senior

If these sites are not available, the Final matches will be played in the home team of the top Senior gym, provided that the gymnasium meets Volleyball Canada Regulations (status quo). When the higher placed team's gym is not available or does not meet Volleyball Canada requirements, the first place senior finisher may choose a regulation size high school gym in which they wish to play the Championship Finals. If not possible, a site will be determined by the convener.

The Head Official will assign certified Volleyball Canada officials as minor officials (2 lines people and 2 scorekeepers) for all final matches. The hosting senior team may be asked to provide competent minor officials as scorekeepers if the Head Official is unable to provide qualified minor officials.

A Division II team that wishes to challenge a Division I team for a NOSSA "B" position must notify (in writing) the Division I and II conveners regarding their intent to challenge one week prior to the beginning of playoffs.

VOLLEYBALL (cont'd)**N.O.S.S.A. ENTRIES**

- (i) For purposes of N.O.S.S.A. entry, Division I will serve as the vehicle for entry to "A", "AA" and "AAA".
- (ii) Challenge matches, where necessary, will be scheduled by the conveners and played on the Monday and Tuesday preceding N.O.S.S.A.
- (iii) At the conclusion of the Division I City Championship Final, the winner will have the opportunity to choose their intent to participate for NOSSA "A", "AA/AAA", provided they do not displace the Finalists from a NOSSA entry. The Finalists would then have the next choice of level to NOSSA. If only one (1) NOSSA entry remains, the next highest playoff finisher will have the right to the entry. If two teams were eliminated from the playoffs at the same level, a match will be played (if necessary) and the winner will be declared the NOSSA rep. Should two (2) or more NOSSA entries remain, entries will be filled by the semi-finalist (and then the quarter finalist) teams in order of highest league standings, until all spots are filled.

BREAKING TIES

To break all ties in the final regular season standings, the following criteria will be used:

- (I) Head to head results, with the winning team being seeded highest.
- (II) If there is still a tie, the team that has allowed the fewest points in games involving the tied teams will get the highest seed.
- (III) If still tied, point differential (points for less points against) amongst the games involving the tied teams, the team with the highest differential getting the highest seed.
- (IV) Should the teams still be tied, then the overall point differential between common opponents shall be used.

Tie breaking games will be played at the site of the highest placed seed. Should that site be unavailable, not meet sport governing body specifications or not be able to accommodate spectators, then the game will be played at the site of the lower seed. Should either of these locations be unavailable, then the higher seeded team shall select a site.

If the higher seed is unable to access a site, the convener shall secure a neutral site. For scheduling, the convener(s) shall leave at least two days for tiebreakers at the end of the schedule before the playoffs.

VOLLEYBALL (cont'd)**BREAKING TIES**
(cont'd)

In ties involving three or more teams, teams will be seeded using the criteria above, and a minimum number of games will be scheduled to decide the issue. Match-ups will be scheduled considering standard playoff formats (ie. if four teams: 4th vs 1st, 3rd vs 2nd, if three teams: 1st receives bye, 3rd plays second, etc). Where two games are necessary, the scheduling of the first tie-breaker will be on Friday at 5pm and the 2nd match will be at 7pm at the highest seeded gym. The tie breakers will be 2/3 matches.

All tie breaking games are designated as playoff games.

AWARDS

Refer to Constitution - Article XIV, page 14 (b)
Championship trophy and banner, championship and finalist medals.

OFFICIALS

- a) Major officials will be provided through the referee-in-chief. The home team must provide two competent linesperson and official scorer.
- b) Rated officials receive the allotted rate as per S.D.S.S.A.A.
- c) The referee-in-chief will hand in an itemized report each year prior to the post season meeting indicating the distribution of funds.

RULES

Current Volleyball Canada Rules will be used with the exception of the following:

- a) 12 Substitution Rule: For SDSSAA competition, teams are allowed a maximum of 12 substitutions in any one set. There is no limit to the number of times a player may leave or re-enter a set, as long as the maximum number of substitutions is adhered to and they leave or re-enter for the same player. Once a player has a designated substitution partner in a set, that is the only player that they leave or re-enter a set for.

For example, player A for player B - player C may not enter this rotation.

- b) Eighteen (18) players may dress and all eighteen may play.

VOLLEYBALL (cont'd)**RULES (cont'd)**

- c) Net height for novice play is 2.24m, junior is 2.35m and senior is 2.43m.
- d) All matches must be played on center court.
- e) All matches are best 3 out of 5.
- f) Warm-ups before matches will follow a 10-5-5 format.
- g) Only running shoes with non-marking soles will be allowed for games or practices.
- h) Rule 14.3 - Assisted Hit is not accepted at the S.D.S.S.A.A. level of play.
- i) The length of time-outs shall be one minute.
- j) A team is to wear matching tops at all times or the player(s) will not play. Student-athletes must remain fully clothed in appropriate team uniform in the competition area, and, use the designated locker room or change area to change to and from competition attire. Teams in violation will receive a yellow card which carries a one-point penalty. Officials must inform the players of ineligibility to continue. Should a team member's uniform become soiled due to contact with blood or other bodily fluid, a "substitute uniform" may consist of another team member's uniform or a spare jersey.
- k) Libero Player.
 - i) Each team has the right to designate up to two (2) specialist defensive players: Liberos U-5.
 - ii) All Liberos must be recorded on the scoresheet with the team roster.
 - iii) The number of Libero or Liberos is to be recorded on the line-up sheets for all sets.
 - iv) The coach may re-designate Liberos each set.
 - v) Only one Libero may be on the court at any one time.
 - vi) The Libero CAN be either team captain or game captain at the same time as performing as a Libero.

VOLLEYBALL (cont'd)**GAME
PROCEDURES**

When the first referee indicates for the teams to change sides at the end of a set, the teams may go directly to their bench and then proceed to the team bench on the other side of the court.

GAME BALL

The official game ball will be the current OFSAA sanctioned ball.

**REQUEST FOR
SUBSTITUTION**

The request for substitution is acknowledged and announced by the second or first referee, by the use of a circular motion of the forearms around each other.

GIRLS' BASKETBALL**ELIGIBILITY**

See Constitution - Article IX, Pages 20.

Only two (2) non-current team players will be allowed to move up to play in the higher division per game.

SCHEDULING

Two divisions will be created based on the following criteria:

- Division 1 – Any school wishing to compete at the NOSSA level
- Division 2 – All remaining schools

Division 1 will be the only vehicle for entry into NOSSA. There will be no challenge games between divisions.

Should fewer than four (4) teams confirm participation in Division I (in a single age category), ***the convenor will poll the Division 1 requesting teams to determine if they would like to remain Division 1 or move to Division 2. If the convenor and Division 1 requesting teams decide that a viable league is not possible,*** then all teams will be combined into a single division for league play. Should the number of teams exceed the maximum allowed league games for a single round robin, the league will be split into two pools. It shall be the decision of the convenor to determine whether a single or double round robin will be played. The convenor will attempt to balance out the strength of each pool. It is suggested to split up the teams originally requesting Division I in different pools. If a single Division, the playoffs will be a cross-over involving the top three finishing teams from each pool.

- 1st Pool A – bye
- 1st Pool B – bye
- Quarter #1 – 2nd Pool A vs 3rd Pool B
- Quarter #2 – 2nd Pool B vs 3rd Pool A
- Semi #1 – 1st Pool A vs winner Quarter #2
- Semi #2 – 1st Pool B vs winner Quarter #1
- Final – winner Semi #1 vs winner Semi #2

NOSSA representation will be determined from this single division.

Schools shall declare by the second Monday in September whether they have a junior and/or senior team. The junior team does not need to follow the senior team in terms of division of play.

GIRLS' BASKETBALL (cont'd)**SCHEDULING**
(cont'd)

Junior and Senior division 2 leagues will play a maximum of six games in league play (one per week if possible). If this leads to an unbalanced schedule, the convenor will attempt to balance games between top end and lower end teams from the previous year's results.

There will be a convener for each of Division I and Division II.

Single games will be scheduled to start at 6pm. Double header games will be played at 5pm and 6:30pm. Triple header games will be played at 5pm, 6:30pm and 8pm.

If an unbalanced schedule is required, the win-loss record will only be counted in the first round of play, and not count for the extra games drawn (ex, 7 team league and 6 games count for win-loss record, single round robin).

Should fewer than four teams confirm participation in the girls' novice basketball league, they shall be given the opportunity to participate in the junior division II league or withdraw their team. After the regular season, the highest ranked junior teams (four or six depending upon number of teams in league), would advance to the junior playoffs, while the novice teams (in order of standings), would advance to the novice playoffs.

Should fewer than two teams confirm participation in the girls' novice basketball league, they shall be given the option to participate in the junior division 2 league or withdraw their team. The novice team will not be eligible for the junior division 2 playoffs and will be declared Novice champions.

Should a school have both a junior division II team and a novice team entered, the game scheduled between the two must be the first game of the season (should the schedule be a round robin, the game should be the first of each round).

For additional information refer to the Constitution - Article XIII, Pages 40-42.

PLAY-OFFS

The playoff structure for each league will be determined at the pre-season meeting.

GIRLS' BASKETBALL (cont'd)**PLAY-OFFS (cont'd)**

Division I and Division II champions will be declared and will receive a trophy and appropriate awards.

Division I and II championship finals will be hosted at Laurentian University at 1pm and 3pm on Friday and Saturday. Should Laurentian not be available, the senior highest ranking school will host and will set the start times. Should that site be unavailable, not meet sport governing body specifications or not be able to accommodate spectators, then the championship games will be played at the site of the other finalist. Should either of these locations be unavailable, then the higher ranked team shall secure another appropriate high school site. If the higher ranked team is unable to access a site, the convener shall secure a neutral high school site.

HOSTING PLAY-OFFS

School responsibilities when hosting the basketball championship:

1. Teacher supervision for spectators.
2. Physical preparation of the gym (safety, first aid, benches, bleachers, etc.)
3. Music for warm-up.
4. Trained minor officials.
5. Microphone and presentation table for convener.
6. Custodian being available.

AWARDS

Refer to the Constitution - Article XIV, Page 14 (b).

OFFICIALS

Major officials will be provided by the referee-in-chief.

Minor officials (timekeepers, scorers and shot clock operators) will be provided by the **home school for all league and play-off games.**

In the event that only one official reports for a game, after a fifteen minute waiting period from the scheduled start time, the game should be cancelled unless both officials report to do the game. No game will be officiated with only one official present.

RULES

Rules will be as per OFSAA playing regulations, with the exception of the rule dealing with the home team having to wear white uniforms and the rule for maximum number of players on a roster.

GIRLS' BASKETBALL (cont'd)**RULES (cont'd)**

After the court has been cleared, teams shall be allowed a minimum of fifteen (15) minutes to warm up.

TIE BREAKERS

- (a) Where ties involve the last playoff position(s), tie breaking games must be scheduled.
- (b) To break all other ties in the final regular season standings, the following criteria will be used:
 - (i) Head to head results, with the winning team being seeded highest.
 - (ii) If there is still a tie, the team has allowed the fewest points amongst the tied teams will be the highest seed.
 - (iii) If still tied, point differential (points for less points against) amongst the games involving the tied teams, the team with the highest differential getting the highest seed.
 - (iv) Should the teams still be tied, then the overall point differential between common opponents shall be used.

Tie breaking games will be played at the site of the highest placed seed. Should that site be unavailable, not meet sport governing body specifications or not be able to accommodate spectators, then the game will be played at the site of the lower seed. Should either of these locations be unavailable, then the higher seeded team shall select a site. If the higher seed is unable to access a site, the convener shall secure a neutral site. For scheduling, the convener(s) shall leave at least two days for tiebreakers at the end of the schedule before the playoffs.

In ties involving three or more teams, teams will be seeded using the criteria above, and a minimum number of games will be scheduled to decide the issue. Match-ups will be scheduled considering standard playoff formats (ie. if four teams: 4th vs 1st, 3rd vs 2nd, if three teams: 1st receives bye, 3rd plays second, etc)

- (c) All tie breaking games are designated as playoff games.

GIRLS' BASKETBALL (cont'd)**N.O.S.S.A.
REPRESENTATION**

- (a) The NOSSA representative from the SDSSAA will be the team that advances the farthest in local, divisional play when all teams in the same category play in the same division.
- (b) If two teams lose at the same level in the playoffs and are in the same category, there will be a game played between the tied teams to ensure the best NOSSA representation. This game will take place if the regular season format is a single round robin or a split record in a double round robin format, in the gym of the higher standing team.
- (c) If only one division exists, all NOSSA reps will be decided by:
 - i. their advancement in the league until eliminated (farthest)
 - ii. challenge match, if tied in #2 above.

At the conclusion of the Division I City Championship Final, the winner will have the opportunity to choose their intent to participate for NOSSA "A", "AA" or "AAA", provided they do not displace a second place team from a NOSSA entry. The second placed finisher would then have the next choice of level to NOSSA. If two teams are needed for NOSSA, the next highest seed semi-finalist (based on league standings) will have a choice to move on. If a position opens up at a NOSSA Championship because another region does not fulfill their commitment, the league convener must be contacted by the Athletic Administrator and the NOSSA Convener. At this time, the appropriate schools will be contacted.

GAME BALL

The SDSSAA will use the OFSAA official ball for all games. This playing regulation will only apply to Division 1 teams. The brand of ball used by OFSAA will be reviewed at the pre-season meeting. All other teams will be directed to use game balls of appropriate quality (leather outer surface, surface shall provide a proper grip over the entire ball, must be spherical and either of a single shade of orange, a FIBA approved colour combination or the approved OFSAA basketball)".

GIRLS' FLAG FOOTBALL – 12v12

AGES	Refer to the Constitution – Article IX
SERIES	Open
ELIGIBILITY	<ol style="list-style-type: none"> 1. Refer to the Constitution – Page 20. 2. The official eligibility sheet must be used.
RULEBOOK	The Canadian Amateur Rulebook will apply, with exceptions around specific flag football rule requirements (blocking of the flag, kicking game, dead ball situations).
FINANCING	All schools entering a team will share the cost of officials for league, tournament and playoff games equally.
SCHEDULING	<ol style="list-style-type: none"> 1. The league will not commence until the third week after the start of school. 2. Once an official schedule is drawn up and approved by the executive committee it shall be considered as final and no changes are to be made less than one week prior to the game. See Constitution, ART. XII, Section 2. 3. The top team from Division “B” playoffs will move up to Division “A” for the following season, while the last place team from the regular season standings will be relegated to Division “B”. In the event of a tie, the criteria outlined in the section below will be used to determine the lowest place finisher. In the event of an odd number of teams entered, Division “A” will be the larger of the two divisions such that the Division “B” playoff champion and finalist will move up to Division “A”, and the lowest place finisher from Division “A” will move to Division “B”. Two teams can agree to switch divisions providing there is mutual consent between the two to do so.
TIE BREAKERS	<ol style="list-style-type: none"> 1. Where ties involve the last playoff position(s), tie breaking games must be scheduled. 2. To break all other ties in the final regular season standings, the following criteria will be used: <ol style="list-style-type: none"> (i) Head to head results, with the winning team being seeded highest.

GIRLS' FLAG FOOTBALL – 12v12 (cont'd)**TIE BREAKERS
(cont'd)**

- (ii) If there is still a tie, the team has allowed the fewest points amongst the tied teams will be the highest seed.
- (iii) If still tied, point differential (points for less points against) amongst the games involving the tied teams, the team with the highest differential getting the highest seed.
- (iv) Should the teams still be tied, then the overall point differential between common opponents shall be used.

Tie breaking games will be played at the site of the highest placed seed. Should that site be unavailable, not meet sport governing body specifications or not be able to accommodate spectators, then the game will be played at the site of the lower seed. Should either of these locations be unavailable, then the higher seeded team shall select a site. If the higher seed is unable to access a site, the convener shall secure a neutral site. For scheduling, the convener(s) shall leave at least two days for tiebreakers at the end of the schedule before the playoffs.

In ties involving three or more teams, teams will be seeded using the criteria above, and a minimum number of games will be scheduled to decide the issue. Match-ups will be scheduled considering standard playoff formats (ie. if four teams: 4th vs 1st, 3rd vs 2nd, if three teams: 1st receives bye, 3rd plays second, etc)

3. All tie breaking games are designated as playoff games.

RULES**Rule 1: CONDUCT OF THE GAME****A – RULES**

A1. The S.D.S.S.A.A. Girls' Flag Football League Rules shall be adhered to.

A2. If circumstances arise that are not covered by the S.D.S.S.A.A. Girls' Flag Football League Rulebook then the Canadian Amateur Football Association Rulebook shall be adhered to.

B – GAME BALL

B1. The official game ball shall be of junior size. The offensive team may utilize its own game ball provided it is brought in on the first play of each series.

GIRLS' FLAG FOOTBALL – 12v12 (cont'd)**C – THE GAME****C1. Choice of Kick Off, Receiving Kick Off, or End of Field**

For all playoff and tie-breaker games a coin toss will determine the first half choice. In all other games the visiting teams will have first choice.

C2. Late Start

Any team not fielding a minimum of 12 players by 15 minutes after the scheduled game time shall be considered in default of the game.

C3. Overtime

Playoff games and tie-breakers may not end in a tie. If there is a tie at the end of regulation time of these games overtime will be played as described in the Canadian amateur Rule Book which states:

Each team will be given a 5-minute rest period after which over time will begin with a coin toss. The winner of the toss shall choose one of the following options:

- a. offense or defense, with the offense at the opponent's 35-yard line to start the series, or
- b. which end of the field shall be used for both series of the overtime period.

The loser of the coin toss shall exercise the remaining option for the first extra period and shall have the first choice of the two options for subsequent even numbered extra periods.

Extra Periods: An extra period shall consist of 1 series from each team.

Team Series: Each team retains the ball during a series until it scores, fails to make a first down or loses possession due to a turnover.

Scoring: The team scoring the greater number of points during the extra periods shall be declared the winner. There shall be an equal number of series in each extra period except if the defense scores during the period.

If the score is tied after 3 extra periods, any subsequent touchdown must be followed by a 2-point conversion.

Time Outs: There shall be no team time outs during Overtime play.

C4. Mercy Rule

At any time during a game, if a team is down by 30 points, the clock will be run straight time. If the deficit is reduced to under 30 points, the regular timing system applies.

GIRLS' FLAG FOOTBALL – 12v12 (cont'd)**D - TEAMS****D1. Team Composition**

Each team may dress as many players who meet league eligibility requirements as it wishes. Teams may field a maximum of 12 players for any play.

E - TIMING**E1. Game Timing**

Games will consist of four 12-minute quarters.

E2. Time Outs

As per the Canadian Amateur Rule Book each team shall be permitted two time-outs per half.

E3. Coach's Time-Out

Each team will be permitted one coach's time-out per game where he/she can approach the officials to ask for a rule clarification/interpretation. Both coaches must be present for the discussion at centre field.

F – DEAD BALL

Same as Canadian Amateur Rule Book Rule 1 Section 8 Article 1 (Pg. 7) with the following additions;

The ball becomes dead when;

- a) A ball carrier's flag is pulled off.
- b) A ball carrier's flag falls off.
- c) When a fumbled ball touches the ground except for when a player does not cleanly field the snap from centre in punt or shot gun formation and officials do not feel non-safe contact will occur if the play continues.
- d) A kick from scrimmage is blocked.
- e) On a kick off, a ball is not fielded cleanly within 30 yards of the point of kick off and the officials rule that non-safe contact between players will occur if the play continues.
- f) Any player without two fully accessible flags attempts to or succeeds in gaining possession of the ball.
- g) Any time the ball carrier's hands fall below her waist, whether intentionally or unintentionally, during an attempt on her flags.
- h) A player deliberately attempts to collide with an avoidable opponent (when one of these two is carrying the ball) to force the play. (ie. the ball carrier dropping a shoulder to push past the defender).

GIRLS' FLAG FOOTBALL – 12v12 (cont'd)**F – DEAD BALL
(cont'd)**

- i) A ball carrier intentionally or unintentionally prevents complete accessibility to the full length and width of her flags.
- j) At any time, if in the officials' opinion, non-safe contact between opposing players will occur.
- k) Immediately following either a successful or unsuccessful convert.

**G – UNIFORMS
AND EQUIPMENT****G1. Sweaters**

Sweaters shall be numbered. Numerals should be at least 4" on the front and at least 8" on the back of the jersey.

G2. Flags and Pants

Length of the flag must be 14 inches long and at least 2 inches wide. All players must wear black shorts or pants and wear league approved flags. No snap-on pants or snap-on shorts may be worn by any player. In regards to the triple threat belt, the hinged clip must be attached straight on a 180-degree angle with the material portion of the belt. The belt may be a single or doubled (not tripled or more layers within the clip). The black adjuster cannot be inside the clip. If the flag belt is found to be improperly fastened, there will be a flag deception penalty called.

G3. Footwear

Footwear may consist of running shoes or one-piece multi stud turf or soccer shoes with rubber or plastic cleats. No metal screw-on or track cleats may be worn.

G4. Jewelry

Jewelry is prohibited. A player who is wearing jewelry may not participate. **Penalty:** Objectionable Conduct and player must leave for minimum of 1 play and cannot return until jewelry is removed.

G5. Eye Glasses

Wearing eyeglasses is permitted.

G6. Casts

No player may wear a cast while competing. **Penalty:** Objectionable Conduct and player must leave for minimum of one play and cannot return until the cast is properly wrapped and approved by the referee.

GIRLS' FLAG FOOTBALL – 12v12 (cont'd)**G – UNIFORMS
AND EQUIPMENT
(cont'd)****G7. Pads/Equipment**

No pads or equipment of any kind (ie. shin pads, knee pads, elbow pads, etc). will be allowed on the field of play except soft shell helmets which are permitted for those players who wish to wear them. Knee/elbow braces, if covered with a soft cover, are acceptable so long as, at the discretion of the official, they do not present a safety concern to opponents. **Penalty:** OC and immediate ejection.

H - BENCHES

H1. Team benches, including coaches, shall be on the same side of the field, extending from their 20 yard line to their 45 yard line.

Rule 2: OFFICIALS**A – FIELD OFFICIALS**

A1. A maximum of six officials can be used for all games, regular season, tournament and playoff. No game may begin without a minimum of three officials in attendance.

**B – DOWNSMAN
AND LINESMEN****B1. Assigning Personnel**

The home team must provide competent personnel to perform the duties of the downsman and linesmen. The referee must approve them.

B2. Downs box and Distance Chain.

The home team is responsible for supplying the downs box and distance chain.

Rule 3: SCORING**A – FIELD GOALS**

As per the Canadian Amateur Rule Book - Teams are permitted to kick field goals. 3 points are awarded for a successful field goal. The team scored upon will have the following options:

- a. kick off from your own 35-yard line,
- b. scrimmage from your own 35-yard line, or
- c. require the team scoring the field goal to kick from its own 45-yard line.

GIRLS' FLAG FOOTBALL – 12v12 (cont'd)**B – ROUGE OR SINGLE POINT**

As per the Canadian Amateur Rule Book - A rouge is scored when the ball becomes dead in the end zone, or goes out of bounds in the end zone, as a result of the ball being kicked into the end zone by an opponent. One point is awarded and the ball is scrimmaged from the 35-yard line of the team scored upon. In the case of a missed field goal, the ball will be scrimmaged at the 35-yard line or the previous line of scrimmage.

C – CONVERTS

All converts will be attempted from the five-yard line unless affected by penalty. A kicked convert is worth 1 point. A convert scored by run or pass is worth two points. The ball is dead immediately following either a successful or unsuccessful convert.

Rule 4: SCRIMMAGING THE BALL**A – TIME COUNT**

The offense shall have 30 seconds to put the ball into play from when the official blows the play in.

B – LEGAL NUMBERING

Seven players must line up along the line of scrimmage. Five of these players must be interior down linemen. In addition, there must be one more player positioned on the line of scrimmage between the last interior down lineman and the sideline on either side of the line. Numbers are not used to designate eligible or ineligible receivers. **Penalty:** L5.

C – LINE PLAY**C1. Armbands**

The five interior line positions on offence must wear an armband. **Penalty:** Illegal Procedure.

C2. All athletes on the line (offence and defence) must use a two-point stance (as opposed to three), in order to minimize the motion of a head lifting up to an opposing player.

D– MISCELLANEOUS**D1. Required Distance**

A first down is obtained by gaining 10 yards in 4 downs. First downs may also be gained through penalty application.

Rule 5: KICKING**A – KICK OFF****A1. Legal Kick Off – In Play**

The ball must travel twenty (20) yards before kicking team may play the ball. **Penalty:** Receiving team ball at point of illegal touch or L5 repeat kick off.

GIRLS' FLAG FOOTBALL – 12v12 (cont'd)**B – BLOCKED KICKS
FROM SCRIMMAGE**

A blocked kick from scrimmage is a dead ball. The ball will be scrimmaged at whichever of the following spots is closest to the defence's goal line - a) spot ball blocked b); spot ball hits the ground after block c) spot ball first touched by a player after block or d) spot ball goes out of bounds.

C – ON-SIDE KICKS

Punting will follow the same rules as outlined in the Canadian Amateur Rule Book with the exception that there is no on-side punting allowed. IE. The team punting the ball cannot recover possession by performing an on-side punt.

Rule 6: PASSING

Per Canadian Amateur Rule Book.

**A – WEDGE
BLOCKING****Rule 7: FOULS AND PENALTIES**

Wedge blocking is illegal. Wedge blocking occurs when the offence pinches in and pushes forward with the ball carrier surrounded by the wedge.
Penalty: L10.

B – BREAKAWAY

If in the opinion of an official a player is physically tackled on a clear breakaway to the goal line a touchdown may be awarded. A penalty of 15 yards against the offending team shall be applied on the ensuing kickoff. A penalty of 15 yards against the offending team shall be applied on the ensuing kick off or convert.

C – NO FLAGS

The triple threat flag will be mandated effective September 2016. Pink colour triple threat flags will be purchased and if not available, gold will be selected as a back up colour.

C1 Behind the line of scrimmage

An offensive player without three flags attempts to or succeeds in gaining possession of the ball behind the line of scrimmage. **Penalty:** The play is whistled dead immediately. Loss of down and the ball will be scrimmaged at the point of the exchange.

C2 Past the line of scrimmage

An offensive player without three flags gains possession of the ball past the line of scrimmage. **Penalty:** The play is whistled dead immediately. Loss of down and the ball goes back to the original line of scrimmage.

GIRLS' FLAG FOOTBALL – 12v12 (cont'd)**C – NO FLAGS
(cont'd)****C3 Defender Gains Possession**

A defensive player without two flags gains possession of the ball.

Penalty: The play is whistled dead immediately. Defense gets possession at point of infraction.

Rule 8: APPLICATION OF PENALTIES**A – LOSS OF 5
YARDS**

Offside, Illegal Procedure, Illegal Formation, Illegal Kick off, No Mouthguard.

**B – LOSS OF 10
YARDS**

Blocking Flags, Flag Deception (first offense), Straight Arm, Holding, Illegal Block, Pass Beyond Line of Scrimmage, Tripping, Objectionable Conduct, Ineligible Receiver.

**C – LOSS OF 15
YARDS**

Unnecessary Roughness, Charging, Physical Tackling, Roughing the Kicker, Flag Deception (2nd offence).

**D – LOSS OF 25
YARDS**

Disqualification (Rough Play - Act of Punching, Contacting an Official, Flag Deception (3rd offence).

E – GAME EJECTION

If a player receives any combination of three (3) objectionable conduct and/or unnecessary roughness penalties, this will lead to an automatic game ejection. Any game ejection will require a Board of Reference hearing prior to a return to participation. If a coach receives two (2) objectionable conduct bench penalties, this will lead to an automatic game ejection.

Rule 9: MISCELLANEOUS**A – FUMBLED BALL**

For the safety of the players, whenever the football is fumbled the play will be whistled dead with the following exceptions: when a player does not cleanly field the snap from centre in punt, field goal, convert or shot gun formation, unless, in the opinion of the officials', non-safe contact between opposing players will occur.

**B – BLOCKING
FLAGS**

Any time the ball carrier's hands fall below her waist, whether intentional or unintentional, during an attempt on her flags by a defender. The play is whistled dead immediately. **Penalty:** Distance Gained: L10 from PBH 1D, Distance not gained L10 previous LOS DR.

GIRLS' FLAG FOOTBALL – 12v12 (cont'd)**C – CHARGING**

A deliberate attempt by a player to collide with an avoidable opponent (when one of these two is carrying the ball) to force the play. (ie. the ball carrier dropping a shoulder to push past the defender). The play is whistled dead immediately. **Penalty:** UR.

D – FLAG DECEPTION

An intentional or unintentional act by a ball carrier to prevent complete accessibility to the full length and width of her flags.

- (i) Intentional - Taking possession of the ball without fully accessible flags. The play is whistled dead immediately. **Penalty:** Distance Gained: L10 from PBH 1D, Distance not gained L10 previous LOS DR.
- (ii) Unintentional - As the ball carrier is running, her sweater comes out by any means other than the act of a defender and obstructs the full accessibility of her flag(s). The play is whistled dead immediately. **Penalty:** Distance Gained: L10 from PBH 1D, Distance not gained L10 previous LOS DR.

Note: If an act of a defender causes the ball carrier's flag(s) to become less full accessible (ie. pulling the ball carrier's sweater out), the play will continue until it is completed and no penalty for Flag Deception will apply.

E – STRAIGHT ARM

Anytime a ball carrier uses a straight arm to prevent a defender from making an attempt on her flags. **Penalty:** Distance Gained: L10 from PBH 1D, Distance not gained L10 previous LOS DR.

F- BLOCKING

- (i) Lead blocking is not permitted five (5) or more yards past the line of scrimmage.
- (ii) No lead blocking is permitted through the line.
- (iii) No lead blocking is permitted on punt or kick returns.

G – POSSESSION OFF PUNTS

A player may not position herself behind the kicker and sprint down the field to try to possess the ball after it is successfully kicked the minimum required distance.

H - COACHES

- (i) Coaches must receive training regarding body contact.
- (ii) Effective 2021, at least one coach on the sideline must have a minimum of three (3) years' experience.

GIRLS' FLAG FOOTBALL – 7v7

AGES	Refer to the Constitution – Article IX
SERIES	Junior and Open
ELIGIBILITY	<ol style="list-style-type: none"> 1. Refer to the Constitution – Page 20. 2. The official eligibility sheet must be used.
RULEBOOK	The Canadian Amateur Rulebook will apply, with exceptions around specific flag football rule requirements.
FINANCING	All schools entering a team will share the cost of officials for league, tournament and playoff games equally.
SCHEDULING	<ol style="list-style-type: none"> 1. The league will not commence until the third week after the start of school. 2. Once an official schedule is drawn up and approved by the executive committee it shall be considered as final and no changes are to be made less than one week prior to the game. See Constitution, ART. XII, Section 2. 3. If it at least 4 teams want to enter a junior team, then a junior division will be created. If 3 or less teams want to enter a junior team then those junior teams may be entered into a B division of the Girls Open (varsity) category if there is one running
GOVERNING RULES	Refer to the current OPHEA safety guidelines for this sport.
PLAYERS	<p>Players: Each team will have 7 members on the field at one time. The offence will have at least 3 players on the line of scrimmage and the defense will have 1 player (“rusher”) positioned a minimum of 10 yards from the line of scrimmage (marked by a bean bag). There must be a rusher no more than two steps away from the bean bag and positioned behind the bean bag. (Not allowed to begin the rush from directly across from the centre).</p>
DRESS	<ol style="list-style-type: none"> 1. All players must wear a common identifying jersey with a number on the back. 2. Running shoes may be worn or multi-cleat boot with a minimum of 7 cleats. No part of the cleat may be metal.

GIRLS' FLAG FOOTBALL – 7v7 (cont'd)**DRESS (cont'd)**

3. All players will wear regulation Triple Threat flag football belts and flags. The shirts must be tucked in. Only flags provided by the league are to be used.
4. No padding is to be worn except kneepads, The exception is soft padding for protection or an injury.
5. Shorts to be worn. In inclement weather, sweatpants are permitted.
6. Leg coverings (Spandex) may be worn under a team uniform but must not interfere with the normal use of the flag and cannot be the same colour as the flag.

FLAGS

1. Flags must all be the same length as per iii) and may not be altered in any way.
2. Every player must have 3 flags at all times.
3. The Triple Threat Belt is the official belt and must be worn by all players.

GAME BALL

Teams may use their own ball and are responsible for bringing it onto the field.

FIELD

1. Sidelines, goals lines and centerline must be marked.
2. All goal posts must be covered by goal post pads manufactured for that specific purpose.
3. The area from which the rusher is allowed to rush from will be **ten (10) yards** from the line of scrimmage, marked by a bean bag. There must be a rusher no more than two steps away from the bean bag and positioned behind the bean bag.

FIRST DOWNS

There will be four downs to make 10 yards for the offensive team.

**OPENING
PROCEDURE**

For the opening kick-off, the visiting team will call the coin toss, the team winning the coin toss will have the option to have first choice in the first half or the second half. The team with the first choice in the first half may choose to kick off, receive the kick or choose the end of the field. The teams will switch ends for the second half. The other team will the choice of kicking or receiving to start the second half.

GIRLS' FLAG FOOTBALL – 7v7 (cont'd)**GAME TIME –
LEAGUE AND
PLAYOFFS**

1. There will be two 25-minute halves + five (5) plays after time expires in each half. Stop time between all scores and during time-outs. When the end of regulation occurs and the game is in the final five (5) plays, a kick-off does not count as a play, nor does a PAT or two-point conversion, but punts or fourth (4th) down plays do count.
2. Five minutes half time.
3. Maximum of two 1-minute times outs per half per team, to be called by any player or the coach.

OFFICIALS

Three officials to be assigned per game.

SCORING

- 6 points for touchdown
- 1 point for a kicked convert (from 10 yard line)
- 2 points for a run in or passed convert (from 10 yard line)
- 3 points for a field goal
- 2 points for a safety touch
- 1 point for a rouge

After a safety touch, the scoring team has three options:

- 1st down on their own 35 yard line
- opponent kicks off from their own 35 yard line
- kick off from own 35 yard line

TEAM STANDINGS

- Win = 2 points
- Tie = 1 point
- Loss = 0 points
- Loss to forfeits = 0 points

NOTES: Point spread will be to a maximum of plus/minus 25 points for each game played. Teams forfeited against receive an automatic 14 points.

**REPORTING OF
RESULTS**

The winning team (home team in case of tie) is responsible to enter the game result on sdssaa.ca. The home team is responsible to send a copy of the game sheet to the convener by the next school day.

GIRLS' FLAG FOOTBALL – 7v7 (cont'd)**TIE-BREAKERS**

1. Where ties involve the last playoff position(s), tie breaking games must be scheduled.
2. To break all other ties in the final regular season standings, the following criteria will be used:
 - (i) Head to head results, with the winning team being seeded highest.
 - (ii) If still tied, the team with the highest overall regular season point differential (points for less against) will get the highest seed.
 - (iii) If there is still a tie, the team has allowed the fewest points amongst the tied teams will be the highest seed.
 - (iv) Should the teams still be tied, then the overall point differential between common opponents shall be used.

Tie breaking games will be played at the site of the highest placed seed. Should that site be unavailable, not meet sport governing body specifications or not be able to accommodate spectators, then the game will be played at the site of the lower seed. Should either of these locations be unavailable, then the higher seeded team shall select a site. If the higher seed is unable to access a site, the convener shall secure a neutral site. For scheduling, the convener(s) shall leave at least two days for tiebreakers at the end of the schedule before the playoffs.

In ties involving three or more teams, teams will be seeded using the criteria above, and a minimum number of games will be scheduled to decide the issue. Match-ups will be scheduled considering standard playoff formats (ie. if four teams: 4th vs 1st, 3rd vs 2nd, if three teams: 1st receives bye, 3rd plays second, etc)

3. All tie breaking games are designated as playoff games.

PLAYOFF TIES

Playoff games will be played to conclusion. Overtime will commence with a coin toss, with the same options as those at the start of game. Overtime for all playoff games will be a shoot-out from the 35-yard line. Each team will have a first and ten to try to score. If after the first round the score is still tied, they will have a second round of tries. This will continue until a winner is declared. Team that had the ball first should be the first team to defend during the next overtime period. Each team will have one time out per set of tries.

When in overtime, the offensive team has the choice on which direction they would like to go towards to score.

GIRLS' FLAG FOOTBALL – 7v7 (cont'd)**RULES OF PLAY**

1. Once the ball has been placed by the referee and the whistle is blown, the offensive team has up to 25 seconds to put the ball into play.
2. The ball is in play when snapped by the centre, and remains in play until the ball carrier's flag has been removed, or falls off and the whistle is blown.
3. Once a flag has been removed, the defensive player must hold the flag above her head so that the referee may stop play (defensive players are encouraged to hand the flag back to the offensive player once the play has finished).
4. Ball is dead if:
 - a) If the ball is fumbled forwards or backwards, any player on the return team is allowed to pick up the ball if the officials deem it safe.
 - b) On the snap of a punt, convert or field goal, if the exchange is fumbled, play will be blown dead; if on the fourth down, a 5 yard penalty will be assessed and the punt or field goal will be repeated. On a convert, a 5-yard penalty will be assessed and the convert will repeat.
 - c) On the snap, the ball is fumbled.
 - d) On a punt, if the ball is dropped by a punt receiver. If the ball is fumbled forward or backwards the player will be allowed to pick up the ball as the officials deemed it could be safely played.
 - e) If the ball is dropped on a pass (incomplete pass).
 - f) If a ball carrier steps out of bounds.
 - g) If the ball hits the ground on any exchange (i.e. hand-off, pitches and passes) behind the line of scrimmage, the ball is ruled dead at the worst possible point. (i.e to prevent gaining yardage on a fumble).
 - h) If the ball carrier has passed the line of scrimmage and a backward toss is attempted and dropped, the play is dead at the point where the ball hit the ground.
 - i) If a ball carrier has complete control of the ball and it dropped, play is dead at the point where the ball hit the ground.
5. On the kick-off:
 - a) If the ball is tipped backwards by the receiving team, it is live only to the receiving team (if tipped forwards, the ball is dead). If the ball is fumbled forward or backwards the player will be allowed to pick up the ball as the officials deemed it could be safely played.

GIRLS' FLAG FOOTBALL – 7v7 (cont'd)**RULES OF PLAY**
(cont'd)

- b) There are NO onside kicks, so the kicking team can never recover the ball.
 - c) The pathway of the kicking team CAN NOT be obstructed in any way by the returning team (NO picking or screening)
6. Each team shall be allowed one officials timeout per half.
 7. When the ball is punted into the end zone, the receiving team is not allowed to punt it back out.
 8. Flags must be worn in such a way that the clip is not through the loop, nor is it using the strap adjustment slider to grasp onto. The flag should only be clipped onto the tail end of the belt.
 9. If a team lines up two (2) players close to the bean bag that indicates the rusher, one of the players has to raise their hand and identify to the refs who the 'official' rusher is on which to judge offsides, etc.
 10. On the 1-point convert, the ball will be kicked from the 15-yard line, with only the holder and kicker on the field.
 11. On on-special team plays, the centre must snap the ball between their legs to the intended receiver five (5) yards away to initiate the play.

PENALTIES

1. Deliberate physical contact between offensive and defensive players in the open field on any special team play is 15 yards from the point of infraction, or point of last scrimmage. This includes the ball carrier.
2. Roughing the passer or kicker – 15 yards plus a first down.
3. Clipping (pushing from behind) – 15 yards from point of infraction, or point of last scrimmage.
4. Objectionable conduct (swearing, arguing with referees – any communication with the referees is done only by the team captains) – 10 yard team penalty for the first offence in a game – 10 yards team penalty and automatic expulsion from the game of the offending individual on the third offence – offender may be expelled on the first or second offence if it is serious.

GIRLS' FLAG FOOTBALL – 7v7 (cont'd)**PENALTIES (cont'd)**

5. Screening the flag (a deliberate attempt to prevent removal by a defensive player e.g. by covering with the hand) – 5 yard penalty – the play is blown dead at the site of the foul and the downs continue.
6. Straight arming – 10 yards from point of infraction or point of last scrimmage.
7. Blocking/screening (obstructing the defensive player's path in a *deliberate* attempt to slow their progress towards the ball carrier) – 10 yards from line of scrimmage.
8. No yards (not giving 5 yards on a punt) – 10 yards from point of foul.
9. Offside or illegal motion (offence; illegal motion= not having a minimum of 3 players on line of scrimmage)– 5 yards (the play will be whistled dead).
10. Offside (defence) - 5 yards
 - i) If the rusher is less than ten (10) yards from line of scrimmage when the ball is put into play.
 - ii) If any defensive player (other than the rusher) crosses the line of scrimmage before the rusher does (once the rusher crosses the line of scrimmage, any defensive player can also cross the line of scrimmage).

NOTE/EXCEPTION:

Once the ball has been handed off or passed to a player who did not receive it from center, any defensive player can cross the line of scrimmage (i.e, handoff to running back, lateral pass to wide receiver)

11. Offside pass (forward pass after ball has crossed the line of scrimmage) – play dead at point of pass.
12. Flag falling off by itself – play dead immediately.
13. Out of bounds kick off – receiving team has the option of taking the ball at the point of play stoppage or repeating of kick off with a 10-yard penalty.
14. Players flags must be official length – 10 yard penalty on first offence (if player gets a second offence she will be ejected from the game).

GIRLS' FLAG FOOTBALL – 7v7 (cont'd)**PENALTIES (cont'd)**

15. Tampering with the flag: any action which prevents the normal use of the belt (e.g., tying the belt on) deemed by the officials to be deliberate, will result in:
 - i) Ejection of the offending player from the game
 - ii) 10 yard penalty and any score by offending team is cancelled
16. Pass interference
 - i) Offensive: 10 yard penalty
 - ii) Defensive: pass interference the ball is awarded to the offence at the point of the foul and an automatic first down is granted
17. All special teams kicks (punts and field goals) must be declared to the referee prior to centering the ball.
 - i) No rush is permitted on kicks
 - ii) Kicking team cannot leave the line of scrimmage until the ball has been kicked
 - iii) Fakes are not permitted on kicks
 - iv) The pathway of the kicking team CAN NOT be obstructed in any way by the returning team (NO picking or screening)

A punter shall have 7 seconds to punt the ball once the ball has been snapped. Failure to do so will result in a delay of game penalty.

The whistle will be held on defensive penalties to give the offense the option to accept or to decline and take the result of the play.

AWARDS

A championship banner will be presented to the winning team. First and second place medallions will be presented immediately following the championship final.

GIRLS' GYMNASTICS

EVENTS AND/OR CLASSIFICATION

COMPETITION STRUCTURE AND PROCEDURE

The following order shall be conducted in the Artistic Gymnastics competition: Vault, Uneven Bars, Balance Beam, Floor Exercise.

- (a) There will be a Girls Gymnastics Preliminary Meet which will serve as a qualifier for the SDSSAA/NOSSA Championship.
- (b) The **Preliminary Meets** shall be a one-day competition. This will be open to SDSSAA teams, as well as other teams throughout the province.
- (c) The **SDSSAA Championship** shall be a one-day competition. Only SDSSAA athletes that attended and qualified at the Preliminary Meet will be allowed to compete at the Championship.
- (d) Formal march-in ceremonies shall be held at the beginning and the end of all meets. Gymnasts must wear competitive attire (leotard only with optional black spandex shorts) for the awards ceremony. Gymnasts/coaches not adhering to this rule are subject to sanction by the Protest & Petition Committee.
- (e) Category Petition Procedure:
 - (i) The Protest & Petition Committee will be formed at the pre-season meeting each year. The Protest & Petition Committee shall be composed of three (3) members, one (1) of whom shall be the SDSSAA Gymnastic Convenor.
 - (ii) Petitions should be [submitted by the school team coach or teacher-representative](#) and received in writing by the Protest & Petition Committee no later than the first day of the winter break. Petitions will not be dealt with unless submitted in writing and accompanied by the petition fee. The petition fee shall be \$25 per petition (payable to SDSSAA [through chargeback where applicable](#)). Any decision shall be given in writing.
 - (iii) Successful petitions will be reviewed at the following competitive seasons' pre-season meeting to determine the level for the new season.
- (f) Registration materials will only be given to the teacher accompanying the athletes upon receipt of the required entry materials as indicated on the SDSSAA Gymnastics website.

GIRLS' GYMNASTICS (cont'd)**COMPETITION
STRUCTURE AND
PROCEDURE (cont'd)**

- (g) A coaches' meeting shall be held at a time designated by the convenor.
- (h) The teacher-coach/supervisor must attend the coaches' meeting. If the coach is a non-teacher, then both the teacher and the coach must attend the meeting.

ENTRY

- (a) School teams must all register with SDSSAA as winter teams in advance of the SDSSAA deadline for that season.
- (b) Entries shall be accepted from teacher representatives or designates only.
- (c) Entries for the Preliminary Meet must be received by no later than **two (2) weeks** before the date of the Preliminary Meet (announced at the pre-season meeting). Late entries will only be accepted if they can be accommodated and an additional entry fee shall be charged.
- (d) Entries for the SDSSAA Championship will come directly from the Preliminary Meet (qualifier) and do not need to be submitted separately.
- (e) Prior to the meet, deletions may be made during the warm-up period by the team coach or teacher representative.

EXPENSES

- (a) Those schools having entries are responsible for their entry fee, arranging and financing their own travel, meals and accommodation for the event.
- (b) For SDSSAA schools, all costs for the Preliminary Meet and the SDSSAA Championship will be charged back to the schools on a per-event basis.
- (c) For schools outside of SDSSAA, the cost will be formalized in advance and will be due before competition begins.

GIRLS' GYMNASTICS (cont'd)**ELIGIBILITY**

- (a) School/Team Eligibility: Teams competing at the Preliminary Meet as a qualifier for the SDSSAA Championship must:
- (i) have a teacher-coach or teacher representative from that school or a Principal-approved teacher-coach or teacher representative from another school present at all locations where school team members are practicing as a team in a facility outside the school;
 - (ii) include 2 or more athletes;
 - (iii) include non-current club competitors (i.e. may not be composed exclusively of current club competitors);
 - (iv) include at least one Level 1 gymnast (no prior gymnastics experience, neither recreational nor competitive)
- (b) Individual Student Eligibility: To represent a school in any activity coordinated by SDSSAA a student **must**:
- (i) have practiced with the school and participated in the Preliminary Meet in order to qualify for the SDSSAA Championship;
 - (ii) not participate in both the SDSSAA Championship and any other event in that same sport on the same day.

RULES AND OFFICIALS

- (a) The OCP Technical Regulations, with special modifications as outlined in the Appendix, shall govern competition at the Preliminary Meet and the SDSSAA Championship.
- (b) Competitive Divisions: ***Gymnasts are registered in gymnastics programs as recreational or competitive gymnasts (any Gymnastics Ontario categories). The coach should obtain this information before the gymnasts can be placed in the correct division. This information can be obtained from gymnastics programs and clubs.***

The competitive divisions shall be named Levels 1, 2, 3, 4, 5, 6. For clarification purposes: Levels 1-5 may enter one or more events; Level 6 gymnasts must compete in at least two events.

Levels are determined by previous gymnastics experience.

i) Level 1:

- No prior gymnastics experience, neither recreational nor competitive.

**RULES AND
OFFICIALS (cont'd)**
GIRLS' GYMNASTICS (cont'd)
ii) Level 2:

- Has competed in Level 1 high school gymnastics, or
- [Has any competitive acro experience \(dance\)](#), or
- Has competed or is currently competing at OCP Level 2, or
- Has competed or is currently competing at Xcel Bronze, or
- Has competed or is currently competing at Interclub Tumbling (Levels Intermediate or Advanced) or Trampoline or Provincial Level 1 Tumbling or Trampoline.

iii) Level 3:

- Has competed in Level 2 high school gymnastics, or
- Has competed or is currently competing at OCP Level 3, or
- [Has competed or is currently competing at Xcel Silver](#), or
- Has competed or is currently competing at Provincial Level 2 or 3 Tumbling or Trampoline.

iv) Level 4:

- Has placed in the top three (3) in any two (2) events in Level 3 at a single SDSSAA/NOSSA Championship, or,
- Has competed or is currently competing at OCP Level 4 or 5.

v) Level 5:

- Has placed in the top three (3) in any two (2) events in Level 4 at a single SDSSAA/NOSSA Championship, or,
- Has competed or is currently competing at OCP Level 6, or
- [Has competed or is currently competing at Xcel Gold](#), or
- Has competed or is currently competing at Provincial Level 4 or National Tumbling or Trampoline.

vi) Level 6:

- Has placed in the top three (3) in any three (3) events in Level 5 at a single SDSSAA/NOSSA Championship, or,
- Has competed or is currently competing at OCP Level 7 or higher, or
- [Has competed or is currently competing at higher than Xcel Gold](#).

vii) An athlete may compete in each of Level 1 and 2 for one year only.

viii) [An athlete may compete in a level higher than where they are placed based on the above regulations, at the coach's discretion.](#)

GIRLS' GYMNASTICS (cont'd)**RULES AND
OFFICIALS (cont'd)**

- (c) If a gymnast competes in the wrong category at the Preliminary Meet, her results will be invalid and she will not be eligible to compete in further SDSSAA Gymnastics competition during that competitive year.
- (d) Student-athletes only are allowed on the equipment.
- (e) Scoring for Artistic Competition
 - (i) In the Preliminary Meet and the SDSSAA Championship, an Event Champion will be declared on each event for each level. That person will be the individual receiving the highest raw score in each event in each level.
 - (ii) In the Preliminary Meet, a top Individual Aggregate Champion will be declared for each level. That person will be the individual receiving the highest total raw score (out of 40.0) on up to four (4) events.
 - (iii) In the SDSSAA Championship, school team champions shall be declared for [Levels 1-6](#), using the totals of the best two (2) scores in each event.
 - (iv) In the SDSSAA Championship, overall champions for 'A' schools and 'AA/AAA' schools shall be declared, using the totals of the best two (2) scores in each event in each level.
- (f) Each school coach having competitors in the meet may have access to the floor providing the coach is in the uniform stipulated by section 10 Uniforms, and is accredited (i.e., listed on the entry form).

OFFICIALS

- (i) The head judge must attend the coaches' meeting, and is encouraged to hold an judges' meeting prior to the start of the first event, when possible.
- (ii) Otherwise the head judge is responsible for communicating the information to all judges participating.

**UNIFORMS AND
EQUIPMENT**

- (a) General
 - (i) All gymnasts and coaches are expected to dress in body suits or warm-up attire that is neat, clean and which maintains the integrity of the school's name, colours and logos.
 - (ii) Competitive attire must be school colours.

GIRLS' GYMNASTICS (cont'd)**UNIFORMS AND
EQUIPMENT
(cont'd)**

- (iii) No sport club insignia on body suits or warm-ups shall be permitted [by either gymnasts or coaches](#). A sport club is defined as a community, provincially or nationally based organization whose primary purpose is participation in organized competition in single or multi-sport programs.
- (iv) Sponsorship recognition is permitted to be visible but must conform with the placement guidelines outlined in By-Law 6, Section 2(g).
- (iv) Student-athletes must remain fully clothed in the appropriate attire in the competition area, AND use the designated locker room or change area to change to and from competition attire.
- (v) The above criteria must be met both on and in the competitive area and during the awards' ceremonies. Incidents of non-compliance shall be forwarded to the Petition & Protest Committee for resolution.

(b) Sport Specific

Gymnasts must wear competitive attire (leotard only with optional black spandex shorts) for the awards ceremony.

AWARDS**(a) Artistic Events - Preliminary Meet**

- (i) In Levels 1, 2, 3, 4, 5, and 6, gold/silver/bronze medallions shall be presented to the first/second/third-place finishers as per Scoring for Artistic Competition guidelines above. Ribbons will be awarded to the fourth through eighth-place finishers.

(b) Artistic Events - SDSSAA/NOSSA Championship

- (i) In Levels 1, 2 and 3, gold/silver/bronze medallions shall be presented to the first/second/third-place finishers as per Scoring for Artistic Competition guidelines above. [Ribbons will be awarded to the fourth through sixth placed finishers.](#)
- (ii) In Levels 4, 5 and 6, gold/silver/bronze medallions shall be presented to the first/second/third-place finishers as per Scoring for Artistic Competition guidelines above.

**QUALIFICATION
FOR
SDSSAA/NOSSA
CHAMPIONSHIP**

[In levels 1-6, SDSSAA athletes placing top 8 on an individual apparatus at the Preliminary Meet will qualify to compete that apparatus at the SDSSAA/NOSSA Championship. The qualification cut-offs will be announced prior to the Preliminary Meet.](#)

GIRLS' GYMNASTICS (cont'd)**SUPERVISION**

A teacher is defined as a member of the Ontario College of Teachers or a holder of an Ontario Teacher's Certificate or equivalent.

- (a) For team sports ("A team consists of all athletes from the same school who qualify for SDSSAA competition as a unit...", a teacher from the same school, or a retired teacher, as approved by the principal of the school, must accompany and be responsible for the team.
- (b) For individual sports (those sports in which athletes from a school qualify for SDSSAA competition as individuals), the principal of the school may designate an adult who is not a teacher to accompany the athletes. In addition, a teacher, or a retired teacher, must be present and on site and designated by the principal to be responsible for the athlete(s).
- (c) For all sports, where the teacher, as indicated in (a) and (b) above, is not of the same gender as the athlete(s), and where the athlete(s) are required or might be required to stay overnight, a supervisory adult, as approved by the principal of the school, of the same gender as the athlete(s), must be present and available at the accommodation site for the duration of their stay in the accommodation.
- (d) Teacher representatives must adhere to OPHEA guidelines.

DEPORTMENT

- (a) Definitions
 - (i) A team is defined as, "All participants representing the same school at an Gymnastics Championship event."
 - (ii) A participant is defined as, "Anyone who has been granted proper authorization to enter a restricted area." "Restricted area" includes "those areas occupied by athletes and to which access by the general public is restricted or prohibited."
- (b) All participants (coaches and athletes) are expected to abide by the SDSSAA Code of Behaviours by-laws.
- (c) No artificial noisemakers are permitted at SDSSAA Gymnastics events.
- (d) No flash photography is permitted at SDSSAA Gymnastics events.

GIRLS' GYMNASTICS (cont'd)**MEDICAL**

- (a) Coaches shall provide all consumable medical supplies (e.g. tape, band aids, ice packs) for their athletes.
- (b) Provision shall be made by the Convenor to have a medical doctor in attendance or readily available and to follow appropriate hygienic precautions with regard to bodily fluids and communicable diseases. (See Policies and Procedures section of the SDSSAA handbook).
- (c) Qualified first-aid personnel and equipment shall be available at the competition site.

**PROTESTS &
PETITION
COMMITTEE**

All disputes during a Championship/Festival shall be directed to the Protest & Petition Committee for resolution.

- (a) The Protest Committee shall consist of three (3) individuals; SDSSAA Gymnastics Convenor, a SDSSAA Gymnastics committee member, and one other member appointed by the SDSSAA Gymnastics convenor. The Head Official in some cases, may serve as a member of the Protest & Petition Committee. Members of the Protest & Petition Committee must not have any conflict of interest relevant to the incident under protest.
- (b) All protests must be submitted in writing to the SDSSAA convenor or designate, shall fully outline the incident under protest, and shall be accompanied by a \$25.00 (payable to SDSSAA) fee (refundable if protest is upheld).
- (c) A protest must be submitted within thirty (30) minutes of the completion of the event in which the incident under protest occurred, or within thirty minutes of the occurrence if protesting an incident outside the field of play.
- (d) The following areas may not be protested at the SDSSAA Championship:
 - Officials' decisions
 - Eligibility of transfer students
- (e) Any disputes or protests re: tournament structure and procedure must be addressed no later than the coaches' meeting.

GIRLS' GYMNASTICS (cont'd)**PROTESTS &
PETITION
COMMITTEE
(cont'd)**

- (f) The Protest & Petition Committee shall be the body empowered to delay/modify/cancel an event due to unforeseen circumstances (e.g. weather conditions) at the site(s).
- (g) Decisions of the Protest & Petition Committee shall be final.

***All SDSSAA Gymnastics events are non-smoking and non-vaping events.
This includes the use of all tobacco- and marijuana-related products.***

Participants must obey the Ministry of Education's Code of Conduct

GIRLS' GYMNASTICS

APPENDIX 1 TO PLAYING REGULATIONS

ARTISTIC GYMNASTICS

***OCP** is the Ontario Competitive Program of Gymnastics Ontario. The OCP Technical Rules & Regulations will apply to all categories unless otherwise stated in the SDSSAA Rules & Regulations. Please note that in the absence of an OCP rule, the FIG Code of Points will be applied. The Element Values are based on the OCP Values as per USGF-JO Code of Points. The OCP Rules & Regulations are posted on the Gymnastics Ontario website – www.gymnasticsontario.ca*

Event Regulations

- 1) [Vault](#)
- 2) [Uneven Bars](#)
- 3) [Beam](#)
- 4) [Floor Exercise](#)

Generalities

Equipment

1. **Landing Mats:** Landing mats with a minimum of 20 cm thickness will be provided for each apparatus. These mats may not be removed from underneath the apparatus. On Vault, Bars and Beam, an additional mat(s) of up to 20 cm thickness will be allowed for safety reasons, if required. Additional landing mats that exceed 20 cm if used, will result in a 0.30 deduction from the gymnast's score.

On floor, up to 10 cm of additional mats may be used for tumbling lines. Only this mat(s) may be removed during the routine. Use of a 10 cm supplementary mat is mandatory for landings on vault, bars and beam.

2. **Additional Equipment:** Anyone bringing extra equipment must, prior to the warm-ups, declare the event at which the equipment will be used. The equipment must remain at the event throughout the duration of that competition.

3. **Equipment Concerns:** Any equipment concerns must be brought to the attention of the CCJ of the competition.

4. Only student athletes will be permitted on the competitive equipment during training, warm-up or competition sessions at SDSSAA.

Scoring

1. Start Value will be 10.00 for each event at each Level. Most Vault Start Values, with some exceptions, are out of 10.00. (Refer to Vault Values Chart)

2. Final Score is based on the Difficulty Score minus the Execution Score.

Girls' Gymnastics Appendix – Generalities (cont'd)

3. D-Score on Bars, Beam and Floor is composed of: DV (Difficulty Value) and SR (Special Requirements) & No Attempt to Dismount. The E-Score includes Specific Apparatus Deductions, Execution errors, and Artistry deductions.

4. Span for Judges' Scores: Span between the two counting E scores is 0.30 when the two counting E scores are between 0.00 and 1.50. Span between the two counting E scores is 0.50 when the two counting E scores are between 1.50 or greater. Span between Average E score and the D1 Judge's E score is 0.30 when the two counting E scores are between 0.00 and 1.50 and 0.50 when the two counting E scores are between 1.50 or greater. **Final Score is never rounded and will be truncated at 3 decimals if required (as in the case of 3 judges on a panel).**

5. No jewelry, bracelets, necklaces, headbands or watches may be worn by competitors. Only small stud-type pierced earrings are allowed. The penalty for not complying with this rule is a **0.20** deduction from the gymnast's final score.

6. On Bars and Beam, a coach standing in a position to spot (not blocking the view of the judges) is permitted without penalty. However, if the **coach touches or spots** the gymnast, a **0.50** deduction will be applied each time spotting occurs during the routine.

7. On Vault, **spotting is only permitted on the landing** with a **0.50** deduction. If spotting occurs during any other phase of the vault (ie. Preflight, on flight/repulsion) or during any phase of a flat back vault, the vault is considered void and will receive a score of 0.00.

One coach may stand beside the vault table with no deduction for all levels. A coach may not stand between the beat board and the apparatus.

8. The performance of **restricted moves** will result in a **0.50** deduction for each time a restricted move is performed. The restricted move receives no value and will not fulfill any SR's. The skill however will receive all applicable execution and amplitude deductions. Performance of a restricted vault will result in a 0.00 score.

Girls' Gymnastics – Appendix – Generalities (cont'd)

Recognition of Elements

1. Repeated elements in a routine cannot be counted as Difficulty Value (DV) but can fulfill Special Requirements (SR's).
2. If an element does not appear in the USGF- JO Code of Points, it does not have a value unless it is listed in the list of elements.
3. To be considered different, an element must have a different number in the Code of Points as per OCP rules.
4. On Beam and Floor Exercise, consecutive means 2 or more elements performed one after the other. A stop, pause, or small foot adjustment are okay unless the deductions that occur between the leaps/jumps/hops are 0.30 or greater. Connected means 2 or more elements are performed without any stops, hesitations, extra steps or loss of balance between elements

Gymnastics – Competition Attire

1. Competition attire is a one piece leotard (must be skin tight) in school team colours, with optional arm length and optional leg length. The leotard itself is one layer only, however plain black spandex shorts may be worn over top.
2. In the interest of safety, head coverings must be approved in advance by the petition committee.

Girls' Gymnastics - Appendix VAULT

Event Regulations:

- Vault Table height requirements are specific to the Level (see below).
- Runway is at least 24 m.
- Use of a 20 cm supplementary landing mat is mandatory for vaults to feet. Up to 20 cm of additional landing mats are permitted.
- Only beatboards or springboards are allowed.

Vault Heights:

Level 1	Stacked mats piled to a height of 100 ± 5 cm
Level 2	Stacked mats piled to a height of 110 ± 5 cm
Level 3	Vault table to stacked mats at a height of 115 cm ± 5 cm
Level 4	Vault table at a height of 115 cm
Level 5	Vault table at FIG (125 cm)
Level 6	Vault table at FIG (125 cm)

Scoring:

1. All vault competitors MAY perform two vaults. The vaults may be the same or different. **The final score will be the BEST score.** An athlete may choose to perform only ONE vault. If a second vault is not performed then the athlete will receive the score of the first vault.
2. The Start Value for all Vaults will be as listed in the table.
3. Three running approaches are permitted as long as the vault is not attempted (i.e. the gymnast may touch the board and/or the front of the vault, but not support their weight on the vault). A fourth approach is not permitted. A gymnast is considered to have started an approach as soon as the run has commenced.

Girls' Gymnastics - Appendix Vault Values

Level	Name of Vault	Max Final Score
ONE	Flatback (stacked mats only)	10.0
TWO	Flatback (stacked mats only)	10.0
THREE	Handspring-Flatback (table to stacked mats only)	10.0
FOUR	Handspring	10.0
FIVE	Handspring	9.8
	Half-on to feet	10.0
SIX	Handspring	9.3
	Tsukahara timer to feet	9.5
	Tshukahar timer to back	9.8
	Front-front timer	9.8
	Tsukahara tuck	10.0
	Tsukahara open tuck	10.0
	Tsukahara piked	10.0
	Front-Front	10.0

Girls' Gymnastics - Appendix UNEVEN BARS

Event Regulations:

- LB 170 cm HB 250 cm, mat is 20 cm.
- Bars may be moved in or out. Diagonal distance between the 2 bars must be adjustable from 130 to 180 cm.
- Athletes qualifying for SDSSAA who wish to raise both bars by one notch, may petition to do so on the SDSSAA Entry Form.
- **Non-removal of the mini-cheese/beat board after the mount** will result in a **0.50** deduction from the final score. This rule is in place to ensure the safety of the gymnast.
- Use of a 10 cm supplementary landing mat is mandatory.

Falls:

An interruption of 45 seconds is possible due to a fall from the bars. This will be timed separately. Exceeding the time limit on the fall will mean the routine is finished.

Timing of intermediate period (fall time) begins with:

- Fall OFF the apparatus, feet or hands leave the bars (**fall time begins**)
- Fall ON the apparatus, when the body hits the bar

Time stops when the gymnast resumes her exercise: i.e. with the first element or movement, including the pumping or beat swing necessary to gain some swing on the bars.

There is no deduction for a coach speaking to the athlete during a fall.

If a gymnast falls from the uneven bars the coach may assist the gymnast in remounting to the high bar or low bar. A spotting penalty will not be applied. The gymnast does have 45 seconds to remount the bars and may use that time to climb back on the bars to a position from which she wishes to continue her routine. She is not deducted for climbing onto the bars to get into position to continue the routine.

After a fall, the gymnast will be allowed one extra swing without penalty to restart the routine; however, two or more **extra swings** will be deducted **0.30** each time. After a fall, the gymnast may repeat the missed element and if successful, will be given credit for the Element and any CR.

Clarifications:

Casts: At least one cast in the routine must **attain the height specified below:**

Level 1: greater than 30°

Level 2: greater than 45°

Level 3: horizontal (within 10°)

Levels 4-6: greater than horizontal (not within 10° of vertical)

All routines have two opportunities to reach the cast amplitude requirements.

Amended: June 2023

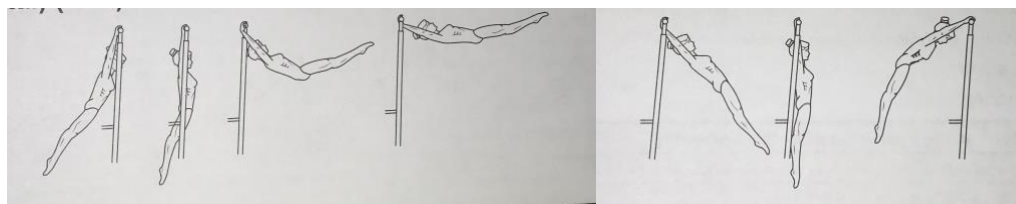
**blue denotes most recent changes*

Girls' Gymnastics - Appendix UNEVEN BARS (cont'd)

General Execution Deductions

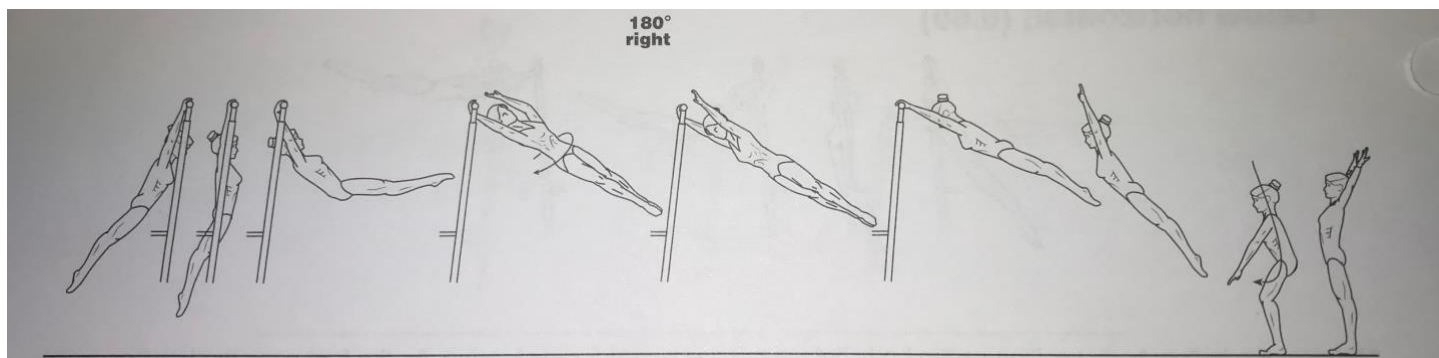
In addition to the specific execution deductions listed for each level, general execution deductions of **up to 0.30 each** will apply to all elements in the routine (i.e., for flexed/sickled feet, leg or knee separations, insufficient exactness of body shape (tuck or piked position), insufficient exactness of stretched position (arch or hip angle), bent arms in support or bent legs, etc.), depending on severity.

Tap Swing Forward, Counterswing, Tap Swing Forward with ½ turn dismount



Tap swing forward

Counterswing



Tap swing forward, ½ turn dismount

NOTE:

There is no deduction for a double bounce on the beat board when mounting the apparatus.

Definition of bar change: grip begins on 1 bar and ends on other bar.

Girls' Gymnastics - Appendix

UNEVEN BARS

START VALUE	10.00 Level 1	10.00 Level 2	10.00 Level 3
Compulsory Routine Deduction for each missing element: 0.5	1. Hip pullover mount 2. Cast to 30° or higher 3. Back hip circle 4. Cast 5. Choice of dismount: <ul style="list-style-type: none"> ● Cast off (at 30°), or ● Underswing dismount (no feet), or ● Straddle/pike underswing. 	1. Hip pullover mount 2. Cast to 45° or higher 3. Back hip circle 4. Cast 5. Tuck- OR straddle- OR pike- on LB to either: <ul style="list-style-type: none"> ● Jump to tap high bar dismount (SV 10.0) ● Underswing dismount off LB (SV 9.5) 	1. Hip pullover mount 2. Cast to horizontal or higher, within 10° 3. Back hip circle 4. Cast 5. Tuck- OR straddle- OR pike- on LB 6. Jump to underswing, counterswing, tap swing ½ turn dismount
Specific Execution Deductions ↑0.10ea Poor Rhythm Elements/Connections ↑0.30 Poor Rhythm of entire exercise 0.10ea Adjusted Grip position 0.10ea Brush/Touch on Apparatus 0.10ea Brush Mat with feet 0.20ea Hit on Apparatus with feet 0.30ea Hit on Mat with feet 0.30ea Intermediate Swing ↑0.20 Insufficient Dynamics 0.10 Landing too close to Bars on Dismount		0.30ea Uncharacteristic Bar Elements (climbing, rolling over, posing, stopping) ↑0.10ea Extra Swing of the Legs ↑0.30 Casts below minimum amplitude (Level 1: 0.10; Level 2: 0.20; Level 3: 0.30) 0.30 No Mount or Mount of No Value L1–6	

Girls' Gymnastics - Appendix UNEVEN BARS

START VALUE	10.00	Level 4	10.00	Level 5
<div>Compulsory Routine</div> <div>Deduction for each missing element: 0.5</div>	<div>Option 1:</div> <div>1. Hip pullover mount OR kip</div> <div>2. Cast to horizontal or higher (to a maximum of 170°)</div> <div>3. Back hip circle</div> <div>4. Tuck- OR straddle- OR pike-on LB</div> <div>5. Long swing pullover OR long swing kip</div> <div>6. Cast to underswing, counterswing, tap swing forward, second counterswing, tap swing ½ turn dismount.</div> <div>Option 2:</div> <div>1. Hip pullover mount OR kip</div> <div>2. Cast to tuck- OR straddle- OR pike-on LB</div> <div>3. Long swing pullover OR long swing kip</div> <div>4. Cast to horizontal or higher (to a maximum of 170°)</div> <div>5. Back hip circle, directly into -</div> <div>6. Underswing, counterswing, tap swing forward, second counterswing, tap swing ½ turn dismount.</div> <div>NOTE: Cast to handstand is a restricted move and will be deducted accordingly</div>		<div>Option 1: (SV: 10.0)</div> <div>1. Hip pullover mount OR kip</div> <div>2. Cast to horizontal or higher (to a maximum of 170°)</div> <div>3. Back hip circle</div> <div>4. Tuck- OR straddle- OR pike-on LB</div> <div>5. Long swing pullover OR long swing kip</div> <div>6. Baby giant</div> <div>7. Cast to underswing, counterswing, tap swing forward, second counterswing, flyaway</div> <div>Option 2: (SV: 9.5)</div> <div>1. Hip pullover mount OR kip</div> <div>2. Cast to horizontal or higher (to a maximum of 170°)</div> <div>3. Back hip circle</div> <div>4. Tuck- OR straddle- OR pike-on LB</div> <div>5. Long swing pullover OR long swing kip</div> <div>6. Cast to underswing, counterswing, tap swing forward to pullover</div> <div>7. Cast to straddle- or pike-underswing dismount.</div> <div>*There MUST be at least one kip in the routine</div> <div>*In either routine, elements 2 & 3 (cast to horizontal and back hip circle) may be performed on the high bar after the long swing pullover or long swing kip, instead of on the low bar.</div> <div>NOTE: Cast to handstand is a restricted move and will be deducted accordingly</div>	
	<div>Specific Execution Deductions</div> <div>↑0.10ea Poor Rhythm Elements/Connections</div> <div>↑0.30 Poor Rhythm of entire exercise</div> <div>0.10ea Adjusted Grip position</div> <div>0.10ea Brush/Touch on Apparatus</div> <div>0.10ea Brush Mat with feet</div> <div>0.20ea Hit on Apparatus with feet</div> <div>0.30ea Hit on Mat with feet</div> <div>0.30ea Intermediate Swing</div> <div>↑0.10 ea Insuff Extension on Kips</div> <div>↑0.20 Insufficient Dynamics</div> <div>0.10 Landing too close to Bars on Dismount</div>		<div>0.30ea Uncharacteristic Bar Elements (climbing, rolling over, posing, stopping)</div> <div>↑0.10ea Extra Swing of the Legs</div> <div>0.30 Casts below horizontal</div> <div>0.30 No Mount or Mount of No Value L1–6</div>	

Girls' Gymnastics - Appendix UNEVEN BARS (cont'd)

START VALUE	10.00 Level 6
Difficulty Value (DV)	Counting DV = 7 elements 6A & 1B Dismount + 6 elements A @ 0.10 B @ 0.30
SR's Special Requirements @ 0.50	1. 1 bar change (element of value) 2. 1 B* element from the following: <ul style="list-style-type: none"> Uprise, clear hip circle, giant, pike sole circle, stalder circle fwd/bkwd, cast to handstand Circle element (group 3, 6, 7 & giants (fwd/bkwd)) 3. Cast to minimum horizontal 4. Min A salto dismount
Restrictions	C's allowed but not required No D, E, F, G
<u>Specific Execution Deductions</u> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> ↑0.10ea Poor Rhythm Elements/Connections ↑0.30 Poor Rhythm of entire exercise 0.10ea Adjusted Grip position 0.10ea Brush/Touch on Apparatus 0.10ea Brush Mat with feet 0.20ea Hit on Apparatus with feet 0.30ea Hit on Mat with feet 0.30ea Intermediate Swing ↑0.10 ea Insuff Extension on Kips ↑0.20 Insufficient Dynamics 0.10 Landing too close to Bars on Dismount </div> <div style="width: 45%;"> 0.30ea Uncharacteristic Bar Elements (climbing, rolling over, posing, stopping) ↑0.10ea Extra Swing of the Legs ↑0.10 Insufficient swingful execution 0.30 Casts below horizontal 0.30 No Mount or Mount of No Value L1–6 Please Note: Same Elements can receive value twice only if preceded or followed by a different element. </div> </div>	

Girls' Gymnastics - Appendix

UNEVEN BARS – LIST OF ELEMENT VALUES

UNEVEN BAR ELEMENTS	A VALUE	UNEVEN BAR ELEMENTS	B VALUE
GLIDE KIP, ALSO HALF TURN GLIDE KIP MOUNT	A	KIP LB CATCH HB or JUMP FULL TURN KIP Mount KIP CUT Mount	B
LONG KIP HB MOUNT JUMP HALF TURN OR FULL TURN TO HANG ON HB	A	JUMP HALF TURN TO LONG KIP HB	B
SQUAT OR PIKE OR STRADDLE ON LB MOUNT	A	FREE SQUAT OR STRADDLE OVER LB TO HANG	B
CAST TO SQUAT OR PIKE OR STRADDLE ON	A	CAST TO HANDSTAND, STRADDLE OR STRAIGHT BODY	B
		UPRISE TO FREE SUPPORT COUNTER SWING STRADDLE BACK OVER LB	B
UNDERSWING HALF TURN, WITH OR W/O FEET ON, PIKE OR STRADDLE (Group 3)	A	UNDERSWING HALF TURN OVER LB (NOT FROM HANDSTAND) (Group 3)	B
		CLEAR HIP CIRCLE TO CLEAR SUPPORT (Group 3)	B
SWING HALF TURN TO 45°	A	CLEAR UNDERSWING HALF TURN OVER LB (NOT FROM HANDSTAND)	B
LONG PULLOVER TO HB OR GIANT ON LB	A	BACK GIANT	B
BABY GIANT (¾ GIANT)	A	FRONT GIANT (Group 5)	B
		STALDER CIRCLE TO CLEAR SUPPORT (Group 6)	B
BACK HIP CIRCLE , FRONT HIP CIRCLE (Group 7) SOLE CIRCLE (Group 7)	A A	TOE ON CIRCLE TO CLEAR SUPPORT (Group 7)	B
UNDERSWING DISMOUNT, WITH OR WITHOUT FEET, ALSO WITH HALF TURN OFF HB	A		
UNDERSWING WITH 1 AND 1/2 TWIST DISMOUNT	A		
TAP SWING FORWARD, ½ TURN DISMOUNT	A		
FLYAWAY TUCK, PIKE OR LAYOUT	A	FLYAWAY 1/2 TWIST OR FULL	B
FRONT FLYAWAY TUCK, PIKE OR LAYOUT	A	FRONT FLYAWAY WITH 1/2 TWIST OR FULL	B

Girls' Gymnastics - Appendix BALANCE BEAM

Event Regulations:

- Beam height requirements are specific to the Level (see below).
- FIG: 125 cm padded beam
- Additional 20cm mat is required for dismounts.
- Additional mat of up to 20cm may be used under the beam.
- Length of routine is 30 seconds to 1 minute 30 seconds for all levels.
- A warning bell will be rung at 1 minute 20 seconds and the final bell will be rung at 1 minute 30 seconds.
- A coach or another athlete must **remove the mini-cheese or beat board after the mount**; failure to do so will result in a **0.50** deduction from the gymnast's final score.

Beam Heights:

Level 1	Beam at 110 cm OR 125 cm
Level 2	Beam at 110 cm OR 125 cm
Level 3	Beam at 110 cm OR 125 cm
Level 4	Beam at FIG (125 cm)
Level 5	Beam at FIG (125 cm)
Level 6	Beam at FIG (125 cm)

Falls:

An interruption of 30 seconds is possible due to a fall from the beam. This will be timed separately. Exceeding the time limit on the fall will mean the routine is finished.

Timing of intermediate period (fall time) begins with:

- Fall OFF the apparatus; feet or hands leave beam (**fall time begins**)
- Fall ON the apparatus; when body hits the beam

Time stops when the gymnast resumes her exercise: i.e. with the first element or movement. If a gymnast **falls while remounting the beam after the fall**, there will be a **0.50** deduction even if the timing of the exercise has not resumed.

There is no deduction for a coach speaking to the athlete during a fall.

Note:

There is no deduction for a double bounce on the beat board when mounting the apparatus.

Girls' Gymnastics - Appendix

BALANCE BEAM

START VALUE	10.00 Level 1	10.00 Level 2	10.00 Level 3
Difficulty Value (DV)	Counting DV = 4 elements Dismount + 3 A's A @ 0.10	Counting DV = 4 elements Dismount + 3 A's A @ 0.10	Counting DV = 5 elements Dismount + 4 A's A @ 0.10
SR's Special Requirements @ 0.50	1. One acro element (excludes dismount) 2. Two <u>consecutive</u> & different leaps/jumps/hops 3. Relevé ½ turn on 2 feet (pivot turn) 4. An A dismount	1. <u>One acro element</u> (excludes dismount) 2. Two <u>connected</u> & different leaps/jumps/hops 3. Relevé ½ turn on 1 foot (no greater than 180°) 4. An A dismount	1. <u>Two different acro elements</u> (excludes dismount) <i>*Acro elements do not need to be consecutive</i> 2. Minimum two connected & different leaps/jumps/hops 3. Relevé ½ turn on 1 foot to relevé pivot turn on 2 feet. 4. An A dismount
For the List of A & B elements, refer to the Beam Element Chart			
Restrictions	No B, C, D, E, F, G No walkover, tic-toc, tinsica or valdez No flight or aerial tumbling <u>on beam</u> No salto, or series or B dismounts <u>No aerial cartwheel or walkover dismount</u>	No B, C, D, E, F, G No walkover, tic-toc, tinsica or valdez No flight or aerial tumbling <u>on beam</u> No salto, or series or B dismounts	No B, C, D, E, F, G No flight or aerial tumbling <u>on beam</u> No series or B dismounts
<u>Specific Execution Deductions</u> 0.20ea Add'l support of 1 leg against side of beam 0.10 Dismount Landing too close to Beam 0.30ea Grasp on beam to avoid fall 0.50 Falls 0.10ea Concentration pauses (> 2 sec) ↑0.30 Add'l movements to maintain balance 0.50 3 rd Run Approach/Touch board w/o Mounting ↑0.20 Insufficient variation in rhythm & tempo ↑0.20 Lack of Sureness of performance ↑0.10 Lack of Precision of Dance (Arm, leg positions – Turns not in high releve)		<u>Specific Execution Deductions</u> 0.10 Missing move close to beam w/ torso or head touching ↑0.20 Poor Dynamics <u>Artistry Deductions</u> 0.20 Lack of movement in all three directions (fwd/side/bkwd) ↑0.10 Lack of Creative Choreography ↑0.10 Lacks Quality of Movement ↑0.10 Lacks Quality of Expression	

Girls' Gymnastics - Appendix BALANCE BEAM (cont'd)

START VALUE	10.00 Level 4	10.00 Level 5
Difficulty Value (DV)	Counting DV = 5 elements Dismount + 4 A's A @ 0.10	Counting DV = 6 elements Dismount + 5 A's A @ 0.10
SR's Special Requirements @ 0.50	<p>1. Two consecutive acro elements (elements may be same or different) (excludes dismount) <i>*One acro element must go to or through handstand</i></p> <p>2. Minimum two connected & different leaps/jumps/hops</p> <p>3. 360° turn on 1 foot</p> <p>4. An A dismount</p>	<p>1. Two connected acro elements (elements may be same or different) (excludes dismount) <i>*One acro element in series must go to or through handstand</i></p> <p>2. One isolated acro element (excludes dismount) <i>*May be the same as an acro element in SR1</i></p> <p><i>If SR1's elements are in the same direction, SR2 must be in a different direction. If SR1's elements are in different directions, SR2 can be in any direction.</i></p> <p>3. Minimum two connected & different leaps/jumps/hops, <i>one with minimum 120° split.</i></p> <p>4. 360° turn on 1 foot</p> <p>5. An A <i>salto</i> dismount</p>
For the List of A & B elements, refer to the Beam Element Chart		
Restrictions	Dance B's allowed No B, C, D, E, F, G Exception: See allowed acro B's	B's allowed but not required No C, D, E, F, G
Specific Execution Deductions 0.20ea Add'l support of 1 leg against side of beam 0.10 Dismount Landing too close to Beam 0.30ea Grasp on beam to avoid fall 0.50 Falls 0.10ea Concentration pauses (> 2 sec) ↑0.30 Add'l movements to maintain balance 0.50 3 rd Run Approach/Touch board w/o Mounting ↑0.20 Insufficient variation in rhythm & tempo ↑0.20 Lack of Sureness of performance ↑0.10 Lack of Precision of Dance (Arm, leg positions – Turns not in high releve)		Specific Execution Deductions 0.10 Missing move close to beam w/ torso or head touching ↑0.20 Poor Dynamics Artistry Deductions 0.20 Lack of movement in all three directions (fwd/side/bkwd) ↑0.10 Lack of Creative Choreography ↑0.10 Lacks Quality of Movement ↑0.10 Lacks Quality of Expression

Girls' Gymnastics - Appendix BALANCE BEAM (cont'd)

START VALUE	10.00	Level 6
Difficulty Value (DV)	Counting DV = 7 elements 6A & 1B Dismount + 6 elements A @ 0.10 B @ 0.30	
SR's Special Requirements @ 0.50	<p>1. Two different and connected acro elements (excludes dismount) <i>*One acro element in series must go to or through handstand</i></p> <p>2. One isolated acro element (excludes dismount) <i>*Must be different than the acro elements performed in SR1</i></p> <p><i>If SR1's elements are in the same direction, SR2 must be in a different direction. If SR1's elements are in different directions, SR2 can be in any direction.</i></p> <p><i>If SR1's elements do not have flight, the acro element in SR2 must have flight. If at least one of SR1's elements have flight, the acro element in SR2 does not need to have flight.</i></p> <p>3. Dance connection of min. 2 different leaps/jumps/hops, one with 180° split (cross position only)</p> <p>4. 360° turn on 1 foot</p> <p>5. An A+ salto dismount</p>	
For the List of A & B elements, refer to the Beam Element Chart		
Restrictions	C's and D's allowed but not required No E, F, G	
Specific Execution Deductions 0.20ea Add'l support of 1 leg against side of beam 0.10 Dismount Landing too close to Beam 0.30ea Grasp on beam to avoid fall 0.50 Falls 0.10ea Concentration pauses (> 2 sec) ↑0.30 Add'l movements to maintain balance 0.50 3 rd Run Approach/Touch board w/o Mounting ↑0.20 Insufficient variation in rhythm & tempo ↑0.20 Lack of Sureness of performance ↑0.10 Lack of Precision of Dance (Arm, leg positions – Turns not in high releve)		Specific Execution Deductions 0.10 Missing move close to beam w/ torso or head touching ↑0.20 Poor Dynamics Artistry Deductions 0.20 Lack of movement in all three directions (fwd/side/bkwd) ↑0.10 Lack of Creative Choreography ↑0.10 Lacks Quality of Movement ↑0.10 Lacks Quality of Expression

Girls' Gymnastics - Appendix

BALANCE BEAM – LIST OF ELEMENT VALUES

BALANCE BEAM ELEMENTS	A VALUE	BALANCE BEAM ELEMENTS	B VALUE
Jump with Hand Support to Squat Stand or Squat/Pike Through	A	Jump, Press, or Swing to Handstand Mount	B
Jump to Side Straddle or Split/Cross Split Sit Mount	A	Jump to Cartwheel at End of Beam Mount	B
Scissor Leg Swing with 1/2 Turn to Cross Straddle Sit	A	Handspring Fwd from Board to Rear Support Mount	B
Clear Straddle Support or Jump to Fwd Roll Mount Free Step-On or Free Jump 2-2 Mount	A A	Free Forward Roll at end of Beam Mount	B
Split Leap Fwd with Front (Stag) or Back Leg Bent	A	Split Leap Fwd with 1/4 Turn	B
Stag Jump or Stag Jump with 1/4 Turn	A	Straddle/Split Jump or Straddle Pike Jump Straddle/Split Jump or Straddle Pike Jump with 1/4 Turn	B
Scissor Leap (Fwd or Bwd), Cat Leap, Sissone	A	Cat Leap with 1/2 Turn	B
Wolf/Tuck Jump/Wolf Hop or Switch Leg Wolf Leap	A	Tuck/Wolf Jump with 1/2 Turn, Pike Jump (also w 1/4 turn)	B
Stretch Jump (also with 1/2 turn or leg chngement)	A	Stretch Jump with 3/4 Turn	B
1/2 Turn on 2 Feet in Relevé (pivot turn) (A Level 1) 1/2 Turn on 1 Foot in Relevé (A Level 2) 1/2 Turn on 1 Foot to Pivot Turn on 2 Feet (A Level 3)	A L1 A L2 A L3		
360° Turn on 1 Foot	A	1 1/2 Turn on 1 Foot	B
Body Wave (fwd,bwd,side) to Balance Stand (2 sec) on both Legs	A	Body Wave (fwd, bwd, side) to Balance Stand Releve (2 sec) on 1 leg	B
Free Lying Torso Hang at End or Side of Beam	A	Kneeling to Body Wave Toe-Rise Balance Stand	B
1 Leg Stand (Fwd or Side/Held) or Arabesque Scale Forward (2s) free leg above horizontal	A	1 Leg Stand in Releve (Fwd or Side/Held) or Arabesque Scale Forward in Releve (2s) free leg above horizontal	B
Handstand without hold (within 30°) Level 1&2 only	A L1&2	Clear Pike Support Legs Together	B
Handstands Not Held (within 10°) Level 3 – 4 Only Handstand with hold (2 seconds) Kick to Cross or Side Handstands (2sec Hold)	A L3-4 A A	Kick to Cross or Side Handstands with 1/1 Turn (no hold required in turning handstands)	B
Forward roll to sitting position Forward/ Back Rolls to Squat/Stand	A L1-2 A L1-4	Free Forward Roll or Dive Forward Roll	B
Back (shoulder) Roll to Knees/Straddle Sit (torso must be vertical with shoulders off the beam)	A L1-3	Back Extension	B

Girls' Gymnastics - Appendix
BALANCE BEAM – LIST OF ELEMENT VALUES (cont'd)

Cartwheel, Back Walkover, Tic-Toc Walkover Front Roll to Straddle Sit (A Level 1&2 Only)	A L1&2	Dive Cartwheel, Round-off, Front Walkover, Valdez Front or Back Handspring	B
Round-Off or Front Handspring (also with 1/2) Dismt	A	Front Handspring with 1/1 Twist Dismount	B
Cartwheel to Side Handstand Dismount	A L1-3	Arabian Salto Tuck or Pike (also with 1/2 twist) Dismount	B
Cartwheel to Side Handstand 1/4 Turn Dismount ("Wende")	A L1-5	Front Layout Salto or Back Salto with 1/2 or 1/1 Twist Dismount	B
Aerial Cartwheel/Walkover, Fwd or Back Salto Dmt	A	Gainer Salto Dismount	B
LEVEL 1 ONLY:		ALLOWED ACRO B ELEMENTS (levels 4-5):	
Dismount: Any jump (tuck, straight, stretched, straddle, pike) off the end of the beam. Two-foot take-off and two-foot landing. Also with up to 360° turn	A L1	Jump, press or swing to handstand - mount or in routine	B
		Free Forward Roll - mount or in routine	B
		Front walkover	B
		Valdez	B

Girls' Gymnastics - Appendix FLOOR EXERCISE

Event Regulations:

- Floor area: 12 m x 12 m
- Additional mats of up to 10 cm are allowed for tumbling
- Length of routine is 30 seconds to 1 minute 30 seconds for all levels.

Music:

Floor music of a competing gymnast must be [emailed to the convenor, as follows:](#)

- all music must be in .m4a OR .mp3 OR .mp4 format
- name each file as follows: gymnast_level_school.m4a
 - example: JillFerguson_Level3_MSS.m4a
- bring a thumb drive/data stick with your athletes' music to the meet as a backup

Music must be submitted by the posted deadline (to be stated in the call to meet).

Music Regulations

The musical accompaniment must be recorded with orchestra, piano or other instruments (without singing/voice). Human sounds are allowed, provided there are no words spoken or sung in any language. Music with words/song incurs a 1.00 deduction, taken from the average score by the Chief Judge. Music with whistles/animal sounds will NOT receive a deduction. If a coach has any question of the music containing words, the music should be sent to the convenor well ahead of the posted deadline for review.

A **0.30** penalty will be imposed on the gymnast's final score [if music is not received by the posted deadline](#).

If the routine is stopped by a technical failure of the audio equipment, the gymnast has the following options:

- Repeat her routine without penalty at the end of the rotation and count the second score, **OR**
- Not repeat the exercise, count the first routine (no penalty for absence of music during the routine).

The coach may request the score of the first routine before choosing options.

If the wrong music is played, the gymnast may leave the floor until the appropriate music is ready. The chief judge will give a new starting signal to start routine. There is no penalty if the wrong music is played.

Recognition of Elements:

[Other than in Level 1, all series must contain the specified elements directly connected with no pause or steps between elements. Repeated elements in a routine cannot be counted as Difficulty Value \(DV\) but can fulfill Special Requirements \(SR's\).](#)

Girls' Gymnastics - Appendix FLOOR EXERCISE (cont'd)

START VALUE	10.00 Level 1	10.00 Level 2
Difficulty Value (DV)	Counting DV = 4 elements 4 A elements A @ 0.10	Counting DV = 4 elements 4 A elements A @ 0.10
SR's Special Requirements @ 0.50	<p>1. Two acro series with a minimum of 2 <i>different</i> elements. <i>*One element from either acro series may be replaced with a hop/leap/jump, provided it is connected to the other elements in the series.</i></p> <p><i>*2nd series must contain an element not yet in the routine. Flight not required.</i></p> <p>2. Dance passage of minimum 2 different elements, 1 being a leap or hop with a 1-foot take-off (the other can be leap/jump/hop)</p> <p>3. Minimum relevé ½ turn on 1 foot to relevé pivot turn on 2 feet (360° turn on 1 foot is allowed)</p>	<p>1. Two acro series with a minimum of 2 <i>different</i> elements. <i>*2nd series must contain an element not yet in the routine. Flight not required.</i></p> <p>2. Two acro elements in different directions (one must be backward; may be in acro series)</p> <p>3. Dance passage of minimum 2 different elements 1 being a leap or hop with a 1-foot take-off (the other can be leap/jump/hop)</p> <p>4. 360° turn on 1 foot</p>
For the List of A elements, refer to the Floor Element Chart		
Restrictions	No B, C, D, E, F, G Aerial cartwheels not allowed No saltos No aerial walkovers No backhandsprings	No B, C, D, E, F, G (including Dance B's) Aerial cartwheels allowed No saltos No aerial walkovers No more than one backhandspring in the routine
Specific Execution Deductions 0.10ea Concentration pauses (> 2 sec) 0.50 Falls 0.05ea Missing synchronization with the music 0.10 Last movement does not end with the music 0.10 Ending pose is not held (2 seconds) 1.00 Music with voice or no music ↑0.20 Poor relationship of music & movement ↑0.20 Insufficient variation in rhythm & tempo throughout ↑0.20 Dynamics 0.10ea Lack of Precision in Dance (arms, legs & turns in high releve) Level 1: A small pause or step between elements in a series will not cause a missed SR, but will receive deductions of up to 0.2 each time, to a maximum of 0.5.		Specific Execution Deductions 0.10 Insufficient Use of Space 0.10ea Excessive running before a simple element or series 0.10 Missing movement close to floor (leotard, thigh or head touching floor) 0.30 No attempted Acro Series in the routine L1-5 0.30 Attempt w/o performance of an element Artistry Deductions ↑0.10 Lack of Creative Choreography ↑0.10 Lacks Quality of Movement - Personal Style ↑0.10 Lacks Quality of Expression

Girls' Gymnastics - Appendix FLOOR EXERCISE (cont'd)

START VALUE	10.00	Level 3	10.00	Level 4
Difficulty Value (DV)	Counting DV = 5 elements 5 A elements A @ 0.10		Counting DV = 5 elements 4 A elements & 1 Dance B element A @ 0.10 B @ 0.20	
SR's Special Requirements @ 0.50	<div>1. a) One acro series with a minimum of 3 elements and b) One acro series with a minimum of 2 elements</div> <div><i>*One acro element must have flight.</i> <i>*One element from either acro series may be replaced with a hop/leap/jump, provided it is connected to the other elements in the series.</i> <i>*2nd series must contain an element not yet in the routine.</i></div> <div>2. Two acro elements in different directions (one must be backward).</div> <div>3. Dance passage of minimum 2 different elements, 1 being a leap or hop with a 1-foot take-off (the other can be leap/jump/hop)</div> <div>4. 360° turn on 1 foot</div>		<div>1. a) One acro series with a minimum of 3 elements, and b) One acro series with a minimum of 2 elements</div> <div><i>*One series must contain at least two flight elements</i> <i>*Each series must contain an element not yet in the routine.</i> NOTE - Front and back rolls no longer count as A elements for levels 4-6</div> <div>2. Two acro elements in different directions (one must be backward)</div> <div>3. Dance passage of minimum 2 different elements, 1 being a leap or hop with a 1-foot take-off (the other can be leap/jump/hop)</div> <div>4. Minimum 360° turn on 1 foot</div>	
For the List of A elements, refer to the Floor Element Chart				
Restrictions	Dance B's allowed No B (acro), C, D, E, F, G Aerial cartwheels allowed No saltos No twists No aerial walkovers		No B (acro), C, D, E, F, G No more than 1 salto in the routine No layouts	
Specific Execution Deductions 0.10ea Concentration pauses (> 2 sec) 0.50 Falls 0.05ea Missing synchronization with the music 0.10 Last movement does not end with the music 0.10 Ending pose is not held (2 seconds) 1.00 Music with voice or no music ↑0.20 Poor relationship of music & movement ↑0.20 Insufficient variation in rhythm & tempo throughout ↑0.20 Dynamics 0.10ea Lack of Precision in Dance (arms, legs & turns in high releve)			Specific Execution Deductions 0.10 Insufficient Use of Space 0.10ea Excessive running before a simple element or series 0.10 Missing movement close to floor (leotard, thigh or head touching floor) 0.30 No attempted Acro Series in the routine L1-5 0.30 Attempt w/o performance of an element Artistry Deductions ↑0.10 Lack of Creative Choreography ↑0.10 Lacks Quality of Movement - Personal Style ↑0.10 Lacks Quality of Expression	

Girls' Gymnastics - Appendix FLOOR EXERCISE (cont'd)

START VALUE	10.00 Level 5	10.00 Level 6
Difficulty Value (DV)	Counting DV = 6 elements 5 A elements & 1 B element A @ 0.10 B @ 0.30	Counting DV = 7 elements 5 A elements & 2 B elements Dismount + 6 elements A @ 0.10 B @ 0.30
SR's Special Requirements @ 0.50	<p>1. a) One acro series with a minimum of 3 elements, and b) One acro series with a minimum of 2 elements</p> <p>2. One salto or aerial required. May be isolated or in series.</p> <p>3. Two acro elements in different directions (backward, and forward or sideward) (flight required)</p> <p>4. Dance passage of minimum 2 different leaps/jumps or hops - one being a leap/jump/hop with a 120° split (cross position only)</p> <p>5. Minimum 360° turn on 1 foot</p>	<p>1. One salto acro series (minimum of 2 directly connected acro flight elements 1 of which is a salto).</p> <p>2. One different salto acro series.</p> <p>3. Two saltos in different directions in exercise (backward, and forward or sideward)</p> <p>4. Dance passage of minimum 2 different leaps/jumps/hops - one being a leap/jump/hop with a 180° split (cross position only)</p> <p>5. Minimum 360° turn on 1 foot</p>
Restrictions	No C, D, E, F, G No acro series with 2 saltos	No D, E, F, G C's allowed but not required No double saltos
<u>Specific Execution Deductions</u> 0.10ea Concentration pauses (> 2 sec) 0.50 Falls 0.05ea Missing synchronization with the music 0.10 Last movement does not end with the music 0.10 Ending pose is not held (2 seconds) 1.00 Music with voice or no music ↑0.20 Poor relationship of music & movement ↑0.20 Insufficient variation in rhythm & tempo throughout ↑0.20 Dynamics 0.10ea Lack of Precision in Dance (arms, legs & turns in high releve)		<u>Specific Execution Deductions</u> 0.10 Insufficient Use of Space 0.10ea Excessive running before a simple element or series 0.10 Missing movement close to floor (leotard, thigh or head touching floor) 0.10ea More than 1 leap/jump/hop to prone or front support 0.30 No attempted Acro Series in the routine L1-5 0.30 Missing both acro series (level 6 only) 0.30 Attempt w/o performance of an element <u>Artistry Deductions</u> ↑0.10 Lack of Creative Choreography ↑0.10 Lacks Quality of Movement - Personal Style ↑0.10 Lacks Quality of Expression

Girls' Gymnastics - Appendix

FLOOR EXERCISE - LIST OF ELEMENT VALUES

FLOOR EXERCISE ELEMENTS	A VALUE	FLOOR EXERCISE ELEMENTS	B VALUE
Split Leap Forward, Split Jump, Stag Jump Stag Leap/Jump (front leg bent and/or back leg)	A A	Split Leap with 1/4 or 1/2 Turn, Split Jump w 1/2 Turn Double Stag Jump/Leap with 1/1 Turn	B B
Stag Switch Split Leap	A	Switch Split Leap Forward	B
Scissor Leap Forward or Backward, Sissone Tuck Schuschunova	A A	Pike Jump, Straddle Pike or Side Split Jump Straddle Schuschunova	B B
Stretched Jump with 1/2 Turn or 1/1 Turn Wolf Hop or Wolf Jump, Switch Wolf Leap	A A	Stretched Jump with 1 1/2 Turn Wolf Hop or Jump with 1/2 Turn	B B
Cat Leap (also with 1/2 Turn) Tuck Jump/Hop (also with 1/2 Turn)	A A	Cat Leap with 1/1 Turn Tuck Jump/Hop with 1/1 Turn	B B
1/1 Turn on 1 Foot	A	1 1/2 Turn on 1 Foot, 1/1 Free Illusion Turn 1/1 Turn Free Leg at or above Horizontal	B B
Jump to Handstand, Handstand with 1/2 or 1/1 Turn	A	Kick or Press to Handstand with 1 1/2 or more Turn	B
Handstand Forward Roll <i>Front Roll to Squat/Stand</i> <i>Back Roll (Tuck or Pike) finish on feet, legs together</i> Back Extension (also w 1/2t)	A <i>A L1-3</i> <i>A L1-3</i> A	Back Extension with 1/1 turn or more in Handstand	B
Walkover Fwd, Bwd, Valdez, Aerial Front Walkover	A		
Front Handspring, Back Handspring Cartwheel, Round-off, Aerial Cartwheel or Round-off	A A	Arabian Handspring (1/2 twist to front handspring) Flyspring Fwd (2 ft to 2 ft)	B B
Front Salto Tucked Back Salto Tucked/Pike/Layout/ Whip Back Salto	A A	Front Salto w 1/2 Twist, Front Pike, Front Layout Back Salto with 1/2 or 1/1 Twist	B B

GIRLS' HOCKEY**AGES**

Refer to Constitution - Art. IX, page 20.

ELIGIBILITY

- (a) Refer to Constitution: Art. IX, page 20.
- (b) All competitors must have been in regular attendance at the school before they can compete.

OFFICIALS

The assignment of officials will be made in conjunction with the referee-in-chief.

The enforcement of rules to be as per constitution and the contract with the Officials Association.

No game shall begin without at least one official present.

All playoff games in Division "A" will be assigned three (3) officials.

For all games scheduled in City of Greater Sudbury arenas, the assignment of scorekeepers will be made in conjunction with the chief timekeeper.

RULEBOOK

The Hockey Canada Rulebook is to be followed except for any amendments or deletions passed by S.D.S.S.A.A. or N.O.S.S.A.

Amendment: No body checking in the Girls' Hockey League

FINANCING

- (a) Costs for officials for Board schools, above the Officials' Pool allotment, will be shared equally by all participating schools.
- (b) Any other costs will be shared equally by all participating schools.

**FORMAT OF
COMPETITION**

Schools are free to choose the competitive division in which they wish to compete. All NOSSA positions be derived from Division "A" with no right of challenge from Division "B". If all positions cannot be filled from Division "A", the convener retains the right to fill the position from the top qualifying team from Division "B".

GIRLS' HOCKEY (cont'd)**GENERAL**

- (a) Each school shall be responsible for the conduct of its players and officials. Each school will be responsible to enter their roster into an app selected by the convener to manage the league's game results previously managed by virtue of hard copy scoresheets.
- (b) The home team is responsible for supplying pucks and a tablet that is to be used by the scorekeeper to manage the game. If a tablet is not available, a hard copy scoresheet provided by the home team may be used as a one-time replacement.
- (c) Exhibition games must be approved by the principal of each school.
- (d) An unlimited number of players can be dressed.
- (e) All players must wear a C.S.A. approved facial protector and neck guard for all S.D.S.S.A.A. games. The wearing of mouthguards is not mandatory.
- (f) Helmets and facemasks must be worn at all times within the playing area.
- (g) A league game shall consist of three 15 minute stop time periods, including a flood between second and third periods where time permits.
- (h) Each team is allowed a 30 second time-out per game. (Cannot be used in the last 5 minutes of the third period if the time is running rather than stopped).
- (i) No team will be allowed to start a school hockey game without a minimum of 8 players and one goalie.
- (j) In the event of inclement weather conditions, notice must be provided to teams at least two (2) hours before game time and must be approved by both coaches and the Athletic Administrator. Should both coaches not be in agreement, the Athletic Administrator will have the final authority to decide whether or not the game proceeds as scheduled.

GIRLS' HOCKEY (cont'd)**GENERAL (cont'd)**

- (k) If during the course of a game one team attains a lead of six goals, the game will be continued straight time at the subsequent drop of the puck. If after this point this differential is reduced to three goals, the game will revert back to stop time, again at the subsequent drop of the puck. If during the course of a game one team attains a lead of eight goals, any additional goals scored by the team with the lead shall not be recorded on the score sheet or the scoreboard. The opposing team may score as normal.
- (l) Teams are expected to begin games at their scheduled start times. If, after the zamboni has left the ice surface, only one team is prepared to play with the legal number of players as defined by the playing regulations, warm-ups are to begin without delay nonetheless. If, after the four-minute warm-up, the offending team is still not able to ice the required number of players to start the game, the timekeeper is instructed to put ten (10) minutes on the clock. If the ten (10) minute period expires and the offending team is still not able to ice the required number of players to provide a legal number of players in plain view of the official, the game shall be called a forfeit win for the non-offending team at that point.

If the legal number of players is produced within the ten (10) minute period, the game shall begin immediately, with a delay of game penalty assessed to the offending team to start the game.

**VIOLATIONS/
PENALTIES**

- (a) All suspensions to be served shall be in accordance with the current OHF suspension list for minor hockey. *In cases where a student incurs a suspension of 1-2 games in a community league, she will stand suspended from high school play for the same number of games, or, a period not to exceed 72 hours following the date and time of the offence, and will be fully eligible to return to play after that period.* For all suspensions of three (3) games or more, community suspensions are to be served on a 1:1 basis in the high school league. The number of games to be served shall correspond to the high school suspension list. *The convener is permitted to consider time served in lieu of games, where deemed necessary, upon receipt of expression of concern from school involved.* In all cases, it is the player's responsibility to advise the coach of any community suspensions.

GIRLS' HOCKEY (cont'd)**VIOLATIONS/
PENALTIES (cont'd)**

Any suspension incurred during the final game of the season for the team involved will be doubled. This suspension is to be served in the next SDSSAA sport that the student elects to take part in, or the next hockey season, whichever comes first.

- (b) Suspensions are to be served concurrently. Exhibition or tournament games will count towards suspensions so long as they are scheduled prior to the offence.
- (c) The name of a suspended player is also written on the scoresheet (e.g. Bertolo - 2nd of 3 game suspension).

PLAY-OFFS

- (a) The top four teams in the league standings will advance to the play-offs, with first place finisher playing the fourth place, and second playing third place. A best two out of three game series will be played in both semi-finals and finals.

In the event that six teams are permitted to go into the playoffs, the top two teams will get a bye into the next round. The third placed team would play the sixth placed team and the fourth placed team would play the fifth. Should a lower placed team (i.e. sixth) defeat a higher placed team (i.e. third), then the lower placed team would play the top team in the next round.

- (b) Where ties involve the last playoff position(s), tie breaking games must be scheduled.
- (c) To break all other ties in the final regular season standings, the following criteria will be used:
 - (I) Head to head results, with the winning team being seeded highest.
 - (II) If there is still a tie, the team with the higher number of wins amongst the tied teams will be seeded highest.
 - (III) If there is still a tie, the team that has allowed the fewest points in games involving the tied teams will get the highest seed.
 - (IV) If there is still a tie, the team that has allowed the fewest points in games involving common opponents will get the highest seed.
 - (V) If still tied, point differential (points for less points against) in games involving the tied teams will get the highest seed.
 - (VI) If still tied, point differential (points for less points against) in games involving common opponents will get the highest seed.

GIRLS' HOCKEY (cont'd)**PLAY-OFFS (cont'd)**

(VII) If still tied, the team that recorded the fewest penalties (where applicable) will get the highest seed.

(VIII) If still tied, a single coin toss will decide the issue.

Tie breaking games will be played at the site of the highest placed seed. Should that site be unavailable, not meet sport governing body specifications or not be able to accommodate spectators, then the game will be played at the site of the lower seed. Should either of these locations be unavailable, then the higher seeded team shall select a site. If the higher seed is unable to access a site, the convener shall secure a neutral site. For scheduling, the convener(s) shall leave at least two days for tiebreakers at the end of the schedule before the playoffs.

In ties involving three or more teams, teams will be seeded using the criteria above, and a minimum number of games will be scheduled to decide the issue. Match-ups will be scheduled considering standard playoff formats (ie. if four teams: 4th vs 1st, 3rd vs 2nd, if three teams: 1st receives bye, 3rd plays second, etc)

All tie breaking games are designated as playoff games.

For playoff games only, when the score is tied after the end of regulation time, teams will then play an additional overtime period of not more than five (5) minutes, with the team scoring first declared the winner. The overtime period shall be played with each team at a numerical strength of three (3) skaters and one (1) goalkeeper. In the event that one team is serving a penalty at the end of regulation time, it shall be four-on-three until the first whistle after the penalty has expired. At the expiration of the penalty the penalized player shall return to the ice and the teams shall play four-on-four until the first whistle at which time the teams shall revert to three-on-three.

**PLAY-OFF
PROCEDURES**

If the game remains tied at the end of the five (5) minute overtime period, the teams will proceed to a simultaneous shootout. The teams will not change ends for the shootout. Three (3) players from each team shall participate in the shootout and they shall proceed as follows: All players are eligible to participate in the shootout unless they are serving a ten-minute misconduct or have been assessed a game misconduct or match penalty. Each team will be given three shots, unless the outcome is determined earlier in the shootout.

GIRLS' HOCKEY (cont'd)**PLAY-OFF
PROCEDURES
(cont'd)**

After each team has taken three shots, if the score remains tied, the shootout will proceed to a "sudden victory" format. No player may shoot twice until everyone who is eligible has shot.

Regardless of the number of goals scored during the shootout portion of overtime, the final score recorded for the game will give the winning team one more goal than its opponent, based on the score at the end of overtime.

**NOSSA
REPRESENTATION**

NOSSA representation will be derived from Division I play-offs first, then Division I regular season standings. No challenges from Division II will be permitted for NOSSA positions.

At the conclusion of the Division I City Championship Final, the winner will have the opportunity to choose their intent to participate for NOSSA "A"/"AA" or "AAA", provided they do not displace a second place team from a NOSSA entry. The second placed finisher would then have the next choice of level to NOSSA. Additional NOSSA entries would be filled by the next highest finishing teams in the Division I playoffs. If two teams are eliminated in the same round of playoffs, then the team with the best regular season record between the two would have priority to choose their NOSSA classification.

CONVENER

- (a) The convener shall compile a record of player penalties to be reviewed periodically with the Association Executive.
- (b) The convener's decision on any league matters will be final and binding when executed in accordance with the S.D.S.S.A.A. constitution.
- (c) The convener shall appoint if he/she deems necessary:
 - i) a league schedule
 - ii) a league statistician
 - iii) a public relations person

GIRLS' SLO-PITCH

RULEBOOK	Refer to Slo-Pitch Ontario Rules used at OFSAA except where indicated below.
ELIGIBILITY	<ol style="list-style-type: none"> 1. Each school may send one team composed of players of any age classification. Any number of players may be on a team, but each name must be on the score sheet prior to a game. 2. Eligibility sheets must be submitted to the convener prior to competition. 3. Schools may enter a second team at the discretion of the convener, if such an entry will allow the tournament to run smoother. Two separate eligibility forms must be completed and players are not allowed to play on both teams.
TOURNAMENT DATES	<p>A two-day event will be scheduled. Day one will consist of a 3-game round robin schedule and day two will feature the top eight finishers from day one, competing in a quarter, semi and final championship tournament.</p> <p>The option to play in "A" or "B" (not eligible for OFSAA) division will be added to the participation survey. A minimum of four (4) teams will be required to run a "B" division.</p>
OFFICIALS	<p>Slo-Pitch Ontario umpires will be secured for all games wherever possible.</p> <p>A one-person system of umpiring for the championship and consolation rounds will be utilized.</p>
ENTRY FEE	A fee sufficient to cover the cost of softballs, rulebook, scorebooks, receipt book, etc. will be charged back to each school by the convener.
WITHDRAWAL OF TEAM	If a team withdraws after the entry deadline, the entry fee is forfeited and the team is ineligible for the following season of competition.

GIRLS' SLO-PITCH (cont'd)**PLAYING RULES**

Refer to Slo-Pitch Ontario rules except where indicated below. *Teams competing in "B" division will use the boys' regulations (including the use of a pitcher's cage).*

- (a) Batting helmets to be worn around all bases.
- (b) Distance between bases - 60 feet.
- (c) Pitching distance - optional at either 45 feet or 50 feet.
- (d) Use of commitment and scoring lines.
- (e) Upon third foul batter is out.
- (f) *When overrunning first base, players must turn to the right or be in jeopardy of being tagged out. Players can only overrun first base.*
- (g) Coach has option to list all players on the batting order or substitute players according to Slo-Pitch Ontario rules.
- (h) *Runners are instructed to slide or attempt to avoid contacting a fielder.*
- (i) Maximum of two coaches permitted on field at all times.
- (j) Three courtesy runners per game are permitted.
- (k) Teams can play with a minimum of eight (8) players. The opposing team will provide a catcher who will not be a part of any plays at home plate. The opposing player catching does not have to be the same player each inning. The opposing player catching merely throws the ball back to the pitcher and is not involved in any plays.
- (l) If the pitcher throws a strike and the batter makes no attempt to swing, the batter will be called out. The whole plate will be used as the strike zone (plate and mat). A wooden plate will be used to serve as home plate.
- (m) The protective cage for pitchers is mandatory.
- (n) Helmets are required by batters/baserunners. Catchers and pitchers are to wear facial protection, ie. Catcher's/pitcher's cage and/or helmet.

GIRLS' SLO-PITCH (cont'd)**PLAYING RULES**
(cont'd)

- (o) Balls hit up the middle, within an arm's length of the pitcher, is an automatic out. Putting down lines will help but otherwise umpire's discretion will be in affect.

(p) *Players are allowed an anticipation step.*

EQUIPMENT

- (a) Each team must provide its own equipment.
- (b) Safety bag utilized on first base.
- (c) Hot dot softballs will be used. Balls to be purchased by the Convener, used balls to be returned to the participating schools.
- (d) Uniforms: All teams must wear matching uniforms or school shirts.

TIE BREAKING

The tie breaking procedures will be applied only to the first three innings of any preliminary game. Runs scored in any inning where only the top of the inning was played will not count towards the tie breaking calculation.

DRESS CODE

Players shall wear matching uniform tops with any pants or shorts of an appropriate fit and length No spandex or volleyball shorts shall be worn during any game.

GIRLS' VOLLEYBALL**ELIGIBILITY**

as per N.O.S.S.A.

SERIES

Novice

Junior Tier One (Division I) and Tier Two (Division II)

Senior Tier One (Division I) and Tier Two (Division II)

SCHEDULING

1. Junior and senior teams from one school are in the same division.
2. Schools shall declare whether they will have both junior and senior teams when asked by the convener.
3. The junior and senior teams from division I will be ranked from 1 to 10 after playoffs using the results of the previous season to give a combined ranking for the school. The 9th and 10th ranked school will be relegated to division II. If there is a tie for relegation, the senior team's ranking will break the tie. If both senior teams have the same ranking, a tie breaker match will be played at the school that did not have court advantage during the regular season.

- | | |
|----------------------------------|----------|
| • Champion | 1 point |
| • Finalist | 2 points |
| • Both semi-finalist | 3 points |
| • Both quarter-finalist | 4 points |
| • Seventh place (regular season) | 5 points |
| • Eight place (regular season) | 6 points |
| • Ninth place (regular season) | 7 points |
| • Tenth place (regular season) | 8 points |

If there is a tie or ties in the standings for teams that did not make the playoffs, the tie breaking procedure in the playing regulations will break the tie or ties for ranking the teams.

4. Seeding of teams for the following season shall be done as follows: the champion and finalist team from tier two will replace the bottom two teams from tier one. The bottom two teams from tier one will then go to tier two. All other teams remain in the same tier. (Remember that the juniors follow the seniors). Respecting the order of finish, and applying first to teams relegated to new divisions, a school may switch divisions with another school, providing there is mutual consent. Irrespective of this or any other regulation, Division I will be maintained at ten entries.

GIRLS' VOLLEYBALL (cont'd)**SCHEDULING**
(cont'd)

If a Division II team has earned the right to move into Division I and remains in Division II (through mutual consent, according to Scheduling #4), that team shall not have the option to challenge for a NOSSA entry

Teams must be present at the post-season meeting, or send a letter to the athletic administrator and both conveners involved prior to the post-season meeting in order to clarify their intent to move up and/or down divisions. If intent is not declared prior to the post-season meeting, team(s) relinquish their right to relegation.

5. Triple headers will be used at schools that have Novice programs.

2023-2024 LEAGUE
ENTRIES

Butterworth Division (Tier One)	Klemp Division (Tier Two)
Collège Notre-Dame	Bishop Carter
Confederation	Chelmsford
Esc Champlain	Es Hanmer
Esc l'Horizon	Lively
Lasalle	Es Macdonald Cartier
Lo-Ellen Park	Riv-des-Français
Lockerby	Es du Sacré-Coeur
Marymount	Sudbury Secondary
St Benedict	
St Charles	

SCORES AND
SCORESHEETS

Winning team is expected to post scores on the sdssaa.ca website. Home team is expected to load game sheet onto the sdssaa.ca website.

PLAY-OFFS

S.D.S.S.A.A. Girls' Volleyball will adopt the following play-off structure. All matches will be played at the home of the higher placed team. Best 3 of 5.

The City Finals will be hosted on the Friday before the Family Day long weekend, at the senior's winning school for each division (Efforts will be made to obtain Collège Boréal for the City Championship on the Friday).

GIRLS' VOLLEYBALL (cont'd)**PLAY-OFFS (cont'd)**

When the higher placed team's gym is not available or does not meet Volleyball Canada requirements, the first place senior finisher may choose a regulation size high school gym in which they wish to play the Championship Finals. If not possible, a site will be determined by the convener.

The Head Official will assign certified Volleyball Canada officials as minor officials (2 linespeople and 2 scorekeepers) for all final matches. The hosting senior team may be asked to provide competent minor officials as scorekeepers if the Head Official is unable to provide qualified minor officials.

INTENT TO CHALLENGE

A Division II team that wishes to challenge a Division I team for a NOSSA position must notify (in writing) the Division I and Division II conveners of their intent to challenge one week prior to the beginning of the playoffs.

N.O.S.S.A. ENTRIES

1. For purposes of N.O.S.S.A. entry, Division I will serve as the vehicle for entry to NOSSA B, A, AA and AAA.
2. Challenge matches, where necessary, will be scheduled by the conveners and played on the Tuesday and Wednesday preceding N.O.S.S.A.
3. At the conclusion of the Division I City Championship Final, the winner will have the opportunity to choose their intent to participate for NOSSA "A", "AA" or "AAA", provided they do not displace the Finalists from a NOSSA entry. The Finalists would then have the next choice of level to NOSSA. If only one (1) NOSSA entry remains, the next highest playoff finisher will have the right to the entry. If two teams were eliminated from the playoffs at the same level, a match will be played (if necessary) and the winner will be declared the NOSSA rep. Should two (2) or more NOSSA entries remain, entries will be filled by the semi-finalists (and then the quarter finalists) teams in order of highest league standings, until all spots are filled.

GIRLS' VOLLEYBALL (cont'd)**N.O.S.S.A. ENTRIES**
(cont'd)

4. The Division II Champion has the right to choose (ONE) NOSSA category and challenge the lowest place entry into NOSSA in that category, from Division I to a match. The winner will be the NOSSA representative for the category chosen. Challenge matches will take place at the Division I school. Should the Div. 2 Champion be the highest seeded B NOSSA representative, yet challenges a Div. 1 school for an A, AA, or AAA NOSSA spot, the Div. 2 challenger gives up their right to register in the B NOSSA. In this case, B NOSSA entry will be filled by the next highest playoff finisher. If two 'B' teams were eliminated from the playoffs at the same level, a match will be played (if necessary) and the winner will be declared the NOSSA rep.

BREAKING TIES

1. Where ties involve the last playoff position(s), tie breaking games must be scheduled.
2. When applying the tie breaking rules, the following sequence must be followed:
 - (a) When two teams are tied, the tie breaking criteria are applied one after the other until the tie is broken;
 - (b) When three or more teams are tied, the tie breaking criteria are applied one after the other until all teams are ranked.
3. Tie Breaking
 - (a) If two (2) teams are tied at the end of the regular season schedule, the team winning the match between the two tied teams will receive the higher ranking.
 - (b) If three (3) or more teams are tied at the end of the regular season schedule, the following criteria shall be applied to determine their rankings:
 - (i) The team having the best ratio of won/lost matches, considering matches played among the tied teams only in regular season play, will be ranked higher;
 - (ii) The team having the best ratio of won/lost sets, considering matches played among the tied teams only in regular season play, will be ranked higher;
 - (iii) The team having the best ratio of won/lost sets, considering all matches played in regular season play, will be ranked higher;
 - (iv) The team having the best ratio of points for/against, considering games played between the tied teams in regular season play, will be ranked higher;

GIRLS' VOLLEYBALL (cont'd)**BREAKING TIES
(cont'd)**

3. Tie Breaking (cont'd)
 - (v) The team having the best ratio of points for/against, considering all games in regular season play, will be ranked higher.
4. All tie breaking games are designated as playoff games.

AWARDS

Refer to Constitution - Article XIV, page 14 (b)
Championship trophy and banner, championship and finalist medals.

OFFICIALS

- a) Major officials will be provided through the referee-in-chief. The home team must provide two competent linesperson and official scorer.
- b) Rated officials receive the allotted rate as per S.D.S.S.A.A.
- c) The referee-in-chief will hand in an itemized report each year prior to the post-season meeting indicating the distribution of funds.

Every effort should be made to have two (2) officials at all play-off games. Flexibility of game times and dates should be considered to accommodate all games. In the event that this is not possible, senior matches should take priority.

RULES

Current Volleyball Canada Rules will be used with the exception of the following:

- a) 12 Substitution Rule: For SDSSAA competition, teams are allowed a maximum of 12 substitutions in any one set. There is no limit to the number of times a player may leave or re-enter a set, as long as the maximum number of substitutions is adhered to and they leave or re-enter for the same player. Once a player has a designated substitution partner in a set, that is the only player that they leave or re-enter a set for. For example, player A for player B - player C may not enter this rotation.
- b) Eighteen (18) players may dress and all eighteen may play.
- c) Net height for novice, junior and senior play is 2.24m.

VOLLEYBALL (cont'd)**RULES (cont'd)**

- d) No exposed jewelry to be worn, taping/covering of piercing is allowed. Jewelry such as rings, bracelets and necklaces and any other items deemed unsafe by competition officials shall be removed.
- e) All junior/senior matches are best 3 out of 5. *All novice matches are best of 3 (25, 25, 15). All novice playoff matches will be best of 5.*
- f) Warm-ups before matches will follow a 10-5-5 format. Ten (10) minutes of common time for on-court warm-up; five (5) minutes for team serving first a net; five (5) minutes for team receiving first at net.
- g) Only running shoes with non-marking soles will be allowed for games or practices.
- h) Rule 14.3 - Assisted Hit is not accepted at the S.D.S.S.A.A. level of play.
- i) The length of time-outs shall be one minute.
- j) Libero Player - The player that is designated as the libero for any set may be team captain or game captain.
- k) Uniforms. A team is to wear matching uniform tops at all times or the player(s) will not play. Student-athletes must remain fully clothed in an appropriate team uniform in the competition area, AND, use the designated locker room or change area to change to and from competitive attire. Teams in violation will receive a yellow card which carries a one point penalty.

Should a team member's uniform become soiled due to contact with blood or other bodily fluid, a "substitute uniform" may consist of another team member's uniform or a spare jersey.

GAME PROCEDURES

When the first referee indicates for the teams to change sides at the end of a set, the teams may go directly to their bench and then proceed to the team bench on the other side of the court.

GAME BALL

SDSSAA will use the OFSAA-sanctioned game ball.