

**Cross-country Running preliminary race #3 - Onaping Falls Nordics Ski Trails
(Windy Lake)
Cloudy with sunny periods 17°C**

3 km race

<i>Midget girls</i>				<i>Junior girls</i>			
1	Alannah MacLean	lep	15.33	1	Katie Ellsworth	lep	18.10
2	Chloe Lacasse	esmc	15.57	2	Maxime Lapierre	esmc	19.28
3	Katie Wismer	LSS	17.20	3	A. Luttrell	lcs	20.07
4	Allie Easton	LSS	17.21	4	Maggie Niro	mma	20.43
5	Hannah Pengola	lep	17.55	5	Alex Richard	lep	21.10
6	Gennie Eaton	lss	18.02	6	Michelle Dumont	cham	21.47
7	Katie Borne	lcs	19.51	7	Céleste Lefebvre	esh	23.03
8	Emily Smith	lcs	20.30	8	Georgina Rainsford	lep	23.20
9	Celine Pilon	sss	20.52	9	Belen Bieloski	lss	23.41
10	Michelle Hick	lep	21.47	10	Brittany D'Agostino	mma	24.03
11	Kiana Rosskothén	lep	22.14	11	Mariah Leduc-Sloboda	mma	24.03
12	Katrima Villeneuve	css	22.21	12	Mercedes Locke	lcs	25.48
13	Sarah Pagnutti	lep	22.26	<i>Senior girls</i>			
14	Morgan Morrow Oldman	lep	22.33	1	Lindsay Hacevar	lep	16.54
15	Alicia Chiesa	lep	23.04	2	Kary Tyers	lep	17.50
16	Loran Ellero-Dionne	lep	23.06	3	Chris Hamilton	lcs	18.06
17	Kristina McMillan	css	23.06	4	Jenna Scroeder	lcs	19.49

18	Emilie McCormick	lep	23.07	5	Jessica McEwen	lep	19.50
19	Meredith Charbonneau	lep	23.18	6	Krista Macdonald	cham	21.48
				7	Ruthie Cooper-Simpson	lep	22.19
20	Marla Venugopal	lep	23.38	8	Miriam Drysdale	lep	26.02
				9	Jessie Ruthenberg	lep	26.17
				10	Victoria Boyd	lep	26.18

5 km race

<i>Midget boys</i>				<i>Junior Boys</i>			
1	Baron Lappa	lcs	18.46	1	Curtis Sarmatuk	sben	20.43
2	John Kosar	lcs	19.49	2	Brad Clarke	lcs	23.17
3	Conor Boyce	lcs	22.31	3	Kurtis McMahan	escsc	24.04
4	Donald Beaton	css	22.57	4	Martin Bédard	esmc	24.07
5	Cruz Stevenson	css	23.02	5	Éric Lapensée	escsc	24.21
6	Neil Conlon	sss	23.37	6	Brian St-Louis	escsc	24.52
7	Steven Lahti	lcs	23.42	7	Carson Collins	sben	24.53
8	Sebastian Diegel	sben	24.03	8	Pat Levasseur	esmc	25.02
9	Bradley Dubois	escsc	26.06	9	Éric Carrière	Cham	25.40
10	Jordan Couture	cham	26.21	10	Éric Beaudry	esh	26.05
11	Sean Fairgrieve	lep	27.57	11	Mason Morningstar	escsc	26.08

12	Aaron McCambridge	css	28.09	12	Andrew Kendall	sben	26.17
13	Eric Marcotte	escsc	28.36	13	Bilel Aouni	escsc	27.24
14	Corey Farara	lcs	29.40	14	Matthew Goulet	esmc	28.12
15	Nick Crabtree	lep	29.56	15	Max Arbour-Boisseneault	esmc	28.16
16	Tanner Currie	css	32.18	16	Christian Larson	lep	28.43
				17	Sébastien Denis	esmc	35.17
Senior boys				Junior Girls			
1	Chantry Cargill	lcs	17.33	1	Rebecca VanKempen	mma	25.07
2	Benoit Bizier	cnd	18.20	2	Kayla Gallo	cnd	25.26
3	Chris Hey	lep	19.41	3	Keely Mirka	sben	28.08
4	Allan Blaney	lep	22.08				
5	Matt Sanders	lcs	25.07	Senior Girls			
6	Stéphane Marier	esmc	25.29	1	Katie Maziariski	lep	22.28
				2	Rebecca Foreshew	mma	24.35
				3	Lindsey Champaigne	esmc	25.37
				4	Gillan Scott	lss	25.53
				5	Andrea Max	lcs	27.07
				6	Kelsey Collins	sben	27.58
				7	Véronique Doucet	esmc	28.22
				8	Tracy Landrie	cnd	28.42
				9	Haley Sanderson	lcs	29.26

				10	Josée Oliphant	esmc	31.00
				11	Samantha McLarty	esh	33.00
				12	Samantha Ross	cnd	dnf

6.7 km race

Senior girls				Junior Girl			
1	Janelle Taillon	cnd	44.18		Maxime Trottier	cnd	dnf
Junior Boys				Senior Boys			
1	Randy Boucher	hori	28.12	1	Anas Aouni	escsc	25.43
2	Pete Barbeau	lep	28.55	2	Owen Montpellier	lep	26.30
3	Benoit Lafleur	cnd	30.03	3	Andrew Clark	css	27.13
4	Sean Aubin	cnd	41.13	4	Alex Bourdon	lep	27.52
				5	Myles Towns	lep	27.51
				6	Tomi Pollard	lep	28.12 2
				7	Chad Beauvais	lcs	28.44
				8	Mohamed Bouteller	lss	29.52
				9	Dexton Abresch	css	30.10
				10	David Callejas	lss	30.11
				11	Joseph Benoit	cham	30.40
				12	Rob King	lep	30.51
				13	Phillip Quesnel	escsc	31.03
				14	Sean Staples	lss	31.23
				15	Joel Brunet	escsc	31.24

				16	Émile Alarie	cnd	31.43
				17	Emanuel Winter	sss	32.40
				18	Ken M akia	lep	32.40
				19	Murray Wilson	lcs	34.22
				20	Stephen Benoit	hor	34.23
				21	Joshua Wiebes	hor	35.54
				22	Mitchell Vatcher	lcs	35.56
				23	Tyler welch	lss	37.12
				24	Owen Paxton	sben	37.36
				25	Guy Desmarais	cnd	38.25
				26	Kyle Deegan	sben	40.09

TEAM RESULTS

3 km race

MG

1st LEP:1+5+10+11=27 pts

SG

1st LEP:1+2+5+7=15pts

5 km race

MB

1st LCS:1+2+3+7=13 pts
2nd CSS:4+5+12+16=37 pts

JB

1st ESCSC: 3+5+6+11=25pts
2nd ESMC: 4+8+14+15=41pts

6.7 km race

SB

1st LEP:2+4+5+6=17pts
2nd LSS:10+14+23=55pts