

SDSSAA Cross Country Relays 2004

Wednesday Oct. 813

Garson, 2.5 km course, sunny and warm

Senior Girls

1 Lockerby A 53:59

Caitlin O'Neill 10:28
Jenna Roach 10:35
Rebecca Harrison 11:32
Destiny Gratton 10:39
Tika Patrie 10:45

2 Lasalle 55:36

Kaitlin Roberts 11:07
Brittany Asumma 11:11
Gillian Scott 10:34
Erika Harris 11:56
Dawn Gundrum 10:48

3 Lo-Ellen A 58:41

Lora Moon 11:51
Robyn Cameletti 12:24
Jill Doyle 11:51
Kristi Bauer 11:33
Celeste Woods 11:02

4 Lo-Ellen B 1:05:25

Emily Duhaime 12:28
Amber Carriere 13:12
Stephanie Desjardins 13:19
Jessica Haavista 13:53
Amy Kallio 12:37

5 Lockerby B 1:05:37

Sharleen Gill 12:22
Melissa Martel 11:55
Natasha Jaleski 13:50
Tricia Carlisle 13:11
Andrea Penny 14:19

6 Macdonald Cartier 1:05:48

Caroline Pollock 12:24
Julie Sabourin 12:57
Holly Dillabough 12:41
Andre-Michel Comeau 14:09
Danielle Champaigne 13:37

Junior Girls

1 Lockerby 56:42

Andrea Max 11:47
Erin Beange 11:32
Logan McGinn 11:26
Paige Leclerc 11:15
Annegret Henninger 10:42

2 Lo-Ellen 56:59

Katie Maziarski 11:20
Natasia San Cartier 11:58
Nadiyka Pyzik 11:37
Kaitlin Vanderbeck 12:14
Renee Jacques 9:50

3 Macdonald Cartier 1:01:59

Veronique Doucet 12:26
Josee Oliphant 12:11
Jessica Porlier 10:48
Lindsay Champaigne 12:00
Erika Saari 14:24

SDSSAA Cross Country Relays 2004

SDSSAA Cross Country Relays - Top 10 Times

Midget Girls

1	Sophie Manarin	LCS	8:56	1997*
2	Tessa Bonhomme	Las	9:07	1999*
3	Becky Laakso	Chelm	9:15	1992
4	Lisa Ouellet	Las	9:21	1991
5	Veronica Poryckyj	LCS	9:39	1975
6	Amber Frank	Las	9:39	1980
7	Amy Best	LCS	9:39	1998*
8	Jen Savela	LCS	9:41	1978
9	Stephanie Tarlton	LCS	9:42	1997*
10	Lesley Callaghan	Lev	9:46	1992

Midget Boys

1	Devon Kershaw	LCS	7:40	1997*
2	Matthew Laakso	Lev	7:58	1997*
3	Dylan Petrin	LCS	7:58	1999*
4	Joel Laakso	LCS	8:04	1998*
5	Bruce Hoppe	LCS	8:13	1976
6	Ryan Bradshaw	LEP	8:14	1994
7	Curtis Sorgini	LCS	8:22	1976
8	Steve Paquette	GFSS	8:25	1974
9	Andrew Huggins	LCS	8:25	1983
10	Alex Boileau	LEP	8:27	1991

Junior Girls

1	Amber Frank	Las	8:56	1981
2	Wendy Davis	LCS	9:04	1986
3	Serena Jennings	LEP	9:04	1997*
4	Elizabeth Forbes	LCS	9:07	1998*
5	Veronica Poryckyj	LCS	9:11	1977
6	Lisa Ouellet	Las	9:13	1993
7	Nancy Schuster	Las	9:18	1987
8	Patti Murphy	MMC	9:19	1986
9	Elizabeth Forbes	LCS	9:20	1997*
10	Sophie Manarin	LCS	9:21	1999*

Junior Boys

1	Devon Kershaw	LCS	7:15	1999*
2	Stephen Eles	LCS	7:43	1996
3	Mike Sarafin	LCS	7:44	1985
4	Andrew Huggins	LCS	7:45	1984
5	Ryan Bradshaw	LEP	7:46	1996
6	Bruce Hoppe	LCS	7:47	1977
7	Steve Paquette	GFSS	7:48	1975
8	Jamie Black	LCS	7:51	1979
9	Kevin Pierobon	LCS	7:51	1993
10	Frank Turner	LEP	7:52	1980
	David Callaghan	Lev	7:52	1987

Senior Girls

1	Serena Jennings	LEP	8:39	1998*
2	Lisa Ouellet	Las	8:46	1995
3	Veronica Poryckyj	LCS	8:47	1979
4	Amber Frank	Las	8:56	1984
5	Kim Bowerman	LCS	9:02	1999*
6	Jen Lavoie	Las	9:07	1998*
7	Kristie Bale	LEP	9:14	1999*
	Melinda Lucas	LEP	9:16	1984
	Sandy Sheffield	Cap	9:22	1984
	Nancy Schuster	Las	9:23	1989
	Liz Forbes	LCS	9:23	1999*

Senior Boys

1	Stephen Eles	LCS	7:14	1997*
2	Ray Paulins	LCS	7:19	1977
3	Dave Savage	LEP	7:22	1982
4	Tim Dunthorne	LCS	7:25	1982
5	Justin Skinner	Las	7:26	1991
6	Mike Sarafin	Las	7:31	1986
7	Andrew Ellerton	Conf	7:33	2001
8	Silvester Polifrone	LCS	7:34	1975
9	Jamie Black	LCS	7:34	1981
10	Rob Bewick	LCS	7:34	1999*

* since 1997 the course was approximately 100m shorter

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Senior Boys

1 Lockerby	43:31	7 Champlain	47:50
Alex Booth	8:28	Rene Lavergne	9:18
David Endleman	8:49	Barry Miles	10:03
James Larmer	9:03	Patrick Roy	10:14
Tony Gras	9:25	Stephane Legrand	9:03
Kyle Calverson	7:46	Nick Plouffe	9:12
2 Lo-Ellen	43:40	8 Lasalle A	49:15
Matt Smider	9:00	Joseph Desloges	9:16
Rob Miron	8:57	Dan Mines	10:22
Trystan Kusinskis	9:06	Travis Steeves	9:48
Darren Pacione	8:40	Ryan Flietstra	11:05
Andrew Hawkins	7:57	Joey Pelletier	8:44
3 Lively	45:19	9 Lasalle B	49:22
Kent Cox	8:56	Kyle McCall	10:05
Dan Wyszynski	9:42	Jason Smoke	9:23
Chad Walters	9:15	Ken Sakaney	11:26
Ryan Martiotti	9:03	Elijah Allen	9:34
Scott Smith	8:23	Kevin Livingstone	8:54
4 Notre Dame	45:26	10 Confederation	52:23
Mathieu Dugas-Rivest	9:32	Dylon Cameron	9:27
Justin Huneault	10:02	Justin Wilson	10:50
Jeff Turgeon	8:33	Tyler Wilson	10:53
Justin Dallaire	8:50	Ian MacIntyre	11:02
Eric Ouellette	8:29	Elijah Middleton	10:11
5 St Charles	46:58	11 Macdonald Cartier	53:45
Pat Campeau	9:32	Sylvain Dubois	12:25
Matt Foley	9:07	Bruno Beaulieu	10:32
Marty Depietro	9:53	Luis Radford-Paz	10:32
Chris Campeau	9:07	Frederic Levasseur	9:28
Nathin Lambovitch	9:19	Kyle McWilliams	9:48
6 Riviere des Francais	47:39	12 Lasalle C	56:34
Mathieu Larose	9:09	Matthew Livingstone	9:27
Shaun Dupuis	10:08	Bryan Kirby	10:20
Justin Henri	10:06	Anthony Bozzo	11:12
Francois Larose	9:33	Tyler Beaucauge	13:43
Joel Fortin	8:49	Paul Wadman	11:52

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Junior Boys

1	Lasalle	46:40
	Nathan Bielaski	9:22
	Devin Lemieux	9:36
	Andrew Lalonde	9:30
	Tyler Welch	9:33
	Nic Aaviku	8:39
2	Lockerby	47:24
	Matti Little	9:19
	Garret Hamel	9:47
	John Hey	9:47
	Phil Taus	9:05
	Sean Kershaw	9:26
3	Lo-Ellen A	48:17
	Myles Towns	9:55
	Robert King	9:54
	Chris Hey	9:35
	Stephan Ayotte	9:36
	Jordyn Andric	9:17
4	Lo-Ellen B	52:22
	Mike Stanford	10:28
	Juan Lopez	10:15
	Ryan Pagnutti	10:50
	Mark Benoit	11:01
	Shane Szalai	9:48
5	Lo-Ellen C	55:04
	Scott Wiseman	10:12
	Andrew Doran	10:37
	Kenny Doran	12:40
	Johnathan King-Seguin	11:24
	Adam Venedam	10:15
6	Macdonald Cartier	1:05.39
	Ryan Lalonde	11:47
	Benoit Dupont	12:09
	Jordan Kesek	12:06
	Stephane Leblanc	18:58
	Nicholas Pharand	10:39

Aggregate Champions

1	Lockerby	38
2	Lo-Ellen	28
3	Lasalle	18
4	Macdonald Cartier	8
5	Lively	6
6	Notre Dame	4
7	St Charles	2
8	Riviere des Francais	1

SDSSAA Cross Country Relays 2004

Exhibition

Lockerby 51:39

Justin Beaulieu	9:53
Jon Hawkins	10:18
Mike Lavigne	10:23
John Hey	10:16
Alex Booth	10:49

Lo-Ellen 52:06

Phil Chaison	11:46
Josh Elliott	9:31
Chris Noob	9:30
Ryan Gillard	10:00
Matt Smider	11:19

Lo-Ellen 56:11

Jasmine Boeker	12:29
Mr Ward	9:20
Mr Henschel	9:09
Lorinda Leson	12:26
Salimah Kanji	12:47

Lockerby 56:35

Ashley Barry	13:22
Marissa Lacastro	11:39
Dave Endleman	10:55
Caitlin O'Neil	11:07
James Larmer	9:32

Marymount 57:13

Rebecca Smith	11:01
Lara Gardner	11:16
Ryan Faiella	12:22
Rebecca Smith	11:00
Lara Gardner	11:34

Notre Dame 58:21

Veronique Spencer	11:30
Stephanie Lafleur	12:39
Julie Tessier	12:45
Mathieu Loiselle	11:18
Jean Marc Labelle	10:09

Lo-Ellen 1:00:36

Jillian Shell	13:13
Ms Smith	10:07
Desiree Puris	14:04
Lora Moon	12:12
Myles Towns	11:00

Champlain 1:03:42

Carly Montpellier	10:24
Samantha Langis	15:14
M Bradley	12:14
Casey Chiswell	13:16
Christine Jodouin	12:34

Confederation

Kassidy Kennedy	11:29
TiffAnnie Kennedy	11:53
Michelle Leger	12:29

St Charles

Lia Reynen	11:58
Kevin Reynen	10:49