

SDSSAACrossCountry Running Championships 2009 - 22/10/2009
City Cross Country Championships 2009
Laurentian University ski trails
Rankings

....Event 1 Girls 3500 Meter Run CC Midget

3	College Notre Dame	57	9	13	15	20	32	33	34
	Total Time:	1:16:54.95							
	Average:	19:13.74							
4	Marymount Academy	90	21	22	23	24	27	29	31
	Total Time:	1:24:59.34							
	Average:	21:14.84							

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....Event 4 Boys 5500 Meter Run CC Junior

3	ES Macdonald Cartier	70	11	16	21	22	23	31
	Total Time:	1:47:59.03						
	Average:	26:59.76						
4	Confederation Secondary S	71	2	13	26	30		
	Total Time:	1:52:21.78						
	Average:	28:05.45						

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....Event 5 Girls 5k Run CC Senior

3	Marymount Academy	62	13	14	15	20	28
	Total Time:	1:51:59.54					
	Average:	27:59.89					
4	Confederation Secondary S	68	9	17	18	24	
	Total Time:	1:58:08.57					
	Average:	29:32.15					

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Event 6 Boys 7k Run CC Senior

Name	Year School	Finals	Points
1 Proudfoot, Ross	Lo-Ellen	24:57.40	1
2 Armstrong, Jordan	Lockerby Composite	27:13.00	2
3 Diebel, Sebastien	St Benedict	28:02.55	3
4 Jacques, Stephane	Lo-Ellen	28:11.13	4
5 Boucher, Randy	Esc L'Horizon	28:23.64	5
6 Boyce, Connor	Lockerby Composite	28:24.54	6
7 Dipsell, Andrew	Lockerby Composite	28:56.72	7
8 Sarmatiuk, Curtis	St Benedict	29:36.33	8
9 Dent, James	St Benedict	29:46.36	9
0 Visentin, Justin	Lockerby Composite	29:49.56	10
1 Stevenson, Cruz	Confederation	30:35.00	11
2 Maziarski, Joel	Lo-Ellen	30:42.71	12
3 Shirk, Brandon	Lasalle	30:50.85	13
4 Hinds, Sam	Bishop Carter	30:52.32	14
5 Wharton, Tanner	Lo-Ellen	30:55.35	15
6 Barbeau, Pete	Lo-Ellen	30:59.83	16
7 Smyth, Connor	St Benedict	31:50.70	17
8 Lafleur, Benoit	College Notre Dame	32:03.26	18
9 Beaton, Donald	Confederation	32:15.80	19
0 Roy, Eric	Sacre-Coeur E.S. du	32:31.94	20
1 Desjardins, Zach	Bishop Carter	32:58.03	21
2 Marti, Thomas	Lo-Ellen	33:50.09	22
3 Castonguay, Neil	Esc Champlain	33:57.30	23
4 Conlon, Neil	Sudbury Sec	34:49.40	24
5 Bailey, David	Lasalle	35:03.63	25
6 Diebel, Simon	St Benedict	35:24.40	26
7 Filipovic, Ryan	St Charles College	36:05.63	27
8 Eckert, Ben	Lasalle	36:17.02	28
9 Spurell, Evan	Bishop Carter	36:31.61	29
0 Prevost, Chad	Riv Francais	36:52.40	30
1 Scola, Anthony	Lockerby Composite	37:07.27	31
2 Topps, Nick	Lo-Ellen	37:09.41	32
3 Denniston, Scott	Lo-Ellen	37:19.48	33
4 Crabtree, Nick	Lo-Ellen	37:36.74	34
5 Larsen, Christian	Lo-Ellen	37:50.69	35
6 Boucher, Marcel	Riv Francais	38:07.80	36
7 Fortier, Mark	St Charles College	39:45.26	37
8 Gagnon, Travis	Macdonald Cart	40:13.32	38
9 Aubin, Sean	College Notre Dame	40:53.61	39
0 Farley, Josh	Bishop Carter	44:38.50	40
1 Marcotte, Eric	Sacre-Coeur E.S. du	44:51.59	41
2 Fournier, Stephane	Macdonald Cart	44:51.82	42
3 Lapierre, Justin	Macdonald Cart	46:23.02	43
4 Cobb, Connor	Lockerby Composite	46:27.24	44
5 Kenedy, Matthew	Sacre-Coeur E.S. du	46:27.59	45
6 Macpherson, Troy	Lockerby Composite	53:43.73	46

