

SDSSAACross Country Championships 2010 - 19/10/2010**City's Cross Country 2010****Laurentian University ski Trails****Rankings****Event 1 Girls 3k Run CC Midget**

Name	Year	School	Finals	Points
& Under Results				
1 Smuland, Alexandria	96	Confederation	13:35.92	1
2 Charsley, Brandy	96	Lockerby Composite	13:53.21	2
3 Romaniszyn, Lisa	96	Lockerby Composite	14:07.32	3
4 Moxam, Teagan	96	Lockerby Composite	14:11.82	4
5 Smith, Courtney	96	Marymount Academy	14:14.38	5
6 Villeneuve, Emily	96	Confederation	14:15.94	6
7 Depaolis, Andrea	96	Lasalle	14:45.63	7
8 Novak, Bronwyn	96	Lo-Ellen	14:46.69	8
9 Betts, Marla	96	Lasalle	14:55.38	9
0 Czerkas, Alandria	96	Lockerby Composite	15:10.48	10
1 Sanders, Emily	96	Lo-Ellen	15:11.90	11
2 Lavioie, Danyka	96	Macdonald Cart	15:13.20	12
3 Snyder, Rebecca	96	Confederation	15:15.79	13
4 Brownlee, Emily	96	Bishop Carter	15:17.03	14
5 Haw, Meghan	96	Confederation	15:19.36	15
6 Yawney, Dana	96	Marymount Academy	15:34.75	16
7 Oconnor, Michelle	96	Chelmsford	15:36.41	17
8 Pitawanakwat, Victoria	96	Lockerby Composite	15:54.91	18
9 Albert, Shay-lyne	96	Macdonald Cart	15:55.58	19
0 Legault, Stephanie	96	Macdonald Cart	15:56.23	20
1 Kendall, Mara	96	St Benedict	15:57.66	21
2 StMarseille, Whitney	96	St Charles College	16:01.89	22
3 Braney, Julian	96	Bishop Carter	16:08.19	23
4 Fillipovic, Michelle	96	Marymount Academy	16:25.22	24
5 Dimarco, Talia	96	Macdonald Cart	16:37.68	25
6 Gour, Kaylie	96	Confederation	16:43.52	26
7 Santi, Julia	96	Lo-Ellen	17:02.00	27
8 Ranney, Kyra	96	Lively	17:05.39	28
9 Shea, Renee	96	Sacre-Coeur E.S. du	17:06.14	29
0 Bell, Kelsey	96	Marymount Academy	17:07.07	30
1 Pellerin, Gabrielle	96	Lo-Ellen	17:08.74	31
2 Somers, Lauren	96	Confederation	17:20.81	32
3 Lavigne, Noemie	96	Macdonald Cart	17:44.83	33
4 Boivin, Ryleigh	96	Confederation	17:49.15	34
5 Albert, Hali	96	Macdonald Cart	18:02.96	35
6 Renaud, Brittany	96	Confederation	19:15.71	36
7 Fournier, Kaitlin	96	Macdonald Cart	19:25.74	37
8 Labelle, Josee	96	Esc L'Horizon	19:35.05	38
9 Daigle, Cheyanne	96	Lasalle	19:35.05	39
0 Charbonneau, Stephanie	96	Macdonald Cart	19:35.05	40
1 Laroque, Tiana	96	Macdonald Cart	19:35.05	41
2 Briscoe, Danica	96	Confederation	19:35.05	42
3 Arsenaault, Courtney	96	Confederation	19:35.05	43
4 Boucher, Brooke	96	Macdonald Cart	19:35.05	44

SDSSAACross Country Championships 2010 - 19/10/2010
City's Cross Country 2010
Laurentian University ski Trails
Rankings

Event 2 Boys 5k Run CC Midget

Name	Year	School	Finals	Points
1 Tindall, Tim	96	Lockerby Composite	18:18.31	1
2 Kosmerly, Tayte	96	Lockerby Composite	19:09.30	2
3 Chown, Gordie	96	Lockerby Composite	19:34.46	3
4 Marcantognini, Mike	96	St Benedict	19:53.75	4
5 Cooper, Tyler	96	St Benedict	19:59.38	5
6 Samartiuk, Owen	96	St Benedict	20:08.48	6
7 Lingard, Brodie	96	Lockerby Composite	20:14.60	7
8 Shane, Nathan	96	St Benedict	20:18.61	8
9 Lepage, Danny	96	Lively	20:55.73	9
0 Sarvass, Alex	96	Lo-Ellen	21:08.74	10
1 Jeffrey, Adam	96	Lively	21:25.19	11
2 Goulais, Andrew	96	Lockerby Composite	22:00.54	12
3 Sivret, Patrick	96	Macdonald Cart	22:08.52	13
4 Lampkin, Tyler	96	St Benedict	22:09.18	14
5 Manchuck, Jared	95	Lo-Ellen	22:10.72	15
6 YougGregoris, Glen	96	Lockerby Composite	22:27.38	16
7 Post, Josh	96	Macdonald Cart	22:34.44	17
8 Dupuis, Adam	96	Sacre-Coeur E.S. du	22:43.98	18
9 Hopper, Wilson	96	Lively	22:52.85	19
0 Tegel, Cale	96	Chelmsford	23:07.80	20
1 Charron, Justin	95	Esc Champlain	23:14.06	21
2 Monet, Matthew	96	Lo-Ellen	23:27.36	22
3 Johnson, Nathan	96	Lo-Ellen	23:38.10	23
4 Valiquette, Justin	96	Esc Champlain	23:46.37	24
5 Blacklock, Wes	96	Sacre-Coeur E.S. du	23:50.87	25
6 Anderson, Aaron	96	Lasalle	23:53.20	26
7 Roy, Nicolas	96	Riv Francais	23:55.81	27
8 Boland, Graham	96	Lo-Ellen	23:57.63	28
9 Seguin, Eric	96	Macdonald Cart	24:10.12	29
0 Menard, Phil	96	College Notre Dame	24:12.61	30
1 Wilcox, Konnor	96	Lockerby Composite	24:20.88	31
2 Odriscoll, Liam	96	College Notre Dame	24:42.02	32
3 Girard, Mathieu	96	Esc L'Horizon	25:03.26	33
4 Blanchard, Logan	96	Lo-Ellen	25:31.82	34
5 St.George, Anrde	96	Lockerby Composite	25:41.91	35
6 Vautour, Justin	96	Confederation	26:24.75	36
7 Belanger, Josh	96	Macdonald Cart	26:24.75	37
8 Lund, Ryan	96	Bishop Carter	26:24.75	38
9 Coffin, Kevin	96	Lasalle	26:24.75	39
0 McCann, Reid	96	Bishop Carter	26:24.75	40
1 Marando, Collin	96	Macdonald Cart	26:24.75	41

SDSSAACross Country Championships 2010 - 19/10/2010
City's Cross Country 2010
Laurentian University ski Trails
Rankings

....Event 2 Boys 5k Run CC Midget

Team Scores

nk Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1 Lockerby Composite	13	1	2	3	7	12	16	31	35	
Total Time: 1:17:16.67										
Average: 19:19.17										
2 St Benedict Catholic SS	23	4	5	6	8	14				
Total Time: 1:20:20.22										
Average: 20:05.06										
3 Lo-Ellen Park Secondary	70	10	15	22	23	28	34			
Total Time: 1:30:24.92										
Average: 22:36.23										
4 ES Macdonald Cartier	96	13	17	29	37	41				
Total Time: 1:35:17.83										
Average: 23:49.46										

SDSSAACross Country Championships 2010 - 19/10/2010**City's Cross Country 2010****Laurentian University ski Trails****Rankings****....Event 3 Girls 4k Run CC Junior**

3	ES Macdonald Cartier	85	13	20	25	27
	Total Time: 1:30:33.73					
	Average: 22:38.44					
4	College Notre Dame	90	14	23	24	29 30
	Total Time: 1:31:55.01					
	Average: 22:58.76					
5	Marymount Academy	96	12	22	28	34
	Total Time: 1:33:24.50					
	Average: 23:21.13					

SDSSAACross Country Championships 2010 - 19/10/2010
City's Cross Country 2010
Laurentian University ski Trails
Rankings

Event 4 Boys 5600 Meter Run CC Junior

Name	Year	School	Finals	Points
1 Belan, Brandon	95	St Benedict	21:34.02	1
2 Gorski, Konrad	95	Lockerby Composite	23:01.50	2
3 Charger, 1	95	Confederation	23:14.11	3
4 Varghese, Akshay	95	Lo-Ellen	23:20.72	4
5 Deault, Sebastien	95	Bishop Carter	23:27.72	5
6 Burton, Justin	95	Lockerby Composite	23:47.86	6
7 Jokinen, James	95	Lo-Ellen	23:55.00	7
8 Myre, Francisco	95	Bishop Carter	23:55.44	8
9 Hick, John	95	Lo-Ellen	23:58.33	9
0 Lavigne, Brady	95	Lo-Ellen	24:07.97	10
1 Bazinet, Brandon	95	Bishop Carter	24:09.16	11
2 Richer, Brad	95	Lasalle	24:11.77	12
3 Clement, Kurtis	95	St Benedict	24:13.78	13
4 Costello, Thomas	95	Lo-Ellen	24:18.01	14
5 Dent, Arron	95	St Benedict	24:25.10	15
6 Hunter, Ryan	95	Lively	24:30.38	16
7 Cazzola, Jordano	95	Lockerby Composite	24:41.65	17
8 Blatt, Jonah	95	Lo-Ellen	24:51.34	18
9 Hanson, David	95	Lockerby Composite	24:57.90	19
0 Battison, Patrick	95	Macdonald Cart	25:04.12	20
1 Gore, Thomas	95	Lo-Ellen	25:06.28	21
2 Shea, Alex	95	Sacre-Coeur E.S. du	25:14.58	22
3 Charger, 2	95	Confederation	25:17.20	23
4 Bisailon, Justin	95	ES Hanmer	25:26.51	24
5 Picco, Jason	95	Lockerby Composite	25:32.71	25
6 Dockery, Nathan	95	Confederation	25:48.33	26
7 Lamontagne, Joel	95	Esc Champlain	26:20.75	27
8 Tubin, Nicolas	95	College Notre Dame	26:47.51	28
9 Mckinnon, Brett	95	Confederation	26:50.27	29
0 Ruttan, Preston	95	Lasalle	27:15.88	30
1 Maillet, Yannick	95	College Notre Dame	27:41.23	31
2 Lanois, Eric	95	Confederation	27:42.01	32
3 Foucault, Logan	95	Bishop Carter	28:03.29	33
4 Matieu, Zack	95	Sacre-Coeur E.S. du	28:11.04	34
5 Zeman, Marshall	95	St Benedict	28:57.25	35
6 Charger, 3	95	Confederation	28:59.04	36
7 Dequanne, Max	95	Esc Champlain	29:06.74	37
8 Gasquin, Mackenzie	95	College Notre Dame	29:06.74	38
9 Kingsley, Brandon	95	College Notre Dame	29:06.74	39
0 StJean, Jesse	96	St Benedict	29:06.74	40
1 Thompson, Gordon	95	Bishop Carter	29:06.74	41

SDSSAACross Country Championships 2010 - 19/10/2010
City's Cross Country 2010
Laurentian University ski Trails
Rankings

....Event 4 Boys 5600 Meter Run CC Junior

Team Scores

nk Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1 Lo-Ellen Park Secondary Total Time: 1:35:22.02 Average: 23:50.51	30	4	7	9	10	14	18	21		
2 Lockerby Composite Total Time: 1:36:28.91 Average: 24:07.23	44	2	6	17	19	25				
3 Bishop A. Cartier Css Total Time: 1:39:35.61 Average: 24:53.91	57	5	8	11	33	41				
4 St Benedict Catholic SS Total Time: 1:39:10.15 Average: 24:47.54	64	1	13	15	35	40				
5 Confederation Secondary S Total Time: 1:41:09.91 Average: 25:17.48	81	3	23	26	29	32	36			
6 College Notre Dame Total Time: 1:52:42.22 Average: 28:10.56	136	28	31	38	39					

SDSSAACross Country Championships 2010 - 19/10/2010**City's Cross Country 2010****Laurentian University ski Trails****Rankings****....Event 5 Girls 5k Run CC Senior**

1	Lo-Ellen Park Secondary	18	1	2	7	8	10	12	16	25	26
	Total Time:	1:28:22.82									
	Average:	22:05.71									
2	Lockerby Composite	50	3	14	15	18	24				
	Total Time:	1:40:03.97									
	Average:	25:01.00									
3	Marymount Academy	73	13	17	21	22	34				
	Total Time:	1:49:07.13									
	Average:	27:16.79									
4	Confederation Secondary S	105	19	27	28	31					
	Total Time:	1:54:56.40									
	Average:	28:44.10									

SDSSAACross Country Championships 2010 - 19/10/2010**City's Cross Country 2010****Laurentian University ski Trails****Rankings****Event 6 Boys 7k Run CC Senior**

Name	Year	School	Finals	Points
1 Unknown			33:13.49	
1 Boyce, Connor	93	Lockerby Composite	25:11.61	1
2 Diebel, Sebastien	93	St Benedict	25:38.17	2
3 Armstrong, Jordan	93	Lockerby Composite	25:50.28	3
4 Kosmerly, Hayden	94	Lockerby Composite	26:08.70	4
5 Shirk, Brandon	93	Lasalle	26:51.64	5
6 Caverson, Zack	94	Lockerby Composite	27:18.50	6
7 Henschel, Grayden	95	Lo-Ellen	27:47.08	7
8 Stevenson, Cruz	93	Confederation	28:09.86	8
9 Bailey, Ian	94	Lasalle	28:15.19	9
0 Barbeau, Pete	92	Lo-Ellen	28:51.39	10
1 Desmarais, Pat	93	Lockerby Composite	29:11.71	11
2 Kosar, John	93	Lo-Ellen	29:12.84	12
3 Dent, James	95	St Benedict	29:41.22	13
4 Blayney, Conor	94	Lo-Ellen	29:45.25	14
5 Desjardins, Zach	95	Bishop Carter	29:52.43	15
6 Dipsell, Andrew	92	Lockerby Composite	30:13.69	16
7 Lavergne-Giroux, Eric	92	College Notre Dame	30:15.63	17
8 Fyfe, Joey	94	St Benedict	30:26.66	18
9 Smyth, Connor	92	St Benedict	30:28.91	19
0 Tucker, Branden	94	ES Hanmer	31:10.08	20
1 Gelinias, Eric	94	Macdonald Cart	31:39.73	21
2 Suslyk, Matt	94	Lo-Ellen	31:59.72	22
3 Filitier, Mark	96	College Notre Dame	32:16.75	23
4 St. Louis, Dylan	94	Macdonald Cart	32:25.91	24
5 leduc, Rene	94	Sacre-Coeur E.S. du	32:32.86	25
6 Kenedy, Matthew	93	Sacre-Coeur E.S. du	32:36.24	26
7 Datt-Gauthier, Kiran	96	Lo-Ellen	32:39.74	27
8 Ouelette, Jeremie	93	Esc Champlain	32:46.90	28
9 Mazal, Abram	94	Macdonald Cart	32:53.64	29
0 Berthiaum, Justin	93	Esc Champlain	33:07.43	30
1 Roberge, Nicolas	94	Macdonald Cart	33:32.04	31
2 Despatie, Gabriel	93	Macdonald Cart	33:49.55	32
3 Bartell, Nathan	94	Lasalle	33:50.33	33
4 Huffman, Shane	94	Lo-Ellen	34:17.23	34
5 Girard, Dominic	94	Esc L'Horizon	34:26.63	35
6 StAmant, Martin	94	Esc L'Horizon	34:30.16	36
7 Diebel, Simon	93	St Benedict	34:32.92	37
8 Sostarich, Justin	93	Lockerby Composite	34:43.21	38
9 Lyons, George	94	Macdonald Cart	35:02.95	39
0 Fortier, Marc	93	St Charles College	35:04.84	40
1 Jones, Nick	93	St Charles College	35:21.39	41
2 Marcotte, Eric	93	Sacre-Coeur E.S. du	35:28.14	42
3 Trottier, Eric	94	Riv Francais	35:43.56	43
4 Stephen, Kurtis	94	Macdonald Cart	35:43.56	44
5 Bouillon, Mathieu	94	Macdonald Cart	35:43.56	45
6 Hirschberger, Clark	94	Lockerby Composite	35:43.56	46
7 Paquin, Riley	93	Bishop Carter	35:43.56	47
8 Bigras, Marc	94	Esc L'Horizon	35:43.56	48
9 Parrroda, Mathew	94	St Benedict	35:43.56	49

SDSSAACross Country Championships 2010 - 19/10/2010
City's Cross Country 2010
Laurentian University ski Trails
Rankings

....Event 6 Boys 7k Run CC Senior

Team Scores

nk Team	Total	1	2	3	4	*5	*6	*7	*8	*9
1 Lockerby Composite	14	1	3	4	6	11	16	38	46	
Total Time: 1:44:29.09										
Average: 26:07.28										
2 Lo-Ellen Park Secondary	43	7	10	12	14	22	27	34		
Total Time: 1:55:36.56										
Average: 28:54.14										
3 St Benedict Catholic SS	52	2	13	18	19	37	49			
Total Time: 1:56:14.96										
Average: 29:03.74										
4 ES Macdonald Cartier	105	21	24	29	31	32	39	44	45	
Total Time: 2:10:31.32										
Average: 32:37.83										

SDSSAA Cross Country Championships aggregate totals 2010

Girls

School	mg pl	mg pt	jg pl	jg pt	sg pl	sg pt	g pts	g pl	A pl
LCS	1	10	2	8	2	8	26	1	
LEP	5	2	1	10	1	10	22	2	
Confed	2	8			4	4	16	3	
MMA	3	6	5	2	3	6	14	4	1
MacCar	4	4	3	6			10	5	2
CND			4	4			4	6	
St. Bens									
BAC									

Combined Aggregate

School	pts	pl	A pl
LCS	54	1	
LEP	46	2	
MacCar	18	3	1
St. Bens	18	4	2
Confed	18	5	
MMA	14	6	3
BAC	6	7	4
CND	5	8	

Boys

School	mb pl	mb pt	jb pl	jb pt	sb pl	sb pt	b pt	b pl	A pl
LCS	1	10	2	8	1	10	28	1	
LEP	3	6	1	10	2	8	24	2	
St. Bens	2	8	4	4	3	6	18	3	1
MacCar	4	4			4	4	8	4	2
BAC			3	6			6	5	3
Confed			5	2			2	6	
CND			6	1			1	7	
MMA									

tie break: MacCart more teams
St. Bens less pts

250 total finishers
15 schools competing

* Nossa entries due this week
see nossa website for info

Boys, girls and combined champions - Lockerby Composite

Boys A champions - St. Benedicts

Girls A champions - Marymount academy

Combined A champions - MacDonald Cartier